



Q2 2022

Second Quarter Report

For the Three Months Ended June 30, 2022

Q2 2022

ARX

Corporate Profile

ARC Resources Ltd. ("ARC") is a leading Canadian oil and gas producer committed to delivering strong operational and financial performance and upholding values of operational excellence and responsible development. With operations focused in the Montney resource play in western Canada, ARC's portfolio is made up of resource-rich properties that provide both near-term and long-term investment opportunities. ARC pays a quarterly dividend to shareholders and its common shares trade on the Toronto Stock Exchange under the symbol ARX.

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ARC RESOURCES LTD. REPORTS RECORD SECOND QUARTER 2022 RESULTS

NEWS RELEASE

Calgary, July 28, 2022 (ARX - TSX) ARC Resources Ltd. ("ARC" or the "Company") today reported its second quarter 2022 financial and operational results.

HIGHLIGHTS

- Second quarter 2022 production averaged 336,112 boe⁽¹⁾⁽²⁾ per day (60 per cent natural gas and 40 per cent crude oil and liquids).
- Cash flow from operating activities was \$1,093 million and funds from operations was \$1,030 million⁽³⁾ (\$1.52 per share)⁽⁴⁾.
 - Market diversification generated higher realized pricing than local benchmarks, enhancing strong commodity prices. ARC's average realized natural gas price of \$9.08 per Mcf⁽⁴⁾ was \$2.81 per Mcf higher than the average AECO 7A Monthly Index price. ARC's average realized condensate price was \$137.91 per barrel⁽⁴⁾ compared to US\$WTI of \$108.52 per barrel.
- Record free funds flow of \$677 million⁽⁵⁾ or \$1.00 per share⁽⁶⁾ represented a 67 per cent increase in the second quarter of 2022 compared to the first quarter, and a 186 per cent increase compared to the same period in the prior year. ARC distributed approximately 60 per cent or \$406 million (\$0.60 per share)⁽⁴⁾ of its free funds flow to shareholders, with the balance allocated to debt reduction.
 - ARC declared dividends of \$80 million or \$0.12 per share⁽⁴⁾ and repurchased 18.4 million common shares for \$326 million under its normal course issuer bid ("NCIB").
 - ARC has repurchased 67.1 million common shares or approximately nine per cent of the total common shares outstanding since instituting the NCIB in September 2021, at an average price of \$14.00 per share.
 - ARC intends to complete the existing 10 per cent NCIB by the end of August 2022. Upon completion and subject to review and approval by the TSX, ARX intends to renew the NCIB for an additional 10 per cent of the public float (as defined by the TSX) outstanding at that time.
- As of June 30, 2022, ARC's long-term debt balance was \$1.2 billion and its net debt balance was \$1.5 billion⁽³⁾ or 0.4 times funds from operations⁽³⁾.
- Cash flow used in investing activities was \$364 million, of which \$352 million was invested into capital expenditures⁽⁵⁾. During the second quarter of 2022, ARC drilled 29 wells and completed 38 wells primarily in its Alberta operations.
- Capital spending and production guidance have been revised upwards to primarily reflect realized and anticipated inflation, along with additional water infrastructure in Kakwa and funds to manage longer supply chain related lead times that will support 2023 activity.
 - Capital expenditure guidance for 2022 has increased from \$1.15 to \$1.25 billion to \$1.35 to \$1.45 billion.
 - Production guidance for 2022 has increased from 335,000 to 350,000 boe per day to 340,000 to 350,000 boe per day.

ARC's unaudited condensed consolidated financial statements and notes (the "financial statements") and Management's Discussion and Analysis ("MD&A") as at and for the three and six months ended June 30, 2022, are available on ARC's website at www.arcresources.com and under ARC's SEDAR profile at www.sedar.com. The disclosure under the section entitled "Non-GAAP and Other Financial Measures" in ARC's MD&A as at and for the three and six months ended June 30, 2022 (the "Q2 2022 MD&A") is incorporated by reference into this news release.

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- (1) ARC has adopted the standard six thousand cubic feet ("Mcf") of natural gas to one barrel ("bbl") of crude oil ratio when converting natural gas to barrels of oil equivalent ("boe"). Boe may be misleading, particularly if used in isolation. A boe conversion ratio of 6 Mcf:1 bbl is based on an energy equivalency conversion method primarily applicable at the burner tip and does not represent a value equivalency at the wellhead. Given that the value ratio based on the current price of crude oil as compared to natural gas is significantly different than the energy equivalency of the 6:1 conversion ratio, utilizing the 6:1 conversion ratio may be misleading as an indication of value.
 - (2) Throughout this news release, crude oil ("crude oil") refers to light, medium, and heavy crude oil product types as defined by National Instrument 51-101 *Standards of Disclosure for Oil and Gas Activities* ("NI 51-101"). Condensate is a natural gas liquid as defined by NI 51-101. Throughout this news release, natural gas liquids ("NGLs") comprise all natural gas liquids as defined by NI 51-101 other than condensate, which is disclosed separately. Throughout this news release, crude oil and liquids ("crude oil and liquids") refers to crude oil, condensate, and NGLs.
 - (3) See Note 10 "Capital Management" in the financial statements and "Non-GAAP and Other Financial Measures" in the Q2 2022 MD&A for information relating to this capital management measure, which information is incorporated by reference into this news release.
 - (4) See "Non-GAAP and Other Financial Measures" in the Q2 2022 MD&A for an explanation of the composition of this supplementary financial measure, which information is incorporated by reference into this news release.
 - (5) Non-GAAP financial measure that is not a standardized financial measure under International Financial Reporting Standards ("IFRS") and may not be comparable to similar financial measures disclosed by other issuers. See "Non-GAAP and Other Financial Measures" in the Q2 2022 MD&A for information relating to this non-GAAP financial measure, which information is incorporated by reference into this news release. See "Non-GAAP and Other Financial Measures" of this news release for the most directly comparable financial measure disclosed in ARC's current financial statements to which such non-GAAP financial measure relates and a reconciliation to such comparable financial measure.
 - (6) Non-GAAP financial ratio that is not a standardized financial measure under IFRS and may not be comparable to similar financial measures disclosed by other issuers. Free funds flow, a non-GAAP financial measure, is used as a component of the non-GAAP financial ratio. See "Non-GAAP and Other Financial Measures" in the Q2 2022 MD&A for the non-GAAP financial ratio for the comparative period and other information relating to this non-GAAP financial ratio, which information is incorporated by reference into this news release.

FINANCIAL AND OPERATIONAL RESULTS

(Cdn\$ millions, except per share amounts ⁽¹⁾ , boe amounts, and common shares outstanding)	Three Months Ended			Six Months Ended ⁽²⁾	
	March 31, 2022	June 30, 2022	June 30, 2021	June 30, 2022	June 30, 2021
FINANCIAL RESULTS					
Net income (loss)	(69.4)	762.9	(123.0)	693.5	55.0
Per share	(0.10)	1.13	(0.17)	1.01	0.10
Cash flow from operating activities	758.8	1,092.6	456.0	1,851.4	722.8
Per share ⁽³⁾	1.10	1.61	0.63	2.71	1.34
Funds from operations	743.6	1,029.7	542.5	1,773.3	816.4
Per share	1.08	1.52	0.75	2.59	1.51
Free funds flow	410.3	677.3	249.7	1,087.6	397.9
Per share	0.60	1.00	0.35	1.59	0.74
Dividends declared	68.2	79.9	43.5	148.1	64.8
Per share	0.10	0.12	0.06	0.22	0.12
Cash flow used in investing activities	346.7	363.9	206.5	710.6	310.6
Capital expenditures	333.3	352.4	292.8	685.7	418.5
Long-term debt	1,578.7	1,247.6	2,016.9	1,247.6	2,016.9
Net debt	1,695.5	1,511.4	2,084.1	1,511.4	2,084.1
Common shares outstanding, weighted average diluted (millions)	688.8	676.8	723.1	683.6	540.3
Common shares outstanding, end of period (millions)	680.9	663.7	723.9	663.7	723.9
OPERATIONAL RESULTS					
Production					
Crude oil (bbl/day)	7,892	8,297	11,659	8,096	12,648
Condensate (bbl/day)	72,956	75,793	73,459	74,382	43,800
Crude oil and condensate (bbl/day)	80,848	84,090	85,118	82,478	56,448
Natural gas (MMcf/day)	1,280	1,219	1,203	1,249	1,000
NGLs (bbl/day)	50,257	48,877	50,020	49,563	30,429
Total (boe/day)	344,447	336,112	335,701	340,256	253,522
Average realized price					
Crude oil (\$/bbl) ⁽³⁾	111.48	134.52	74.01	123.35	68.89
Condensate (\$/bbl) ⁽³⁾	119.15	137.91	77.93	128.76	76.93
Natural gas (\$/Mcf) ⁽³⁾	5.98	9.08	3.34	7.50	3.84
NGLs (\$/bbl) ⁽³⁾	27.94	34.16	22.19	31.03	23.45
Average realized price (\$/boe) ⁽³⁾	54.10	72.31	34.90	63.14	34.68
Netback					
Commodity sales from production (\$/boe) ⁽³⁾	54.10	72.31	34.90	63.14	34.68
Royalties (\$/boe) ⁽³⁾	(7.81)	(11.10)	(3.02)	(9.45)	(2.58)
Operating expense (\$/boe) ⁽³⁾	(4.04)	(4.66)	(4.53)	(4.35)	(4.30)
Transportation expense (\$/boe) ⁽³⁾	(5.57)	(6.27)	(4.49)	(5.91)	(4.22)
Netback (\$/boe) ⁽⁴⁾	36.68	50.28	22.86	43.43	23.58
TRADING STATISTICS⁽⁵⁾					
High price	17.50	22.88	10.74	22.88	10.74
Low price	11.66	14.81	7.26	11.88	5.88
Close price	16.74	16.23	10.55	16.23	10.55
Average daily volume (thousands of shares)	4,224	9,208	3,309	8,334	3,218

(1) Per share amounts, with the exception of dividends, are based on weighted average diluted common shares.

(2) Comparative figures represent ARC's results prior to the closing of the business combination with Seven Generations on April 6, 2021, and therefore do not reflect historical data from Seven Generations.

(3) See "Non-GAAP and Other Financial Measures" in the Q2 2022 MD&A for an explanation of the composition of this supplementary financial measure, which information is incorporated by reference into this news release.

(4) Non-GAAP financial ratio that is not a standardized financial measure under IFRS and may not be comparable to similar financial measures disclosed by other issuers. Netback, a non-GAAP financial measure, is used as a component of the non-GAAP financial ratio. See "Non-GAAP and Other Financial Measures" in the Q2 2022 MD&A for the non-GAAP financial ratio for the comparative period and other information relating to this non-GAAP financial ratio, which information is incorporated by reference into this news release.

(5) Trading prices are stated in Canadian dollars on a per share basis and are based on intra-day trading on the Toronto Stock Exchange.

OUTLOOK

ARC delivered on all aspects of the business in the second quarter of 2022 including the safe and efficient execution of the capital program and operations:

- Strong commodity prices across diversified markets combined with our low-cost structure and capital discipline resulted in free funds flow of \$1.00 per share.
- Free funds flow per share reached a 26-year record level, allowing ARC to further strengthen its balance sheet and return additional capital to shareholders at a faster rate than anticipated.
- Planned maintenance was completed on time and within budget providing strong momentum for growth in the second half of the year.

While increased commodity prices and inflationary pressure have introduced tightness across the supply chain, ARC's scale and disciplined approach to planning is mitigating the impact and ensures ARC has sufficient access across the supply chain to continue to efficiently execute its capital program.

ARC has increased capital expenditures and production guidance for 2022. All other cost guidance items are unchanged, with operating and transportation expenses expected to decrease over the balance of the year on a per boe basis. The capital increase primarily reflects realized and anticipated inflation, with a lesser amount towards water infrastructure investments at Kakwa and additional funds to manage longer supply chain related lead times that will support 2023 activity. At Kakwa, strong well performance is expected to support three to five per cent production growth in the second half of 2022, and sustained higher production levels in 2023. Should the regulatory environment in BC support investment, ARC is well-positioned to resume activity in an efficient manner, including the Sunrise expansion and sanctioning Attachie West Phase I.

- Capital expenditure guidance increased to \$1.35 to \$1.45 billion (from \$1.15 to \$1.25 billion).
- Production guidance increased to 340,000 to 350,000 boe per day (from 335,000 to 350,000 boe per day).

2022 Guidance

	2022 Guidance	2022 Guidance (July 2022)	2022 YTD Actuals	% Variance from 2022 Guidance (July 2022)
Production				
Crude oil (bbl/day)	7,000 - 9,000	8,000 - 9,000	8,096	—
Condensate (bbl/day)	72,000 - 78,000	77,000 - 81,000	74,382	(3)
Crude oil and condensate (bbl/day)	79,000 - 87,000	85,000 - 90,000	82,478	(3)
Natural gas (MMcf/day)	1,240 - 1,280	1,240 - 1,260	1,249	—
NGLs (bbl/day)	49,000 - 51,000	48,000 - 50,000	49,563	—
Total (boe/day)	335,000 - 350,000	340,000 - 350,000	340,256	—
Expenses (\$/boe) ⁽¹⁾				
Operating	4.00 - 4.50	4.00 - 4.50	4.35	—
Transportation	5.35 - 5.75	5.35 - 5.75	5.91	3
G&A expense before share-based compensation expense	0.80 - 0.90	0.80 - 0.90	0.92	2
G&A - share-based compensation expense	0.60 - 0.70	0.60 - 0.70	0.83	19
Interest and financing ⁽²⁾	0.55 - 0.65	0.55 - 0.65	0.68	5
Current income tax expense as a per cent of funds from operations ⁽¹⁾	3 - 8	3 - 8	8	—
Capital expenditures (\$ billions) ⁽³⁾	1.15 - 1.25	1.35 - 1.45	0.7	n/a

(1) See "Non-GAAP and Other Financial Measures" in the Q2 2022 MD&A for an explanation of the composition of this supplementary financial measure, which information is incorporated by reference into this news release.

(2) Excludes accretion of ARC's asset retirement obligation ("ARO").

(3) See "About ARC Resources Ltd." in the Q2 2022 MD&A for historical capital expenditures.

OPERATIONAL RESULTS

Cash Flow Used in Investing Activities and Capital Expenditures

- Cash flow used in investing activities was \$364 million during the second quarter of 2022, with the Company drilling 29 wells and completing 38 wells. Cash flow used in investing activities was \$711 million during the first half of 2022, of which \$686 million was invested into capital expenditures to drill 60 wells and complete 79 wells.

The following table details ARC's capital activity by area during the first six months of 2022.

Area	Six Months Ended June 30, 2022	
	Wells Drilled ⁽¹⁾	Wells Completed ⁽¹⁾
Kakwa	50	45
Greater Dawson	6	16
Sunrise	—	9
Ante Creek	4	9
Total	60	79

(1) Wells drilled and completed for operated assets only.

Production and Operating Expense

Production

- ARC's production averaged 336,112 boe per day during the second quarter of 2022 (60 per cent natural gas and 40 per cent crude oil and liquids). Production was in line with guidance and

slightly lower compared to the first quarter of 2022 due to planned maintenance and turnarounds, which were executed on time and within budget.

- Production in the second half of 2022 is expected to increase by three to five per cent compared to the second quarter, primarily driven by growth at Kakwa.

Operating Expense

- ARC's second quarter 2022 operating expense per boe of \$4.66 increased 15 per cent from the first quarter of 2022, primarily due to pass through input costs from higher commodity prices and planned maintenance.
- ARC's operating expense per boe is expected to decrease over the balance of year due to higher production volumes.

Physical Marketing

Average Realized Prices

- End market diversification and liquids marketing enhanced strong pricing and supported high margins in the second quarter.
 - ARC's average realized natural gas price during the second quarter was \$9.08 per Mcf, 45 per cent higher than the average AECO 7A Monthly Index price.
 - ARC's realized condensate price of \$137.91 per barrel increased by 16 per cent compared to the first quarter. ARC's average realized NGLs price of \$34.16 per barrel increased by 22 per cent relative to the first quarter of 2022.

Transportation Expense

- ARC's second quarter 2022 transportation expense per boe of \$6.27 increased by 13 per cent from the first quarter of 2022 primarily due to higher fuel gas expense resulting from higher natural gas prices and other pass through fuel costs.
- ARC's transportation expense is expected to decrease over the balance of year due to higher production volumes.

FINANCIAL RESULTS

Financial Position

- As of June 30, 2022, ARC's long-term debt balance was \$1.2 billion, and its net debt balance was \$1.5 billion, or 0.4 times funds from operations.
 - ARC targets its net debt to be in the range of 1.0 to 1.5 times funds from operations at mid-cycle commodity prices.
 - Long-term debt comprised \$1.0 billion of senior notes outstanding and \$0.2 billion in borrowings under the Company's \$2.0 billion credit facility.
 - During the quarter, ARC reduced long-term debt and net debt by \$331 million and \$184 million, respectively.

Returns to Shareholders

- ARC distributed approximately 60 per cent or \$406 million (\$0.60 per share) of free funds flow to shareholders during the second quarter of 2022 through a combination of dividends and share repurchases.

Dividends

- ARC declared dividends of \$80 million or \$0.12 per share during the second quarter of 2022.
- The dividend serves as the primary mechanism to return capital to shareholders over the long term. ARC's dividend is designed to grow with the underlying profitability of the business and be sustainable through the commodity cycle.

Share Repurchases

- ARC repurchased 18.4 million common shares under its NCIB during the second quarter of 2022 at a weighted average price of \$17.69 per share.
- ARC has repurchased approximately nine per cent of total shares outstanding since its NCIB commenced on September 1, 2021, or 67.1 million common shares at a weighted average price of \$14.00 per share.
- ARC will continue to repurchase common shares when the intrinsic value of the Company's common shares exceeds the current market trading price. ARC determines intrinsic value using much lower commodity price assumptions than the forward strip and a wide range of discount rates.
- ARC intends to renew its NCIB in September of 2022.

Net Income (Loss)

- ARC recognized net income of \$763 million (\$1.13 per share) during the second quarter of 2022, compared to a net loss of \$69 million (\$0.10 per share) during the first quarter of 2022.
 - Higher commodity prices and decreases in losses on risk management contracts explained the majority of the increase in net income relative to the first quarter of 2022.

Cash Flow from Operating Activities, Funds from Operations, and Free Funds Flow

Cash Flow from Operating Activities

- Cash flow from operating activities was \$1,093 million (\$1.61 per share) during the second quarter of 2022, increasing by \$334 million (\$0.51 per share) from the first quarter of 2022.

Funds from Operations

- ARC generated funds from operations of \$1,030 million (\$1.52 per share) during the second quarter of 2022, representing an increase of \$286 million (\$0.44 per share) from the first quarter of 2022.
 - Royalties of \$340 million (\$0.50 per share)⁽¹⁾ increased by \$97 million from the first quarter of 2022, reflecting the impact of higher average realized commodity prices.
 - ARC's expected taxable income has also increased with stronger commodity prices, which resulted in ARC recording current income tax expense of \$90 million (\$0.13 per share)⁽¹⁾ during the second quarter of 2022.

- ARC's second quarter 2022 general and administrative ("G&A") expense of \$36 million (\$0.05 per share)⁽¹⁾ decreased by \$35 million from the first quarter of 2022. The decrease in G&A expense primarily reflects the decrease in the fair value of the Company's share-based compensation plans.
- The following table details the change in funds from operations for the second quarter of 2022 relative to the first quarter of 2022.

Funds from Operations Reconciliation	\$ millions	\$/share⁽²⁾
Funds from operations for the three months ended March 31, 2022	743.6	1.08
Production volumes		
Crude oil and liquids	42.3	0.07
Natural gas	(25.8)	(0.04)
Commodity prices		
Crude oil and liquids	174.4	0.26
Natural gas	343.7	0.49
Sales of commodities purchased from third parties	(67.2)	(0.10)
Other income	1.4	—
Realized loss on risk management contracts	(140.5)	(0.20)
Royalties	(97.3)	(0.14)
Expenses		
Commodities purchased from third parties	83.4	0.12
Operating	(17.1)	(0.02)
Transportation	(19.1)	(0.03)
G&A	35.2	0.05
Interest and financing	(1.9)	—
Current income tax	(35.0)	(0.05)
Realized gain on foreign exchange	9.5	0.01
Other	0.1	—
Weighted average shares, diluted	—	0.02
Funds from operations for the three months ended June 30, 2022	1,029.7	1.52

(1) See "Non-GAAP and Other Financial Measures" in the Q2 2022 MD&A for an explanation of the composition of this supplementary financial measure, which information is incorporated by reference into this news release.

(2) Per share amounts are based on weighted average diluted common shares.

CONFERENCE CALL

ARC's senior leadership team will be hosting a conference call to discuss the Company's second quarter 2022 results on Friday, July 29, 2022, at 8:00 a.m. Mountain Time ("MT").

Date	Friday, July 29, 2022
Time	8:00 a.m. MT
Dial-in Numbers	
Calgary	587-880-2171
Toronto	416-764-8659
Toll-free	1-888-664-6392
Conference ID	44166497
Webcast URL	https://app.webinar.net/7PkDn3Kn5Nq

Callers are encouraged to dial in 15 minutes before the start time to register for the event. A replay will be available on ARC's website at www.arcresources.com following the conference call.

NON-GAAP AND OTHER FINANCIAL MEASURES

Throughout this news release and in other materials disclosed by the Company, ARC employs certain measures to analyze its financial performance, financial position, and cash flow. These non-GAAP and other financial measures are not standardized financial measures under IFRS and may not be comparable to similar financial measures disclosed by other issuers. The non-GAAP and other financial measures should not be considered to be more meaningful than generally accepted accounting principles ("GAAP") measures which are determined in accordance with IFRS, such as net income (loss), cash flow from operating activities, and cash flow used in investing activities, as indicators of ARC's performance.

Non-GAAP Financial Measures

Capital Expenditures

ARC uses capital expenditures to monitor its capital investments relative to those budgeted by the Company on an annual basis. ARC's capital budget excludes acquisition or disposition activities as well as the accounting impact of any accrual changes and payments under certain lease arrangements. The directly comparable GAAP measure to capital expenditures is cash flow used in investing activities. The following table details the composition of capital expenditures and its reconciliation to cash flow used in investing activities.

(\$ millions)	Three Months Ended			Six Months Ended	
	March 31, 2022	June 30, 2022	June 30, 2021	June 30, 2022	June 30, 2021
Cash flow used in investing activities	346.7	363.9	206.5	710.6	310.6
Cash acquired upon close of Business Combination	—	—	4.9	—	4.9
Acquisition of crude oil and natural gas assets	(0.8)	(0.8)	(0.1)	(1.6)	(0.1)
Disposal of crude oil and natural gas assets	7.4	—	78.1	7.4	78.2
Long-term investment	—	(0.1)	—	(0.1)	—
Change in non-cash investing working capital	(22.7)	(13.8)	1.0	(36.5)	20.8
Other ⁽¹⁾	2.7	3.2	2.4	5.9	4.1
Capital expenditures	333.3	352.4	292.8	685.7	418.5

(1) Comprises non-cash capitalized costs related to the Company's right-of-use asset depreciation and share-based compensation.

Free Funds Flow

ARC uses free funds flow as an indicator of the efficiency and liquidity of ARC's business, measuring its funds after capital investment available to manage debt levels, pay dividends, and return capital to shareholders. ARC computes free funds flow as funds from operations generated during the period less capital expenditures. Capital expenditures is a non-GAAP financial measure. By removing the impact of current period capital expenditures from funds from operations, Management monitors its free funds flow to inform its capital allocation decisions. The most directly comparable GAAP measure to free funds flow is cash flow from operating activities. The following table details the calculation of free funds flow and its reconciliation to cash flow from operating activities.

(\$ millions)	Three Months Ended			Six Months Ended	
	March 31, 2022	June 30, 2022	June 30, 2021	June 30, 2022	June 30, 2021
Cash flow from operating activities	758.8	1,092.6	456.0	1,851.4	722.8
Net change in other liabilities	40.8	31.2	52.9	72.0	71.1
Change in non-cash operating working capital	(56.0)	(94.1)	33.6	(150.1)	22.5
Funds from operations	743.6	1,029.7	542.5	1,773.3	816.4
Capital expenditures ⁽¹⁾	(333.3)	(352.4)	(292.8)	(685.7)	(418.5)
Free funds flow	410.3	677.3	249.7	1,087.6	397.9

(1) Certain additional disclosures for these specified financial measures have been incorporated by reference. See "Cash Flow Used in Investing Activities, Capital Expenditures, Acquisitions, and Dispositions" in the Q2 2022 MD&A.

FORWARD-LOOKING INFORMATION AND STATEMENTS

This news release contains certain forward-looking statements and forward-looking information (collectively referred to as "forward-looking information") within the meaning of applicable securities legislation about current expectations regarding the future based on certain assumptions made by ARC. Although ARC believes that the expectations represented by such forward-looking information are reasonable, there can be no assurance that such expectations will prove to be correct. Forward-looking information in this news release is identified by words such as "anticipate", "believe", "ongoing", "may", "expect", "estimate", "plan", "will", "project", "continue", "target", "strategy", "upholding", or similar expressions, and includes suggestions of future outcomes. In particular, but without limiting the foregoing, this news release contains forward-looking information with respect to: ARC's 2022 guidance, including planned capital expenditures (and the commodity prices at which such capital expenditures are fully funded by funds from operations), production guidance, and expenses; the expectation that transportation costs will decrease over the balance of the year on a per unit basis; the expectation that strong performance at Kakwa will support three to five percent production growth in the second half of 2022 relative to the second quarter; the possibility of resuming activity in BC, including the Sunrise expansion and sanctioning Attachie West Phase I, should the regulatory environment in BC support such investment; the expectation that ARC's operating expense per boe will decrease due to higher production volumes; ARC's expected taxable income; plans to allocate surplus funds from operations to returns to shareholders and debt reduction; ARC's plans with respect to growing its dividend and share repurchases under its NCIB; ARC's target net debt to funds from operations ratio at mid-cycle commodity prices. Further, statements relating to reserves are deemed to be forward-looking information, as they involve the implied assessment, based on certain estimates and assumptions, that the resources and reserves described can be profitably produced in the future. In addition, forward-looking information may include statements attributable to third-party industry sources. There can be no assurance that the plans, intentions, or expectations upon which these forward-looking statements are based will occur.

Readers are cautioned not to place undue reliance on forward-looking information as ARC's actual results may differ materially from those expressed or implied. ARC undertakes no obligation to update or revise any forward-looking information except as required by law. Developing forward-looking information involves reliance on a number of assumptions and consideration of certain risks and uncertainties, some of which are specific to ARC and others that apply to the industry generally. The material assumptions on

which the forward-looking information in this news release are based, and the material risks and uncertainties underlying such forward-looking information, include: ARC's ability to successfully integrate and realize the anticipated benefits of completed or future acquisitions and divestitures; access to sufficient capital to pursue any development plans; ARC's ability to issue securities and to repurchase its securities under the NCIB; ARC's ability to meet and maintain certain targets, including with respect to emissions-related reductions and ESG performance; expectations and projections made in light of ARC's historical experience; data contained in key modeling statistics; the potential implementation of new technologies and the cost thereof; forecast commodity prices and other pricing assumptions with respect to ARC's 2022 capital expenditure budget; continuing uncertainty of the impact of the June 29, 2021 BC Supreme Court ruling in *Blueberry River First Nations (Yahey) v. Province of British Columbia* on BC and/or federal laws or policies affecting resource development in northeast BC and potential outcomes of the ongoing negotiations between Blueberry River First Nations and the Government of BC; assumptions with respect to global economic conditions and the accuracy of ARC's market outlook expectations for 2022 and in the future; suspension of or changes to guidance, and the associated impact to production; the assumption that the regulatory environment will be able to support ARC's investment in the execution of Attachie West Phase I and the Sunrise expansion, including that regulatory authorities in BC will resume granting approvals for oil and gas activities relating to drilling, completions, testing, processing facilities, and production and transportation infrastructure in 2022 on time frames, and terms and conditions, consistent with past practice; forecast production volumes based on business and market conditions; the accuracy of outlooks and projections contained herein; that future business, regulatory, and industry conditions will be within the parameters expected by ARC, including with respect to prices, margins, demand, supply, product availability, supplier agreements, availability, and cost of labour and interest, exchange, and effective tax rates; projected capital investment levels, the flexibility of capital spending plans, and associated sources of funding; the ability of ARC to complete capital programs and the flexibility of ARC's capital structure; applicable royalty regimes, including expected royalty rates; future improvements in availability of product transportation capacity; opportunity for ARC to pay dividends and the approval and declaration of such dividends by the Board; the existence of alternative uses for ARC's cash resources which may be superior to payment of dividends or effecting repurchases of outstanding common shares; cash flows, cash balances on hand, and access to ARC's credit facility being sufficient to fund capital investments; foreign exchange rates; near-term pricing and continued volatility of the market; the ability of ARC's existing pipeline commitments and financial risk management transactions to partially mitigate a portion of ARC's risks against wider price differentials; business interruption, property and casualty losses, or unexpected technical difficulties; estimates of quantities of crude oil, natural gas, and liquids from properties and other sources not currently classified as proved; accounting estimates and judgments; future use and development of technology and associated expected future results; ARC's ability to obtain necessary regulatory approvals generally; potential regulatory and industry changes stemming from the results of court actions affecting regions in which ARC holds assets; risks and uncertainties related to oil and gas interests and operations on Indigenous lands; the successful and timely implementation of capital projects or stages thereof; the ability to generate sufficient cash flow to meet current and future obligations; estimated abandonment and reclamation costs, including associated levies and regulations applicable thereto; ARC's ability to obtain and retain qualified staff and equipment in a timely and cost-efficient manner; ARC's ability to carry out transactions on the desired terms and within the expected timelines; forecast inflation and other assumptions inherent in the guidance of ARC; the retention of key assets; the continuance of existing tax, royalty, and regulatory regimes; GLJ Ltd.'s estimates with respect to commodity pricing; ARC's ability to access and implement all technology necessary to efficiently and effectively operate its assets; the ongoing impact of the COVID-19 pandemic on commodity prices and the global economy; and other assumptions, risks, and uncertainties described from time to time in the filings made by ARC with securities regulatory authorities.

The forward-looking information contained herein are expressly qualified in their entirety by this cautionary statement. The forward-looking information included in this news release are made as of the date of this news release and, except as required by applicable securities laws, ARC undertakes no obligation to publicly update such forward-looking information to reflect new information, subsequent events or otherwise.

About ARC

ARC Resources Ltd. is a pure-play Montney producer and one of Canada's largest dividend-paying energy companies, featuring low-cost operations and leading ESG performance. ARC's investment-grade credit profile is supported by commodity and geographic diversity and robust risk management practices around all aspects of the business. ARC's common shares trade on the Toronto Stock Exchange under the symbol ARX.

ARC RESOURCES LTD.

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ARC Resources Ltd.

Suite 1200, 308 - 4 Avenue SW

Calgary, AB T2P 0H7

Q2 2022

Management's **Discussion & Analysis**

MANAGEMENT'S DISCUSSION AND ANALYSIS

This Management's Discussion and Analysis ("MD&A") of ARC Resources Ltd. ("ARC" or the "Company") is Management's analysis of the financial performance and significant trends and external factors that may affect future performance. It is dated July 28, 2022 and should be read in conjunction with the unaudited condensed interim consolidated financial statements (the "financial statements") as at and for the three and six months ended June 30, 2022, and the MD&A and audited consolidated financial statements for the year ended December 31, 2021, as well as ARC's Annual Information Form ("AIF"), each of which is available on ARC's website at www.arcresources.com and on SEDAR at www.sedar.com. All financial information is reported in Canadian dollars and all per share information is based on diluted weighted average common shares, unless otherwise noted.

On April 6, 2021, ARC and Seven Generations Energy Ltd. ("Seven Generations") completed a transaction to create a Canadian energy company through a plan of arrangement (the "Business Combination"). Comparative figures in the MD&A for the six months ended June 30, 2022, include ARC's results prior to the Business Combination and do not reflect any historical data from Seven Generations. Significant differences in financial and operational results compared with the six months ended June 30, 2021, are primarily due to the effects of the Business Combination.

Throughout this MD&A, crude oil ("crude oil") refers to light crude oil, medium crude oil and heavy crude oil as defined by National Instrument 51-101 *Standards of Disclosure for Oil and Gas Activities* ("NI 51-101"). Condensate is a natural gas liquid as defined by NI 51-101. Throughout this MD&A, natural gas liquids ("NGLs") comprise all NGLs as defined by NI 51-101 other than condensate, which is disclosed separately. Crude oil and liquids ("crude oil and liquids") refers to crude oil, condensate, and NGLs.

Throughout this MD&A and in other materials disclosed by the Company, ARC presents financial measures that adhere to Canadian generally accepted accounting principles ("GAAP") and International Financial Reporting Standards ("IFRS") as issued by the International Accounting Standards Board (the "IASB"), however the Company also employs certain non-GAAP measures to analyze financial performance, financial position, and cash flow including, "netback", "capital expenditures", "free funds flow", "adjusted earnings before interest and taxes" ("adjusted EBIT"), and "average capital employed". Additionally, other financial measures are also used to analyze performance including, but not limited to, "funds from operations" and "net debt". These non-GAAP and other financial measures do not have any standardized meaning prescribed under IFRS and therefore may not be comparable to similar measures presented by other entities. The non-GAAP and other financial measures should not be considered to be more meaningful than GAAP measures which are determined in accordance with IFRS, such as net income (loss), cash flow from operating activities, and cash flow used in investing activities, as indicators of ARC's performance.

Readers are cautioned that the MD&A should be read in conjunction with ARC's disclosure in the sections entitled "Non-GAAP and Other Financial Measures", "Forward-looking Information and Statements", and "Glossary" included at the end of this MD&A.

ABOUT ARC RESOURCES LTD.

ARC is a dividend-paying, Canadian energy company headquartered in Calgary, Alberta. ARC's activities focus on the exploration, development, and production of unconventional natural gas, condensate, NGLs, and crude oil in western Canada with an emphasis on the development of properties with a large volume of hydrocarbons in-place, commonly referred to as "resource plays".

The guiding principles upon which ARC conducts its business have created a strong foundation for business performance. ARC's standards of operational excellence, robust risk management program, and strong balance sheet have positioned the Company to prudently manage volatile market conditions. The Company's concentrated Montney asset base, located in premier positions within the Montney fairway and including a network of owned-and-operated infrastructure, allows ARC to deliver strong capital and operating efficiencies. The commodity and geographic optionality within the asset base allows ARC to manage risk. ARC exercises capital discipline and maintains a moderate pace of development to manage its corporate decline rate. ARC's sustainable business model is focused on a strong balance sheet, ample liquidity, environmental, social, and governance leadership, long-term corporate profitability, generating free funds flow, and paying a sustainable dividend to shareholders. In combination with the Company's premier land position in the Montney, significant resources in-place, and high-performance people and culture, these principles make ARC a differentiated company.

Highlights

Corporate highlights for the annual periods of 2018 through 2021 and the six months ended June 30, 2022 are shown in Table 1:

Table 1

(\$ millions, except per share amounts, or unless otherwise noted)	2022 YTD	2021	2020	2019	2018
Production ⁽¹⁾					
Crude oil (bbl/d)	8,096	10,435	15,726	17,591	23,460
Condensate (bbl/d)	74,382	59,958	13,519	10,066	7,281
Crude oil and condensate (bbl/d)	82,478	70,393	29,245	27,657	30,741
Natural gas (MMcf/d)	1,249	1,149	739	623	570
NGLs (bbl/d)	49,563	40,084	9,112	7,578	6,955
Total production (boe/d)	340,256	302,003	161,564	139,126	132,724
Average daily production per thousand shares ⁽²⁾	0.50	0.48	0.46	0.39	0.38
Net income (loss)	693.5	786.6	(547.2)	(27.6)	213.8
Net income (loss) per share	1.01	1.25	(1.55)	(0.08)	0.60
Cash flow from operating activities	1,851.4	2,006.5	655.7	638.8	862.8
Cash flow from operating activities per share ⁽³⁾	2.71	3.20	1.86	1.81	2.44
Funds from operations ⁽⁴⁾	1,773.3	2,415.4	667.6	697.4	819.0
Funds from operations per share ⁽³⁾	2.59	3.85	1.89	1.97	2.31
Free funds flow ⁽⁵⁾	1,087.6	1,353.6	324.4	5.9	139.6
Free funds flow per share ⁽⁶⁾	1.59	2.16	0.92	0.02	0.39
Cash flow used in investing activities	710.6	808.1	364.3	673.3	534.7
Capital expenditures ⁽⁷⁾	685.7	1,061.8	343.2	691.5	679.4
Long-term debt ⁽⁸⁾	1,247.6	1,705.3	701.9	877.6	909.2
Net debt ⁽⁴⁾	1,511.4	1,828.7	693.5	894.0	702.7
Net debt to funds from operations (ratio) ⁽⁴⁾	0.4	0.8	1.0	1.3	0.9
Return on average capital employed ("ROACE") (%) ⁽⁹⁾	23	18	(18)	(2)	8
Proved plus probable reserves (MMboe) ⁽¹⁰⁾⁽¹¹⁾	n/a	1,760.6	929.0	909.9	878.9
Proved plus probable reserves per share (boe) ⁽¹⁰⁾⁽¹¹⁾	n/a	2.8	2.6	2.6	2.5

(1) Reported production amount is based on Company's interest before royalty burdens.

(2) Represents average daily production divided by the diluted weighted average common shares outstanding for the six months ended June 30, 2022, and for the respective years ended December 31, 2021, 2020, 2019, and 2018.

(3) Refer to the section entitled "Non-GAAP and Other Financial Measures" contained within this MD&A for an explanation of composition.

(4) Refer to Note 10 "Capital Management" in the financial statements and to the section entitled "Non-GAAP and Other Financial Measures" contained within this MD&A.

(5) Non-GAAP measure that does not have any standardized meaning under IFRS and therefore may not be comparable to similar measures presented by other entities. The most directly comparable GAAP measure for free funds flow is cash flow from operating activities. Refer to the section entitled "Non-GAAP and Other Financial Measures" contained within this MD&A.

(6) Non-GAAP ratio that does not have any standardized meaning under IFRS and therefore may not be comparable to similar ratios presented by other entities. Includes a non-GAAP financial measure component of free funds flow. Refer to the section entitled "Non-GAAP and Other Financial Measures" contained within this MD&A for an explanation of composition.

(7) Non-GAAP measure that does not have any standardized meaning under IFRS and therefore may not be comparable to similar measures presented by other entities. The most directly comparable GAAP measure for capital expenditures is cash flow used in investing activities. Refer to the section entitled "Non-GAAP and Other Financial Measures" contained within this MD&A.

(8) Refer to Note 7 "Long-term Debt" in the financial statements. Long-term debt includes current and long-term portions.

(9) Non-GAAP ratio that does not have any standardized meaning under IFRS and therefore may not be comparable to similar ratios presented by other entities. Includes non-GAAP financial measure components of adjusted EBIT and average capital employed. Refer to the section entitled "Non-GAAP and Other Financial Measures" contained within this MD&A for an explanation of composition.

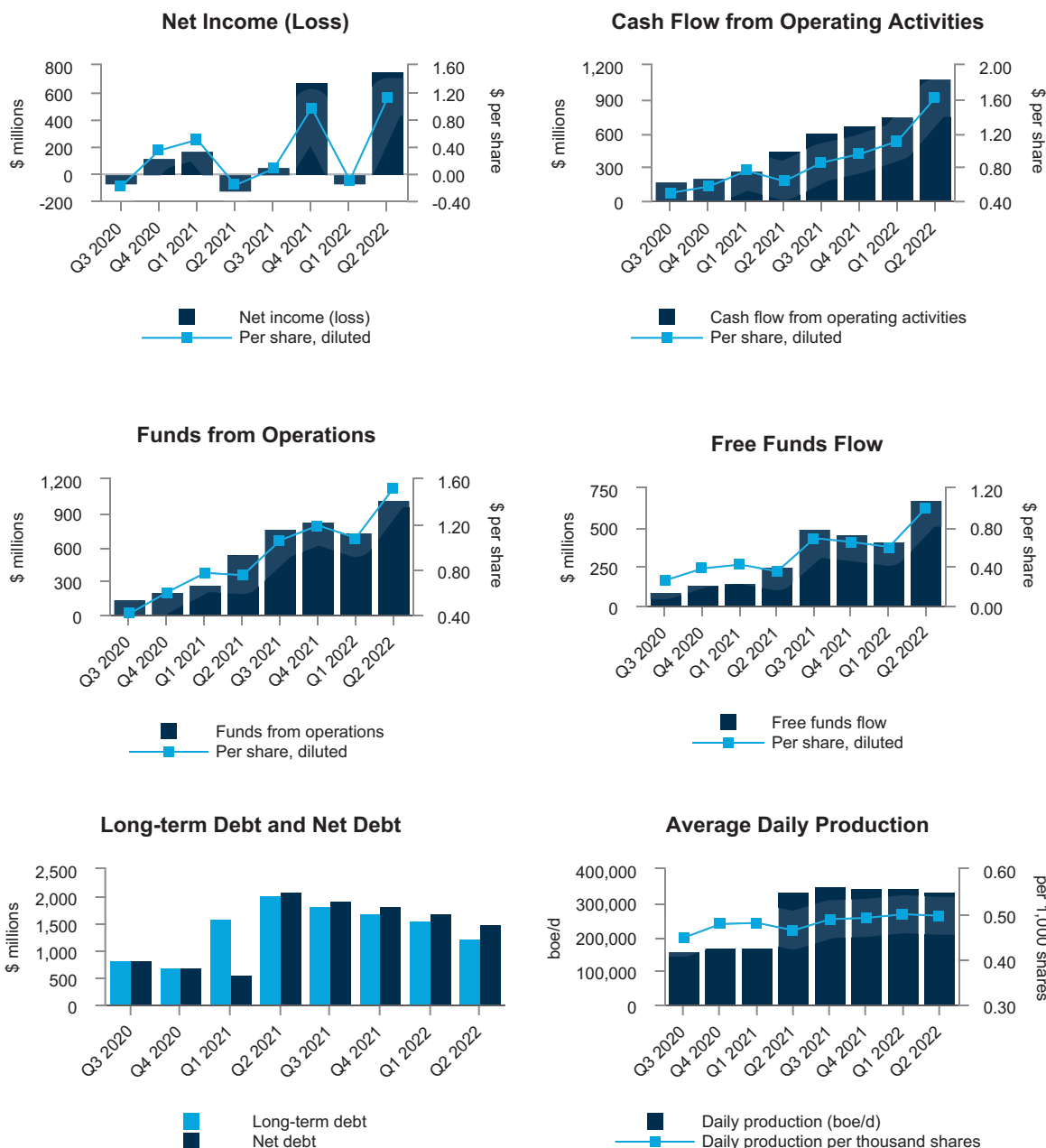
(10) Crude oil, condensate, natural gas, and NGLs reserves ("reserves") as determined by ARC's independent qualified reserve evaluator with an effective date of December 31 for the years shown in accordance with the Canadian Oil and Gas Evaluation Handbook.

(11) Reserves are the gross interest reserves before deduction of royalties and without including any royalty interests. For more information, see ARC's AIF available on ARC's website at www.arcresources.com and on SEDAR at www.sedar.com.

QUARTERLY RESULTS ⁽¹⁾

Trends in net income (loss), cash flow from operating activities, and funds from operations are primarily associated with fluctuations in commodity sales from production which reflect changes in production levels and commodity prices. Net income (loss) is also impacted by changes in the value of risk management contracts and impairment or reversal of impairment of property, plant and equipment ("PP&E").

Exhibit 1



(1) The details contained in the graphs above are included in the section entitled "Quarterly Historical Review" contained within this MD&A.

ANNUAL GUIDANCE

ARC's 2022 annual guidance and a review of 2022 year-to-date results are outlined in Table 2. The guidance ranges for production volumes of individual commodities have been updated, as well as the guidance range for total production volumes has increased to a range of 340,000 to 350,000 boe per day, from a range of 335,000 to 350,000 boe per day, to better reflect ARC's anticipated production through the remainder of the year. Guidance for capital expenditures has been increased to a range of \$1.35 to \$1.45 billion, from a range of \$1.15 to \$1.25 billion, to encompass realized and anticipated increases in inflation, as well as to support additional growth of ARC's Kakwa assets.

Table 2

	2022 Guidance	2022 Guidance (July 2022)	2022 YTD Actuals	% Variance from 2022 Guidance (July 2022)
Production				
Crude oil (bbl/d)	7,000 - 9,000	8,000 - 9,000	8,096	—
Condensate (bbl/d)	72,000 - 78,000	77,000 - 81,000	74,382	(3)
Crude oil and condensate (bbl/d)	79,000 - 87,000	85,000 - 90,000	82,478	(3)
Natural gas (MMcf/d)	1,240 - 1,280	1,240 - 1,260	1,249	—
NGLs (bbl/d)	49,000 - 51,000	48,000 - 50,000	49,563	—
Total (boe/d)	335,000 - 350,000	340,000 - 350,000	340,256	—
Expenses (\$/boe) ⁽¹⁾				
Operating	4.00 - 4.50	4.00 - 4.50	4.35	—
Transportation	5.35 - 5.75	5.35 - 5.75	5.91	3
General and administrative ("G&A") expense before share-based compensation expense	0.80 - 0.90	0.80 - 0.90	0.92	2
G&A - share-based compensation expense ⁽²⁾	0.60 - 0.70	0.60 - 0.70	0.83	19
Interest and financing ⁽³⁾	0.55 - 0.65	0.55 - 0.65	0.68	5
Current income tax expense, as a per cent of funds from operations ⁽¹⁾	3 - 8	3 - 8	8	—
Capital expenditures (\$ billions) ⁽⁴⁾	1.15 - 1.25	1.35 - 1.45	0.7	n/a

(1) Refer to the section entitled "Non-GAAP and Other Financial Measures" contained within this MD&A for an explanation of composition.

(2) Comprises expense recognized under all share-based compensation plans.

(3) Excludes accretion of ARC's asset retirement obligation ("ARO").

(4) Refer to the section entitled "About ARC Resources Ltd." contained within this MD&A for historical capital expenditures.

Transportation, G&A expense before share-based compensation expense, G&A - share-based compensation expense, and interest and financing are all currently above their respective guidance ranges, but are expected to trend towards guidance through the remainder of the year.

Exhibit 2

2022 Production Guidance

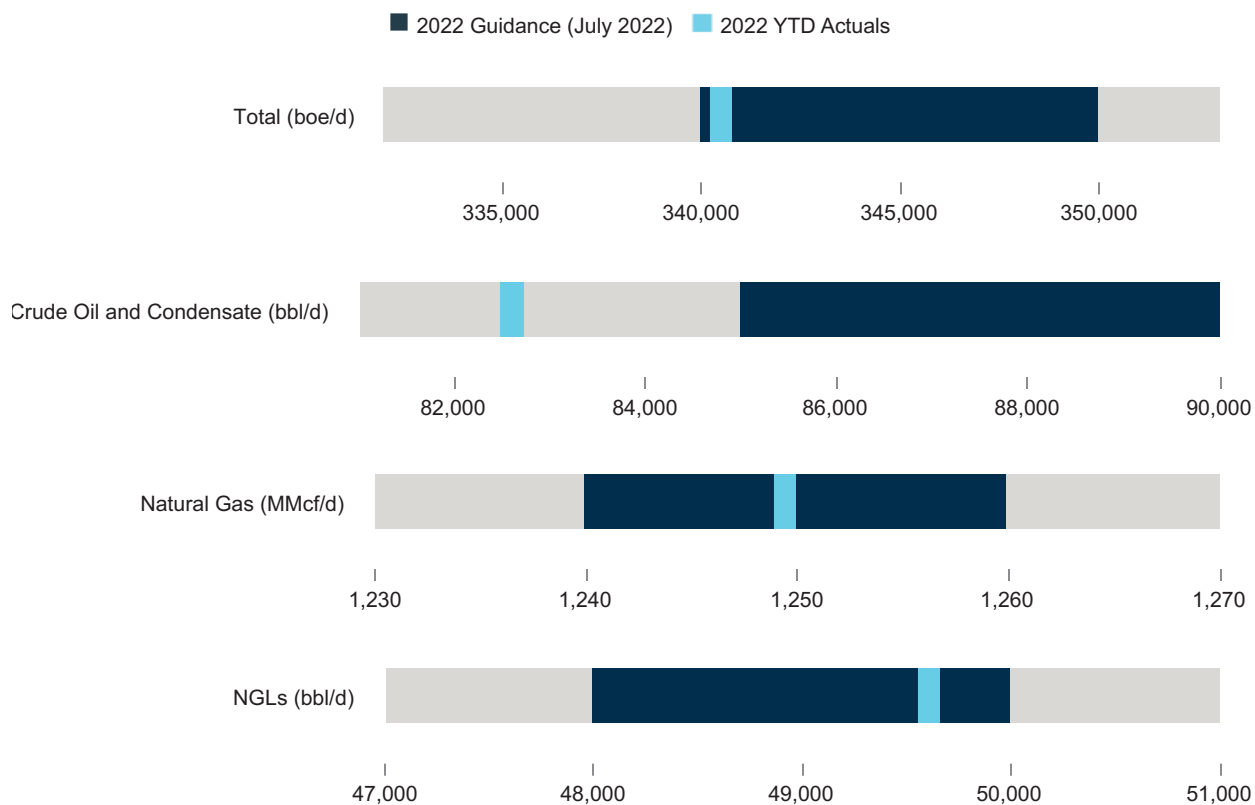
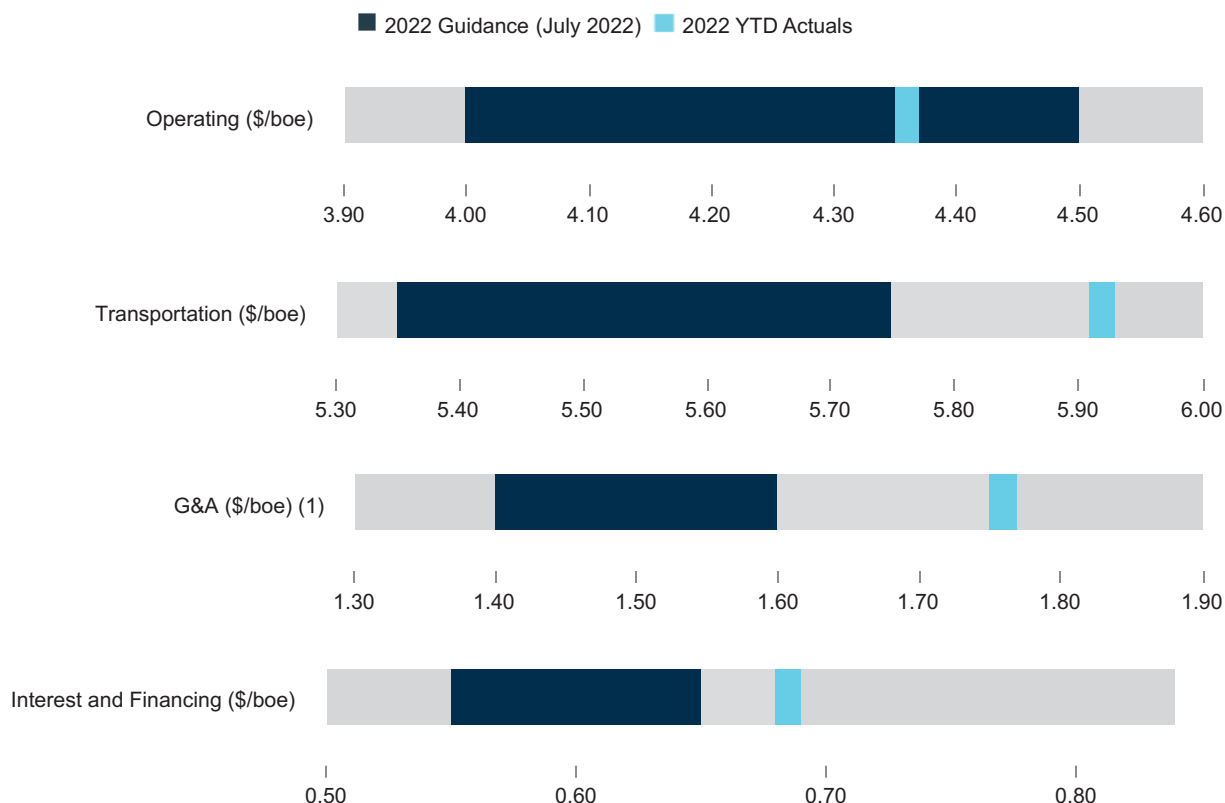


Exhibit 2a

2022 Expense Guidance



(1) Refer to the section entitled "Non-GAAP and Other Financial Measures" contained within this MD&A for an explanation of composition.

2022 SECOND QUARTER FINANCIAL AND OPERATIONAL RESULTS

Financial Highlights

Table 3

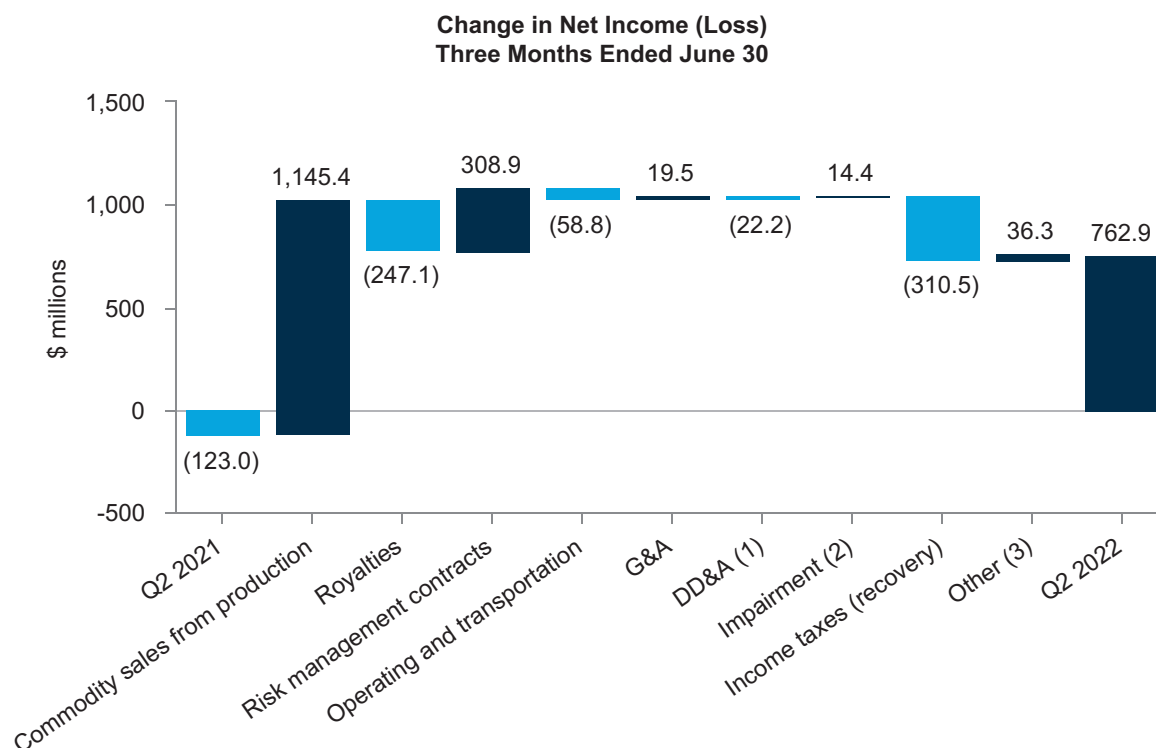
(\$ millions, except per share and volume data)	Three Months Ended				Six Months Ended		
	March 31, 2022	June 30, 2022	June 30, 2021	% Change	June 30, 2022	June 30, 2021	% Change
Net income (loss)	(69.4)	762.9	(123.0)	720	693.5	55.0	1,161
Net income (loss) per share	(0.10)	1.13	(0.17)	765	1.01	0.10	910
Cash flow from operating activities	758.8	1,092.6	456.0	140	1,851.4	722.8	156
Cash flow from operating activities per share	1.10	1.61	0.63	156	2.71	1.34	102
Funds from operations	743.6	1,029.7	542.5	90	1,773.3	816.4	117
Funds from operations per share	1.08	1.52	0.75	103	2.59	1.51	72
Free funds flow	410.3	677.3	249.7	171	1,087.6	397.9	173
Free funds flow per share	0.60	1.00	0.35	186	1.59	0.74	115
Dividends declared per share ⁽¹⁾	0.10	0.12	0.06	100	0.22	0.12	83
Average daily production (boe/d)	344,447	336,112	335,701	—	340,256	253,522	34

(1) Refer to the section entitled "Non-GAAP and Other Financial Measures" contained within this MD&A for an explanation of composition.

Net Income (Loss)

In the second quarter of 2022, ARC recognized net income of \$762.9 million (\$1.13 per share), an increase of \$885.9 million from ARC's second quarter 2021 net loss of \$123.0 million (net loss of \$0.17 per share). The increase in net income is primarily attributed to an increase in commodity sales from production of \$1.1 billion, driven by higher average realized commodity prices, as well as a decreased loss on risk management contracts of \$308.9 million. This was partially offset by a \$247.1 million increase in royalties, a \$58.8 million increase in operating and transportation expenses, and an income tax expense of \$235.5 million, compared to a recovery of \$75.0 million in the same period of the prior year.

Exhibit 3



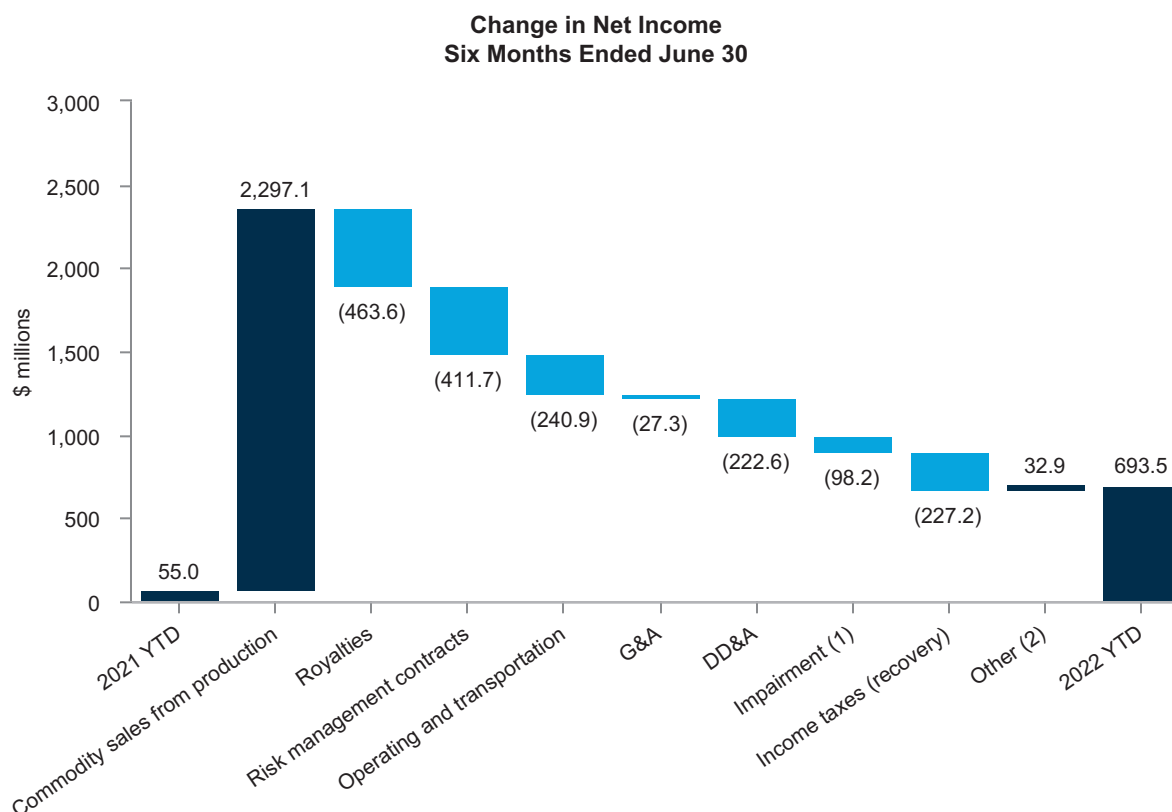
(1) Depletion, depreciation and amortization ("DD&A").

(2) Impairment (reversal of impairment) of PP&E.

(3) Includes sales of commodities purchased from third parties, interest income, other income, commodities purchased from third parties, transaction costs, interest and financing, impairment of financial assets, and foreign exchange.

For the six months ended June 30, 2022, ARC recognized net income of \$693.5 million (\$1.01 per share) compared to \$55.0 million (\$0.10 per share) for the same period of the prior year. The \$638.5 million increase in net income is primarily attributed to an increase in commodity sales from production of \$2.3 billion, associated with higher average realized commodity prices and higher production volumes as a result of the Business Combination. This is partially offset by an increased loss on risk management contracts of \$411.7 million as well as increases in royalties, operating and transportation, DD&A expense, and income taxes, as a result of the Business Combination.

Exhibit 3a



(1) Impairment (reversal of impairment) of PP&E

(2) Includes sales of commodities purchased from third parties, interest income, other income, commodities purchased from third parties, transaction costs, interest and financing, impairment of financial assets, foreign exchange, and gain on disposal of crude oil and natural gas assets.

Cash Flow from Operating Activities and Funds from Operations

Cash flow from operating activities for the three months ended June 30, 2022, was \$1.1 billion, an increase of \$636.6 million from ARC's second quarter 2021 cash flow from operating activities of \$456.0 million. For the six months ended June 30, 2022, cash flow from operating activities increased by \$1.1 billion to \$1.9 billion from \$722.8 million in 2021. The increase in cash flow from operating activities for the three months ended June 30, 2022, is primarily due to higher average realized commodity prices. The increase in cash flow from operating activities for the six months ended June 30, 2022, is due to higher average realized commodity prices and an increase in production volumes resulting from the Business Combination.

ARC considers funds from operations to be a key measure of financial performance as it demonstrates ARC's ability to generate the necessary funds to maintain production at current levels and fund future growth through capital investment. Management believes that such a measure provides an insightful assessment of the performance of ARC's operations on a continuing basis by eliminating certain non-cash charges and actual settlements of ARO, of which the nature and timing of expenditures are discretionary. Funds from operations is a capital management measure, which is not a standardized measure and therefore may not be comparable with the calculation of similar measures by other entities.

Refer to Note 10 "Capital Management" in the financial statements and to the section entitled "Non-GAAP and Other Financial Measures" contained within this MD&A. Table 4 is a reconciliation of ARC's net income (loss) to funds from operations and its most directly comparable GAAP measure, cash flow from operating activities:

Table 4

(\$ millions)	Three Months Ended			Six Months Ended	
	March 31, 2022	June 30, 2022	June 30, 2021	June 30, 2022	June 30, 2021
Net income (loss)	(69.4)	762.9	(123.0)	693.5	55.0
Adjusted for the following non-cash items:					
Impairment (reversal of impairment) of financial assets	(0.3)	2.8	0.6	2.5	1.1
DD&A	323.4	314.0	291.8	637.4	414.8
Impairment (reversal of impairment) of PP&E	—	—	14.4	—	(98.2)
Accretion of ARO	2.4	2.6	3.2	5.0	4.8
Deferred tax expense (recovery)	(81.6)	145.5	(77.6)	63.9	(65.9)
Unrealized loss (gain) on risk management contracts	573.2	(190.1)	453.4	383.1	533.5
Unrealized gain on foreign exchange	(3.0)	(8.6)	(21.2)	(11.6)	(29.8)
Gain on disposal of crude oil and natural gas assets	(1.6)	—	—	(1.6)	—
Other	0.5	0.6	0.9	1.1	1.1
Funds from operations	743.6	1,029.7	542.5	1,773.3	816.4
Net change in other liabilities	(40.8)	(31.2)	(52.9)	(72.0)	(71.1)
Change in non-cash working capital	56.0	94.1	(33.6)	150.1	(22.5)
Cash flow from operating activities	758.8	1,092.6	456.0	1,851.4	722.8

Details of the change in funds from operations from the three and six months ended June 30, 2021 to the three and six months ended June 30, 2022 are included in Table 5 below:

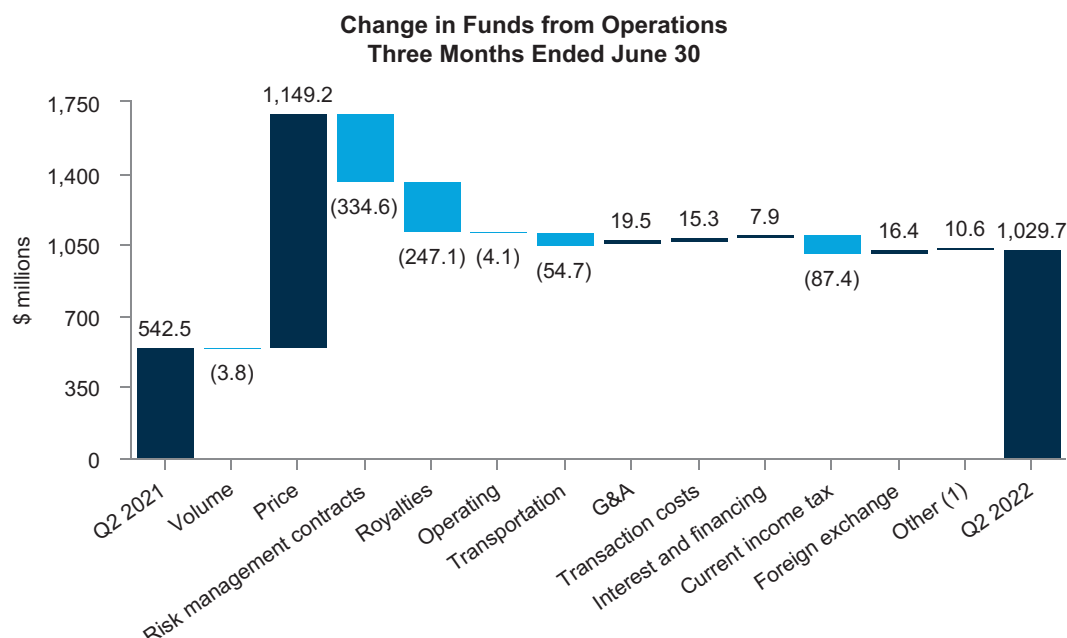
Table 5

	Three Months Ended June 30		Six Months Ended June 30	
	\$ millions	\$/Share	\$ millions	\$/Share
Funds from operations – 2021	542.5	0.75	816.4	1.51
Production volume variance				
Crude oil and liquids	(8.4)	(0.01)	450.2	0.83
Natural gas	4.6	0.01	173.4	0.32
Commodity price variance				
Crude oil and liquids	512.6	0.71	845.7	1.57
Natural gas	636.6	0.89	827.8	1.53
Sales of commodities purchased from third parties	234.4	0.32	777.1	1.44
Interest income	(1.7)	—	(1.7)	—
Other income	1.8	—	1.3	—
Realized loss on risk management contracts	(334.6)	(0.46)	(562.1)	(1.04)
Royalties	(247.1)	(0.34)	(463.6)	(0.86)
Expenses				
Commodities purchased from third parties	(223.6)	(0.31)	(759.5)	(1.40)
Operating	(4.1)	(0.01)	(70.4)	(0.13)
Transportation	(54.7)	(0.08)	(170.5)	(0.32)
G&A	19.5	0.03	(27.3)	(0.05)
Transaction costs	15.3	0.02	22.9	0.04
Interest and financing	7.9	0.01	(4.2)	(0.01)
Current income tax	(87.4)	(0.12)	(97.4)	(0.18)
Realized gain on foreign exchange	16.4	0.02	15.2	0.03
Other	(0.3)	—	—	—
Weighted average shares, diluted	—	0.09	—	(0.69)
Funds from operations – 2022	1,029.7	1.52	1,773.3	2.59

Funds from operations generated in the second quarter of 2022 increased by \$487.2 million to \$1.0 billion (\$1.52 per share) from \$542.5 million (\$0.75 per share) generated in the second quarter of 2021. For the six months ended June 30, 2022, funds from operations increased by \$956.9 million to \$1.8 billion (\$2.59 per share) from \$816.4 million (\$1.51 per share) in 2021.

The increase in funds from operations for the three months ended June 30, 2022, is primarily due to higher average realized commodity prices. Partially offsetting this, higher commodity prices drove an increase in the realized loss on risk management contracts and an increase in royalties and current income tax expense.

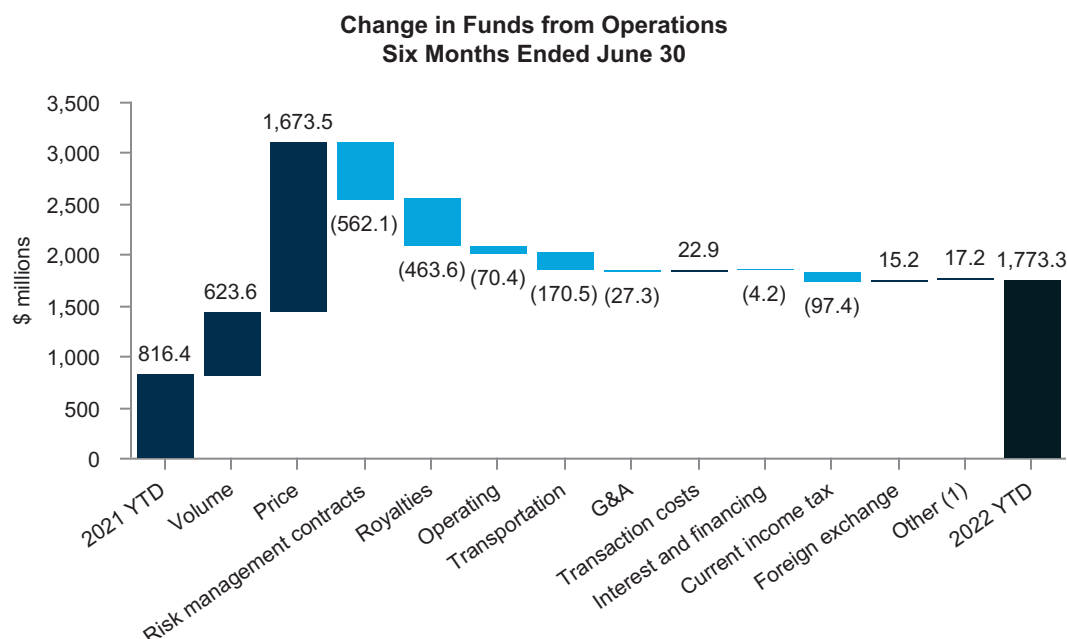
Exhibit 4



(1) Includes sales of commodities purchased from third parties, interest income, other income, and commodities purchased from third parties.

The increase in funds from operations for the six months ended June 30, 2022, is primarily due to higher average realized commodity prices and an increase in production volumes as a result of the Business Combination. Partially offsetting this, the higher commodity prices drove an increase in the realized loss on risk management contracts and an increase in royalties and current income tax expense. Transportation, operating and G&A expenses reflected the larger-scale operations created by the Business Combination.

Exhibit 4a



(1) Includes sales of commodities purchased from third parties, interest income, other income, and commodities purchased from third parties.

Net Income Sensitivity

Table 6 illustrates sensitivities of operating items to business environment and operational changes and the resulting impact on net income:

Table 6

			Impact on Annual Net Income	
	Assumption	Change	Notional Amount (\$ millions)	\$/Share
Business Environment ⁽¹⁾				
Crude oil price (\$/bbl)	⁽²⁾⁽³⁾ 123.35	10 %	348.7	0.510
Natural gas price (\$/Mcf)	⁽²⁾ 7.50	10 %	303.4	0.444
Cdn\$/US\$ exchange rate	⁽²⁾⁽⁴⁾ 1.27	5 %	306.1	0.448
Interest rate on floating-rate debt	2.17 %	0.5 %	2.5	0.004
Operational ⁽⁵⁾				
Crude oil and liquids production (bbl/d)	132,041	1 %	35.9	0.052
Natural gas production (MMcf/d)	1,249	1 %	15.7	0.023
Operating (\$/boe)	4.35	1 %	4.1	0.006
G&A (\$/boe)	1.75	1 %	1.6	0.002

(1) Calculations are performed independently and may not be indicative of actual results that would occur when multiple variables change at the same time. The subsequent impact on risk management contracts is not included.

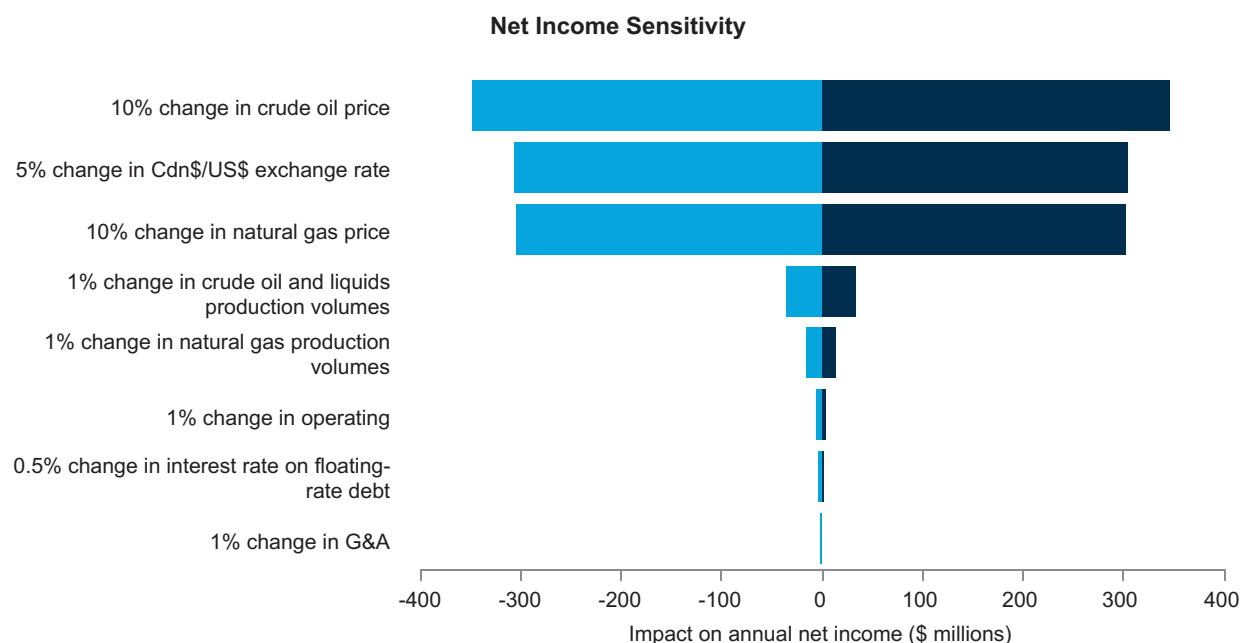
(2) Prices and rates are indicative of ARC's average realized prices for the six months ended June 30, 2022. Refer to Table 11 contained within this MD&A for additional details. The calculated impact on net income is indicative of changes in the underlying benchmark prices and differentials and would only be applicable within a limited range of these amounts.

(3) Includes the impact on crude oil, condensate, and NGLs prices.

(4) Includes impact of foreign exchange on crude oil, condensate, natural gas, and NGLs prices that are presented in US dollars.

(5) Operational assumptions are based upon results for the six months ended June 30, 2022 and the calculated impact on net income would only be applicable within a limited range of these amounts.

Exhibit 5



Production

Table 7

Production	Three Months Ended				Six Months Ended		
	March 31, 2022	June 30, 2022	June 30, 2021	% Change	June 30, 2022	June 30, 2021	% Change
Light and medium crude oil (bbl/d)	7,754	8,159	11,411	(28)	7,958	12,423	(36)
Heavy crude oil (bbl/d)	138	138	248	(44)	138	225	(39)
Condensate (bbl/d)	72,956	75,793	73,459	3	74,382	43,800	70
NGLs (bbl/d)	50,257	48,877	50,020	(2)	49,563	30,429	63
Crude oil and liquids (bbl/d)	131,105	132,967	135,138	(2)	132,041	86,877	52
Natural gas (MMcf/d)	1,280	1,219	1,203	1	1,249	1,000	25
Total production (boe/d)	344,447	336,112	335,701	—	340,256	253,522	34
Natural gas production (%)	62	60	60	—	61	66	(5)
Crude oil and liquids production (%)	38	40	40	—	39	34	5

For the three and six months ended June 30, 2022, crude oil and liquids production decreased two per cent and increased 52 per cent, respectively, as compared to the same periods in the prior year. The decrease in crude oil and liquids production for the three months ended June 30, 2022 was primarily attributable to the disposition of certain non-core assets in the second quarter of 2021. For the six months ended June 30, 2022, increases in condensate and NGLs production were primarily driven by production from the Kakwa area acquired in the Business Combination.

For the three and six months ended June 30, 2022, natural gas production increased one per cent and 25 per cent, respectively, compared to the same periods in the prior year. The increase for the six months ended June 30, 2022 was primarily driven by production from the Kakwa area acquired in the Business Combination, as well as increased production from the expansion of the Sunrise Phase I and II facilities, which were completed in the second quarter of 2021.

Exhibit 6

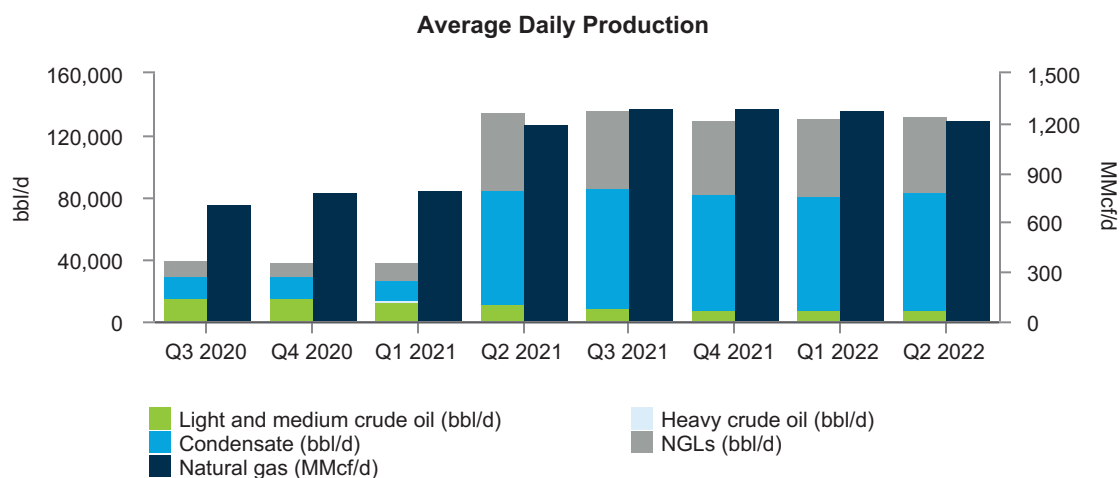


Table 8 summarizes ARC's production by core area for the three months ended June 30, 2022 and June 30, 2021:

Table 8

Three Months Ended June 30, 2022					
Production	Total	Crude Oil	Condensate	Natural Gas	NGLs
Core Area	(boe/d)	(bbl/d)	(bbl/d)	(MMcf/d)	(bbl/d)
Kakwa	173,656	21	63,429	429.8	38,585
Greater Dawson	95,751	1,044	9,825	457.7	8,600
Sunrise	42,372	—	269	252.6	—
Ante Creek	20,171	7,091	618	63.5	1,877
Attachie West	3,183	—	1,547	9.0	135
All other	979	141	105	6.3	(320)
Total	336,112	8,297	75,793	1,218.9	48,877

Three Months Ended June 30, 2021					
Production	Total	Crude Oil	Condensate	Natural Gas	NGLs
Core Area	(boe/d)	(bbl/d)	(bbl/d)	(MMcf/d)	(bbl/d)
Kakwa	172,890	—	60,319	437.6	39,633
Greater Dawson	91,219	1,344	10,189	427.5	8,439
Sunrise	43,242	—	14	259.2	29
Ante Creek	17,331	6,538	488	53.2	1,435
Attachie West	4,418	—	2,232	12.2	148
All other	6,601	3,777	217	13.6	336
Total	335,701	11,659	73,459	1,203.3	50,020

Exhibit 7

**Production by Core Area
Three Months Ended June 30, 2022**

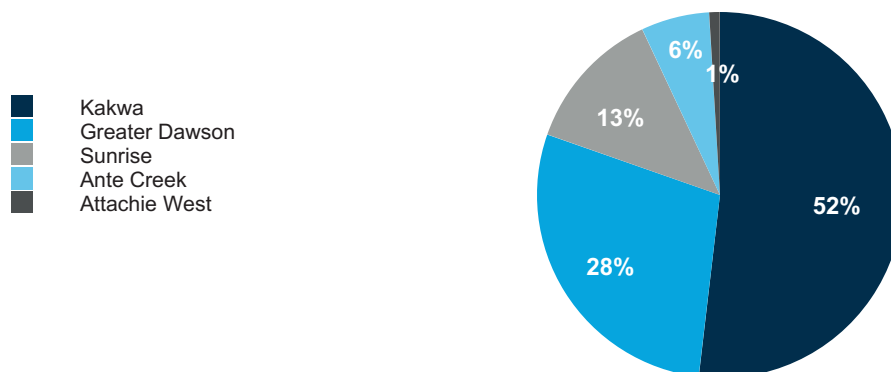


Table 8a summarizes ARC's production by core area for the six months ended June 30, 2022 and June 30, 2021:

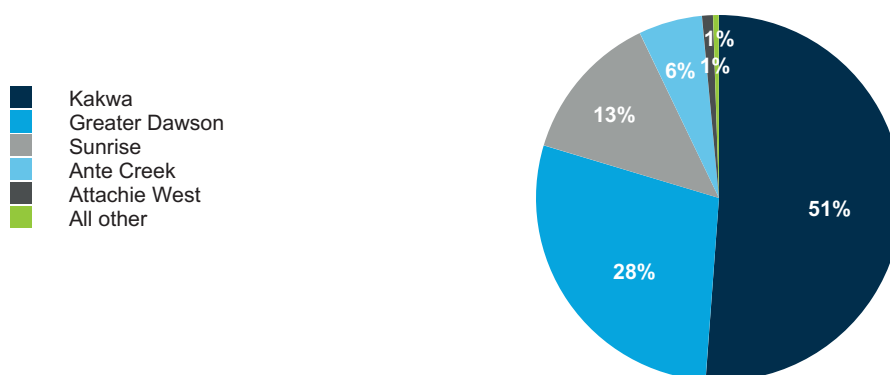
Table 8a

Six Months Ended June 30, 2022					
Production	Total	Crude Oil	Condensate	Natural Gas	NGLs
Core Area	(boe/d)	(bbl/d)	(bbl/d)	(MMcf/d)	(bbl/d)
Kakwa	174,158	21	61,519	442.9	38,796
Greater Dawson	96,842	1,183	10,407	460.7	8,460
Sunrise	45,041	—	166	269.3	—
Ante Creek	19,134	6,743	566	60.4	1,762
Attachie West	3,302	—	1,617	9.3	129
All other	1,779	149	107	6.7	416
Total	340,256	8,096	74,382	1,249.3	49,563

Six Months Ended June 30, 2021					
Production	Total	Crude Oil	Condensate	Natural Gas	NGLs
Core Area	(boe/d)	(bbl/d)	(bbl/d)	(MMcf/d)	(bbl/d)
Greater Dawson	95,089	1,503	10,402	448.0	8,522
Kakwa	86,922	—	30,326	220.0	19,926
Sunrise	42,084	—	12	252.3	30
Ante Creek	17,216	6,589	467	52.3	1,441
Attachie West	4,505	—	2,365	12.0	134
All other	7,706	4,556	228	15.3	376
Total	253,522	12,648	43,800	999.9	30,429

Exhibit 7a

**Production by Core Area
Six Months Ended June 30, 2022**



Commodity Sales from Production

For the three and six months ended June 30, 2022, commodity sales from production increased by 107 per cent and 144 per cent, respectively, as compared to the same periods in 2021. The increase for the three months ended June 30, 2022, is primarily due to higher average realized commodity prices. The increase for the six months ended June 30, 2022, is primarily due to higher average realized commodity prices, combined with increased production volumes resulting from the Business Combination.

A breakdown of commodity sales from production by product is outlined in Table 9:

Table 9

Commodity Sales from Production (\$ millions)	Three Months Ended				Six Months Ended		
	March 31, 2022	June 30, 2022	June 30, 2021	% Change	June 30, 2022	June 30, 2021	% Change
Crude oil	79.2	101.6	78.5	29	180.8	157.7	15
Condensate	782.4	951.1	520.9	83	1,733.5	609.9	184
Natural gas	689.0	1,007.0	365.8	175	1,696.0	694.8	144
NGLs	126.4	151.9	101.0	50	278.3	129.1	116
Commodity sales from production	1,677.0	2,211.6	1,066.2	107	3,888.6	1,591.5	144

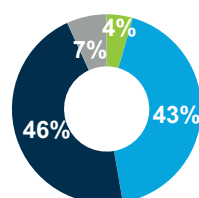
For the three and six months ended June 30, 2022, crude oil and liquids comprised 54 per cent and 56 per cent of ARC's commodity sales from production, respectively, compared to 66 per cent and 56 per cent for the same periods in 2021. The decrease in crude oil and liquids weighting for the three months ended June 30, 2022, is due to natural gas prices appreciating more than crude oil and liquids prices. The crude oil and liquids weighting for the six months ended June 30, 2022, remains unchanged.

Table 10

% of Commodity Sales from Production by Product Type	Three Months Ended			Six Months Ended	
	March 31, 2022	June 30, 2022	June 30, 2021	June 30, 2022	June 30, 2021
Crude oil and liquids	59	54	66	56	56
Natural gas	41	46	34	44	44
Commodity sales from production	100	100	100	100	100

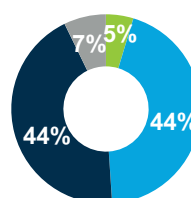
Exhibit 8

**Commodity Sales from Production
by Product
Three Months Ended
June 30, 2022**



Crude oil
Natural gas
Condensate
NGLs

**Commodity Sales from Production
by Product
Six Months Ended
June 30, 2022**



Crude oil
Natural gas
Condensate
NGLs

Commodity Prices

A listing of benchmark commodity prices and ARC's average realized commodity prices are outlined in Table 11:

Table 11

	Three Months Ended				Six Months Ended		
	March 31, 2022	June 30, 2022	June 30, 2021	% Change	June 30, 2022	June 30, 2021	% Change
Average Benchmark Prices							
NYMEX Henry Hub Last Day Settlement (US\$/MMBtu)	4.95	7.17	2.83	153	6.06	2.76	120
Chicago Citygate Monthly Index (US\$/MMBtu)	5.75	6.97	2.74	154	6.36	2.68	137
AECO 7A Monthly Index (Cdn\$/Mcf)	4.59	6.27	2.85	120	5.43	2.89	88
West Texas Intermediate ("WTI") crude oil (US\$/bbl)	95.01	108.52	66.17	64	101.77	62.22	64
Cdn\$/US\$ exchange rate	1.27	1.28	1.23	4	1.27	1.25	2
WTI crude oil (Cdn\$/bbl)	120.66	138.91	81.39	71	129.25	77.78	66
Mixed Sweet Blend ("MSW") Price at Edmonton (Cdn\$/bbl)	116.52	137.92	77.44	78	127.16	72.39	76
Condensate Stream Price at Edmonton (Cdn\$/bbl)	122.56	138.44	81.67	70	130.47	77.90	67
ARC Average Realized Commodity Prices ⁽¹⁾							
Crude oil (\$/bbl)	111.48	134.52	74.01	82	123.35	68.89	79
Condensate (\$/bbl)	119.15	137.91	77.93	77	128.76	76.93	67
Natural gas (\$/Mcf)	5.98	9.08	3.34	172	7.50	3.84	95
NGLs (\$/bbl)	27.94	34.16	22.19	54	31.03	23.45	32
Average realized commodity price (\$/boe)	54.10	72.31	34.90	107	63.14	34.68	82

(1) Refer to the section entitled "Non-GAAP and Other Financial Measures" contained within this MD&A for an explanation of composition.

Benchmark Commodity Prices

Average WTI crude oil prices increased 14 per cent in the second quarter of 2022 compared to the prior quarter and increased 64 per cent compared to the second quarter of 2021. Global crude oil production has increased in recent months, but significant uncertainty surrounding the availability of future supply remains. In response to Russia's actions in Ukraine, numerous countries have enacted formal measures that limit the import of Russian crude oil production. Additionally, low levels of global inventory and a lack of spare productive capacity serve to exacerbate the impact of any supply disruptions. Although some countries are still enforcing pandemic-related restrictions, global crude oil demand is approaching peak levels set in 2019. Crude oil price volatility persists with the heightened risk of a global economic slowdown brought about by rising inflation and interest rates.

Seasonal factors such as milder weather and scheduled oil sands maintenance resulted in a slight weakening of Canadian condensate differentials during the second quarter of 2022, relative to the prior quarter. Local prices were also impacted by pandemic-related demand disruptions in global condensate markets. However, Canadian pricing remained relatively higher due to the region's dependence on imported supply.

Average NYMEX Henry Hub natural gas prices increased 45 per cent in the second quarter of 2022 compared to the prior quarter and increased 153 per cent compared to the second quarter of 2021. Shifting trends in supply and demand resulted in a high degree of natural gas price volatility during the period. Growth in natural gas production from the United States was offset by new highs in seasonal demand and lower inventory levels. Near the end of the period an unexpected temporary shutdown of a liquefied natural gas ("LNG") facility in the United States resulted in a large decrease in LNG exports and a corresponding decrease in NYMEX Henry Hub prices.

The AECO 7A Monthly Index increased 37 per cent in the second quarter of 2022 compared to the prior quarter, and increased 120 per cent compared to the second quarter of 2021. Low natural gas inventory levels in Alberta, combined with elevated pipeline exports continued to provide pricing support, but this was tempered by maintenance-related system constraints.

ARC's Average Realized Commodity Prices

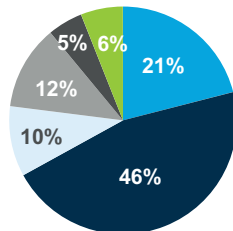
For the three and six months ended June 30, 2022, ARC's average realized crude oil price increased 82 per cent and 79 per cent, respectively, compared to the same periods in 2021. During the same time periods, ARC's average realized condensate price increased 77 per cent and 67 per cent, respectively. For both crude oil and condensate, the increases primarily reflect the stronger benchmark WTI price and tighter differentials in the current period.

ARC's natural gas sales are physically diversified to multiple sales points within North America with different index-based pricing. ARC's average realized natural gas price for the three and six months ended June 30, 2022 increased 172 per cent and 95 per cent, respectively, compared to the same periods in the prior year. The increases are primarily due to an increase in the benchmark NYMEX Henry Hub and AECO 7A Monthly Index prices.

Exhibit 9

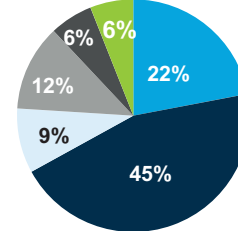
**Natural Gas Sales by Sales Point
Three Months Ended
June 30, 2022**

AECO
 US Midwest
 US Gulf Coast
 Pacific Northwest
 Station 2
 Dawn



**Natural Gas Sales by Sales Point
Six Months Ended
June 30, 2022**

AECO
 US Midwest
 US Gulf Coast
 Pacific Northwest
 Station 2
 Dawn



ARC's NGLs revenue increased to \$151.9 million and \$278.3 million for the three and six months ended June 30, 2022, respectively, compared to \$101.0 million and \$129.1 million for the same periods of the prior year. Average realized NGLs pricing increased 54 per cent and 32 per cent, respectively, compared to the same periods in 2021, primarily due to stronger benchmark prices.

Risk Management Contracts

Tables 12 and 12a summarize the gain or loss on risk management contracts for the three and six months ended June 30, 2022 compared to the same periods in 2021:

Table 12

Risk Management Contracts (\$ millions)	Crude Oil & Condensate	Natural Gas	NGLs and Foreign Currency	Q2 2022 Total	Q2 2021 Total
Realized loss on risk management contracts ⁽¹⁾	(193.8)	(198.9)	(2.1)	(394.8)	(60.2)
Unrealized gain (loss) on risk management contracts ⁽²⁾	73.4	116.3	0.4	190.1	(453.4)
Loss on risk management contracts	(120.4)	(82.6)	(1.7)	(204.7)	(513.6)

(1) Represents actual cash settlements under the respective contracts recognized in net income during the period.

(2) Represents the change in fair value of the contracts during the period.

Table 12a

Risk Management Contracts (\$ millions)	Crude Oil & Condensate	Natural Gas	NGLs and Foreign Currency	2022 YTD Total	2021 YTD Total
Realized loss on risk management contracts ⁽¹⁾	(339.9)	(305.4)	(3.8)	(649.1)	(87.0)
Unrealized gain (loss) on risk management contracts ⁽²⁾	(184.7)	(205.4)	7.0	(383.1)	(533.5)
Gain (loss) on risk management contracts	(524.6)	(510.8)	3.2	(1,032.2)	(620.5)

(1) Represents actual cash settlements under the respective contracts recognized in net income during the period.

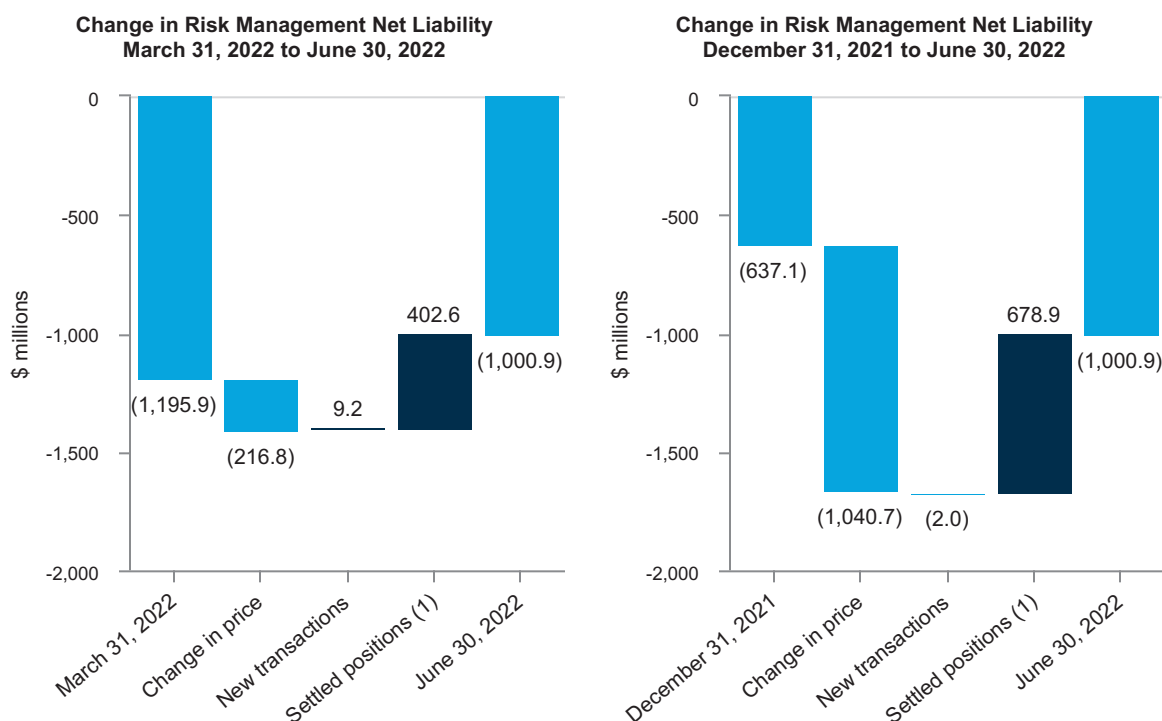
(2) Represents the change in fair value of the contracts during the period.

ARC's realized loss on risk management contracts results from cash settlements paid on WTI crude oil contracts, NYMEX Henry Hub natural gas contracts, and AECO natural gas contracts. During the three and six months ended June 30, 2022, average commodity prices were higher than in the same periods of the prior year, which resulted in an increased loss, as compared to the same periods of the prior year. Additionally, the realized loss for the six months ended June 30, 2022, also increased compared to the same period of the prior year due to additional contracts assumed through the Business Combination.

ARC's unrealized gain on risk management contracts for the three months ended June 30, 2022, primarily reflects the settlement of loss positions during the period. ARC's unrealized loss on risk management contracts for the six months ended June 30, 2022 primarily reflects the revaluation of contracts outstanding at period end with higher forward pricing for WTI crude oil contracts, NYMEX Henry Hub natural gas contracts, and AECO natural gas contracts. The decrease in unrealized loss on risk management contracts compared to the same period in the prior year primarily reflects the settlement of loss positions during the period.

The fair value of ARC's risk management contracts at June 30, 2022 was a net liability of \$1.0 billion, representing the expected value of settlement of ARC's contracts at the balance sheet date after adjustments for credit risk. This comprises a net liability of \$510.3 million from crude oil contracts, a net liability of \$497.1 million from natural gas contracts, and a net asset of \$6.5 million from foreign currency contracts. For more information, refer to Note 11 "Financial Instruments and Market Risk Management" in the financial statements.

Exhibit 10



(1) Includes monthly cash settlements paid by ARC of \$4.9 million and \$19.5 million, respectively, for the three and six months ended June 30, 2022, associated with the settlement of the risk management liability recognized as a result of the Business Combination.

Netback

The components of ARC's netback for the three and six months ended June 30, 2022 compared to the same periods in 2021 are summarized in Tables 13 and 13a:

Table 13

Netback (\$ millions) ⁽¹⁾	Three Months Ended				Six Months Ended		
	March 31, 2022	June 30, 2022	June 30, 2021	% Change	June 30, 2022	June 30, 2021	% Change
Commodity sales from production	1,677.0	2,211.8	1,066.2	107	3,888.6	1,591.5	144
Royalties	(242.3)	(339.6)	(92.5)	267	(581.9)	(118.3)	392
Operating	(125.3)	(142.4)	(138.3)	3	(267.7)	(197.3)	36
Transportation	(172.6)	(191.7)	(137.0)	40	(364.3)	(193.8)	88
Netback	1,136.8	1,538.1	698.4	120	2,674.7	1,082.1	147

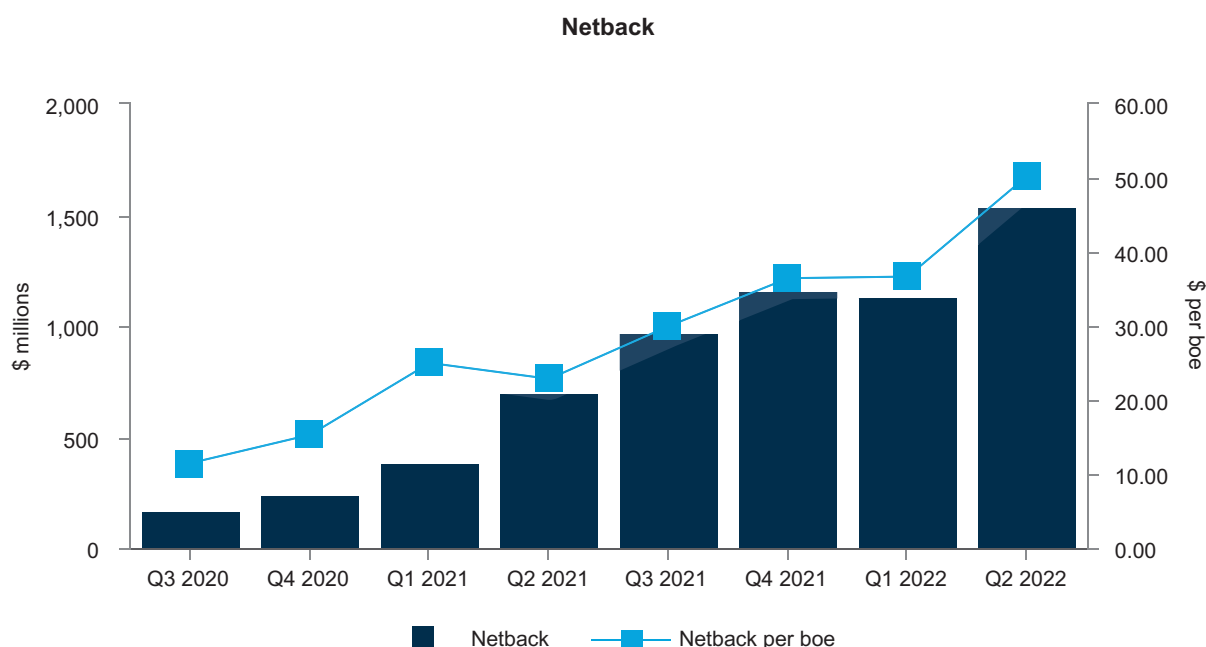
(1) Non-GAAP measure that does not have any standardized meaning under IFRS and therefore may not be comparable to similar measures presented by other entities. Refer to the section entitled "Non-GAAP and Other Financial Measures" contained within this MD&A.

Table 13a

Netback (\$ per boe) ⁽¹⁾	Three Months Ended				Six Months Ended		
	March 31, 2022	June 30, 2022	June 30, 2021	% Change	June 30, 2022	June 30, 2021	% Change
Commodity sales from production	54.10	72.31	34.90	107	63.14	34.68	82
Royalties	(7.81)	(11.10)	(3.02)	268	(9.45)	(2.58)	266
Operating	(4.04)	(4.66)	(4.53)	3	(4.35)	(4.30)	1
Transportation	(5.57)	(6.27)	(4.49)	40	(5.91)	(4.22)	40
Netback	36.68	50.28	22.86	120	43.43	23.58	84

(1) Non-GAAP ratio that does not have any standardized meaning under IFRS and therefore may not be comparable to similar ratios presented by other entities. Includes a non-GAAP financial measure component of netback. Refer to the section entitled "Non-GAAP and Other Financial Measures" contained within this MD&A.

Exhibit 11

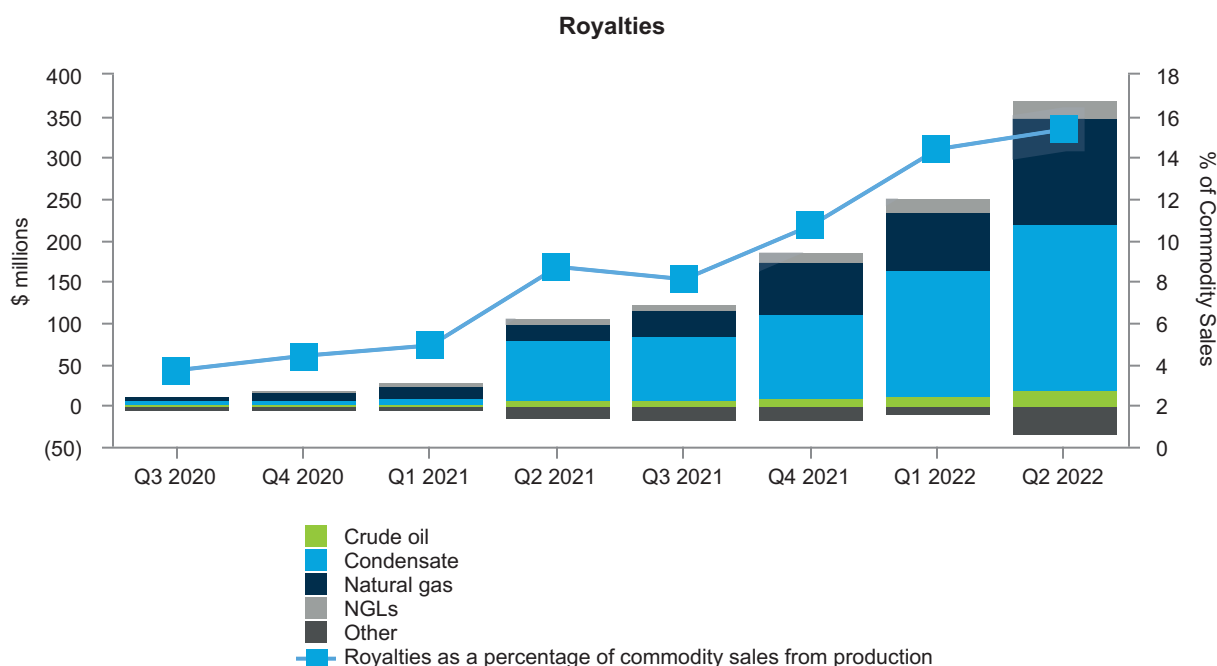


Royalties

Royalties for the three and six months ended June 30, 2022 increased 267 per cent and 392 per cent, respectively, to \$339.6 million and \$581.9 million (\$92.5 million and \$118.3 million for the same periods in 2021). Royalties as a percentage of commodity sales from production⁽¹⁾ increased to 15.4 per cent (\$11.10 per boe⁽¹⁾) in the second quarter of 2022 from 8.7 per cent (\$3.02 per boe) in the second quarter of 2021. For the six months ended June 30, 2022, royalties represented 15.0 per cent (\$9.45 per boe) of commodity sales from production as compared to 7.4 per cent (\$2.58 per boe) for the same period in 2021. The increase in royalties as a percentage of commodity sales from production for the three and six months ended June 30, 2022, is primarily reflective of higher average royalty rates due to increased commodity prices. Additionally, the increase for the six months ended June 30, 2022 reflects a higher proportion of condensate and NGLs production volumes as a result of the Business Combination.

(1) Refer to the section entitled "Non-GAAP and Other Financial Measures" contained within this MD&A for an explanation of composition.

Exhibit 12



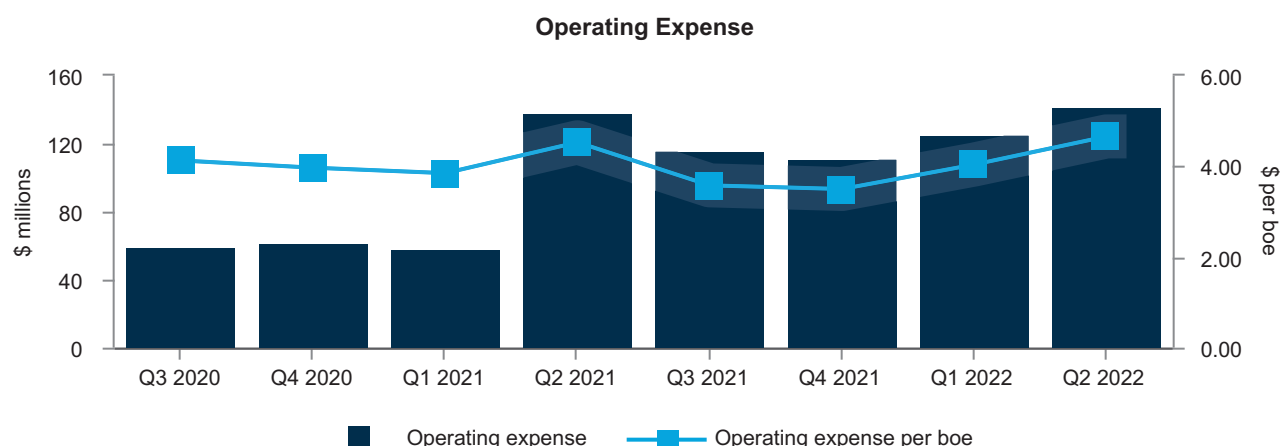
Operating

Operating expense increased by \$4.1 million to \$142.4 million in the second quarter of 2022 as compared to \$138.3 million in the second quarter of 2021. For the six months ended June 30, 2022, operating expense increased by \$70.4 million to \$267.7 million as compared to \$197.3 million in the prior year.

Operating expense per boe increased \$0.13 per boe to \$4.66 per boe in the second quarter of 2022 compared to \$4.53 per boe in the second quarter of 2021. For the six months ended June 30, 2022, operating expense per boe increased by \$0.05 per boe to \$4.35 per boe compared to \$4.30 per boe for the six months ended June 30, 2021.

The increase in operating expense for the three and six months ended June 30, 2022 is reflective of increased maintenance activity and field costs across Greater Dawson and Sunrise, increased processing fees across all areas, as well as the impacts of inflation. This was partially offset by the disposition of non-core assets in 2021 that had higher average operating costs. The increase in operating expense for the six months ended June 30, 2022, is also reflective of the increased production volume acquired through the Business Combination.

Exhibit 13



Transportation

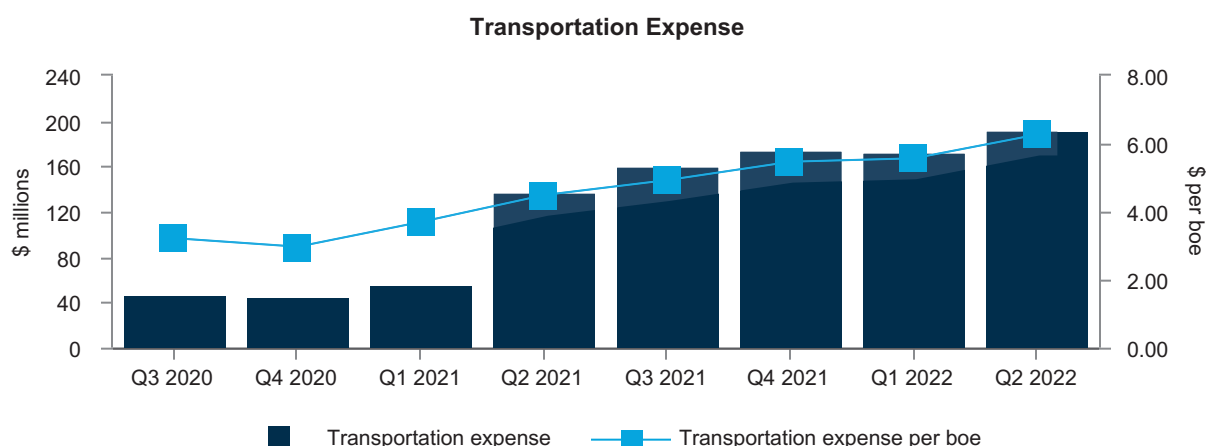
Transportation expense for the three and six months ended June 30, 2022 was \$191.7 million and \$364.3 million, an increase of 40 per cent and 88 per cent, from \$137.0 million and \$193.8 million for the three and six months ended June 30, 2021, respectively.

Transportation expense per boe for the three and six months ended June 30, 2022 was \$6.27 per boe and \$5.91 per boe, an increase of 40 per cent, from \$4.49 per boe and \$4.22 per boe for both the three and six months ended June 30, 2021, respectively.

The increase in transportation expense for the three and six months ended June 30, 2022, relative to the same periods in 2021, is reflective of higher fuel gas expense recognized in conjunction with higher average natural gas prices, as well as an increase in tolls on certain natural gas pipelines. The cost of fuel gas is recognized in transportation expense with a corresponding increase to commodity sales from production. For the six months ended June 30, 2022, the increase in transportation expense is also reflective of the additional natural gas, condensate, and NGLs transportation costs associated with increased production volume acquired through the Business Combination.

ARC enters firm transportation service commitments in order to secure diversified market access for both its current production as well as anticipated production from facility infrastructure planned to be operational in the future. ARC's transportation contract portfolio is monitored on an ongoing basis and contracts are assessed at period end to determine the existence of any contracts that are onerous; none were identified at June 30, 2022. For information regarding ARC's payment obligations under its future transportation commitments, refer to Note 15 "Commitments and Contingencies" in the financial statements.

Exhibit 14



G&A

G&A expense before share-based compensation decreased 13 per cent to \$27.4 million in the second quarter of 2022 from \$31.6 million in the second quarter of 2021. For the six months ended June 30, 2022, ARC's G&A expense before share-based compensation was \$56.7 million, an \$8.0 million increase from \$48.7 million in 2021. The decrease for the three months ended June 30, 2022 is primarily a result of lower employee compensation costs, as termination benefits were incurred in the same period of the prior year in conjunction with the Business Combination. The increase for the six months ended June 30, 2022 primarily reflects increased corporate expenses due to a larger workforce as a result of the Business Combination. This increase was partially offset by lower employee compensation costs, as termination benefits were incurred in the same period of the prior year in conjunction with the Business Combination.

During the three months ended June 30, 2022, ARC recognized G&A expense of \$8.9 million associated with its share-based compensation plans, compared to \$24.2 million during the same period of the prior year. The decrease for the three months ended June 30, 2022 is primarily due to a decrease in ARC's share price as compared to an increase during the same period of the prior year. ARC's liability for its share-based compensation awards are revalued each period, with the corresponding adjustment recognized as G&A expense.

During the six months ended June 30, 2022, ARC recognized G&A expense of \$51.1 million associated with its share-based compensation plans, compared to \$31.8 million during the same period of the prior year. The increase for the six months ended June 30, 2022 is primarily a result of the change in the average performance multiplier used to value ARC's share-based compensation plans. The average performance multiplier remained unchanged for the six months ended June 30, 2022, but decreased in the same period of the prior year.

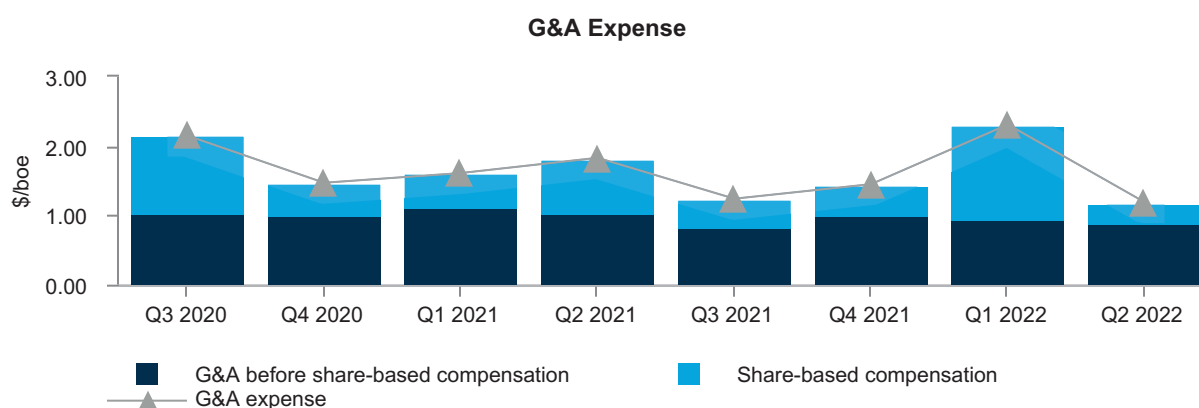
Table 14 is a breakdown of G&A expense:

Table 14

G&A Expense (\$ millions, except per boe)	Three Months Ended				Six Months Ended		
	March 31, 2022	June 30, 2022	June 30, 2021	% Change	June 30, 2022	June 30, 2021	% Change
G&A expense before share-based compensation expense ⁽¹⁾	29.3	27.4	31.6	(13)	56.7	48.7	16
G&A – share-based compensation expense ⁽¹⁾	42.2	8.9	24.2	(63)	51.1	31.8	61
G&A expense	71.5	36.3	55.8	(35)	107.8	80.5	34
G&A expense before share-based compensation expense per boe	0.95	0.90	1.04	(13)	0.92	1.06	(13)
G&A – share-based compensation expense per boe	1.36	0.29	0.79	(63)	0.83	0.69	20
G&A expense per boe	2.31	1.19	1.83	(35)	1.75	1.75	—

(1) Previously, G&A expense recognized under the Deferred Share Unit ("DSU") plans were presented in G&A expense before share-based compensation expense. At June 30, 2022 and 2021, G&A - share based compensation expense comprises expense recognized under the Restricted Share Unit ("RSU"), Performance Share Unit ("PSU"), share option, Long-term Restricted Share Award ("LTRSA"), and DSU Plans.

Exhibit 15

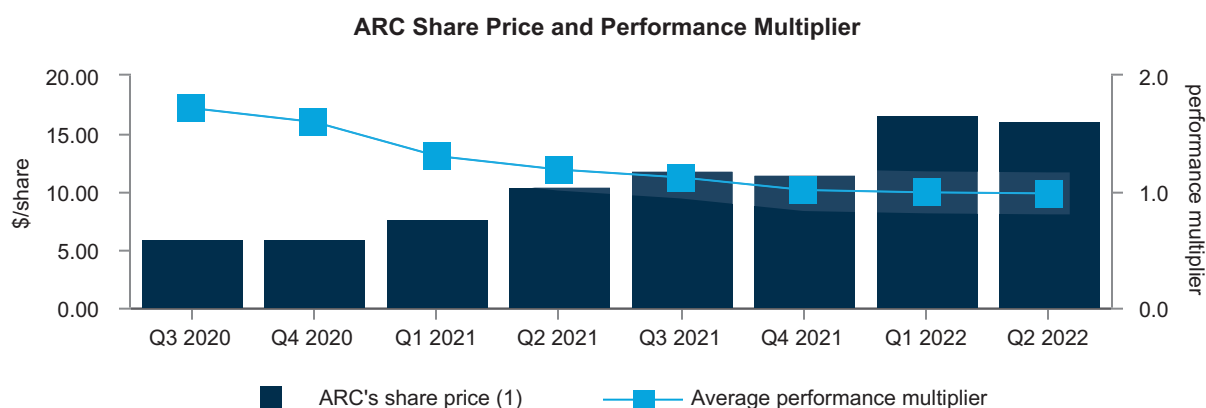


Share-based Compensation Plans

For a description of ARC's various share-based compensation plans, including the plans that existed prior to the Business Combination (the "Legacy Plans") and the plans acquired through the Business Combination (the "Acquired Plans") and related accounting policies, refer to Note 3 "Summary of Accounting Policies" and Note 23 "Share-based Compensation Plans" of ARC's audited consolidated financial statements as at and for the year ended December 31, 2021.

Restricted Share Unit and Performance Share Unit Plans

At June 30, 2022, ARC had 2.8 million RSUs and 6.2 million PSUs outstanding under these plans. For the three and six months ended June 30, 2022, ARC recognized G&A in relation to its RSU and PSU Plans of \$8.3 million and \$41.7 million (\$19.1 million and \$23.0 million for the three and six months ended June 30, 2021), respectively. The change in expense recognized for the three and six months ended June 30, 2022 reflects the change in valuation of awards outstanding throughout the respective periods.

Exhibit 16


(1) Denotes ARC's closing share price on the Toronto Stock Exchange ("TSX") on the last trading day of each respective quarter.

Tables 15 and 15a show the changes to the outstanding RSU and PSU awards for the Legacy Plans and Acquired Plans during 2022:

Table 15

Legacy Plans (number of awards, thousands)	RSUs	PSUs ⁽¹⁾	Total RSUs and PSUs
Balance, December 31, 2021	3,265	6,372	9,637
Granted	443	768	1,211
Distributed	(1,005)	(969)	(1,974)
Forfeited	(114)	(101)	(215)
Balance, June 30, 2022	2,589	6,070	8,659

(1) Based on underlying awards before any effect of the performance multiplier.

Table 15a

Acquired Plans (number of awards, thousands)	RSUs	PSUs ⁽¹⁾	Total RSUs and PSUs
Balance, December 31, 2021	513	413	926
Granted ⁽²⁾	6	102	108
Distributed	(281)	(340)	(621)
Forfeited	(34)	(29)	(63)
Balance, June 30, 2022	204	146	350

(1) Based on underlying awards before any effect of the performance multiplier.

(2) Grants relate to re-invested dividends and additional performance awards for grants that vested in the current period.

Due to the variability in the expected future payments under the plans, ARC estimates that between \$45.3 million and \$247.1 million could be paid out in 2022 through 2025 based on the period-end share price, accrued dividends, ARC's market performance relative to its peers, and ARC's corporate scorecard results. Table 16 is a summary of the range of future expected payments under the RSU and PSU Plans based on variability of the performance multiplier and awards outstanding under the RSU and PSU Plans as at June 30, 2022:

Table 16

Value of RSU and PSU Awards as at June 30, 2022 (awards thousands and \$ millions, except per share)	Performance Multiplier		
	—	1.0	2.0
Estimated awards to vest ⁽¹⁾			
RSUs	2,793	2,793	2,793
PSUs	—	6,216	12,432
Total awards	2,793	9,009	15,225
Share price ⁽²⁾	16.23	16.23	16.23
Value of RSU and PSU awards upon vesting	45.3	146.2	247.1
2022	10.8	27.9	45.0
2023	23.3	75.6	127.7
2024	9.1	32.7	56.4
2025	2.1	10.0	18.0

(1) Includes additional estimated awards to be issued under the Legacy RSU and PSU Plans for dividends accrued to-date.

(2) Per share outstanding. Values will fluctuate over the vesting period based on the volatility of the underlying share price. Assumes a future share price equal to the TSX closing price at June 30, 2022.

Share Option Plans

At June 30, 2022, ARC had 2.8 million share options outstanding under the Legacy Plans, with a weighted average exercise price of \$13.88. Of those, 2.2 million were exercisable at June 30, 2022, with a weighted average exercise price of \$16.77.

At June 30, 2022, ARC had 1.3 million share options outstanding under the Acquired Plans, with a weighted average exercise price of \$19.26. All share options under the Acquired Plans were exercisable at June 30, 2022.

Under the Legacy and Acquired Plans, ARC had 4.1 million share options outstanding, representing 0.6 per cent of ARC's common shares, with a weighted average exercise price of \$17.01. During the three and six months ended June 30, 2022, ARC recognized a nominal amount of compensation expense relating to share option plans (\$0.5 million and \$1.1 million for the three and six months ended June 30, 2021).

Long-term Restricted Share Award Plan

At June 30, 2022, ARC had 1.0 million restricted shares outstanding under the LTRSA Plan. ARC recognized G&A of \$0.3 million and \$0.6 million relating to the LTRSA Plan during the three and six months ended June 30, 2022 (\$0.3 million and \$0.6 million for the three and six months ended June 30, 2021), respectively.

Deferred Share Unit Plans

At June 30, 2022, ARC had 0.8 million DSUs outstanding under the Legacy Plans and 0.4 million DSUs outstanding under the Acquired Plans. For the three and six months ended June 30, 2022, G&A of \$0.3 million and \$8.8 million was recognized in relation to the DSU Plans (\$4.5 million and \$7.4 million for the same periods in 2021).

Interest and Financing

Interest and financing for the three and six months ended June 30, 2022 was \$24.6 million and \$47.1 million, respectively, compared to \$33.1 million and \$42.7 million for the same periods of the prior year. Interest and financing per boe for the three and six months ended June 30, 2022 was \$0.80 per boe and \$0.76 per boe (\$1.08 per boe and \$0.93 per boe for the same periods of the prior year), respectively. The decrease for the three months ended June 30, 2022, as compared to the same period of the prior year, is primarily the result of a decrease in the amount of long-term debt outstanding. The increase for the six months ended June 30, 2022, as compared to the same period of the prior year, is primarily due to additional lease obligations acquired through the Business Combination, partially offset by a decrease in the amount of long-term debt outstanding. A breakdown of interest and financing expense is shown in Table 17:

Table 17

Interest and Financing (\$ millions, except per boe amounts)	Three Months Ended				Six Months Ended		
	March 31, 2022	June 30, 2022	June 30, 2021	% Change	June 30, 2022	June 30, 2021	% Change
Bank debt and long-term notes	12.0	13.8	21.1	(35)	25.8	28.8	(10)
Lease obligations	8.1	8.2	8.8	(7)	16.3	9.1	79
Accretion on ARO	2.4	2.6	3.2	(19)	5.0	4.8	4
Interest and financing	22.5	24.6	33.1	(26)	47.1	42.7	10
Interest and financing per boe	0.73	0.80	1.08	(26)	0.76	0.93	(18)

Foreign Exchange Gain and Loss

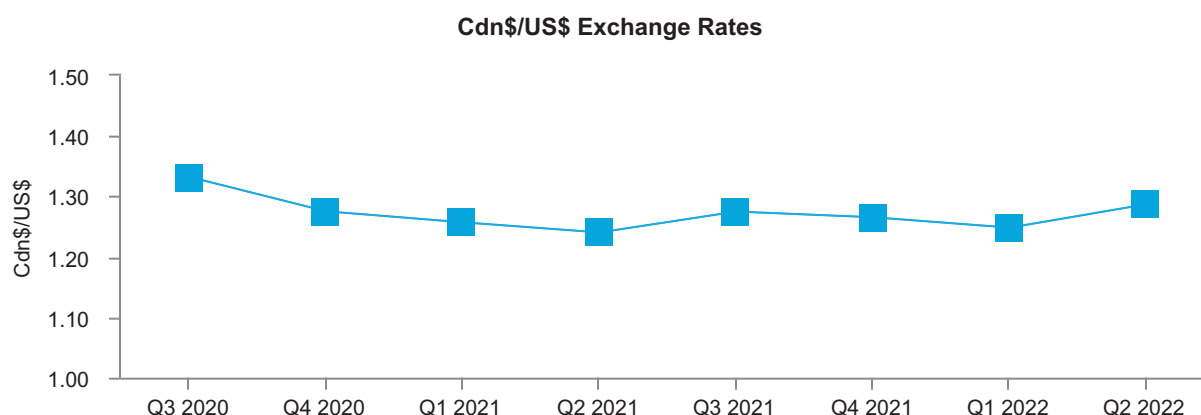
ARC recognized a foreign exchange gain of \$14.2 million in the second quarter of 2022 compared to a gain of \$10.4 million in the second quarter of 2021. For the six months ended June 30, 2022, ARC recognized a foreign exchange gain of \$13.3 million compared to a gain of \$16.3 million for the six months ended June 30, 2021. The change in foreign exchange recognized for the three and six months ended June 30, 2022, as compared to the same periods in the prior year, primarily relates to the revaluation of ARC's US\$ denominated debt and receivables, which are revalued based on the Cdn\$/US\$ exchange rate on the last day of each respective period. At June 30, 2022, ARC did not have any US\$ denominated debt outstanding, as compared to US\$543.4 million outstanding at June 30, 2021. Additionally, ARC increased its amount of US\$ denominated transactions following the Business Combination, which impacts the realized component of ARC's foreign exchange gain and loss.

Table 18 details the realized and unrealized components of ARC's foreign exchange gain and loss:

Table 18

Foreign Exchange Gain and Loss (\$ millions)	Three Months Ended				Six Months Ended		
	March 31, 2022	June 30, 2022	June 30, 2021	% Change	June 30, 2022	June 30, 2021	% Change
Unrealized gain on US dollar-denominated debt and receivables	3.0	8.6	21.2	(59)	11.6	29.8	(61)
Realized gain (loss) on US dollar-denominated transactions	(3.9)	5.6	(10.8)	152	1.7	(13.5)	113
Foreign exchange gain (loss)	(0.9)	14.2	10.4	37	13.3	16.3	(18)

Exhibit 17



For the three and six months ended June 30, 2022, ARC recognized an unrealized loss on foreign currency translation adjustment in other comprehensive income of \$6.4 million and \$8.4 million (\$0.1 million for both the three and six months ended June 30, 2021), respectively.

Taxes

ARC recognized current income tax expense of \$90.0 million and \$145.0 million for the three and six months ended June 30, 2022, respectively, compared to \$2.6 million and \$47.6 million for the same periods in 2021. The increase in current income tax expense for the three months ended June 30, 2022, is primarily due to higher expected taxable income for the period as a result of increased average realized commodity prices. The increase in current income tax expense for the six months ended June 30, 2022, is primarily due to higher expected taxable income for the period as a result of increased average realized commodity prices and an increase in production volumes as compared to the same period in the prior year.

For the three months ended June 30, 2022, deferred income tax expense of \$145.5 million was recognized, compared to a deferred income tax recovery of \$77.6 million for the same period in 2021. The increase in deferred income tax expense primarily relates to higher income tax pools claimed relative to DD&A expense as compared to the same period of 2021, and an unrealized gain on risk management contracts for the three months ended June 30, 2022, as compared to an unrealized loss on risk management contracts for the same period of 2021.

For the six months ended June 30, 2022, deferred income tax expense of \$63.9 million was recognized, compared to a deferred income tax recovery of \$65.9 million for the same period in 2021. The increase in deferred income tax expense primarily relates to higher income tax pools claimed relative to DD&A expense and a lower unrealized loss on risk management contracts for the six months ended June 30, 2022, as compared to the same period of 2021.

The income tax pools, which are detailed in Table 19, are deductible at various rates and annual deductions associated with the initial tax pools will decline over time.

Table 19

Income Tax Pool Type (\$ millions)	June 30, 2022	Annual Deductibility
Canadian oil and gas property expense	1,037.1	10% declining balance
Canadian development expense	1,954.0	30% declining balance
Canadian exploration expense	—	100%
Undepreciated capital cost	1,628.3	Primarily 25% declining balance
Non-capital losses, scientific research and experimental development, and investment tax credits	327.8	100%
Other	87.6	Various rates, 5% declining balance to 20%
Total federal tax pools	5,034.8	

DD&A and Impairment of PP&E

For the three and six months ended June 30, 2022, ARC recognized DD&A related to its PP&E of \$314.0 million and \$637.4 million, respectively, compared to \$291.8 million and \$414.8 million for the three and six months ended June 30, 2021. The increase in DD&A for the three and six months ended June 30, 2022, compared to the same periods in the prior year, is primarily related to a higher DD&A rate as a result of changes in reserves and future development costs associated with certain assets, partially offset by the disposition of certain non-core assets with a higher relative DD&A rate per boe. For the six months ended June 30, 2022, DD&A was also impacted by the increase in production volumes.

A breakdown of DD&A expense is summarized in Table 20:

Table 20

DD&A Expense (\$ millions, except per boe amounts)	Three Months Ended				Six Months Ended		
	March 31, 2022	June 30, 2022	June 30, 2021	% Change	June 30, 2022	June 30, 2021	% Change
Depletion of crude oil and natural gas assets	299.5	289.9	269.7	7	589.4	389.6	51
Depreciation of corporate assets	3.7	3.8	1.5	153	7.5	3.0	150
Depreciation of right-of-use ("ROU") assets under lease	20.2	20.3	20.6	(1)	40.5	22.2	82
DD&A expense	323.4	314.0	291.8	8	637.4	414.8	54
DD&A expense per boe ⁽¹⁾	10.43	10.27	9.55	8	10.35	9.04	14

(1) Refer to the section entitled "Non-GAAP and Other Financial Measures" contained within this MD&A for an explanation of composition.

No impairment or reversal of impairment was recognized during the three and six months ended June 30, 2022. All previously recognized impairment charges that were eligible have been reversed. For the three and six months ended June 30, 2021, ARC recognized an impairment charge of \$14.4 million and a reversal of impairment of \$98.2 million, respectively, related to its Northern Alberta cash-generating unit.

Cash Flow used in Investing Activities, Capital Expenditures, Acquisitions, and Dispositions

ARC's cash flow used in investing activities was \$363.9 million and \$710.6 million during the three and six months ended June 30, 2022, respectively, compared to \$206.5 million and \$310.6 million for the three and six months ended June 30, 2021. In addition to cash flow used in investing activities, Management uses capital expenditures to monitor its capital investments relative to those budgeted by the Company on an annual basis. ARC excludes acquisition and disposition activities from its annual capital budget, as well as the accounting impact of any accrual changes or payments under certain lease arrangements. Table 21 is a reconciliation of ARC's cash flow used in investing activities to capital expenditures:

Table 21

Capital expenditures (\$ millions)	Three Months Ended			Six Months Ended	
	March 31, 2022	June 30, 2022	June 30, 2021	June 30, 2022	June 30, 2021
Cash flow used in investing activities	346.7	363.9	206.5	710.6	310.6
Adjusted for the following items:					
Cash acquired upon close of Business Combination	—	—	4.9	—	4.9
Acquisition of crude oil and natural gas assets	(0.8)	(0.8)	(0.1)	(1.6)	(0.1)
Disposal of crude oil and natural gas assets	7.4	—	78.1	7.4	78.2
Long-term investment	—	(0.1)	—	(0.1)	—
Change in non-cash investing working capital	(22.7)	(13.8)	1.0	(36.5)	20.8
Other ⁽¹⁾	2.7	3.2	2.4	5.9	4.1
Capital expenditures	333.3	352.4	292.8	685.7	418.5

(1) Comprises non-cash capitalized costs related to the Company's ROU asset depreciation and share-based compensation.

Capital expenditures were \$352.4 million and \$685.7 million for the three and six months ended June 30, 2022, respectively, compared to \$292.8 million and \$418.5 million for the three and six months ended June 30, 2021. The increase in capital expenditures for the three and six months ended June 30, 2022, primarily reflects increased

activity in the Kakwa area, which was acquired through the Business Combination, as well as the impacts of inflation across all areas. This was partially offset by reduced spending in northeast British Columbia. Capital expenditures during the period included the drilling of 29 and 60 wells, primarily in Alberta, and the completion of 38 and 79 wells across ARC's asset base for the three and six months ended June 30, 2022, respectively. Infrastructure investment in 2022 has been focused on the Sunrise facility expansion, the electrification of Dawson Phase IV, and continuing to advance the planning of the Attachie West Phase I facility.

During the six months ended June 30, 2022, ARC disposed of certain non-core assets in Alberta for cash proceeds of \$7.4 million. Additionally, ARC entered into an asset exchange agreement for certain assets in British Columbia to enable greater operational efficiency over a portion of ARC's assets.

For information regarding ARC's planned capital expenditures for 2022, refer to the news releases dated November 4, 2021, February 10, 2022, May 5, 2022, and July 28, 2022, entitled "ARC Resources Ltd. Reports Record Third Quarter 2021 Results, Increases Dividend, and Announces 2022 Budget", "ARC Resources Ltd. Reports Record Year-end 2021 Results and Reserves", "ARC Resources Ltd. Reports Strong First Quarter 2022 Results and a 20 Per Cent Increase to Its Dividend", and "ARC Resources Ltd. Reports Record Second Quarter 2022 Results" respectively, available on ARC's website at www.arcresources.com and on SEDAR at www.sedar.com.

A breakdown of capital expenditures, acquisitions, and dispositions for the three months ended June 30, 2022 and June 30, 2021 is shown in Table 22:

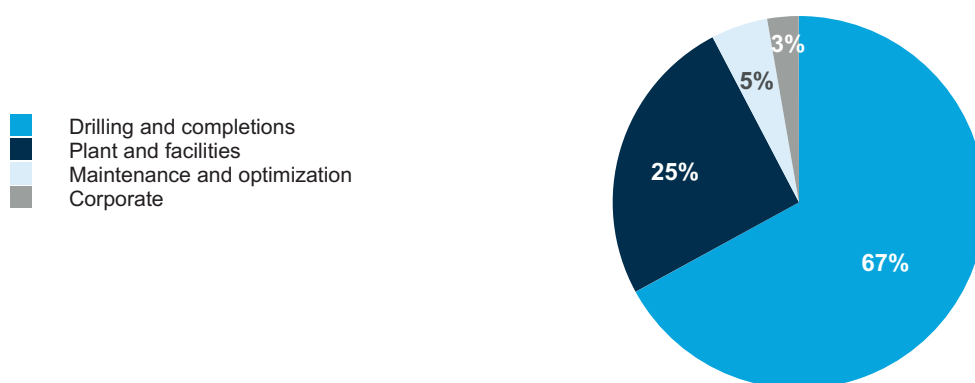
Table 22

Three Months Ended June 30							
2022			2021				
Capital Expenditures (\$ millions)	E&E ⁽¹⁾	PP&E	Total	E&E	PP&E	Total	% Change
Geological and geophysical	—	0.1	0.1	—	0.1	0.1	—
Drilling and completions	0.7	238.5	239.2	0.1	204.1	204.2	17
Plant and facilities	1.0	85.8	86.8	0.1	60.3	60.4	44
Maintenance and optimization	—	16.9	16.9	—	9.3	9.3	82
Corporate	—	9.4	9.4	—	18.8	18.8	(50)
Capital expenditures	1.7	350.7	352.4	0.2	292.6	292.8	20
Acquisitions	—	0.8	0.8	0.1	—	0.1	700
Dispositions	—	—	—	—	(78.1)	(78.1)	(100)
Capital expenditures and net acquisitions and dispositions	1.7	351.5	353.2	0.3	214.5	214.8	64

(1) Exploration and evaluation ("E&E").

Exhibit 18

**Capital Expenditures by Classification
Three Months Ended June 30, 2022**



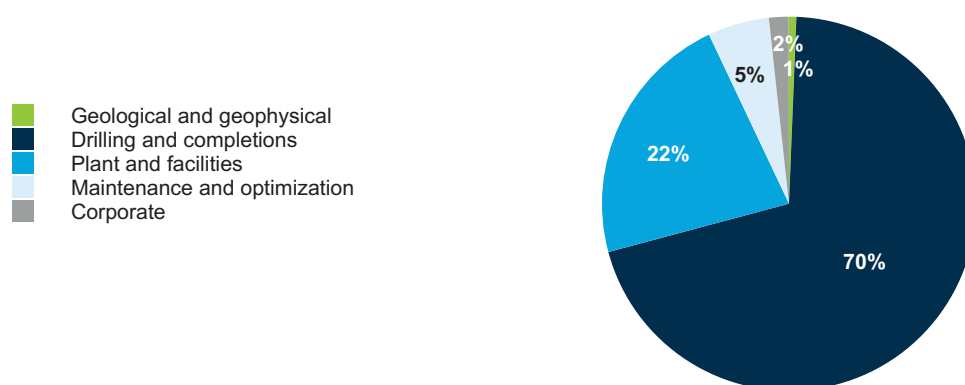
A breakdown of capital expenditures, acquisitions, and dispositions for the six months ended June 30, 2022 and June 30, 2021 is shown in Table 22a:

Table 22a

	Six Months Ended June 30						
	2022			2021			% Change
Capital Expenditures (\$ millions)	E&E	PP&E	Total	E&E	PP&E	Total	
Geological and geophysical	—	4.3	4.3	—	2.1	2.1	105
Drilling and completions	(1.7)	486.2	484.5	0.6	293.9	294.5	65
Plant and facilities	1.5	147.9	149.4	0.4	81.8	82.2	82
Maintenance and optimization	—	35.8	35.8	—	13.7	13.7	161
Corporate	—	11.7	11.7	—	26.0	26.0	(55)
Capital expenditures	(0.2)	685.9	685.7	1.0	417.5	418.5	64
Acquisitions	0.2	4.8	5.0	0.1	—	0.1	4,900
Dispositions	—	(10.8)	(10.8)	—	(78.2)	(78.2)	(86)
Capital expenditures and net acquisitions and dispositions	—	679.9	679.9	1.1	339.3	340.4	100

Exhibit 18a

Capital Expenditures by Classification
Six Months Ended June 30, 2022



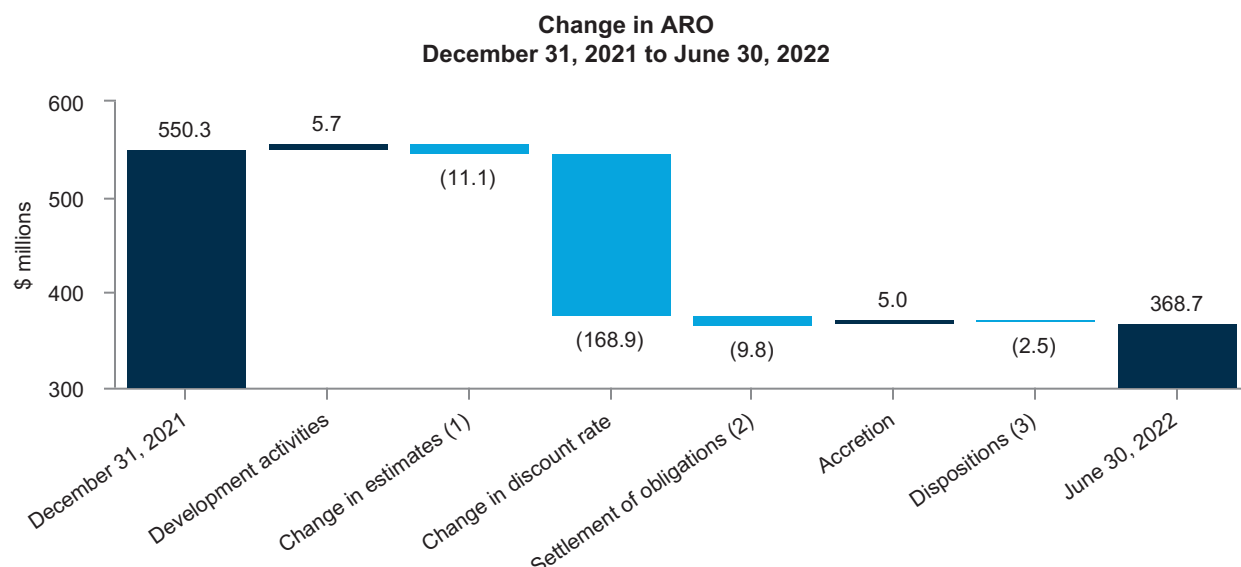
Asset Retirement Obligation

At June 30, 2022, ARC recognized ARO of \$368.7 million (\$550.3 million at December 31, 2021), for the future abandonment and reclamation of ARC's crude oil and natural gas assets, of which \$16.0 million is classified as current and \$352.7 million is classified as long-term (\$15.0 million and \$535.3 million at December 31, 2021, respectively). The estimated ARO includes assumptions in respect of actual future costs to abandon wells and decommission and reclaim assets, the time frame in which such costs will be incurred, and annual inflation factors. The future liability has been discounted at a liability-specific risk-free rate of 3.1 per cent (1.7 per cent at December 31, 2021).

Accretion charges of \$2.6 million and \$5.0 million for the three and six months ended June 30, 2022 (\$3.2 million and \$4.8 million for the same periods in 2021), respectively, have been recognized in interest and financing in the unaudited condensed consolidated statements of income to reflect the increase in ARO associated with the passage of time. Actual spending under ARC's program for the three and six months ended June 30, 2022 was \$2.0 million and \$9.3 million (\$1.6 million and \$7.7 million for the same periods in 2021), respectively. Environmental stewardship

remains a core value at ARC and the Company maintains a planned and scheduled approach to its abandonment and reclamation activities.

Exhibit 19



- (1) Relates to changes in costs of future obligations and anticipated settlement dates of ARO.
- (2) For the three and six months ended June 30, 2022, \$0.2 million and \$0.5 million of obligations were indirectly settled through a government subsidy, whereby third-party service providers were reimbursed on behalf of ARC (\$0.8 million and \$1.9 million for the three and six months ended June 30, 2021).
- (3) Liabilities associated with assets held for sale and disposed during the six months ended June 30, 2022.

Capitalization, Financial Resources and Liquidity

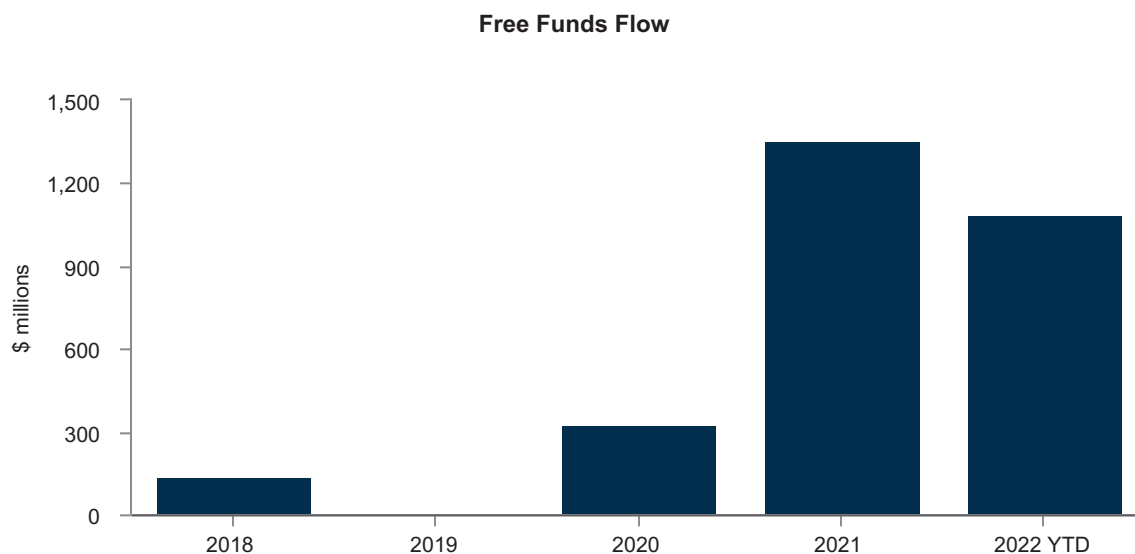
ARC's capital management objective is to fund dividend payments, current period reclamation expenditures, and capital expenditures necessary for the replacement of production declines using only funds from operations. Profitable growth activities will be financed with a combination of funds from operations and other sources of capital. ARC believes that investing in development activities that prioritize profitability over production growth creates significant long-term shareholder value.

Maintaining targeted debt levels, paying a sustainable dividend, and exercising capital discipline to manage a moderate pace of development and control its corporate decline rate are the basis for ARC's current capital allocation. ARC takes a portfolio approach by periodically evaluating its capital allocation priorities, considering returns to shareholders through sustainable dividend increases and/or share repurchases, and long-term development investments.

ARC uses free funds flow, defined as funds from operations less capital expenditures, as an indicator of the funds available for capital allocation. For the three and six months ended June 30, 2022, free funds flow was \$677.3 million and \$1.1 billion (\$249.7 million and \$397.9 million for the three and six months ended June 30, 2021), respectively. For the calculation of free funds flow, refer to the section entitled "Non-GAAP and Other Financial Measures" contained within this MD&A.

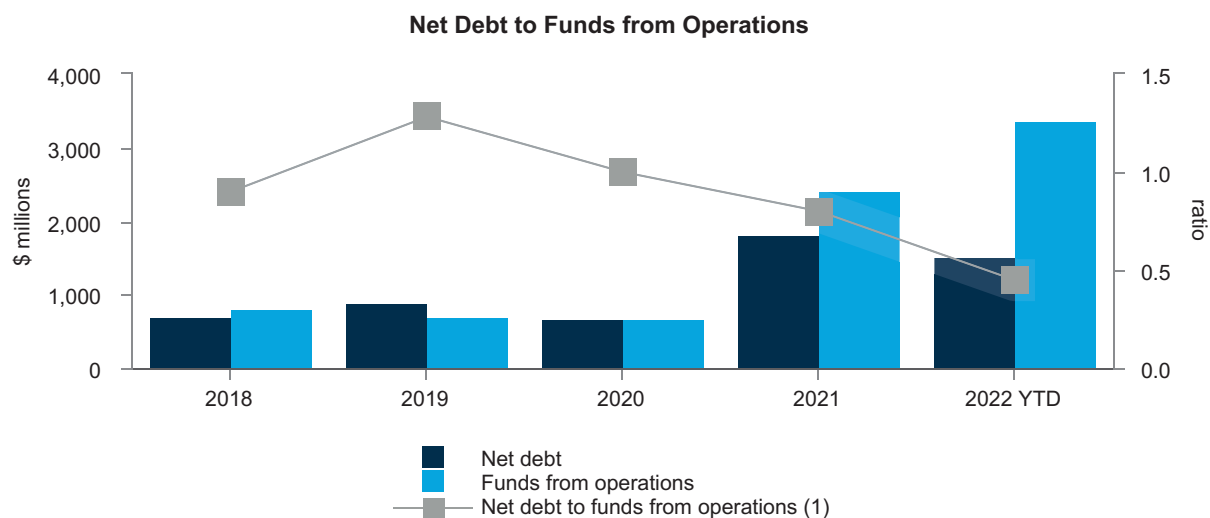
ARC is committed to returning between 50 and 80 per cent of free funds flow generated in 2022 to shareholders and directing the remainder to debt reduction. Currently, the optimal mechanism to return shareholder capital is through a sustainable base dividend that grows over time, and continued share repurchases.

Exhibit 20



ARC maintains financial flexibility through its strong balance sheet. Management targets its net debt to be between 1.0 and 1.5 times funds from operations and manages its capital structure to achieve that target over the long term. At June 30, 2022, ARC's net debt was 0.4 times its funds from operations.

Exhibit 21



(1) Composed of 12-month trailing funds from operations.

At June 30, 2022, ARC had total credit capacity of \$3.0 billion, of which \$1.2 billion was outstanding. At June 30, 2022, ARC's long-term debt had a weighted average interest rate of 3.1 per cent. For more information, refer to Note 7 "Long-term Debt" in the financial statements.

At June 30, 2022, ARC was in compliance with the financial covenants related to its credit facility as follows:

Table 23

Covenant Description	Position at June 30, 2022 ⁽¹⁾
Consolidated Debt not to exceed 60 per cent of Total Capitalization	18 %
Consolidated Tangible Assets of the Restricted Group must exceed 80 per cent of Consolidated Tangible Assets	100 %

(1) Subject to final approval of the syndicate.

Shareholders' Equity

During the six months ended June 30, 2022, ARC repurchased 31.5 million common shares under its normal course issuer bid ("NCIB") at a weighted average price of \$16.59 for a total cost of \$522.6 million. Shares were cancelled upon repurchase.

At June 30, 2022, ARC has recognized a liability of \$88.1 million (\$51.9 million at December 31, 2021) for share repurchases estimated to take place during its internal blackout period under an automatic share purchase plan agreement with an independent broker.

At June 30, 2022, there were 663.7 million common shares outstanding and 4.1 million share options outstanding under ARC's share option plans, including 1.3 million share options outstanding under the Acquired Plans. For more information, refer to the section entitled "Share Option Plans" contained within this MD&A.

At June 30, 2022, ARC had 1.0 million restricted shares outstanding under its LTRSA Plan. For more information on the restricted shares outstanding and held in trust under ARC's LTRSA Plan, refer to the section entitled "Long-term Restricted Share Award Plan" contained within this MD&A.

Dividends

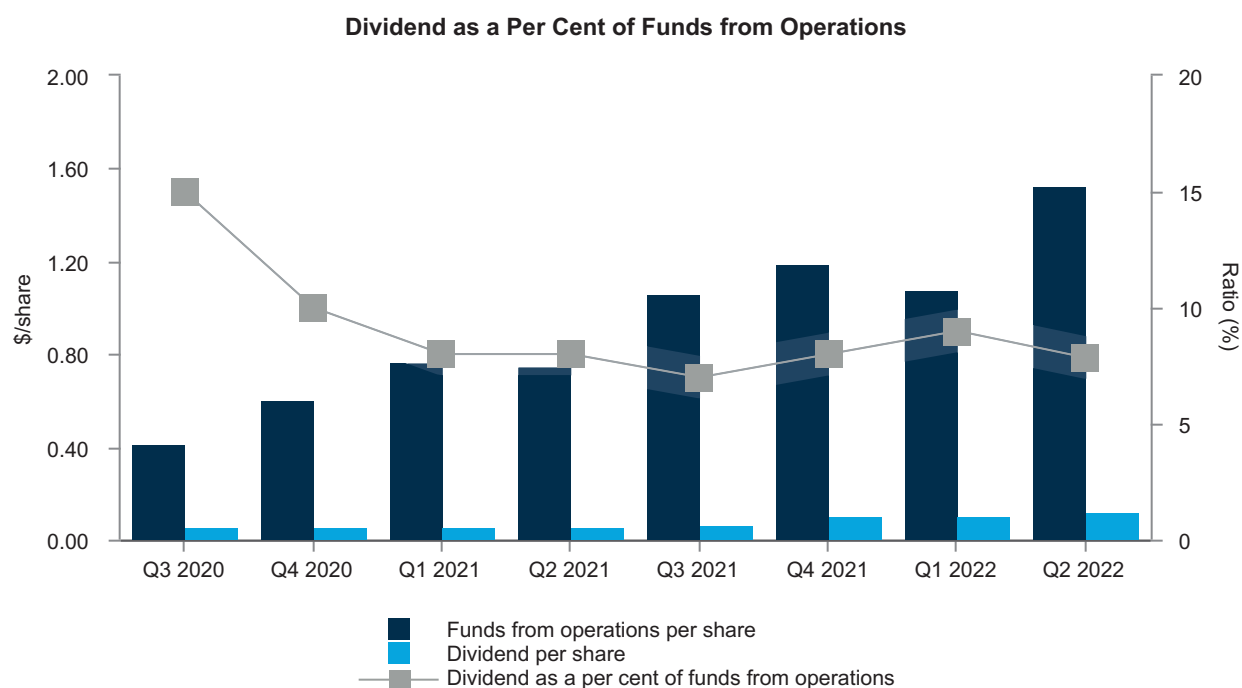
ARC's business strategy is focused on value creation and long-term returns to shareholders, with the dividend being an important component. On May 5, 2022, ARC announced a 20 per cent increase to its quarterly dividend, from \$0.10 per share to \$0.12 per share. This dividend increase was effective for ARC's second quarter dividend, paid on July 15, 2022, to shareholders of record on June 30, 2022.

In the second quarter of 2022, ARC declared dividends totaling \$79.9 million (\$0.12 per share) compared to \$43.5 million (\$0.06 per share) in the same period of 2021. ARC declared dividends of \$148.1 million (\$0.22 per share) for the six months ended June 30, 2022 and \$64.8 million (\$0.12 per share) for the same period in 2021.

ARC's dividend as a per cent of funds from operations⁽¹⁾ for both the three and six months ended June 30, 2022, was eight per cent, unchanged from the same periods in the prior year.

(1) Refer to the section entitled "Non-GAAP and Other Financial Measures" contained within this MD&A for an explanation of composition.

Exhibit 22



The actual amount of future monthly dividends is proposed by Management and is subject to the approval and discretion of ARC's board of directors (the "Board"). The Board reviews future dividends in conjunction with their review of quarterly financial and operational results.

Please refer to ARC's website at www.arcresources.com for details of the estimated quarterly dividend amounts and dividend dates for 2022.

Environmental Regulation Impacting ARC

ARC is in compliance in all material respects with all environmental laws and regulations as of the date of this MD&A. The management of ARC's closure and liability programs meets or exceeds the regulatory requirements of the provinces in which it operates. There are currently no security requirements being requested or held as a result of liability management issues.

For additional information refer to ARC's AIF available on ARC's website at www.arcresources.com and on SEDAR at www.sedar.com.

Contractual Obligations and Commitments

At June 30, 2022, ARC's total contractual obligations and commitments were \$6.0 billion. These include obligations and commitments in place at December 31, 2021, less payments made during the six months ended June 30, 2022, as well as additional transportation commitments.

Off-Balance Sheet Financing

ARC does not have any guarantees or off-balance sheet arrangements that have been excluded from the balance sheets other than commitments disclosed in Note 15 "Commitments & Contingencies" of the financial statements.

Critical Accounting Estimates

ARC continuously refines and documents its management and internal reporting systems to ensure that accurate and timely internal and external information is gathered and disseminated.

ARC's financial and operational results incorporate certain estimates including:

- estimated commodity sales from production at a specific reporting date for which actual revenues have not yet been received, including associated estimated credit losses;

- estimated royalty obligations, transportation, and operating expenses at a specific reporting date for which costs have been incurred but have not yet been settled;
- estimated capital expenditures on projects that are in progress;
- estimated DD&A charges that are based on estimates of reserves that ARC expects to recover in the future;
- estimated future recoverable value of PP&E, E&E, and goodwill and any associated impairment charges or reversals;
- estimated fair values of financial instruments that are subject to fluctuation depending upon the underlying forward curves for commodity prices, foreign exchange rates and interest rates, as well as volatility curves, and the risk of non-performance;
- estimated value of ARO that is dependent upon estimates of future costs and timing of expenditures;
- estimated value of ROU assets and lease obligations that are dependent upon estimates of discount rates and timing of lease payments;
- estimated compensation expense under ARC's share-based compensation plans including the PSUs awarded under the PSU Plans that are dependent on the final number of PSU awards that eventually vest based on a performance multiplier; and
- estimated fair values of assets acquired and liabilities assumed in a business combination.

ARC has hired individuals and consultants who have the skills required to make such estimates and ensures that individuals or departments with the most knowledge of the activity are responsible for the estimates. Further, past estimates are reviewed and compared to actual results, and actual results are compared to budgets in order to make more informed decisions on future estimates. For further information on the determination of certain estimates inherent in the financial statements, refer to Note 5 "Management Judgments and Estimation Uncertainty" in the audited consolidated financial statements for the year ended December 31, 2021.

CONTROL ENVIRONMENT

Internal Control over Financial Reporting ("ICFR")

ARC is required to comply with National Instrument 52-109 *Certification of Disclosure in Issuers' Annual and Interim Filings* ("NI 52-109"). The certification of interim filings for the interim period ended June 30, 2022 requires that ARC disclose in the interim MD&A any changes in ARC's ICFR that occurred during the period that have materially affected, or are reasonably likely to materially affect, ARC's ICFR. ARC confirms that no such changes were made to its ICFR during the three and six months ended June 30, 2022.

FINANCIAL REPORTING UPDATE

New Accounting Policies

Amendments to IAS 16 *Property, Plant and Equipment*

On January 1, 2022, ARC adopted *Property, Plant and Equipment - Proceeds before Intended Use* issued by the IASB which made amendments to IAS 16 *Property, Plant and Equipment*. The amendments prohibit a company from deducting from the cost of PP&E amounts received from selling items produced while the company is preparing the asset for its intended use. Instead, a company will recognize such sales proceeds and related cost in profit or loss. There was not a material impact to ARC's financial statements.

Amendments to IAS 37 *Provisions, Contingent Liabilities and Contingent Assets*

On January 1, 2022, ARC adopted *Onerous Contracts - Cost of Fulfilling a Contract* issued by the IASB which made amendments to IAS 37 *Provisions, Contingent Liabilities and Contingent Assets*. The amendments specify which costs an entity includes in determining the cost of fulfilling a contract for the purpose of assessing whether the contract is onerous. There was not a material impact to ARC's financial statements.

Non-GAAP and Other Financial Measures

Throughout this MD&A and in other materials disclosed by the Company, ARC employs certain measures to analyze financial performance, financial position, and cash flow. These non-GAAP and other financial measures do not have any standardized meaning prescribed under IFRS and therefore may not be comparable to similar measures presented by other entities. The non-GAAP and other financial measures should not be considered to be more meaningful than GAAP measures which are determined in accordance with IFRS, such as net income (loss), cash flow from operating activities, and cash flow used in investing activities, as indicators of ARC's performance.

Non-GAAP Financial Measures

Capital Expenditures

ARC uses capital expenditures to monitor its capital investments relative to those budgeted by the Company on an annual basis. ARC's capital budget excludes acquisition and disposition activities as well as the accounting impact of any accrual changes or payments under certain lease arrangements. The most directly comparable GAAP measure for capital expenditures is cash flow used in investing activities. Table 24 details the composition of capital expenditures and its reconciliation to cash flow used in investing activities.

Table 24

Capital Expenditures (\$ millions)	Three Months Ended			Six Months Ended	
	March 31, 2022	June 30, 2022	June 30, 2021	June 30, 2022	June 30, 2021
Cash flow used in investing activities	346.7	363.9	206.5	710.6	310.6
Cash acquired upon close of Business Combination	—	—	4.9	—	4.9
Acquisition of crude oil and natural gas assets	(0.8)	(0.8)	(0.1)	(1.6)	(0.1)
Disposal of crude oil and natural gas assets	7.4	—	78.1	7.4	78.2
Long-term investment	—	(0.1)	—	(0.1)	—
Change in non-cash investing working capital	(22.7)	(13.8)	1.0	(36.5)	20.8
Other ⁽¹⁾	2.7	3.2	2.4	5.9	4.1
Capital expenditures	333.3	352.4	292.8	685.7	418.5

(1) Comprises non-cash capitalized costs related to the Company's ROU asset depreciation and share-based compensation.

Free Funds Flow

ARC uses free funds flow as an indicator of the efficiency and liquidity of ARC's business, measuring its funds after capital investment available to manage debt levels, pay dividends, and return capital to shareholders through activities such as share repurchases. ARC computes free funds flow as funds from operations generated during the period less capital expenditures. Capital expenditures is a non-GAAP financial measure. By removing the impact of current period capital expenditures from funds from operations, Management monitors its free funds flow to inform its capital allocation decisions. The most directly comparable GAAP measure to free funds flow is cash flow from operating activities. Table 25 details the calculation of free funds flow and the reconciliation of cash flow from operating activities to free funds flow.

Table 25

Free Funds Flow (\$ millions)	Three Months Ended			Six Months Ended	
	March 31, 2022	June 30, 2022	June 30, 2021	June 30, 2022	June 30, 2021
Cash flow from operating activities	758.8	1,092.6	456.0	1,851.4	722.8
Net change in other liabilities	40.8	31.2	52.9	72.0	71.1
Change in non-cash operating working capital	(56.0)	(94.1)	33.6	(150.1)	22.5
Funds from operations	743.6	1,029.7	542.5	1,773.3	816.4
Capital expenditures	(333.3)	(352.4)	(292.8)	(685.7)	(418.5)
Free funds flow	410.3	677.3	249.7	1,087.6	397.9

Netback

ARC computes netback as commodity sales from production less royalties, operating, and transportation expense. Management believes that netback is a key industry performance indicator and one that provides investors with information that is also commonly presented by other crude oil and natural gas producers. ARC's netback is disclosed in Table 13 within this MD&A which includes its most directly comparable GAAP measure, commodity sales from production.

Adjusted EBIT

ARC calculates adjusted EBIT as net income (loss) plus interest and financing, less accretion of ARO, plus total income taxes (recovery). ARC uses adjusted EBIT as a measure of long-term operating performance and as a component in the calculation for ROACE, which is calculated by ARC for the 12 months preceding the period end, on an annual basis, and a four-year basis. Table 26 contains a reconciliation of adjusted EBIT to the most directly comparable GAAP measure, net income (loss).

Table 26

	Twelve Months Ended	Twelve Months Ended December 31				2018 - 2021 Average ⁽¹⁾
Adjusted EBIT (\$ millions)	June 30, 2022	2021	2020	2019	2018	
Net income (loss)	1,425.1	786.6	(547.2)	(27.6)	213.8	106.4
Add interest and financing	130.5	126.1	45.6	48.3	53.9	68.5
Less accretion of ARO	(9.7)	(9.5)	(6.3)	(7.3)	(11.3)	(8.6)
Add income taxes (recovery)	435.7	208.5	(207.7)	(100.9)	108.0	2.0
Adjusted EBIT	1,981.6	1,111.7	(715.6)	(87.5)	364.4	168.3

(1) Average for the years ended December 31, 2018, 2019, 2020, and 2021.

Average Capital Employed

ARC calculates average capital employed as the total of net debt plus current and long-term portions of lease obligations and shareholders' equity. ARC uses average capital employed as a measure of long-term capital management and operating performance, and as a component in the calculation for ROACE. Table 27 contains a reconciliation of average capital employed to the most directly comparable GAAP measure, shareholders' equity.

Table 27

	Twelve Months Ended	Twelve Months Ended December 31				2018 - 2021 Average ⁽¹⁾
Average Capital Employed (\$ millions)	June 30, 2022	2021	2020	2019	2018	
Net debt - beginning of period	2,084.1	693.5	894.0	702.7	728.0	728.0
Current portion of lease obligations	107.1	15.3	16.3	—	—	—
Long-term portion of lease obligations	795.5	33.9	29.9	—	—	—
Shareholders' equity - beginning of period	5,705.9	2,790.6	3,439.9	3,675.8	3,668.9	3,668.9
Opening capital employed (A)	8,692.6	3,533.3	4,380.1	4,378.5	4,396.9	4,396.9
Net debt - end of period	1,511.4	1,828.7	693.5	894.0	702.7	1,828.7
Current portion of lease obligations	105.3	109.3	15.3	16.3	—	109.3
Long-term portion of lease obligations	721.2	760.0	33.9	29.9	—	760.0
Shareholders' equity - end of period	5,931.5	5,927.5	2,790.6	3,439.9	3,675.8	5,927.5
Closing capital employed (B)	8,269.4	8,625.5	3,533.3	4,380.1	4,378.5	8,625.5
Average capital employed (A+B)/2	8,481.0	6,079.4	3,956.7	4,379.3	4,387.7	6,511.2

(1) Average for the years ended December 31, 2018, 2019, 2020, and 2021.

Non-GAAP Financial Ratios

Netback per boe

ARC calculates netback per boe as netback divided by weighted average daily production. Netback is a non-GAAP financial measure component of netback per boe. Management believes that netback per boe is a key industry performance measure of operational efficiency and one that provides investors with information that is also commonly presented by other crude oil and natural gas producers. ARC's netback per boe is disclosed in Table 13a within this MD&A.

Free Funds Flow per Share

ARC presents free funds flow per share by dividing free funds flow by the Company's diluted or basic weighted average common shares outstanding. Free funds flow is a non-GAAP financial measure. Management believes that free funds flow per share provides investors an indicator of funds generated from the business that could be allocated to each shareholder's equity position.

Return on Average Capital Employed

ARC calculates ROACE, expressed as a percentage, as adjusted EBIT divided by the average capital employed. The components adjusted EBIT and average capital employed are non-GAAP financial measures. ARC uses ROACE as a measure of long-term financial performance, to measure how effectively Management utilizes the capital it has been provided and to demonstrate to shareholders the returns generated over the long term. ROACE is calculated by ARC for the 12 months preceding the period end, on an annual basis, and a four-year basis in Table 28:

Table 28

	Twelve Months Ended	Twelve Months Ended December 31				2018 - 2021 Average ⁽¹⁾
	June 30, 2022	2021	2020	2019	2018	
ROACE (\$ millions)						
Adjusted EBIT	1,981.6	1,111.7	(715.6)	(87.5)	364.4	168.3
Divided by average capital employed	8,481.0	6,079.4	3,956.7	4,379.3	4,387.7	6,511.2
ROACE (%)	23	18	(18)	(2)	8	3

(1) Average for the years ended December 31, 2018, 2019, 2020, and 2021.

Capital Management Measures

Funds from Operations

ARC considers funds from operations to be a key measure of capital management as it demonstrates ARC's ability to generate the necessary funds to maintain production at current levels and fund future growth through capital investment. Management believes that such a measure provides an insightful assessment of ARC's operations on a continuing basis by eliminating certain non-cash charges and actual settlements of ARO, of which the nature and timing of expenditures are discretionary. Funds from operations is not a standardized measure and therefore may not be comparable with the calculation of similar measures by other entities.

Funds from operations for the three and six months ended June 30, 2022 and 2021 is calculated as follows in Table 29:

Table 29

Funds from Operations (\$ millions)	Three Months Ended			Year Ended	
	March 31, 2022	June 30, 2022	June 30, 2021	June 30, 2022	June 30, 2021
Cash flow from operating activities	758.8	1,092.6	456.0	1,851.4	722.8
Net change in other liabilities	40.8	31.2	52.9	72.0	71.1
Change in non-cash operating working capital	(56.0)	(94.1)	33.6	(150.1)	22.5
Funds from operations	743.6	1,029.7	542.5	1,773.3	816.4

Net Debt and Net Debt to Funds from Operations

Net debt and net debt to funds from operations are used by Management as key measures to assess the Company's liquidity position at a point in time. Net debt and net debt to funds from operations is reflective of the measures used by Management to monitor its liquidity in light of operating and capital budgeting decisions. Net debt is not a standardized measure and therefore may not be comparable with the calculation of similar measures by other entities. Table 30 details the composition of ARC's net debt and net debt to funds from operations as at June 30, 2022 and December 31, 2021:

Table 30

Net Debt (\$ millions, except ratio amounts)	June 30, 2022	December 31, 2021
Long-term debt ⁽¹⁾	1,247.6	1,705.3
Accounts payable and accrued liabilities	1,134.1	761.5
Dividends payable	79.9	69.5
Cash and cash equivalents, accounts receivable, and prepaid expense	(950.2)	(707.6)
Net debt	1,511.4	1,828.7
Funds from operations	3,372.3	2,415.4
Net debt to funds from operations (ratio) ⁽²⁾	0.4	0.8

(1) Refer to Note 7 "Long-term Debt" in the financial statements.

(2) Composed of net debt divided by 12-month trailing funds from operations.

Supplementary Financial Measures

"Average realized commodity price" is comprised of total commodity sales from production, as determined in accordance with IFRS, divided by the Company's total production.

"Average realized condensate price" is comprised of condensate commodity sales from production, as determined in accordance with IFRS, divided by the Company's condensate production.

"Average realized crude oil price" is comprised of crude oil commodity sales from production, as determined in accordance with IFRS, divided by the Company's crude oil production.

"Average realized natural gas price" is comprised of natural gas commodity sales from production, as determined in accordance with IFRS, divided by the Company's natural gas production.

"Average realized NGLs price" is comprised of NGLs commodity sales from production, as determined in accordance with IFRS, divided by the Company's NGLs production.

"Cash flow from operating activities per basic share" is comprised of cash flow from operating activities, as determined in accordance with IFRS, divided by basic weighted average common shares outstanding.

"Cash flow from operating activities per diluted share" is comprised of cash flow from operating activities, as determined in accordance with IFRS, divided by diluted weighted average common shares outstanding.

"Commodity sales from production per basic share" is comprised of commodity sales from production, as determined in accordance with IFRS, divided by basic weighted average common shares.

"Commodity sales from production per diluted share" is comprised of commodity sales from production, as determined in accordance with IFRS, divided by diluted weighted average common shares.

"Current income tax expense (recovery), as a per cent of funds from operations" is comprised of current income tax expense (recovery), as determined in accordance with IFRS, divided by funds from operations.

"Current income tax expense (recovery) per share" is comprised of current income tax expense (recovery), as determined in accordance with IFRS, divided by diluted weighted average common shares.

"DD&A expense per boe" is comprised of DD&A expense, as determined in accordance with IFRS, divided by the Company's total production.

"Dividend as a per cent of funds from operations" is comprised of dividends declared, as determined in accordance with IFRS, divided by funds from operations.

"Dividends declared per share" is comprised of dividends declared, as determined in accordance with IFRS, divided by the number of shares outstanding at the dividend record date.

"Funds from operations per basic share" is comprised of funds from operations divided by basic weighted average common shares.

"Funds from operations per diluted share" is comprised of funds from operations divided by diluted weighted average common shares.

"G&A expense per boe" is comprised of G&A expense, as determined in accordance with IFRS, divided by the Company's total production.

"G&A expense before share-based compensation expense per boe" is comprised of G&A expense as determined in accordance with IFRS, excluding share-based compensation expense, divided by the Company's total production.

"G&A – share-based compensation expense per boe" is comprised of G&A expense as determined in accordance with IFRS, excluding G&A expense not attributable to share-based compensation plans, divided by the Company's total production.

"Interest and financing expense per boe" is comprised of interest and financing expense, as determined in accordance with IFRS, divided by the Company's total production.

"Operating expense per boe" is comprised of operating expense, as determined in accordance with IFRS, divided by the Company's total production.

"Royalties as a percentage of commodity sales from production" is comprised of royalties, as determined in accordance with IFRS, divided by commodity sales from production, as determined in accordance with IFRS.

"Royalties per boe" is comprised of royalties, as determined in accordance with IFRS, divided by the Company's total production.

"Transportation expense per boe" is comprised of transportation expense, as determined in accordance with IFRS, divided by the Company's total production.

Forward-looking Information and Statements

This MD&A contains certain forward-looking information and statements within the meaning of applicable securities laws. The use of any of the words "expect," "anticipate," "continue," "estimate," "objective," "ongoing," "may," "will," "project," "should," "believe," "plans," "intends," "strategy," and similar expressions are intended to identify forward-looking information or statements. In particular, but without limiting the foregoing, this MD&A contains forward-looking information and statements pertaining to the following: ARC's 2022 annual guidance, production guidance and expense guidance, anticipated 2022 budget for capital expenditures and guidance with respect to current income tax expense, as a per cent of funds from operations; the expectation that certain expenses will trend towards guidance ranges through the remainder of the year; the anticipated vesting of RSUs and PSUs, expected variability of future payments under the RSU and PSU Plans and the estimated range of future expected payments under such plans under the heading "Restricted Share Unit and Performance Share Unit Plans"; expectations regarding higher taxable income for the period; the estimated ARO including assumptions in respect of future costs to abandon wells and decommission and reclaim assets, the time frame in which such costs will be incurred, and annual inflation factors under the heading "Asset Retirement Obligation"; ARC's capital management objectives, the anticipated sources of financing for profitable growth activities, ARC's belief that investing in development activities that prioritize profitability over production growth creates significant long-term shareholder value, ARC's target net debt to funds from operations; and similar statements.

The forward-looking information and statements contained in this MD&A reflect material factors and expectations and assumptions of ARC including, without limitation: that ARC will continue to conduct its operations in a manner consistent with past operations; anticipated future impacts of COVID-19 on demand for commodities, the subsequent impact on commodity prices and the effect on ARC's business; ARC's continued success in integrating the business of Seven Generations and that ARC will realize the anticipated benefits from the Business Combination; the successful implementation and use of the NCIB; assumptions regarding ARC's share price; that future business, regulatory, and industry conditions will be within the parameters expected by ARC, including with respect to prices, margins, demand, supply, product availability, supplier agreements, availability and cost of labour and interest, exchange and effective tax rates; assumptions with respect to global economic conditions and the accuracy of ARC's market outlook expectations for 2022 and in the future; the general continuance of current industry conditions; the continuance of existing (and in certain circumstances, the implementation of proposed) tax, royalty, and regulatory regimes; the accuracy of the estimates of ARC's reserve volumes; certain commodity price and other cost assumptions; and the continued availability of adequate debt and equity financing and funds from operations to fund its planned expenditures. ARC believes the material factors, expectations, and assumptions reflected in the forward-looking information and statements are reasonable, but no assurance can be given that these factors, expectations, and assumptions will prove to be correct.

The forward-looking information and statements included in this MD&A are not guarantees of future performance and should not be unduly relied upon. Such information and statements involve known and unknown risks, uncertainties and other factors that may cause actual results or events to differ materially from those anticipated in such forward-looking information or statements including, without limitation: the ability of ARC to continue to realize the anticipated benefits of, and synergies from, the Business Combination and the timing thereof; the success of business integration; changes in commodity prices; inflation; changes in the demand for or supply of ARC's products; public health crises, such as the COVID-19 pandemic, and any related actions taken by governments and businesses; potential regulatory and industry changes stemming from the results of court actions affecting regions in which ARC holds assets; risks and uncertainties related to crude oil and natural gas interests and operations on Indigenous lands; suspension of or changes to guidance, and the associated impact to production; changes to government regulations including royalty rates, taxes, and environmental and climate change regulation; market access constraints or transportation interruptions, unanticipated operating results or production declines; changes in development plans of ARC or by third-party operators of ARC's properties, increased debt levels or debt service requirements; inaccurate estimation of ARC's reserve volumes; limited, unfavorable or a lack of access to capital markets; increased costs; a lack of adequate insurance coverage; the impact of competitors; and certain other risks detailed in ARC's public disclosure documents. Readers should also carefully consider the risks discussed in the section entitled "Risk Factors" contained within the MD&A for the year ended December 31, 2021.

The internal projections, expectations, or beliefs are based on the 2022 capital budget, which is subject to change in light of ongoing results, prevailing economic conditions, commodity prices, and industry conditions and regulations. Accordingly, readers are cautioned that events or circumstances could cause results to differ materially from those predicted. The forward-looking information contained in this MD&A speak only as of the date of this MD&A, and ARC does not assume any obligation to publicly update or revise them to reflect new events or circumstances, except as may be required pursuant to applicable laws.

GLOSSARY

The following is a list of abbreviations that may be used in this MD&A:

Measurement

bbl	barrel
bbl/d	barrels per day
Mbbl	thousand barrels
MMbbl	million barrels
boe ⁽¹⁾	barrels of oil equivalent
boe/d ⁽¹⁾	barrels of oil equivalent per day
Mboe ⁽¹⁾	thousands of barrels of oil equivalent
MMboe ⁽¹⁾	millions of barrels of oil equivalent
Mcf	thousand cubic feet
Mcf/d	thousand cubic feet per day
MMcf	million cubic feet
MMcf/d	million cubic feet per day
Bcf	billion cubic feet
MMBtu	million British thermal units
GJ	gigajoule

- (1) ARC has adopted the standard of 6 Mcf:1 bbl when converting natural gas to boe. Boe may be misleading, particularly if used in isolation. A boe conversion ratio of six Mcf per barrel is based on an energy equivalency conversion method primarily applicable at the burner tip and does not represent a value equivalency at the wellhead. Given that the value ratio based on the current price of crude oil as compared to natural gas is significantly different than the energy equivalency of the 6:1 conversion ratio, utilizing the 6:1 conversion ratio may be misleading as an indication of value.

Financial and Business Environment

AECO	Alberta Energy Company
AIF	annual information form
ARO	asset retirement obligation
CGU	cash-generating unit
DD&A	depletion, depreciation and amortization
DSU	Deferred Share Unit
E&E	exploration and evaluation
ESG	environmental, social, and governance
GAAP	generally accepted accounting principles
G&A	general and administrative
GHG	greenhouse gas
IAS	International Accounting Standard
IASB	International Accounting Standards Board
IBOR	Interbank offered rate
IFRS	International Financial Reporting Standards
LNG	liquefied natural gas
LTRSA	Long-term Restricted Share Award
MSW	Mixed Sweet Blend
NGLs	natural gas liquids
NYMEX	New York Mercantile Exchange
PP&E	property, plant and equipment
PSU	Performance Share Unit
ROU	right-of-use
RSU	Restricted Share Unit
TSX	Toronto Stock Exchange
WTI	West Texas Intermediate

QUARTERLY HISTORICAL REVIEW

(\$ millions, except per share amounts)	2022		2021				2020	
FINANCIAL	Q2	Q1	Q4	Q3	Q2	Q1	Q4	Q3
Commodity sales from production	2,211.6	1,677.0	1,618.5	1,362.6	1,066.2	525.3	363.1	285.0
Per share, basic ⁽¹⁾	3.28	2.43	2.31	1.89	1.47	1.49	1.03	0.81
Per share, diluted ⁽¹⁾	3.27	2.43	2.30	1.88	1.47	1.48	1.02	0.81
Net income (loss)	762.9	(69.4)	678.0	53.6	(123.0)	178.0	120.8	(66.1)
Per share, basic	1.13	(0.10)	0.97	0.07	(0.17)	0.50	0.34	(0.19)
Per share, diluted	1.13	(0.10)	0.96	0.07	(0.17)	0.50	0.34	(0.19)
Cash flow from operating activities	1,092.6	758.8	668.7	615.0	456.0	266.8	201.1	174.1
Per share, basic ⁽¹⁾	1.62	1.10	0.95	0.85	0.63	0.75	0.57	0.49
Per share, diluted ⁽¹⁾	1.61	1.10	0.95	0.85	0.63	0.75	0.57	0.49
Funds from operations	1,029.7	743.6	833.6	765.4	542.5	273.9	212.0	144.6
Per share, basic ⁽¹⁾	1.53	1.08	1.19	1.06	0.75	0.78	0.60	0.41
Per share, diluted ⁽¹⁾	1.52	1.08	1.19	1.06	0.75	0.77	0.60	0.41
Free funds flow	677.3	410.3	458.7	497.0	249.7	148.2	135.3	92.0
Per share, basic ⁽¹⁾	1.00	0.60	0.65	0.69	0.35	0.42	0.38	0.26
Per share, diluted ⁽¹⁾	1.00	0.60	0.65	0.69	0.35	0.42	0.38	0.26
Cash flow used in investing activities	363.9	346.7	268.7	228.8	206.5	104.1	79.3	44.1
Dividends declared	79.9	68.2	69.5	47.1	43.5	21.3	21.3	21.2
Per share	0.12	0.10	0.10	0.066	0.06	0.06	0.06	0.06
Total assets	11,468.8	11,421.1	11,380.3	11,192.9	11,047.6	6,011.1	4,954.2	4,982.9
Total liabilities	5,537.3	5,800.9	5,452.8	5,671.2	5,341.7	3,062.8	2,163.6	2,292.7
Net debt	1,511.4	1,695.5	1,828.7	1,926.4	2,084.1	568.0	693.5	834.2
Weighted average shares, basic	674.9	688.8	701.8	722.0	723.1	353.4	353.4	353.4
Weighted average shares, diluted	676.8	688.8	703.0	723.1	723.1	354.4	354.3	353.4
Shares outstanding, end of period	663.7	680.9	693.5	711.7	723.9	353.4	353.4	353.4
CAPITAL EXPENDITURES								
Geological and geophysical	0.1	4.2	3.5	1.8	0.1	2.0	2.5	2.4
Drilling and completions	239.2	245.3	241.8	210.8	204.2	90.3	68.1	40.8
Plant and facilities	86.8	62.6	106.7	13.0	60.4	21.8	3.1	5.9
Maintenance and optimization	16.9	18.9	16.8	25.5	9.3	4.4	1.5	2.1
Corporate	9.4	2.3	6.1	17.3	18.8	7.2	1.5	1.4
Capital expenditures	352.4	333.3	374.9	268.4	292.8	125.7	76.7	52.6
Acquisitions	0.8	4.2	21.5	0.8	0.1	—	61.6	—
Dispositions	—	(10.8)	(22.0)	(0.8)	(78.1)	(0.1)	(63.2)	—
Capital expenditures, and net acquisitions and dispositions	353.2	326.7	374.4	268.4	214.8	125.6	75.1	52.6
OPERATING								
Production								
Crude oil (bbl/d)	8,297	7,892	7,857	8,639	11,659	13,647	15,554	15,373
Condensate (bbl/d)	75,793	72,956	74,220	77,539	73,459	13,812	14,715	14,831
Crude oil and condensate (bbl/d)	84,090	80,848	82,077	86,178	85,118	27,459	30,269	30,204
Natural gas (MMcf/d)	1,219	1,280	1,293	1,300	1,203	794	783	708
NGLs (bbl/d)	48,877	50,257	48,299	50,891	50,020	10,620	8,678	10,208
Total (boe/d)	336,112	344,447	345,831	353,657	335,701	170,430	169,468	158,444
Average realized commodity prices								
Crude oil (\$/bbl)	134.52	111.48	92.11	77.43	74.01	64.46	48.14	45.45
Condensate (\$/bbl)	137.91	119.15	96.90	85.72	77.93	71.59	53.55	48.49
Natural gas (\$/Mcf)	9.08	5.98	6.45	4.67	3.34	4.60	2.88	2.16
NGLs (\$/bbl)	34.16	27.94	27.65	27.92	22.19	29.45	18.03	14.85
Oil equivalent (\$/boe)	72.31	54.10	50.87	41.88	34.90	34.25	23.29	19.55
TRADING STATISTICS ⁽²⁾								
(\$, based on intra-day trading)								
High	22.88	17.50	13.34	11.95	10.74	8.67	7.20	6.94
Low	14.81	11.66	10.20	7.51	7.26	5.88	5.66	4.54
Close	16.23	16.74	11.50	11.87	10.55	7.72	6.00	5.95
Average daily volume (thousands)	9,208	4,224	3,173	3,034	3,309	3,125	1,582	1,363

(1) Refer to the section entitled "Non-GAAP and Other Financial Measures" contained within this MD&A for an explanation of composition.

(2) Trading statistics denote trading activity on the TSX only.

Q2 2022



Financial **Statements**

ARC RESOURCES LTD.

CONDENSED INTERIM CONSOLIDATED BALANCE SHEETS

(unaudited)

As at

(Cdn\$ millions)	June 30, 2022	December 31, 2021
ASSETS		
Current assets		
Cash and cash equivalents	16.6	—
Inventory	3.9	22.3
Accounts receivable	866.2	672.0
Prepaid expense	67.4	35.6
Risk management contracts (Note 11)	0.4	0.1
	954.5	730.0
Risk management contracts (Note 11)	0.2	—
Long-term investment	2.6	2.5
Exploration and evaluation assets	285.8	277.9
Property, plant and equipment (Note 4)	9,168.5	9,265.6
Right-of-use assets (Note 5)	809.0	856.1
Goodwill	248.2	248.2
Total assets	11,468.8	11,380.3
LIABILITIES		
Current liabilities		
Accounts payable and accrued liabilities	1,134.1	761.5
Current portion of lease obligations (Note 6)	105.3	109.3
Current portion of other deferred liabilities (Note 8)	55.0	90.5
Current portion of asset retirement obligation (Note 9)	16.0	15.0
Dividends payable (Note 12)	79.9	69.5
Risk management contracts (Note 11)	786.7	465.3
	2,177.0	1,511.1
Risk management contracts (Note 11)	214.8	171.9
Long-term portion of lease obligations (Note 6)	721.2	760.0
Long-term debt (Note 7)	1,247.6	1,705.3
Long-term incentive compensation liability (Note 14)	41.0	40.8
Other deferred liabilities (Note 8)	144.9	154.2
Asset retirement obligation (Note 9)	352.7	535.3
Deferred taxes	638.1	574.2
Total liabilities	5,537.3	5,452.8
SHAREHOLDERS' EQUITY		
Shareholders' capital (Note 12)	6,903.7	7,221.1
Contributed surplus	40.2	46.3
Deficit	(1,001.5)	(1,337.4)
Accumulated other comprehensive loss	(10.9)	(2.5)
Total shareholders' equity	5,931.5	5,927.5
Total liabilities and shareholders' equity	11,468.8	11,380.3
Commitments and contingencies (Note 15)		

See accompanying notes to the unaudited condensed interim consolidated financial statements.

ARC RESOURCES LTD.

CONDENSED INTERIM CONSOLIDATED STATEMENTS OF INCOME (unaudited)

For the three and six months ended June 30

(Cdn\$ millions, except per share amounts)	Three Months Ended		Six Months Ended	
	2022	2021	2022	2021
Commodity sales from production (Note 13)	2,211.6	1,066.2	3,888.6	1,591.5
Royalties	(339.6)	(92.5)	(581.9)	(118.3)
Sales of commodities purchased from third parties	494.6	260.2	1,056.4	279.3
Revenue from commodity sales	2,366.6	1,233.9	4,363.1	1,752.5
Interest income	—	1.7	—	1.7
Other income	6.9	5.1	12.4	11.1
Loss on risk management contracts (Note 11)	(204.7)	(513.6)	(1,032.2)	(620.5)
Total revenue, other income, and loss on risk management contracts	2,168.8	727.1	3,343.3	1,144.8
Commodities purchased from third parties	472.8	249.2	1,029.0	269.5
Operating	142.4	138.3	267.7	197.3
Transportation	191.7	137.0	364.3	193.8
General and administrative	36.3	55.8	107.8	80.5
Transaction costs	—	15.3	—	22.9
Interest and financing	24.6	33.1	47.1	42.7
Impairment of financial assets	2.8	0.6	2.5	1.1
Depletion, depreciation and amortization (Note 4)	314.0	291.8	637.4	414.8
Impairment (reversal of impairment) of property, plant and equipment	—	14.4	—	(98.2)
Gain on foreign exchange	(14.2)	(10.4)	(13.3)	(16.3)
Gain on disposal of crude oil and natural gas assets	—	—	(1.6)	—
Total expenses	1,170.4	925.1	2,440.9	1,108.1
Net income (loss) before income taxes	998.4	(198.0)	902.4	36.7
Provision for (recovery of) income taxes				
Current	90.0	2.6	145.0	47.6
Deferred	145.5	(77.6)	63.9	(65.9)
Total income taxes (recovery)	235.5	(75.0)	208.9	(18.3)
Net income (loss)	762.9	(123.0)	693.5	55.0
Net income (loss) per share (Note 12)				
Basic	1.13	(0.17)	1.02	0.10
Diluted	1.13	(0.17)	1.01	0.10

See accompanying notes to the unaudited condensed interim consolidated financial statements.

ARC RESOURCES LTD. CONDENSED INTERIM CONSOLIDATED STATEMENTS OF COMPREHENSIVE INCOME (unaudited)

For the three and six months ended June 30

(Cdn\$ millions)	Three Months Ended		Six Months Ended	
	2022	2021	2022	2021
Net income (loss)	762.9	(123.0)	693.5	55.0
Items that may be reclassified to the consolidated statements of income in subsequent periods:				
Net unrealized loss on foreign currency translation adjustment	(6.4)	(0.1)	(8.4)	(0.1)
Comprehensive income (loss)	756.5	(123.1)	685.1	54.9

See accompanying notes to the unaudited condensed interim consolidated financial statements.

ARC RESOURCES LTD.

CONDENSED INTERIM CONSOLIDATED STATEMENTS OF CHANGES IN SHAREHOLDERS' EQUITY (unaudited)

For the six months ended June 30

(Cdn\$ millions)	Shareholders' Capital (Note 12)	Contributed Surplus	Deficit	Accumulated Other Comprehensive Loss	Total Shareholders' Equity
December 31, 2020	4,658.2	36.5	(1,904.1)	—	2,790.6
Comprehensive income	—	—	55.0	(0.1)	54.9
Issued upon close of Business Combination	2,903.5	10.5	—	—	2,914.0
Recognized under share-based compensation plans (Note 14)	0.3	2.0	—	—	2.3
Recognized on exercise of share options (Note 14)	11.9	(3.0)	—	—	8.9
Dividends declared (Note 12)	—	—	(64.8)	—	(64.8)
June 30, 2021	7,573.9	46.0	(1,913.9)	(0.1)	5,705.9
December 31, 2021	7,221.1	46.3	(1,337.4)	(2.5)	5,927.5
Comprehensive income	—	—	693.5	(8.4)	685.1
Recognized under share-based compensation plans (Note 14)	—	0.7	—	—	0.7
Recognized on exercise of share options (Note 14)	32.3	(6.8)	—	—	25.5
Repurchase of shares for cancellation (Note 12)	(330.0)	—	(192.6)	—	(522.6)
Change in liability for share purchase commitment (Note 12)	(19.7)	—	(16.9)	—	(36.6)
Dividends declared (Note 12)	—	—	(148.1)	—	(148.1)
June 30, 2022	6,903.7	40.2	(1,001.5)	(10.9)	5,931.5

See accompanying notes to the unaudited condensed interim consolidated financial statements.

ARC RESOURCES LTD.

CONDENSED INTERIM CONSOLIDATED STATEMENTS OF CASH FLOWS (unaudited)

For the three and six months ended June 30

	Three Months Ended		Six Months Ended	
(Cdn\$ millions)	2022	2021	2022	2021
CASH FLOW FROM OPERATING ACTIVITIES				
Net income (loss)	762.9	(123.0)	693.5	55.0
Add items not involving cash:				
Unrealized loss (gain) on risk management contracts	(190.1)	453.4	383.1	533.5
Accretion of asset retirement obligation (Note 9)	2.6	3.2	5.0	4.8
Impairment of financial assets	2.8	0.6	2.5	1.1
Depletion, depreciation and amortization (Note 4)	314.0	291.8	637.4	414.8
Impairment (reversal of impairment) of property, plant and equipment	—	14.4	—	(98.2)
Unrealized gain on foreign exchange	(8.6)	(21.2)	(11.6)	(29.8)
Gain on disposal of crude oil and natural gas assets	—	—	(1.6)	—
Deferred taxes	145.5	(77.6)	63.9	(65.9)
Other (Note 16)	0.6	0.9	1.1	1.1
Net change in other liabilities (Note 16)	(31.2)	(52.9)	(72.0)	(71.1)
Change in non-cash working capital (Note 16)	94.1	(33.6)	150.1	(22.5)
Cash flow from operating activities	1,092.6	456.0	1,851.4	722.8
CASH FLOW USED IN FINANCING ACTIVITIES				
Draw of long-term debt under revolving credit facilities	2,076.4	2,042.0	4,000.1	2,224.8
Issuance of senior notes	—	—	—	1,000.0
Repayment of long-term debt	(2,415.0)	(3,323.9)	(4,462.4)	(3,579.7)
Proceeds from exercise of share options	19.8	9.3	25.5	9.3
Repurchase of shares	(310.6)	—	(507.2)	—
Repayment of principal relating to lease obligations	(21.2)	(19.3)	(42.5)	(23.2)
Cash dividends paid	(68.2)	(21.2)	(137.7)	(42.5)
Cash flow used in financing activities	(718.8)	(1,313.1)	(1,124.2)	(411.3)
CASH FLOW USED IN INVESTING ACTIVITIES				
Cash acquired upon close of Business Combination	—	4.9	—	4.9
Acquisition of crude oil and natural gas assets	(0.8)	(0.1)	(1.6)	(0.1)
Disposal of crude oil and natural gas assets	—	78.1	7.4	78.2
Property, plant and equipment development expenditures (Note 4)	(347.5)	(290.2)	(680.0)	(413.4)
Exploration and evaluation asset expenditures	(1.7)	(0.2)	0.2	(1.0)
Long-term investment	(0.1)	—	(0.1)	—
Change in non-cash working capital (Note 16)	(13.8)	1.0	(36.5)	20.8
Cash flow used in investing activities	(363.9)	(206.5)	(710.6)	(310.6)
INCREASE (DECREASE) IN CASH AND CASH EQUIVALENTS	9.9	(1,063.6)	16.6	0.9
CASH AND CASH EQUIVALENTS, BEGINNING OF PERIOD	6.7	1,064.9	—	0.4
CASH AND CASH EQUIVALENTS, END OF PERIOD	16.6	1.3	16.6	1.3
The following are included in cash flow from operating activities:				
Income taxes paid (received) in cash	0.2	6.7	(3.1)	51.7
Interest paid in cash	13.6	15.3	40.3	26.9

See accompanying notes to the unaudited condensed interim consolidated financial statements.

NOTES TO THE CONSOLIDATED FINANCIAL STATEMENTS

June 30, 2022 and 2021

1. Structure of the Business

The principal undertakings of ARC Resources Ltd. and any subsidiaries ("ARC" or the "Company") are to carry on the business of acquiring, developing, and holding interests in crude oil and natural gas assets.

ARC was incorporated in Alberta, Canada and the Company's registered office and principal place of business is located at 1200, 308 – 4th Avenue SW, Calgary, Alberta, Canada T2P 0H7. ARC's common shares are traded on the Toronto Stock Exchange under the symbol ARX.

2. Basis of Preparation

These unaudited condensed interim consolidated financial statements (the "financial statements") have been prepared in accordance with International Accounting Standard ("IAS") 34 *Interim Financial Reporting* using accounting policies consistent with International Financial Reporting Standards ("IFRS") as issued by the International Accounting Standards Board (the "IASB"). These financial statements are condensed as they do not include all of the information required by IFRS for annual financial statements and therefore should be read in conjunction with ARC's audited consolidated financial statements for the year ended December 31, 2021. All financial information is reported in millions of Canadian dollars ("Cdn\$"), unless otherwise noted. References to "US\$" are to United States dollars.

The financial statements have been prepared on a historical cost basis, except as detailed in the accounting policies disclosed in Note 3 "Summary of Accounting Policies" of ARC's audited consolidated financial statements for the year ended December 31, 2021. All accounting policies and methods of computation followed in the preparation of these financial statements are consistent with those of the previous year, except as noted in Note 3 "New Accounting Policies", and for income taxes. Income taxes on net income (loss) in the interim periods are accrued using the income tax rate that would be applicable to the expected total annual net income (loss).

All inter-entity transactions have been eliminated upon consolidation between ARC and any subsidiaries in these financial statements. ARC's operations are viewed as a single operating segment by the chief operating decision maker of the Company for the purpose of resource allocation and assessing performance.

On April 6, 2021, ARC and Seven Generations Energy Ltd. ("Seven Generations") completed a business combination through a plan of arrangement (the "Business Combination"), making Seven Generations a wholly-owned subsidiary of ARC, which was subsequently amalgamated with ARC on May 1, 2021.

These financial statements were authorized for issue by ARC's board of directors (the "Board") on July 28, 2022.

3. New Accounting Policies

Amendments to IAS 16 *Property, Plant and Equipment*

On January 1, 2022, ARC adopted *Property, Plant and Equipment - Proceeds before Intended Use* issued by the IASB which made amendments to IAS 16 *Property, Plant and Equipment*. The amendments prohibit a company from deducting from the cost of property, plant, and equipment ("PP&E") amounts received from selling items produced while the company is preparing the asset for its intended use. Instead, a company will recognize such sales proceeds and related cost in profit or loss. There was not a material impact to ARC's financial statements.

Amendments to IAS 37 *Provisions, Contingent Liabilities and Contingent Assets*

On January 1, 2022, ARC adopted *Onerous Contracts - Cost of Fulfilling a Contract* issued by the IASB which made amendments to IAS 37 *Provisions, Contingent Liabilities and Contingent Assets*. The amendments specify which costs an entity includes in determining the cost of fulfilling a contract for the purpose of assessing whether the contract is onerous. There was not a material impact to ARC's financial statements.

4. Property, Plant and Equipment

Cost	Development and Production Assets	Corporate Assets	Total
Balance, December 31, 2021	14,124.5	108.5	14,233.0
Additions	684.7	2.5	687.2
Acquisitions	4.8	—	4.8
Change in asset retirement cost	(184.7)	—	(184.7)
Assets reclassified as held for sale and disposed in period	(9.8)	—	(9.8)
Reclassification of lease payments, net of capitalized depreciation	(1.3)	—	(1.3)
Balance, June 30, 2022	14,618.2	111.0	14,729.2
Accumulated Depletion, Depreciation, and Amortization ("DD&A") and Impairment			
Balance, December 31, 2021	(4,894.6)	(72.8)	(4,967.4)
DD&A	(586.4)	(7.5)	(593.9)
Accumulated DD&A reclassified as held for sale and disposed in period	0.6	—	0.6
Balance, June 30, 2022	(5,480.4)	(80.3)	(5,560.7)
Carrying Amounts			
Balance, December 31, 2021	9,229.9	35.7	9,265.6
Balance, June 30, 2022	9,137.8	30.7	9,168.5

For the three and six months ended June 30, 2022, \$7.7 million and \$26.1 million of direct and incremental overhead charges were capitalized to PP&E (\$8.8 million and \$22.2 million for the three and six months ended June 30, 2021), respectively. Future development costs of \$7.4 billion were included in the determination of DD&A for the six months ended June 30, 2022 (\$9.4 billion for the six months ended June 30, 2021).

During the six months ended June 30, 2022, ARC disposed of certain non-core assets in Alberta for cash proceeds of \$7.4 million and recognized a gain on disposal of \$1.6 million in the condensed interim consolidated statements of income ("statements of income").

During the three and six months ended June 30, 2021, ARC disposed of certain non-core assets in Alberta for proceeds of \$78.1 million and \$78.2 million, and recognized related impairment charges in the statements of income of \$14.4 million and \$23.6 million, respectively. ARC also recognized a reversal of impairment of \$121.8 million for the six months ended June 30, 2021.

5. Right-of-use ("ROU") Assets

	Leases			Other	Total
	Buildings and Land Use Rights	Equipment and Vehicles	Facilities	Service Contracts	
Cost					
Balance, December 31, 2021	33.3	45.5	869.2	8.2	956.2
Additions	0.5	1.2	—	—	1.7
Modifications and terminations	(0.9)	(0.1)	(1.1)	—	(2.1)
Balance, June 30, 2022	32.9	46.6	868.1	8.2	955.8
Accumulated Depreciation					
Balance, December 31, 2021	(16.4)	(25.4)	(54.3)	(4.0)	(100.1)
Depreciation on ROU assets expensed	(3.7)	(0.8)	(36.0)	(0.4)	(40.9)
Depreciation on ROU assets capitalized to PP&E	—	(5.9)	—	—	(5.9)
Modifications and terminations	—	0.1	—	—	0.1
Balance, June 30, 2022	(20.1)	(32.0)	(90.3)	(4.4)	(146.8)
Carrying Amounts					
Balance, December 31, 2021	16.9	20.1	814.9	4.2	856.1
Balance, June 30, 2022	12.8	14.6	777.8	3.8	809.0

6. Lease Obligations

Carrying Amount	
Balance, December 31, 2021	869.3
Additions	1.7
Modifications and terminations	(2.0)
Repayments	(42.5)
Balance, June 30, 2022	826.5
Lease obligations due within one year	105.3
Lease obligations due beyond one year	721.2

7. Long-term Debt

	US\$ Denominated		Canadian \$ Amount	
	June 30, 2022	December 31, 2021	June 30, 2022	December 31, 2021
Syndicated credit facilities				
Cdn\$ denominated	N/A	N/A	259.0	345.8
US\$ denominated	—	294.5	—	372.7
Total credit facilities	—	294.5	259.0	718.5
Senior notes				
2.354% Cdn\$ note (2026 maturity)	N/A	N/A	450.0	450.0
3.465% Cdn\$ note (2031 maturity)	N/A	N/A	550.0	550.0
Total senior notes	—	—	1,000.0	1,000.0
Unamortized debt issuance costs	—	—	(11.4)	(13.2)
Total long-term debt outstanding	—	294.5	1,247.6	1,705.3

ARC's available credit capacity is \$3.0 billion (\$3.0 billion at December 31, 2021), of which \$1.2 billion was outstanding at June 30, 2022 (\$1.7 billion at December 31, 2021). At June 30, 2022, ARC was in compliance with all of its debt covenants.

At June 30, 2022, the fair value of all long-term debt outstanding was \$1.2 billion (\$1.7 billion at December 31, 2021).

8. Other Deferred Liabilities

Carrying Amount	
Balance, December 31, 2021	244.7
Additions	1.0
Amortization	(45.8)
Balance, June 30, 2022	199.9
Expected to be settled within one year	55.0
Expected to be settled beyond one year	144.9

9. Asset Retirement Obligation ("ARO")

ARC has estimated the net present value of its total ARO to be \$368.7 million at June 30, 2022 (\$550.3 million at December 31, 2021) based on a total future undiscounted liability of \$487.0 million (\$505.1 million at December 31, 2021). Management estimates that these payments are expected to be made over the next 60 years with costs being incurred evenly over those years. The Bank of Canada's long-term risk-free bond rate of 3.1 per cent (1.7 per cent at December 31, 2021) and an average inflation rate of 2.0 per cent (2.0 per cent at December 31, 2021) were used to calculate the present value of ARO at June 30, 2022.

The following table reconciles ARC's provision for its ARO:

	Six Months Ended June 30, 2022	Year Ended December 31, 2021
Balance, beginning of period	550.3	541.7
Acquired upon close of Business Combination	—	105.6
Revaluation of obligations acquired in Business Combination ⁽¹⁾	—	142.0
Development activities	5.7	18.5
Change in estimates ⁽²⁾	(11.1)	75.6
Change in discount rate	(168.9)	(89.5)
Settlement of obligations ⁽³⁾	(9.8)	(21.1)
Accretion	5.0	9.5
Reclassified as liabilities associated with assets held for sale and disposed in period	(2.5)	(232.0)
Balance, end of period	368.7	550.3
Expected to be incurred within one year	16.0	15.0
Expected to be incurred beyond one year	352.7	535.3

(1) The obligations acquired were subsequently remeasured in accordance with ARC's accounting policy at the risk-free discount rate.

(2) Relates to changes in costs of future obligations and anticipated settlement dates of ARO.

(3) For the three and six months ended June 30, 2022, \$0.2 million and \$0.5 million of obligations were indirectly settled through a government subsidy, whereby third-party service providers were reimbursed on behalf of ARC (\$0.8 million and \$1.9 million for the three and six months ended June 30, 2021).

10. Capital Management

ARC actively manages its capital structure and adjusts it in response to changes in economic conditions and the risk characteristics of its underlying assets. ARC has the ability to manage its capital structure by issuing new shares or new debt, repurchasing shares, or changing its dividend policy. During the six months ended June 30, 2022, ARC announced a 20 per cent dividend increase from \$0.10 per share per quarter to \$0.12 per share per quarter and repurchased 31.5 million common shares under its normal course issuer bid ("NCIB").

ARC's objective when managing its capital is to maintain a conservative structure that will allow it to:

- fund its development and exploration programs;
- maintain sustainable, meaningful returns of capital to shareholders through dividends and share repurchases; and
- maintain financial flexibility to execute on strategic opportunities.

Funds from Operations

ARC considers funds from operations to be a key measure of capital management as it demonstrates ARC's ability to generate the necessary funds to maintain production at current levels and fund future growth through capital investment. Management believes that such a measure provides an insightful assessment of ARC's operations on a continuing basis by eliminating certain non-cash charges and actual settlements of ARO, of which the nature and timing of expenditures are discretionary. Funds from operations is not a standardized measure and therefore may not be comparable with the calculation of similar measures by other entities.

Funds from operations for the three and six months ended June 30, 2022 and 2021 is calculated as follows:

	Three Months Ended June 30		Six Months Ended June 30	
	2022	2021	2022	2021
Cash flow from operating activities	1,092.6	456.0	1,851.4	722.8
Net change in other liabilities (Note 16)	31.2	52.9	72.0	71.1
Change in non-cash operating working capital (Note 16)	(94.1)	33.6	(150.1)	22.5
Funds from operations	1,029.7	542.5	1,773.3	816.4

Net Debt and Net Debt to Funds from Operations

Net debt and net debt to funds from operations are used by Management as key measures to assess the Company's liquidity position at a point in time. The determination of net debt and net debt to funds from operations is reflective of the measures used by Management to monitor its liquidity in light of operating and capital budgeting decisions. Net debt is not a standardized measure and therefore may not be comparable with the calculation of similar measures by other entities.

Management targets its net debt to be between 1.0 and 1.5 times funds from operations and manages its capital structure to achieve that target over the long term. At June 30, 2022, ARC's net debt was 0.4 times its funds from operations.

The following table details the composition of ARC's net debt and net debt to funds from operations as at June 30, 2022 and 2021:

	June 30, 2022	June 30, 2021
Current portion of long-term debt	—	134.5
Long-term debt	1,247.6	1,882.4
Accounts payable and accrued liabilities	1,134.1	572.6
Dividends payable	79.9	43.5
Cash and cash equivalents, accounts receivable, and prepaid expense	(950.2)	(548.9)
Net debt	1,511.4	2,084.1
Funds from operations ⁽¹⁾	3,372.3	1,173.0
Net debt to funds from operations (ratio) ⁽²⁾	0.4	1.8

(1) 12-month trailing funds from operations.

(2) Composed of net debt divided by 12-month trailing funds from operations.

11. Financial Instruments and Market Risk Management

Financial Instruments

At June 30, 2022, ARC's financial instruments include cash and cash equivalents, accounts receivable, long-term investment, risk management contracts, accounts payable and accrued liabilities, dividends payable, lease obligations, and long-term debt.

ARC's financial instruments that are carried at fair value on the unaudited condensed interim consolidated balance sheets (the "balance sheets") include cash and cash equivalents and risk management contracts. All of ARC's financial instruments carried at fair value are transacted in active markets.

ARC's cash and cash equivalents are classified as Level 1 measurements and its risk management contracts and fair value disclosure for its long-term debt are classified as Level 2 measurements in the three-level fair value measurement hierarchy. The fair value of ARC's long-term debt is disclosed in Note 7 "Long-Term Debt". There were no transfers between levels in the fair value hierarchy for the six months ended June 30, 2022.

The carrying values of ARC's accounts receivable, accounts payable and accrued liabilities, and dividends payable as at June 30, 2022 approximate their fair values due to the short-term nature of these instruments.

Financial Assets and Financial Liabilities Subject to Offsetting

The following is a summary of ARC's financial assets and financial liabilities that are subject to offsetting as at June 30, 2022 and December 31, 2021:

	Gross Amounts of Recognized Financial Assets (Liabilities)	Gross Amounts of Recognized Financial Assets (Liabilities) Offset on Balance Sheets	Net Amounts of Financial Assets (Liabilities) Recognized on Balance Sheets Prior to Credit Risk Adjustment	Credit Risk Adjustment	Net Amounts of Financial Assets (Liabilities) Recognized on Balance Sheets
As at June 30, 2022					
Risk management contracts					
Current asset	40.6	(40.2)	0.4	—	0.4
Long-term asset	68.7	(68.5)	0.2	—	0.2
Current liability	(866.6)	40.2	(826.4)	39.7	(786.7)
Long-term liability	(294.1)	68.5	(225.6)	10.8	(214.8)
Net position	(1,051.4)	—	(1,051.4)	50.5	(1,000.9)
As at December 31, 2021					
Risk management contracts					
Current asset	48.2	(48.1)	0.1	—	0.1
Long-term asset	53.6	(53.6)	—	—	—
Current liability	(527.6)	48.1	(479.5)	14.2	(465.3)
Long-term liability	(230.8)	53.6	(177.2)	5.3	(171.9)
Net position	(656.6)	—	(656.6)	19.5	(637.1)

Risk Management Contracts

The following table summarizes ARC's risk management contracts as at June 30, 2022:

Risk Management Contracts Positions Summary ⁽¹⁾⁽²⁾								
As at June 30, 2022	2022 (remainder)		2023		2024		2025	
Crude Oil – WTI	US\$/bbl	bbl/day	US\$/bbl	bbl/day	US\$/bbl	bbl/day	US\$/bbl	bbl/day
Ceiling	60.23	27,000	67.44	14,000	123.86	5,243	—	—
Floor	49.50	27,000	53.93	14,000	69.07	5,243	—	—
Sold Floor	41.62	17,000	46.43	7,000	55.00	4,000	—	—
Swap	45.23	7,000	48.99	863	—	—	—	—
Sold Swaption ⁽³⁾	—	—	70.00	2,000	—	—	—	—
Total Crude Oil Volumes (bbl/day)	34,000		14,863		5,243		—	
Natural Gas – NYMEX Henry Hub ⁽⁴⁾	US\$/MMBtu	MMBtu/day	US\$/MMBtu	MMBtu/day	US\$/MMBtu	MMBtu/day	US\$/MMBtu	MMBtu/day
Ceiling	3.13	115,000	3.95	100,000	2.74	10,000	—	—
Floor	2.60	115,000	2.79	100,000	2.50	10,000	—	—
Sold Floor	2.19	85,000	2.40	50,000	2.10	10,000	—	—
Swap	2.53	140,000	2.53	52,068	—	—	—	—
Sold Ceiling	25.00	6,630	25.00	4,932	—	—	—	—
Natural Gas – AECO 7A	Cdn\$/GJ	GJ/day	Cdn\$/GJ	GJ/day	Cdn\$/GJ	GJ/day	Cdn\$/GJ	GJ/day
Ceiling	2.52	160,000	3.01	119,315	2.81	100,000	2.73	20,000
Floor	1.99	160,000	2.12	119,315	2.04	100,000	2.00	20,000
Sold Floor	1.75	20,000	2.00	11,726	—	—	—	—
Swap	2.12	40,000	2.06	10,000	3.59	30,000	—	—
Total Natural Gas Volumes (MMBtu/day)	444,563		274,636		133,216		18,956	
Natural Gas – AECO Basis (Differential to NYMEX Henry Hub)	US\$/MMBtu	MMBtu/day	US\$/MMBtu	MMBtu/day	US\$/MMBtu	MMBtu/day	US\$/MMBtu	MMBtu/day
Sold Swap	(0.88)	11,603	(0.91)	70,000	(0.91)	70,000	(0.65)	50,000
Total AECO Basis Volumes (MMBtu/day)	11,603		70,000		70,000		50,000	
Natural Gas - Other Basis (Differential to NYMEX Henry Hub)	MMBtu/day		MMBtu/day		MMBtu/day		MMBtu/day	
Sold Swap	145,000		89,918		4,973		—	
Foreign Exchange	Notional (US\$ Millions)	Rate (Cdn\$/US\$)	Notional (US\$ Millions)	Rate (Cdn\$/US\$)	Notional (US\$ Millions)	Rate (Cdn\$/US\$)	Notional (US\$ Millions)	Rate (Cdn\$/US\$)
Swap	46.3	1.3208	—	—	—	—	—	—
Ceiling	180.0	1.3478	168.0	1.3497	—	—	—	—
Floor	180.0	1.2749	168.0	1.2806	—	—	—	—

(1) The prices and volumes in this table represent averages for several contracts representing different periods. The average price for the portfolio of options listed above does not have the same payoff profile as the individual option contracts. Viewing the average price of a group of options is purely for indicative purposes. All positions are financially settled against the benchmark prices.

(2) ARC has also entered into crude oil differential swaps for 2022 with a fair value deficiency of \$5.5 million.

(3) The sold swaption allows the counterparty, at a specific future date, to enter into a swap with ARC at the above-detailed terms. These volumes are not included in the total commodity volumes until such time that the option is exercised.

(4) Natural gas prices referenced to NYMEX Henry Hub Last Day Settlement.

12. Shareholders' Capital

(thousands of shares)	Six Months Ended June 30, 2022	Year Ended December 31, 2021
Common shares, beginning of period	693,516	353,372
Issued upon close of Business Combination	—	369,406
Repurchase of shares for cancellation	(31,506)	(30,888)
Issued on exercise of share options and long-term incentive awards	1,700	1,645
Unvested restricted shares held in trust pursuant to the LTRSA Plan ⁽¹⁾	(8)	24
Forfeited and cancelled shares pursuant to the LTRSA Plan	—	(47)
Restricted shares issued pursuant to the LTRSA Plan	—	4
Common shares, end of period	663,702	693,516

(1) Unvested restricted shares held in trust pursuant to the Long-term Restricted Share Award ("LTRSA") Plan includes restricted shares granted and purchased.

During the six months ended June 30, 2022, ARC repurchased 31.5 million common shares under its NCIB at a weighted average price of \$16.59 for a total cost of \$522.6 million.

At June 30, 2022, ARC has recognized a liability of \$88.1 million (\$51.9 million at December 31, 2021) for share repurchases estimated to take place during its internal blackout period under an automatic share purchase plan agreement with an independent broker. The transaction has been recognized as a reduction to share capital of \$56.9 million and a reduction to retained earnings of \$31.2 million.

Net income (loss) per common share has been determined based on the following:

	Three Months Ended June 30		Six Months Ended June 30	
(thousands of shares)	2022	2021	2022	2021
Weighted average common shares	674,911	723,114	681,805	539,259
Dilutive impact of share-based compensation ⁽¹⁾	1,918	—	1,789	1,015
Weighted average common shares, diluted	676,829	723,114	683,594	540,274

(1) For both the three and six months ended June 30, 2022, 1.3 million of share-based compensation awards were excluded from the diluted weighted average shares calculation, as they were anti-dilutive (10.1 million and 10.0 million for the three and six months ended June 30, 2021).

Dividends declared for the three and six months ended June 30, 2022 were \$0.12 and \$0.22 per share (\$0.06 and \$0.12 for the three and six months ended June 30, 2021), respectively.

13. Commodity Sales from Production

ARC derives its revenue from contracts with customers primarily through the transfer of commodities at a point in time representing the following major product types:

Commodity Sales from Production, by Product	Three Months Ended June 30		Six Months Ended June 30	
	2022	2021	2022	2021
Crude oil	101.6	78.5	180.8	157.7
Condensate	951.1	520.9	1,733.5	609.9
Natural gas ⁽¹⁾	1,007.0	365.8	1,696.0	694.8
NGLs	151.9	101.0	278.3	129.1
Total commodity sales from production	2,211.6	1,066.2	3,888.6	1,591.5

(1) Includes \$0.9 million and \$1.8 million of natural gas transportation revenue from contracts temporarily assigned to third parties for the three and six months ended June 30, 2022 (\$3.5 million and \$11.4 million for the three and six months ended June 30, 2021), respectively.

At June 30, 2022, receivables from contracts with customers, which are included in accounts receivable, were \$843.1 million (\$634.8 million at December 31, 2021).

14. Share-based Compensation Plans

Long-term Incentive Plans

The following table summarizes the changes in the Restricted Share Unit ("RSU"), Performance Share Unit ("PSU"), and Deferred Share Unit ("DSU") awards under the plans that existed prior to the Business Combination (the "Legacy Plans") for the six months ended June 30, 2022:

Legacy Plans (number of awards, thousands)	RSUs	PSUs ⁽¹⁾	DSUs
Balance, December 31, 2021	3,265	6,372	1,103
Granted	443	768	78
Distributed	(1,005)	(969)	(408)
Forfeited	(114)	(101)	—
Balance, June 30, 2022	2,589	6,070	773

(1) Based on underlying awards before any effect of the performance multiplier.

The following table summarizes the changes in the RSU, PSU, and DSU awards under the plans acquired through the Business Combination (the "Acquired Plans") for the six months ended June 30, 2022:

Acquired Plans (number of awards, thousands)	RSUs	PSUs ⁽¹⁾	DSUs
Balance, December 31, 2021	513	413	425
Granted ⁽²⁾	6	102	6
Distributed	(281)	(340)	—
Forfeited	(34)	(29)	—
Balance, June 30, 2022	204	146	431

(1) Based on underlying awards before any effect of the performance multiplier.

(2) Grants relate to re-invested dividends and additional performance awards for grants that vested in the current period.

Compensation charges relating to the RSU Plan, PSU Plan, and DSU Plan of the Legacy and Acquired Plans are reconciled as follows:

	Three Months Ended June 30		Six Months Ended June 30	
	2022	2021	2022	2021
General and administrative ("G&A")	8.7	23.4	50.6	30.1
Operating	0.8	2.5	4.0	4.7
PP&E	1.8	5.0	13.8	14.7
Total compensation charge	11.3	30.9	68.4	49.5
Cash payment	6.6	5.0	47.8	21.5

At June 30, 2022, compensation amounts of \$71.7 million were recognized in accounts payable and accrued liabilities on the balance sheets (\$51.3 million at December 31, 2021) and \$41.0 million was included in long-term incentive compensation liability (\$40.8 million at December 31, 2021).

Share Option Plans

The changes in total share options outstanding and related weighted average exercise prices of share options outstanding under the Legacy Plans for the six months ended June 30, 2022 were as follows:

Legacy Plans	Share Options (number of units, thousands)	Weighted Average Exercise Price (\$)
Balance, December 31, 2021	3,978	15.10
Exercised	(1,004)	17.53
Forfeited	(99)	15.48
Expired	(55)	18.02
Balance, June 30, 2022	2,820	13.88
Exercisable, June 30, 2022	2,181	16.77

The changes in total share options outstanding and related weighted average exercise prices of share options outstanding under the Acquired Plans for the six months ended June 30, 2022 were as follows:

Acquired Plans	Share Options (number of units, thousands)	Weighted Average Exercise Price (\$)
Balance, December 31, 2021	2,447	18.01
Exercised	(697)	11.38
Forfeited	(449)	24.67
Balance, June 30, 2022	1,301	19.26
Exercisable, June 30, 2022	1,301	19.26

The following table summarizes information regarding share options outstanding at June 30, 2022:

Range of exercise price per common share (\$)	Number of share options outstanding (thousands)	Weighted average exercise price per share for options outstanding (\$)	Weighted average remaining term (years)	Number of share options exercisable (thousands)	Weighted average exercise price per share for options exercisable (\$)
5.98 - 11.00	305	8.89	6.1	305	8.89
11.01 - 14.00	1,437	13.27	3.2	798	13.31
14.01 - 18.00	1,057	16.51	2.2	1,057	16.51
18.01 - 22.00	624	21.06	1.4	624	21.06
22.01 - 27.89	698	25.39	4.4	698	25.39
Total	4,121	17.01	3.1	3,482	17.70

During the three and six months ended June 30, 2022, ARC recognized a nominal amount of compensation expense relating to share option plans (\$0.5 million and \$1.1 million for the three and six months ended June 30, 2021). During the three and six months ended June 30, 2022, a nominal amount of share option compensation charges were capitalized to PP&E (\$0.2 million and \$0.3 million for the three and six months ended June 30, 2021).

LTRSA Plan

The changes in total LTRSA outstanding and related fair value per restricted share for the six months ended June 30, 2022 were as follows:

	Granted Prior to 2020		Granted Subsequent to 2019	
	LTRSA (number of awards, thousands)	Fair Value per Restricted Share (\$)	LTRSA (number of awards, thousands)	Fair Value per Restricted Share (\$)
Balance, December 31, 2021	763	12.08	213	6.28
Restricted shares granted and purchased	6	15.67	2	15.67
Balance, June 30, 2022	769	12.11	215	6.35

ARC recognized G&A expense of \$0.3 million and \$0.6 million relating to the LTRSA Plan during the three and six months ended June 30, 2022 (\$0.3 million and \$0.6 million for the three and six months ended June 30, 2021), respectively.

15. Commitments and Contingencies

The following is a summary of ARC's contractual obligations and commitments as at June 30, 2022:

	Payments Due by Period				
	1 Year	2-3 Years	4-5 Years	Beyond 5 Years	Total
Debt repayments	—	253.8	447.5	546.3	1,247.6
Interest payments ⁽¹⁾	29.7	59.3	48.7	76.2	213.9
Purchase and service commitments	113.1	47.9	22.9	101.0	284.9
Transportation commitments	620.6	1,169.2	994.0	1,444.7	4,228.5
Total contractual obligations and commitments	763.4	1,530.2	1,513.1	2,168.2	5,974.9

(1) Fixed interest payments on senior notes.

16. Supplemental Disclosures

Presentation in the Statements of Income

ARC's statements of income are prepared primarily by nature of item, with the exception of employee compensation expense which is included in both operating and G&A expense line items.

The following table details the amount of total employee compensation expense included in operating and G&A expense line items in the statements of income:

	Three Months Ended June 30		Six Months Ended June 30	
	2022	2021	2022	2021
Operating	7.5	21.7	18.6	32.6
G&A	21.9	51.9	80.8	67.0
Total employee compensation expense	29.4	73.6	99.4	99.6

Presentation in the Statements of Cash Flows

The following tables provide a detailed breakdown of certain line items contained within cash flow from operating and investing activities:

	Three Months Ended June 30		Six Months Ended June 30	
	2022	2021	2022	2021
Change in Non-cash Working Capital				
Accounts receivable	(73.7)	0.2	(205.1)	(20.9)
Accounts payable and accrued liabilities	180.3	(40.4)	335.2	10.8
Inventory	3.9	0.2	15.4	(0.5)
Prepaid expense	(30.2)	7.4	(31.9)	8.9
Total change in non-cash working capital	80.3	(32.6)	113.6	(1.7)
Relating to:				
Operating activities	94.1	(33.6)	150.1	(22.5)
Investing activities	(13.8)	1.0	(36.5)	20.8
Total change in non-cash working capital	80.3	(32.6)	113.6	(1.7)
	Three Months Ended June 30		Six Months Ended June 30	
	2022	2021	2022	2021
Other Non-cash Items				
Share-based compensation expense	0.2	0.6	0.5	1.5
ARO settlements	(0.2)	(0.8)	(0.5)	(1.9)
Modified and terminated leases	—	(0.3)	—	(0.1)
Other amortization	0.6	1.4	1.1	1.6
Total other non-cash items	0.6	0.9	1.1	1.1
	Three Months Ended June 30		Six Months Ended June 30	
	2022	2021	2022	2021
Net Change in Other Liabilities				
Long-term incentive compensation liability	8.1	1.9	0.2	1.4
Risk management contracts	(4.9)	(20.6)	(19.5)	(20.6)
ARO cash settlements	(2.0)	(1.6)	(9.3)	(7.7)
Other deferred liabilities	(32.4)	(29.7)	(43.4)	(29.7)
Debt issuance costs	—	(2.9)	—	(14.5)
Total net change in other liabilities	(31.2)	(52.9)	(72.0)	(71.1)

The following table provides a detailed breakdown of the cash and non-cash changes in financing liabilities arising from financing activities:

Financing Liabilities	Current Financial Liabilities	Long-term Financial Liabilities	Total Financial Liabilities from Financing Activities
Balance, December 31, 2020	162.0	589.1	751.1
Cash flows			
Draw and issuance of long-term debt	—	3,224.8	3,224.8
Repayment of long-term debt	(45.0)	(3,534.7)	(3,579.7)
Repayment of lease obligations	(7.8)	(15.4)	(23.2)
Reclassified to current			
Long-term debt	36.2	(36.2)	—
Lease obligations	39.6	(39.6)	—
Non-cash changes			
Lease obligations acquired upon close of Business Combination	60.0	814.6	874.6
Long-term debt acquired upon close of Business Combination	—	1,712.7	1,712.7
Lease recognition	—	1.5	1.5
Lease modification and termination	—	(0.1)	(0.1)
Unrealized foreign exchange gain	(3.9)	(25.9)	(29.8)
Other	0.5	1.6	2.1
Other changes	—	(14.5)	(14.5)
Balance, June 30, 2021	241.6	2,677.9	2,919.5
Balance, December 31, 2021	109.3	2,465.3	2,574.6
Cash flows			
Draw and issuance of long-term debt	—	4,000.1	4,000.1
Repayment of long-term debt	—	(4,462.4)	(4,462.4)
Repayment of lease obligations	(42.5)	—	(42.5)
Reclassified to current			
Lease obligations	39.2	(39.2)	—
Non-cash changes			
Lease recognition	—	1.7	1.7
Lease modification and termination	(0.7)	(1.3)	(2.0)
Unrealized foreign exchange loss	—	2.8	2.8
Other	—	1.8	1.8
Balance, June 30, 2022	105.3	1,968.8	2,074.1
Lease obligations due within one year	105.3	—	105.3
Lease obligations due beyond one year	—	721.2	721.2
Long-term debt due beyond one year	—	1,247.6	1,247.6

Shareholder Information

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Independent Reserves Evaluator

GLJ Ltd.

Auditors

PricewaterhouseCoopers LLP

Legal Counsel

Burnet, Duckworth & Palmer LLP

Corporate Calendar

November 3, 2022 | Q3 2022 Results

Stock Exchange Listing

ARC Resources Ltd. shares are traded on the
Toronto Stock Exchange under the symbol **ARX**.

Shareholder Inquiries

ARC's financial reports, annual regulatory filings and
news releases are available on www.arcresources.com.

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