- Creating energy for the world

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Corporate Profile

ARC Resources Ltd. ("ARC") is a leading Canadian oil and gas producer committed to delivering strong operational and financial performance and upholding values of operational excellence and responsible development. With operations focused in western Canada, ARC's portfolio is made up of resource-rich properties that provide both near-term and long-term investment opportunities. ARC pays a quarterly dividend to shareholders and its common shares trade on the Toronto Stock Exchange under the symbol ARX.

ARX

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NEWS RELEASE

November 5, 2020

ARC RESOURCES LTD. REPORTS THIRD QUARTER 2020 FINANCIAL AND OPERATIONAL RESULTS AND ANNOUNCES 2021 CAPITAL BUDGET OF \$375 MILLION TO \$425 MILLION

Calgary, November 5, 2020 (ARX - TSX) ARC Resources Ltd. ("ARC" or the "Company") today reported its third quarter 2020 financial and operational results and announced its 2021 capital budget that will range from \$375 million to \$425 million. ARC's unaudited condensed interim consolidated financial statements and notes ("financial statements") and ARC's Management's Discussion and Analysis ("MD&A") as at and for the three and nine months ended September 30, 2020, are available on ARC's website at <u>www.arcresources.com</u> and SEDAR at <u>www.sedar.com</u>.

ARC delivered average daily production of 158,444 barrels of oil equivalent ("boe") ⁽¹⁾ per day to generate funds from operations ⁽²⁾ of \$144.6 million (\$0.41 per share) during the three months ended September 30, 2020. With funds from operations generated during the period, ARC declared dividends of \$21.2 million (\$0.06 per share), invested \$52.6 million in development activities, and strengthened its financial position by reducing net debt ⁽²⁾ by \$93.3 million or 10 per cent.

This year has been marked with considerable market volatility. The novel coronavirus COVID-19 ("COVID-19") pandemic has had a profound impact on commodity prices, with the overall magnitude of its effects on demand and the pace of global economic recovery still uncertain. Amid this challenging backdrop, the guiding principles upon which ARC conducts its business continue to provide a strong foundation for excellent business performance. ARC's operational flexibility, robust risk management program, and strong balance sheet have positioned the Company to prudently manage these volatile market conditions. Capital discipline, a moderate pace of development, and excellent capital efficiencies all contribute to a corporate decline rate of approximately 30 per cent. A concentrated Montney asset base that includes a network of owned-and-operated infrastructure has allowed ARC to deliver excellent capital and operating efficiencies. ARC's sustainable business is focused on a strong balance sheet, ample liquidity, environmental, social, and governance ("ESG") excellence, long-term corporate profitability, and paying a sustainable dividend to shareholders. In combination with the Company's premier land position in the Montney, these principles make ARC a differentiated investment opportunity.

ARC's current capital allocation priorities are to protect the Company's strong financial position, support the dividend, and invest in development activities that prioritize profitability and value over volumes. Based on forecasted commodity prices, funds from operations generated in 2020 and 2021 are anticipated to exceed the Company's dividend obligations, budgeted capital expenditures, and reclamation activities. Surplus funds from operations are being used to further strengthen the Company's balance sheet by substantially reducing net debt.

With a strategy that is premised on strong business fundamentals, the outlook for ARC is compelling. ARC's operational performance has been excellent and the Company's capital programs for 2020 and 2021 focus on sustaining production at ARC's core Montney properties to maximize the generation of surplus funds from operations. The Company's production mix comprises over 75 per cent natural gas, the market for which is structurally improving. This, coupled with ARC's efficient execution and low cost structure, will allow the Company to maximize profitability and strengthen an already-strong balance sheet, all while paying a sustainable dividend.

Key takeaways from ARC's financial and operational results for the three months ended September 30, 2020 include:

Production	Delivered average daily production of 158,444 boe per day, comprising 708 million cubic feet ("MMcf") per day of natural gas, 15,373 barrels per day of crude oil, 14,831 barrels per day of condensate, and 10,208 barrels per day of natural gas liquids ("NGLs") ⁽³⁾ . Production was down from the prior quarter due to planned maintenance activities at Parkland/ Tower, and from managing natural gas production at Dawson and Sunrise to ensure maximum throughput during the winter months to capture the anticipated strength in natural gas pricing. This was partially offset by increased production from new wells that were brought on-stream at Ante Creek, Attachie West, and Parkland.
Funds from Operations	Generated funds from operations of \$144.6 million (\$0.41 per share). Increased commodity sales in the period, due to higher average commodity price realizations, were partially offset by a reduced current income tax recovery, lower realized gains on risk management contracts, and increased operating expense.
Capital Program	Invested \$52.6 million in capital activities, which focused primarily on ARC's natural gas development at Dawson and Sunrise.
Operational Excellence	Delivered an operating expense of \$4.13 per boe, which included completing a major planned turnaround at Parkland/Tower, under budget and in less time than forecast.
Balance Sheet and Liquidity	Reduced net debt by \$93.3 million or 10 per cent. Net debt was \$867.8 million at September 30, 2020 and the net debt to annualized funds from operations ratio was 1.4 times.
Returns to Shareholders	Declared \$21.2 million (\$0.06 per share) of dividends to shareholders.

(1) ARC has adopted the standard six thousand cubic feet ("Mcf") to one barrel ("bbl") of oil ratio when converting natural gas to boe. Boe may be misleading, particularly if used in isolation. A boe conversion ratio of 6 Mcf:1 bbl is based on an energy equivalency conversion method primarily applicable at the burner tip and does not represent a value equivalency at the wellhead. Given that the value ratio based on the current price of crude oil as compared to natural gas is significantly different than the energy equivalency of the 6:1 conversion ratio, utilizing the 6:1 conversion ratio may be misleading as an indication of value.

(2) Refer to Note 9 "Capital Management" in ARC's financial statements and to the sections entitled "Funds from Operations" and "Capitalization, Financial Resources and Liquidity" contained within ARC's MD&A.

(3) Throughout this news release, crude oil ("crude oil") refers to light, medium, and heavy crude oil product types as defined by National Instrument 51-101 Standards of Disclosure for Oil and Gas Activities ("NI 51-101"). ARC's production of heavy crude oil is considered to be immaterial. Condensate is a natural gas liquid as defined by NI 51-101. Throughout this news release, NGLs comprise all natural gas liquids as defined by NI 51-101 other than condensate, which is disclosed separately. Throughout this news release, crude oil and liquids ("crude oil and liquids") refers to crude oil, condensate, and NGLs.

Video updates from ARC's management team, as well as ARC's investor presentation, providing an overview of the Company's corporate strategies and further details to ARC's financial and operational results for the three and nine months ended September 30, 2020, are available on ARC's website at <u>www.arcresources.com</u>.

2020 Budget Update

In March 2020, when ARC reduced its original 2020 capital budget of \$500 million to \$300 million, the Company articulated that while the reduced capital budget would modestly lower production expectations for 2020, the deferred drilling and completions activities would have a larger impact on 2021 production levels. Since that time, the macroeconomic backdrop has improved and commodity prices have strengthened.

ARC's board of directors (the "Board") has approved an increased 2020 capital budget of \$350 million from the previously guided capital budget of \$300 million. The capital increase will allow ARC to accelerate two multi-well pads at Dawson and one multi-well pad at Sunrise, optimizing the Company's rigline utilization through the fourth quarter of 2020. By accelerating these capital projects that would otherwise be part of ARC's 2021 development plan, ARC will be able to maximize throughput of low-cost natural gas during the winter months to capture the anticipated strength in natural gas pricing. The \$50 million of accelerated capital is not additive to the development plans for 2020 and 2021, which, when combined, total between \$725 million and \$775 million over the two-year period.

ARC is modestly increasing its production expectations for 2020 to an updated guidance range of 157,000 boe per day to 160,000 boe per day, and has executed additional hedges for the balance of 2020 and for 2021 to provide greater certainty of ARC's funds from operations and to protect ARC's future capital programs.

The acceleration of capital is expected to collectively generate higher funds from operations for 2020 and 2021, which will allow the Company to reduce its net debt levels and strengthen its leverage metrics in less time than was previously forecasted.

2021 Budget Overview

The Board has approved a capital budget for 2021 that will range from \$375 million to \$425 million and focus on maximizing the generation of surplus funds from operations. The capital program centres around ARC's principles of capital discipline, profitability, and financial strength, and will deliver sustainable returns to shareholders through the continuation of ARC's quarterly dividend of \$0.06 per share. Advancing the Company's ESG leadership and performance, and upholding ARC's strong safety culture, will continue to be top priorities in 2021.

ARC plans to sustain production at Dawson, Sunrise, Parkland/Tower, and Ante Creek, with approximately 80 per cent of the 2021 capital budget directed at profitable half-cycle investments. Additionally, ARC plans to complete two minor facility optimization projects at Sunrise and Parkland/Tower to enhance the assets' overall deliverability and profitability. ARC expects to deliver average daily production of between 158,000 boe per day and 165,000 boe per day in 2021, of which approximately 80 per cent is natural gas and 20 per cent is crude oil and liquids.

ARC invested significant plant and facilities capital over the past four years to build major infrastructure at Dawson Phase III, Sunrise Phase II, and most recently at Dawson Phase IV, which was completed in the second quarter of 2020. With these significant investments complete, ARC's 2021 capital budget will demonstrate how efficient ARC's expanded business has become, by delivering significant surplus funds from operations throughout the year.

At forecasted commodity prices, funds from operations generated in 2021 are expected to fully fund ARC's dividend obligations and capital program. Surplus funds from operations will continue to be directed at strengthening the Company's balance sheet, with the objective to reduce ARC's net debt to annualized funds from operations ratio to the low end of, or possibly below, the Company's targeted range of 1.0 to 1.5 times.

ARC's key priorities for the balance of 2020 and 2021 are to:

- Protect the health, safety, and well-being of employees and contractors while safely executing the Company's business plans;
- Protect the balance sheet by exercising financial discipline and ensuring ample liquidity;
- Enhance profitability through lowering the Company's break-even economics and identifying cost reduction opportunities across the business;
- Ensure maximum throughput of low-cost natural gas production during the upcoming winter to capitalize on anticipated strong natural gas pricing;
- Secure financial risk management opportunities and transportation arrangements to achieve optimal pricing and access to markets for ARC's production;
- Remain committed to the Company's industry-leading ESG performance, including prudently managing business risks and reducing its greenhouse gas ("GHG") emissions and freshwater usage through responsible development activities; and
- Remain focused on delivering returns to shareholders through paying a sustainable dividend.

For details on ARC's 2021 capital program and production, funding of the 2021 budget, and formal 2021 guidance, refer to the section entitled *"2021 Budget"* contained within this news release.

BOARD OF DIRECTORS UPDATE

Director Appointment

Mr. Michael McAllister has been appointed to the Board, effective immediately. Mr. McAllister has over 30 years of industry experience, including approximately 20 years at Ovintiv Inc. (formerly Encana Corporation), where he most recently served in the roles of President and Chief Operating Officer before his retirement from the company in 2020. Prior to that, Mr. McAllister worked in various technical and leadership roles for Texaco Canada and Imperial Oil Resources. ARC is pleased to welcome Mr. McAllister to the Board.

Director Retirement

Mr. Herb Pinder Jr. will be retiring from the Board after approximately 14 years of service and will not stand for reelection at ARC's next annual meeting of shareholders. ARC would like to extend its sincere gratitude to Mr. Pinder for his guidance to the Board and ARC's management team during his years of service.

CONFERENCE CALL

ARC's management team will be holding a conference call to discuss ARC's third quarter 2020 results and the Company's 2021 budget on Friday, November 6, 2020, at 8:30 a.m. Mountain Time ("MT").

Date	Friday, November 6, 2020
Time	8:30 a.m. MT
Dial-in Numbers	
Calgary	587-880-2171
Toronto	416-764-8659
Toll-free	1-888-664-6392
Conference ID	42711890

Callers are encouraged to dial in 15 minutes before the start time to register for the event. A replay will be available on ARC's website at <u>www.arcresources.com</u> for 30 days following the conference call.

FINANCIAL AND OPERATIONAL RESULTS

	Tł	ree Months Ende	d	Nine Months Ended		
(Cdn\$ millions, except per share amounts, boe amounts, and common shares outstanding)	June 30, 2020	September 30, 2020	September 30, 2019	September 30, 2020	September 30, 2019	
FINANCIAL RESULTS						
Net loss	(43.5)	(66.1)	(57.2)	(668.0)	(17.4)	
Per share ⁽¹⁾	(0.12)	(0.19)	(0.16)	(1.89)	(0.05)	
Funds from operations	150.2	144.6	145.4	455.6	524.6	
Per share ⁽¹⁾	0.42	0.41	0.41	1.29	1.48	
Dividends declared	21.3	21.2	53.1	85.0	159.3	
Per share ⁽¹⁾	0.06	0.06	0.15	0.24	0.45	
Capital expenditures, before land and net property acquisitions (dispositions)	44.1	52.6	161.9	266.5	549.8	
Total capital expenditures, including land and net property acquisitions (dispositions)	44.0	52.6	159.8	266.5	546.8	
Net debt outstanding	961.1	867.8	945.5	867.8	945.5	
Common shares outstanding, weighted average diluted (millions)	353.4	353.4	353.4	353.4	353.4	
Common shares outstanding, end of period (millions)	353.4	353.4	353.4	353.4	353.4	
OPERATIONAL RESULTS						
Production						
Crude oil (bbl/day)	14,987	15,373	16,782	15,784	17,763	
Condensate (bbl/day)	13,239	14,831	10,846	13,117	9,772	
Crude oil and condensate (bbl/day)	28,226	30,204	27,628	28,901	27,535	
Natural gas (MMcf/day)	773.3	708.2	595.4	724.5	607.9	
NGLs (bbl/day)	9,405	10,208	7,952	9,258	7,395	
Total (boe/day)	166,510	158,444	134,813	158,911	136,253	
Average realized prices, prior to gain or loss on risk management contracts						
Crude oil (\$/bbl)	25.88	45.45	64.79	40.79	66.30	
Condensate (\$/bbl)	31.54	48.49	65.70	45.38	67.44	
Natural gas (\$/Mcf)	1.92	2.16	1.54	2.04	2.04	
NGLs (\$/bbl)	10.84	14.85	5.25	11.01	12.50	
Oil equivalent (\$/boe)	14.38	19.55	20.46	17.74	23.24	
Netback (\$/boe) ⁽²⁾						
Commodity sales from production	14.38	19.55	20.46	17.74	23.24	
Royalties	(0.38)	(0.72)	(1.26)	(0.72)	(1.36)	
Operating expense	(3.32)	(4.13)	(5.05)	(3.93)	(5.11)	
Transportation expense	(2.88)	(3.22)	(2.97)	(2.99)	(2.97)	
Netback	7.80	11.48	11.18	10.10	13.80	
Realized gain on risk management contracts	2.10	1.13	2.29	1.50	1.96	
Netback including realized gain on risk management contracts	9.90	12.61	13.47	11.60	15.76	
TRADING STATISTICS (3)						
High price	6.12	6.94	7.85	8.39	10.49	
Low price	3.64	4.54	5.37	2.42	5.37	
Close price	4.56	5.95	6.31	5.95	6.31	
Average daily volume (thousands of shares)	2,177	1,363	1,838	2,249	2,127	

Per share amounts (with the exception of dividends) are based on weighted average diluted common shares.
 Non-GAAP measure that does not have any standardized meaning under International Financial Reporting Standards and therefore may not be comparable to similar measures presented by other entities. Refer to the section entitled "Non-GAAP Measures" contained within ARC's MD&A.
 Trading prices are stated in Canadian dollars on a per share basis and are based on intra-day trading on the Toronto Stock Exchange.

COMMODITY PRICE ENVIRONMENT

Near-term pricing risk and continued volatility are expected for all commodities. While the gradual economic recovery from the demand destruction caused by the COVID-19 pandemic is taking place, significant uncertainty remains. ARC's risk management program serves to protect corporate cash flows, and ARC will focus on maximizing throughput of its low-cost Montney natural gas production during periods of relative pricing strength.

Crude Oil and Condensate

After experiencing extreme volatility during the first half of 2020, the global crude oil markets started to stabilize during the three months ended September 30, 2020. Average benchmark prices were mostly range-bound. The combination of the Organization of Petroleum Exporting Countries and certain other oil-producing countries continuing to comply with agreed-upon production cuts, and North American energy producers demonstrating capital discipline and restraint, led to global inventory levels trending towards more normalized levels. Although prices have shown recent signs of stability, a second wave of the COVID-19 pandemic is underway, causing growing uncertainty around the global demand recovery and the likelihood of a sustained crude oil price recovery.

Locally, Canadian crude oil and condensate differentials narrowed as supply remained relatively low given limited capital activity in the Western Canadian Sedimentary Basin ("WCSB") and increased maintenance and turnaround activities. Narrower differentials were further supported by pipeline throughput recovering from previous constraints.

Natural Gas

Improving supply and demand dynamics helped support higher US natural gas benchmark prices during the three months ended September 30, 2020, relative to the three months ended June 30, 2020. On the supply side, dry natural gas activity and the associated natural gas supply from liquids basins moderated. On the demand side, liquefied natural gas exports and exports to Mexico increased.

In western Canada, natural gas prices were higher during the three months ended September 30, 2020, relative to the three months ended June 30, 2020. Like the US, declining supply in the WCSB has helped the AECO market move towards an improved supply/demand balance. As the AECO market continues to experience relative strength compared to other North American sales points, the basis differential to NYMEX Henry Hub has narrowed significantly.

The North American natural gas market is structurally improving, with demand expected to outpace supply, thus providing significant momentum into 2021. While near-term pricing volatility is still expected, improving natural gas fundamentals are expected for 2021 and beyond as the supply/demand balance normalizes.

FINANCIAL REVIEW

Capital Allocation

ARC periodically evaluates its capital allocation priorities and decisions and believes that taking a portfolio approach to capital allocation creates significant long-term shareholder value. Managing reasonable debt levels, paying a sustainable dividend, and delivering modest production growth through profitable development activities are part of ARC's current capital allocation mix. Once ARC's net debt to annualized funds from operations ratio has been reduced to the low end of the Company's targeted range of 1.0 to 1.5 times, ARC will evaluate and consider the following capital allocation priorities: growth through either long-term development investments or mergers and acquisitions; share repurchases; and sustainable dividend increases.

At current and forecasted commodity prices, funds from operations generated in 2020 are expected to exceed ARC's dividend obligations of approximately \$106 million and ARC's revised capital budget of \$350 million. Surplus funds from operations will be directed at strengthening the Company's balance sheet. During the three months ended September 30, 2020, ARC reduced its net debt balance by \$93.3 million or 10 per cent, and has reduced its net debt balance by \$211.9 million or 20 per cent since March 31, 2020.

Balance Sheet and Liquidity

ARC is committed to protecting its strong financial position by maintaining significant financial flexibility with its balance sheet. At September 30, 2020, ARC had \$867.8 million of net debt outstanding and the net debt to annualized funds from operations ratio was 1.4 times, which was within the Company's targeted range of 1.0 to 1.5 times. At September 30, 2020, ARC was in compliance with all of its debt covenants.

ARC's \$1.1 billion of undrawn credit capacity bolsters the Company's overall liquidity. The Company's long-term debt is structured to mature over several years, and repayment of maturities due in 2021 will be settled with existing committed credit facilities. Debt maturities due in 2021 total US\$109.0 million of US dollar-denominated debt and \$8.0 million of Canadian dollar-denominated debt.

ARC's ample financial liquidity has historically allowed the Company to sustain its operations through prolonged periods of commodity price volatility, and is expected to enable the Company to remain in a position of financial strength during future periods of economic uncertainty. ARC will continue to manage conservative debt levels as a priority.

Net Loss

ARC recognized a net loss of \$66.1 million (\$0.19 per share) during the three months ended September 30, 2020, compared to a net loss of \$43.5 million (\$0.12 per share) during the three months ended June 30, 2020. Increased commodity sales due to higher average commodity price realizations were more than offset by a lower income tax recovery and a higher operating expense. Reduced gains on ARC's risk management contracts and ARC's foreign exchange, relating to the revaluation of ARC's US dollar-denominated debt, also contributed to the reduction in earnings.

ARC recognized a net loss of \$668.0 million (\$1.89 per share) during the nine months ended September 30, 2020, compared to a net loss of \$17.4 million (\$0.05 per share) during the nine months ended September 30, 2019. An impairment charge recognized on ARC's property, plant, and equipment during the three months ended March 31, 2020, resulting from the decrease in forecasted commodity pricing for crude oil and natural gas, was the most significant contributor to the net loss in 2020 to-date. Further contributing to ARC's net loss were lower commodity sales due to lower average commodity price realizations, which were partially offset by increased income tax recoveries and a reduced loss on ARC's risk management contracts.

Funds from Operations

ARC generated funds from operations of \$144.6 million (\$0.41 per share) during the three months ended September 30, 2020, a decrease of \$5.6 million (\$0.01 per share) compared to funds from operations generated during the three months ended June 30, 2020. Increased commodity sales due to higher average commodity price realizations were offset by a lower current income tax recovery, a lower realized gain on risk management contracts, and increased operating expense and general and administrative ("G&A") expense.

ARC generated funds from operations of \$455.6 million (\$1.29 per share) during the nine months ended September 30, 2020, representing a decrease of \$69.0 million (\$0.19 per share) compared to funds from operations generated during the nine months ended September 30, 2019. Reduced commodity sales due to lower average commodity price realizations, despite increased production year-over-year, was the largest driver in lower funds from operations. Increased transportation expense and G&A expense also served to reduce funds from operations for the nine months ended September 30, 2020, relative to the nine months ended September 30, 2019. These decreases to funds from operations were partially offset by an increase in current income tax recovery, a lower operating expense, and lower royalties.

Table 1 details the change in funds from operations for the three months ended September 30, 2020, relative to the three months ended June 30, 2020, and the change in funds from operations for the nine months ended September 30, 2020, relative to the nine months ended September 30, 2019.

Funds from Operations Reconciliation	Q2 2020 to	Q3 2020	2019 YTD to 2020 YTD	
	\$ millions	\$/share (1)	\$ millions	\$/share (1)
Funds from operations for the three months ended June 30, 2020	150.2	0.42		
Funds from operations for the nine months ended September 30, 2019			524.6	1.48
Volume				
Crude oil and liquids	7.2	0.01	34.2	0.10
Natural gas	(10.0)	(0.03)	67.2	0.20
Price				
Crude oil and liquids	54.5	0.17	(193.4)	(0.54)
Natural gas	15.4	0.05	_	_
Sales of commodities purchased from third parties	12.8	0.04	(49.4)	(0.14)
Interest income	0.5	_	(3.9)	(0.01)
Other income	0.2	_	(2.2)	(0.01)
Realized gain (loss) on risk management contracts	(15.3)	(0.04)	(7.5)	(0.02)
Royalties	(4.8)	(0.01)	18.9	0.05
Expenses				
Commodities purchased from third parties	(13.3)	(0.04)	49.3	0.14
Operating	(9.9)	(0.03)	18.9	0.05
Transportation	(3.4)	(0.01)	(19.4)	(0.05)
G&A	(9.2)	(0.03)	(16.8)	(0.05)
Interest and financing	1.0	_	(0.1)	_
Current income tax	(31.8)	(0.09)	22.9	0.06
Realized gain (loss) on foreign exchange	0.5	_	11.8	0.03
Other	_	_	0.5	
Funds from operations for the three months ended September 30, 2020	144.6	0.41		
Funds from operations for the nine months ended September 30, 2020			455.6	1.29

(1) Per share amounts are based on weighted average diluted common shares.

Physical Marketing and Financial Risk Management

ARC's assets and an extensive suite of owned-and-operated infrastructure provide significant optionality to manage the Company's commodity exposures. Depending on prevailing commodity pricing, ARC can selectively target natural gas, liquids-rich natural gas, or crude oil production and optimize the liquids recoveries at its processing facilities. ARC is currently increasing natural gas recoveries by optimizing its facilities and plans to maximize throughput of low-cost natural gas production during the winter months to capture the anticipated strength in natural gas pricing.

ARC manages its natural gas price risk exposure through physical diversification and financial risk management activities to enhance corporate natural gas price realizations and reduce volatility in funds from operations. Summarized in Table 2 are the impacts that ARC's physical natural gas diversification and financial risk management activities had on the Company's realized natural gas price for the three months ended September 30, 2020, relative to the nine months ended September 30, 2019.

	Three Months Ended			Nine Months Ended			
Realized Natural Gas Price Including Realized Gain on Risk Management Contracts (\$/Mcf)	September 30, 2020	June 30, 2020	% Change	September 30, 2020	September 30, 2019	% Change	
Average price before diversification activities	2.26	2.07	9	2.15	1.45	48	
Diversification activities	(0.10)	(0.15)	33	(0.11)	0.59	(119)	
Realized gain on risk management contracts ⁽¹⁾	0.02	0.11	(82)	0.08	0.53	(85)	
Realized natural gas price including realized gain on risk management contracts	2.18	2.03	7	2.12	2.57	(18)	

(1) Realized gain on risk management contracts is not included in ARC's realized natural gas price.

ARC's average realized crude oil and condensate prices were \$45.45 per barrel and \$48.49 per barrel, respectively, for the three months ended September 30, 2020, increasing 76 per cent and 54 per cent, compared to the three months ended June 30, 2020. ARC's average realized crude oil and condensate prices were \$40.79 per barrel and \$45.38 per barrel, respectively, for the nine months ended September 30, 2020, decreasing 38 per cent and 33 per cent, compared to the nine months ended September 30, 2019.

ARC's risk management program increased the Company's funds from operations during the three and nine months ended September 30, 2020, recording a realized gain of \$16.5 million and \$65.4 million, respectively. For the balance of 2020, approximately 70 per cent of ARC's anticipated crude oil and condensate production is hedged, and approximately 40 per cent of ARC's anticipated natural gas production is hedged. In 2021, over 40 per cent of ARC's anticipated rude oil and condensate production is currently hedged, and approximately 40 per cent of ARC's anticipated natural gas production is currently hedged, and approximately 40 per cent of ARC's anticipated natural gas production is currently hedged. ARC continuously monitors commodity prices and executes its risk management program to reduce the volatility of its funds from operations and support its dividend and capital programs. ARC will continue to take positions in natural gas, crude oil, and foreign exchange rates, as appropriate, to provide greater certainty over future funds from operations. For details pertaining to ARC's risk management program and for a summary of the average crude oil and natural gas volumes associated with ARC's risk management contracts as at September 30, 2020, refer to Note 10 *"Financial Instruments and Market Risk Management"* in ARC's financial statements.

Netback

Table 3 details the components of ARC's netback for the three months ended September 30, 2020, relative to the three months ended June 30, 2020, and the components of ARC's netback for the nine months ended September 30, 2020, relative to the nine months ended September 30, 2019.

Table 3

	Three M	Three Months Ended			Nine Months Ended		
Netback (\$/boe)	September 30, 2020	June 30, 2020	% Change	September 30, 2020	September 30, 2019	% Change	
Commodity sales from production	19.55	14.38	36	17.74	23.24	(24)	
Royalties	(0.72)	(0.38)	(89)	(0.72)	(1.36)	47	
Operating expense	(4.13)	(3.32)	(24)	(3.93)	(5.11)	23	
Transportation expense	(3.22)	(2.88)	(12)	(2.99)	(2.97)	(1)	
Netback	11.48	7.80	47	10.10	13.80	(27)	
Realized gain on risk management contracts	1.13	2.10	(46)	1.50	1.96	(23)	
Netback including realized gain on risk management contracts	12.61	9.90	27	11.60	15.76	(26)	

For the three months ended September 30, 2020, relative to the three months ended June 30, 2020, ARC's:

 Netback increased primarily due to higher average realized commodity prices, partially offset by a lower realized gain on risk management contracts.

- Royalties increased as a result of higher royalty rates associated with higher average realized commodity prices.
- · Operating expense increased due to planned maintenance activities conducted in the period.
- Transportation expense increased due to the impacts of planned maintenance activities and third-party pipeline maintenance and outages, as well as from lower production levels in the period.

For the nine months ended September 30, 2020, relative to the nine months ended September 30, 2019, ARC's:

- Netback decreased primarily due to lower average realized commodity prices, which was partially offset by a year-over-year decrease in ARC's royalties and operating expense.
- Royalties decreased as a result of lower royalty rates associated with lower average realized commodity prices.
- Operating expense decreased as ARC brought on additional Montney production at Dawson and Sunrise, which have lower relative costs.

OPERATIONAL REVIEW

ARC's position in the Montney resource play comprises approximately 1,000 net sections of land (approximately 636,000 net acres), with production from these assets representing approximately 95 per cent of total corporate production. Nearly all of ARC's production is processed through owned-and-operated infrastructure. This affords ARC greater control over its cost structure and liquids recoveries, supports strong safety and environmental performance, and enables a flexible pace of development, all of which are especially critical in a volatile commodity price environment.

ARC's assets provide significant optionality to manage the Company's commodity exposures. Depending on prevailing commodity prices, ARC can selectively target natural gas, liquids-rich natural gas, or crude oil production by focusing its development in the areas that generate the most robust half-cycle economics.

ARC is a leader in ESG and sustainability practices. Employee and contractor safety is the Company's top priority, and ARC is committed to strong environmental performance by reducing its GHG emissions and freshwater usage. ARC released its *2020 ESG Report* during the third quarter of 2020, providing details on ARC's ESG strategies and the Company's leading performance. Notably, ARC ranks as the lowest GHG emissions intensity producer amongst its Canadian peers. The *2020 ESG Report* is available on ARC's website at <u>www.arcresources.com</u>.

Capital Expenditures

ARC invested \$52.6 million during the three months ended September 30, 2020, as development activities continued to focus on the Company's natural gas properties. During the period, ARC drilled 10 wells at Dawson and four wells at Sunrise and completed five wells at Parkland/Tower. ARC invested \$266.5 million during the nine months ended September 30, 2020, which included drilling 40 wells, completing 57 wells, and bringing the Dawson Phase IV gas processing and liquids-handling facility and the Ante Creek facility expansion projects on-stream early in the second quarter of 2020.

Table 4 details ARC's capital expenditures and the number of wells drilled and completed in each of the Company's core operating areas for the nine months ended September 30, 2020.

Nine Months Ended September 30, 2020 **Drilling and** Completions and Other ⁽²⁾ Capital Plant and **Capital Activity by** Facilities Expenditures (Wells Drilled (4) (\$ millions) (\$ millions) Wells Completed⁽⁴⁾ Area (\$ millions) 16 Dawson 24.7 61.9 86.6 14 7 Sunrise 38.9 38.9 11 Parkland/Tower 8 12 2.2 47.1 49.3 Ante Creek 11.0 40.7 51.7 7 16 Attachie West 2.1 27.4 29.5 6 Pembina 2.0 2.0 All other (1) 8.5 8.5 40 0 266.5 40 57 Total 226.5

(1) All other comprises spending and activity for ARC's non-core properties as well as its corporate assets.

(2) Other capital expenditures comprise expenditures for geological and geophysical, maintenance and optimization, and corporate assets

(3) Land expenditures and net property acquisitions and dispositions are not included.

(4) Wells drilled and completed for ARC's operated properties only.

Planned capital investments for 2020 total \$350 million, with the majority of the remaining capital for the year being deployed to natural gas development activities at Dawson and Sunrise.

Production

ARC's production for the three months ended September 30, 2020 averaged 158,444 boe per day, comprising 708 MMcf per day of natural gas, 15,373 barrels per day of crude oil, 14,831 barrels per day of condensate, and 10,208 barrels per day of NGLs.

Average daily production for the three months ended September 30, 2020 decreased five per cent relative to the three months ended June 30, 2020. Planned maintenance activities at Parkland/Tower contributed to the decrease in production in the period; however, ARC mitigated the magnitude of the impact by completing the maintenance in less time than forecast. Additionally, ARC managed its natural gas production at Dawson and Sunrise during the three months ended September 30, 2020, to ensure maximum throughput of low-cost natural gas production during the winter months to capture the anticipated strength in natural gas pricing. To de-risk the economics of this decision, ARC entered into additional hedges for November 2020 to March 2021. Increased production at Ante Creek, Attachie West, and Parkland, due to new wells being brought on-stream during the three months ended September 30, 2020, partially offset the production decreases in the period.

Table 5 details production from ARC's core operating areas for the three months ended September 30, 2020, relative to the three months ended June 30, 2020.

			Three M	Ionths Ended				
September 30, 2020								
Production by Area ⁽¹⁾	Crude Oil (bbl/day)	Condensate (bbl/day)	Natural Gas (MMcf/day)	NGLs (bbl/day)	Total (boe/day)	Total (boe/day)		
Dawson	_	4,758	309.1	3,973	60,251	67,510		
Sunrise	_	7	200.6	14	33,450	40,662		
Parkland/Tower	1,946	5,956	123.8	4,339	32,876	30,757		
Ante Creek	7,612	516	45.4	1,595	17,291	14,329		
Attachie West	_	3,317	12.0	143	5,458	3,034		
Pembina	5,813	139	10.9	363	8,130	8,973		
All other (2)	2	138	6.4	(219)	988	1,245		
Total	15,373	14,831	708.2	10,208	158,444	166,510		

(1) Includes both operated and non-operated properties.

(2) All other comprises production for ARC's non-core properties.

ARC's production for the nine months ended September 30, 2020 averaged 158,911 boe per day, comprising 725 MMcf per day of natural gas, 15,784 barrels per day of crude oil, 13,117 barrels per day of condensate, and 9,258 barrels per day of NGLs. Average daily production for the nine months ended September 30, 2020 represented a 17 per cent increase from average daily production for the nine months ended September 30, 2019, driven primarily by increased natural gas production at Dawson and Sunrise.

Full-year average daily production for 2020 is expected to be within the guidance range of 157,000 boe per day to 160,000 boe per day.

OUTLOOK

2020 Guidance

ARC increased its 2020 planned capital investments to \$350 million from \$300 million, with a continued focus on balance sheet strength and investment in profitable projects with efficient execution. Capital activity for the remainder of 2020 will be focused on natural gas development at Dawson and Sunrise, allowing ARC to maximize throughput of low-cost natural gas production during the winter months to capture the anticipated strength in natural gas pricing. At current commodity price levels, funds from operations generated in 2020 are anticipated to fund the Company's dividend payments and capital program as well as reduce the Company's net debt balance.

To better reflect ARC's 2020 year-to-date actual results and the corresponding full-year 2020 expectations, ARC is modestly increasing its 2020 production guidance ranges for all commodities, and lowering its 2020 guidance ranges for operating, transportation, and interest expenses, as well as current income tax.

ARC's full-year 2020 guidance estimates and a review of 2020 year-to-date actual results are outlined in Table 6.

	2020 Original Guidance	2020 Revised Guidance (March 2020)	2020 Revised Guidance (November 2020)	2020 YTD Actuals	% Variance from 2020 Revised Guidance (November 2020)
Production					
Crude oil (bbl/day)	15,000 - 17,000	14,000 - 16,000	15,000 - 16,000	15,784	_
Condensate (bbl/day)	12,000 - 14,000	11,000 - 13,000	12,000 - 13,000	13,117	1
Crude oil and condensate (bbl/day)	27,000 - 31,000	25,000 - 29,000	27,000 - 29,000	28,901	_
Natural gas (MMcf/day) ⁽¹⁾	715 - 725	705 - 710	725 - 730	724.5	—
NGLs (bbl/day)	8,500 - 9,000	8,000 - 8,500	9,000 - 9,500	9,258	_
Total (boe/day) ⁽¹⁾	155,000 - 161,000	150,000 - 155,000	157,000 - 160,000	158,911	
Expenses (\$/boe)					
Operating	4.55 - 4.95	4.55 - 4.95	4.00 - 4.20	3.93	(2)
Transportation	3.10 - 3.30	3.10 - 3.30	3.00 - 3.20	2.99	_
G&A expense before share- based compensation expense	1.00 - 1.20	1.00 - 1.20	1.05 - 1.15	1.15	_
G&A - share-based compensation expense ⁽²⁾	0.30 - 0.45	0.30 - 0.45	0.30 - 0.45	0.43	_
Interest and financing ⁽³⁾	0.65 - 0.80	0.65 - 0.80	0.65 - 0.75	0.71	_
Current income tax expense (recovery) as a per cent of funds from operations ⁽⁴⁾	(2) - 3	(2) - 3	(5) - 0	(8)	(60)
Capital expenditures before land and net property acquisitions (dispositions) (\$ millions)	500	300	350	266.5	N/A

(1) Guidance does not incorporate the potential impact that third-party transportation restrictions may have on ARC's natural gas production.

(2) Comprises expense recognized under the Restricted Share Unit ("RSU") and Performance Share Unit ("PSU") Plans, Share Option Plan, and Long-term Restricted Share Award ("LTRSA") Plan, and excludes compensation expense under the Deferred Share Unit ("DSU") Plan. In periods where substantial share price fluctuation occurs, ARC's G&A expense is subject to greater volatility.

(3) Excludes accretion of the asset retirement obligation.

(4) The current income tax estimate varies depending on the level of commodity prices.

Operating expense is below the guidance range due to the deferral of discretionary maintenance and workover activities during the first half of 2020. With maintenance and workover activities resumed during the second half of 2020, ARC expects its operating expense to be at the low end of the guidance range.

Current income tax as a per cent of funds from operations is below the guidance range due to the decrease in forecasted commodity pricing for crude oil and natural gas and the recognition of certain income tax deductions received from prior periods. Current income tax is expected to be at the low end of the guidance range.

Refer to the March 13, 2020 news release entitled "ARC Resources Ltd. Announces Reduced Capital Program of up to \$300 Million for 2020 and Reduces Its Monthly Dividend to \$0.02 per Share" and the November 7, 2019 news release entitled "ARC Resources Ltd. Reports Third Quarter 2019 Financial and Operational Results and Announces \$500 Million Capital Program for 2020" available on ARC's website at www.arcresources.com and SEDAR at www.arcresources.com and www.arcr

2021 BUDGET

The Board has approved a capital budget for 2021 that will range from \$375 million to \$425 million and focus on maximizing the generation of surplus funds from operations. The 2021 budget centres on ARC's principles of capital discipline, profitability, and financial strength. ARC plans to deliver meaningful returns to shareholders through profitable development activities, which will support the Company in generating significant funds from operations, paying its quarterly dividend of \$0.06 per share, and further strengthening its already-strong financial position. ARC's commitment to advancing the Company's ESG strategies and performance, and upholding a strong safety culture, will continue to be top priorities in 2021.

ARC plans to sustain production at Dawson, Sunrise, Parkland/Tower, and Ante Creek during 2021 to deliver average daily production between 158,000 boe per day and 165,000 boe per day.

- Crude oil and condensate production is expected to range from 23,000 barrels per day to 26,000 barrels per day.
- Natural gas production is expected to range from 750 MMcf per day to 775 MMcf per day.
- NGLs production is expected to range from 9,500 barrels per day to 10,500 barrels per day.

Demonstrating its continued operational excellence through infrastructure ownership and operatorship, as well as ongoing cost reduction initiatives, ARC expects its 2021 corporate operating expense to be in the range of \$4.00 per boe to \$4.50 per boe.

2021 Capital Program and Production

A key objective for ARC in 2021 is to maximize cash flow generation across the Company's asset base, with approximately 80 per cent of the budget planned for profitable half-cycle investments. ARC will focus its development activities primarily on ARC's natural gas assets at Dawson and Sunrise, with additional development activities planned at ARC's light oil Ante Creek asset and ARC's condensate-rich Parkland/Tower asset.

The most recent development activities at Attachie West have allowed ARC to improve the area's capital efficiencies and optimize well designs. These improvements have reaffirmed the Company's confidence in the asset. ARC continues to move forward with planning the facility design of Attachie West Phase I and finalizing commercial arrangements in advance of project development. With a proven, economic well design in place, ARC plans to recommence drilling activities at Attachie West once full-scale development is undertaken to ensure the most efficient and profitable execution possible.

The 2021 capital program places significant emphasis on the continuous improvement of ARC's capital efficiencies. The collective impact of optimized well and pad designs, realized service cost reductions, and focused drilling activities in ARC's core operating areas have resulted in better capital efficiencies. Of note, ARC expects to reduce the average cost per lateral length in 2021 by 25 per cent relative to 2019 and by five per cent relative to 2020.

Infrastructure Optimization Projects

With an extensive suite of owned-and-operated infrastructure, ARC has the strategic advantage of executing highly economic optimization projects. In 2021, ARC plans to complete infrastructure optimization projects at Sunrise and Parkland/Tower.

At Sunrise, ARC will invest approximately \$11 million of plant and facilities capital to complete a small expansion of the Sunrise Phase I and II gas processing facility, adding approximately 40 MMcf per day of low-cost natural gas processing and sales capacity to take advantage of anticipated future strength in natural gas pricing. The project is expected to be brought on-stream during the fourth quarter of 2021.

At Parkland/Tower, to accommodate for the continued development of the lower Montney horizon and improve the asset's overall deliverability and profitability, ARC is resuming its plans to optimize the existing Parkland sweet facility by converting it to a sour facility and adding approximately six MMcf per day of natural gas processing and sales capacity. Approximately \$30 million of plant and facilities capital will be invested to complete the optimization project, which is expected to be brought on-stream during the fourth quarter of 2021.

ESG Projects

Approximately \$7 million will be dedicated to advancing ARC's ESG strategies and industry-leading performance in 2021. Investments include front-end work for the planned electrification of the Dawson Phase III and IV facility and

Attachie West Phase I facility, and investments for several small, profitable emissions reduction projects. These ESG-focused projects are expected to play a significant role in ARC meeting its air emissions reduction targets over the next several years, which are discussed in detail in ARC's 2020 ESG Report, available on ARC's website at <u>www.arcresources.com</u>.

Table 7 details ARC's capital budget by area, including capital expenditures for 2020 and 2021 and the number of wells planned for 2021.

Table 7

Capital Expenditures and Wells Drilled ⁽¹⁾	2020 Revised Guidance (November 2020) Capital Expenditures ⁽³⁾ (\$ millions)	2021 Budget Capital Expenditures ⁽³⁾ (\$ millions)	2021 Budget Wells Drilled (operated)
Dawson	134	168	32
Sunrise	48	77	9
Parkland/Tower	53	70	12
Ante Creek	65	58	16
Attachie West	31	6	_
Pembina	3	6	_
All other (2)	16	25	_
Total	350	410	69

(1) Includes both operated and non-operated properties.

(2) All other comprises spending and activity for ARC's non-core properties as well as its corporate assets.

(3) Land expenditures and net property acquisitions and dispositions are not included as these amounts are unbudgeted.

Table 8 details ARC's expected capital expenditures by classification for 2020 and 2021.

Table 8

Capital Expenditures by Classification (\$ millions)	2020 Revised Guidance (November 2020)	2021 Budget
Drilling and completions	289	333
Plant and facilities	43	45
Other ⁽¹⁾	18	32
Total	350	410

(1) Other capital expenditures comprise expenditures for geological and geophysical, ESG-related projects, and corporate capital, which includes capitalized G&A expenses, information technology, and corporate office capital.

Table 9 details ARC's expected production by area for 2020 and 2021.

Table 9

Expected Annualized Production by Area ⁽¹⁾⁽²⁾ (boe/day)	2020 Revised Guidance (November 2020)	2021 Budget
Dawson	58,000	62,500
Sunrise	38,500	40,000
Parkland/Tower	32,000	30,000
Ante Creek	16,000	17,000
Attachie West	4,000	3,500
Pembina	9,000	6,500
All other ⁽³⁾	1,000	2,000
Total ⁽⁴⁾	158,500	161,500

(1) Includes both operated and non-operated properties.

(2) Does not incorporate the potential impact that third-party transportation restrictions may have on ARC's natural gas production.

(3) All other comprises production for ARC's non-core properties.

(4) Total production denotes the midpoints of the production guidance ranges of 157,000 boe per day to 160,000 boe per day for 2020 and 158,000 boe per day to 165,000 boe per day for 2021.

Funding of the 2021 Budget

ARC's capital budget range for 2021 of \$375 million to \$425 million was sensitized against various commodity price scenarios and assumes the continuation of the Company's quarterly dividend of \$0.06 per share through 2021. The approved capital projects are expected to provide attractive rates of return at both prevailing and forecasted commodity prices.

Balance sheet strength and long-term financial flexibility are top priorities for ARC. Funds from operations generated in 2021 are expected to fund ARC's dividend obligations of approximately \$85 million and capital budget that will range from \$375 million to \$425 million. Surplus funds from operations will be used to strengthen the Company's balance sheet and reduce ARC's net debt to annualized funds from operations ratio to the low end of, or possibly below, the target range of 1.0 to 1.5 times. ARC's risk management program is expected to reduce volatility in funds from operations and project economics. ARC will continue to take positions in natural gas, crude oil, and foreign exchange rates, as appropriate, to provide greater certainty over future funds from operations.

2021 Guidance

The corporate guidance for 2021 was determined based on various commodity price scenarios and economic conditions; certain guidance estimates may fluctuate with commodity price changes. ARC's guidance provides readers with the information relevant to Management's expectations for financial and operational results, excluding any potential acquisition or disposition activities, for 2021. Readers are cautioned that the guidance estimates may not be appropriate for any other purpose.

ARC's full-year 2021 guidance estimates are outlined in Table 10.

	2021 Guidance ⁽⁵⁾
Production	
Crude oil (bbl/day)	12,000 - 13,500
Condensate (bbl/day)	11,000 - 12,500
Crude oil and condensate (bbl/day)	23,000 - 26,000
Natural gas (MMcf/day) ⁽¹⁾	750 - 775
NGLs (bbl/day)	9,500 - 10,500
Total (boe/day) ⁽¹⁾	158,000 - 165,000
Expenses (\$/boe)	
Operating	4.00 - 4.50
Transportation	3.00 - 3.50
G&A expense before share-based compensation expense	1.00 - 1.25
G&A - share-based compensation expense ⁽²⁾	0.30 - 0.45
Interest and financing ⁽³⁾	0.45 - 0.55
Current income tax expense (recovery) as a per cent of funds from operations ⁽⁴⁾	3 - 7
Capital expenditures before land and net property acquisitions (dispositions) (\$ millions)	375 - 425

(1) Guidance does not incorporate the potential impact that third-party transportation restrictions may have on ARC's natural gas production.

(2) Comprises expense recognized under the RSU and PSU Plans, Share Option Plan, and LTRSA Plan, and excludes compensation expense under the DSU Plan. In periods where substantial share price fluctuation occurs, ARC's G&A expense is subject to greater volatility.

(3) Excludes accretion of the asset retirement obligation.

(4) The current income tax estimate varies depending on the level of commodity prices.

(5) Ongoing weakness in commodity prices resulting from COVID-19 impacts on demand and market volatility may impact ARC's future financial and operational results. ARC will continuously monitor its guidance and provide updates as deemed appropriate.

Reclamation and Asset Retirement Activities

ARC's goal is to exceed compliance requirements to minimize its environmental footprint and maintain a leadership position in responsible development practices. ARC has an active program to reclaim inactive wells, pipelines, and facilities, as well as decommission and reclaim sites. Spending on these activities is estimated to be approximately \$18 million in 2021.

Dividend

The quarterly dividend of \$0.06 per share is an essential component of ARC's returns to shareholders. ARC continually assesses dividend levels in light of commodity prices and economic conditions, capital investment programs, and production levels to ensure that the Company's dividends align with its long-term strategy and objectives. The dividend is reviewed regularly by the Board.

FORWARD-LOOKING INFORMATION AND STATEMENTS

This news release contains certain forward-looking information and statements within the meaning of applicable securities laws. The use of any of the words "expect," "anticipate," "continue," "estimate," "objective," "ongoing," "may," "will," "project," "should," "believe," "plans," "intends," "strategy," and similar expressions are intended to identify forward-looking information or statements. In particular, but without limiting the foregoing, this news release contains forward-looking information under." 2020 Budget Update' regarding the impact of the Board's approval of an increased 2020 capital budget and related acceleration of capital projects, including on funds from operations and net debt," 2021 Budget Overview' regarding ARC's 2021 capital program, key priorities, and production plans for 2021, the expectation to fully fund ARC's dividend obligations and capital program from funds from operations, and plans for surplus funds from operations, RC's ability to maintain financial fiexibility with its balance sheet and remain in a position of financial strength during future periods of economic uncertainty and to manage conservative debt levels, plans to maximize throughput of low-cost natural gas, crude oil, and foreign exchange rates to provide greater certainty over future funds from operations, under "*Operational Review*" relating to capital activity for the remainder of 2020, ARC's objective to ensure the maximum throughput of low-cost natural gas, crude oil, and foreign exchange rates to provide greater certainty over future funds from operations, expectations natural gas production is monetized into a more attractive future comodity price environment; and third quarter 2020 production estimates; "*Outlook*" relating to capital aposition, plans to sustain production at maximize throughput of low-cost natural gas production is monetized into a more attractive future comodity price environment; and third quarter 2020 production estimates; "*Outlook*" relating to capital apositions that ARC will gener

The forward-looking information and statements contained in this news release reflect several material factors, expectations, and assumptions of ARC, including, without limitation: changing global economic conditions; public health crises, such as the COVID-19 pandemic, and any related actions taken by businesses and governments; the production performance of ARC's oil and natural gas assets; the cost and competition for services throughout the oil and gas industry in 2020 and 2021; the results of exploration and development activities during 2020 and 2021; the retention of ARC's key properties; the continuance of existing tax, royalty, and regulatory regimes; the accuracy of the estimates of ARC's reserve volumes; certain commodity price and other cost assumptions; the continued availability of adequate debt and equity financing and funds from operations to fund planned expenditures; and other material risks disclosed in ARC's most recently filed MD&A and Annual Information Form ("AIF"). ARC believes the material factors, expectations, and assumptions reflected in the forward-looking information and statements are reasonable, but no assurance can be given that these factors, expectations, and assumptions will prove to be correct.

The forward-looking information and statements included in this news release are not guarantees of future performance and should not be unduly relied upon. Such information and statements involve known and unknown risks, uncertainties, and other factors that may cause actual results or events to differ materially from those anticipated in such forward-looking information or statements including, without limitation: changes in commodity prices; changes in the demand for or supply of ARC's products; changes to government regulations including royalty rates, taxes, and environmental and climate change regulation; market access constraints or transportation interruptions, unanticipated operating results, or production declines; changes in development plans of ARC or by third-party operators of ARC's properties, increased debt levels or debt service requirements; inaccurate estimation of ARC's oil and gas reserve volumes; limited, unfavourable, or a lack of access to capital markets; increased costs; a lack of adequate insurance coverage; the impact of competitors; the potential for variation in the quality of the Montney formation; unanticipated results from ARC's exploration and development activities; and other risks detailed from time-to-time in ARC's most recently filed MD&A and AIF.

The internal projections, expectations, or beliefs underlying the 2020 and 2021 capital budget and outlook for 2020 and 2021 are subject to change in light of the impact of the COVID-19 pandemic, and any related actions taken by businesses and governments, ongoing results, prevailing economic circumstances, commodity prices, and industry conditions and regulations. ARC's financial outlook for 2020 and 2021 provides shareholders with relevant information on Management's expectations for results of operations, excluding any potential acquisitions or dispositions, for such time periods. Accordingly, readers are cautioned that events or circumstances could cause results to differ materially from those predicted and ARC's 2020 and 2021 guidance may not be appropriate for other purposes. The forward-looking information and statements contained in this news release speak only as of the date of this news release, and ARC assumes no obligation to publicly update or revise such information or statements to reflect new events or circumstances, except as may be required pursuant to applicable laws.

ARC Resources Ltd. is one of Canada's largest conventional oil and gas companies with an enterprise value of approximately \$3.3 billion. ARC's common shares trade on the Toronto Stock Exchange under the symbol ARX.

ARC RESOURCES LTD.

For further information about ARC Resources Ltd., please visit ARC's website at www.arcresources.com or contact Investor Relations:

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MANAGEMENT'S DISCUSSION AND ANALYSIS

This Management's Discussion and Analysis ("MD&A") of ARC Resources Ltd. ("ARC" or the "Company") is Management's analysis of the financial performance and significant trends and external factors that may affect future performance. It is dated November 5, 2020 and should be read in conjunction with the unaudited condensed interim consolidated financial statements (the "financial statements") as at and for the three and nine months ended September 30, 2020, and the MD&A and audited consolidated financial statements as at and for the year ended December 31, 2019, as well as ARC's Annual Information Form ("AIF"), each of which is filed on SEDAR at <u>www.sedar.com</u>. All financial information is reported in Canadian dollars and all per share information is based on diluted weighted average common shares, unless otherwise noted.

Throughout this MD&A, crude oil ("crude oil") refers to light crude oil, medium crude oil and heavy crude oil as defined by National Instrument 51-101 *Standards of Disclosure for Oil and Gas Activities* ("NI 51-101"). Condensate is a natural gas liquid as defined by NI 51-101. Throughout this MD&A, natural gas liquids ("NGLs") comprise all natural gas liquids as defined by NI 51-101 other than condensate, which is disclosed separately. Crude oil and liquids ("crude oil and liquids") refers to crude oil, condensate and NGLs.

This MD&A contains non-GAAP measures and forward-looking statements. Readers are cautioned that the MD&A should be read in conjunction with ARC's disclosure under the headings "Non-GAAP Measures", "Forward-looking Information and Statements", and "Glossary" included at the end of this MD&A.

In March 2020, the World Health Organization declared novel coronavirus COVID-19 ("COVID-19") a global pandemic. COVID-19 has had, and is anticipated to continue to have, a significant impact on the global economy, commodity prices, and ARC's business. At September 30, 2020, ARC's management has incorporated the current and anticipated impacts of COVID-19 in its preparation of the MD&A. Refer to the section entitled "Assessment of Business Risks" contained within this MD&A and Note 3 "Novel Coronavirus COVID-19" in the financial statements.

ABOUT ARC RESOURCES LTD.

ARC is a dividend-paying Canadian energy company headquartered in Calgary, Alberta. ARC's activities focus on the exploration, development and production of conventional crude oil, condensate, NGLs, and natural gas in western Canada with an emphasis on the development of properties with a large volume of hydrocarbons in-place commonly referred to as "resource plays".

This year has been marked with considerable market volatility. The COVID-19 pandemic has had a profound impact on commodity prices, with the overall magnitude of its effects on demand and the pace of global economic recovery still uncertain. Amid this challenging backdrop, the guiding principles upon which ARC conducts its business continue to provide a strong foundation for excellent business performance. ARC's operational flexibility, robust risk management program, and strong balance sheet have positioned the Company to prudently manage these volatile market conditions. Capital discipline, a moderate pace of development, and excellent capital efficiencies all contribute to a corporate decline rate of approximately 30 per cent. A concentrated Montney asset base that includes a network of owned-and-operated infrastructure has allowed ARC to deliver excellent capital and operating efficiencies. ARC's sustainable business is focused on a strong balance sheet, ample liquidity, environmental, social, and governance excellence, long-term corporate profitability, and paying a sustainable dividend to shareholders. In combination with the Company's premier land position in the Montney, these principles make ARC a differentiated investment opportunity.

Highlights

Corporate highlights for the annual periods of 2016 through 2019 and the nine months ended September 30, 2020 are shown in Table 1:

Table 1

	2020 YTD	2019	2018	2017	2016
Production ⁽¹⁾					
Crude oil (bbl/d)	15,784	17,591	23,460	24,380	31,510
Condensate (bbl/d)	13,117	10,066	7,281	5,650	3,626
Crude oil and condensate (bbl/d)	28,901	27,657	30,741	30,030	35,136
Natural gas (MMcf/d)	724.5	623.3	570.2	525.8	475.6
NGLs (bbl/d)	9,258	7,578	6,955	5,273	4,274
Total production (boe/d)	158,911	139,126	132,724	122,937	118,671
Average daily production per thousand shares (2)	0.45	0.39	0.38	0.35	0.34
Net income (loss) (3)	(668.0)	(27.6)	213.8	388.9	201.3
Net income (loss) per share ⁽³⁾	(1.89)	(0.08)	0.60	1.10	0.57
Funds from operations ⁽⁴⁾	455.6	697.4	819.0	731.9	633.3
Funds from operations per share ⁽⁴⁾	1.29	1.97	2.31	2.07	1.80
Capital expenditures ⁽⁵⁾	266.5	691.5	679.4	829.7	453.4
Net debt ⁽⁴⁾	867.8	940.2	702.7	728.0	356.5
Net debt to annualized funds from operations (ratio) (4)	1.4	1.3	0.9	1.0	0.6
Return on average capital employed ("ROACE") (%) ⁽⁶⁾	(22)	(2)	8	14	7
Proved plus probable reserves (MMboe) (7)(8)	n/a	909.9	878.9	836.1	736.7
Proved plus probable reserves per share (boe) ⁽⁷⁾⁽⁸⁾	n/a	2.6	2.5	2.4	2.1

(1) Reported production amount is based on Company's interest before royalty burdens.

(2) Daily production per thousand shares represents annual average daily production divided by the diluted weighted average common shares for the nine months ended September 30, 2020 and for the respective annual periods ended December 31, 2019, 2018, 2017, and 2016.

(3) The 2020 year-to-date net loss is primarily attributed to an after-tax impairment charge of \$554.8 million (\$1.57 per share). Refer to Note 6 "Impairment" in the financial statements.

(4) Refer to Note 9 "Capital Management" in the financial statements and to the sections entitled "Funds from Operations" and "Capitalization, Financial Resources and Liquidity" contained within this MD&A.

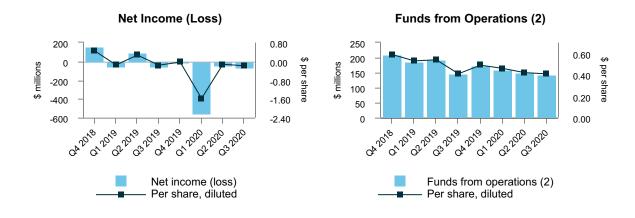
(5) Prior to expenditures for undeveloped land purchases and property acquisitions and dispositions.

(6) Non-GAAP measure that does not have any standardized meaning under International Financial Reporting Standards ("IFRS") and therefore may not be comparable to similar measures presented by other entities. Refer to the section entitled "Non-GAAP Measures" contained within this MD&A. For the 2020 year-to-date period, ROACE is calculated for the 12 months ended September 30, 2020.

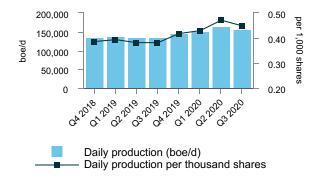
(7) Crude oil, condensate, NGLs, and natural gas reserves ("reserves") as determined by ARC's independent reserves evaluator with an effective date of December 31 for the years shown in accordance with the Canadian Oil and Gas Evaluation Handbook.

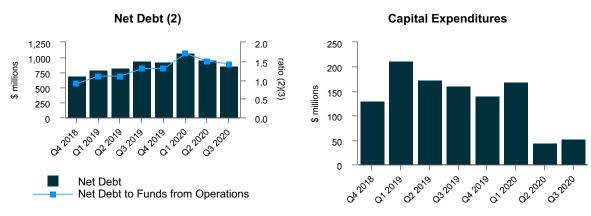
(8) Reserves are the gross interest reserves before deduction of royalties and without including any royalty interests. For more information, see ARC's AIF on SEDAR at <u>www.sedar.com</u>.





Average Daily Production





(1) The details contained in the graphs above are included in the section entitled "Quarterly Historical Review" contained within this MD&A. (2) Refer to Note 9 "Capital Management" in the financial statements and to the sections entitled "Funds from Operations" and "Capitalization, Financial Resources and Liquidity" contained within this MD&A.

(3) Net debt to annualized funds from operations.

Trends in earnings and funds from operations are primarily associated with fluctuations in commodity sales from production which reflect changes in production levels and commodity prices. The following significant items further impacted the Company's net income (loss) over the past eight quarters:

- In the third quarter of 2020, ARC recognized a loss on risk management contracts of \$94.3 million.
- In the second quarter of 2020, ARC recognized a loss on risk management contracts of \$70.7 million.
- In the first quarter of 2020, ARC recognized an impairment charge of \$740.0 million (\$554.8 million net of deferred tax recovery) related to its Northern Alberta cash-generating unit ("CGU"). Refer to the section entitled "Assessment of Business Risks" contained within this MD&A and Note 6 "Impairment" in the financial statements. Additionally, ARC recognized a gain on risk management contracts of \$100.3 million.
- In the fourth quarter of 2019, ARC recognized a loss on risk management contracts of \$56.3 million.
- In the third quarter of 2019, ARC recognized an impairment charge of \$39.2 million relating to financial assets. Refer to the section entitled "ACCEL Canada Holdings Limited" contained within this MD&A and Note 4 "Financial Assets and Credit Risk" in the financial statements.
- In the second quarter of 2019, ARC recognized an income tax recovery of \$63.9 million. Additionally, an impairment charge of \$8.5 million was recognized relating to financial assets. Refer to the section entitled "ACCEL Canada Holdings Limited" contained within this MD&A and Note 4 "Financial Assets and Credit Risk" in the financial statements.
- In the first quarter of 2019, ARC recognized a loss on risk management contracts of \$126.2 million.
- In the fourth quarter of 2018, ARC recognized a gain on risk management contracts of \$240.3 million.

ANNUAL GUIDANCE

ARC increased its 2020 planned capital investments to \$350 million from \$300 million, with a continued focus on balance sheet strength and investment in profitable projects with efficient execution. Capital activity for the remainder of 2020 will be focused on natural gas development at Dawson and Sunrise, allowing ARC to maximize throughput of low-cost natural gas production during the winter months to capture the anticipated strength in natural gas pricing. At current commodity price levels, funds from operations generated in 2020 are anticipated to fund the Company's dividend payments and capital program as well as reduce the Company's net debt balance.

To better reflect ARC's 2020 year-to-date actual results and the corresponding full-year 2020 expectations, ARC is modestly increasing its 2020 production guidance ranges for all commodities, and lowering its 2020 guidance ranges for operating, transportation, and interest expenses, as well as current income tax.

Ongoing weakness in commodity prices resulting from COVID-19 impacts on demand and market volatility may adversely impact ARC's future financial and operational results. With market conditions changing rapidly, there continues to be significant uncertainty around the potential impacts this could have on ARC's operations and results, which could be material. These factors contribute considerable uncertainty to some aspects of ARC's guidance items. As such, ARC will continuously monitor its guidance and provide updates as deemed appropriate.

Refer to the news releases dated November 5, 2020 and March 13, 2020 entitled "ARC Resources Ltd. Reports Third Quarter 2020 Financial and Operational Results and Announces Capital Program of \$375 Million to \$425 Million for 2021" and "ARC Resources Ltd. Announces Reduced Capital Program of up to \$300 Million for 2020 and Reduces Its Monthly Dividend to \$0.02 per Share" available on ARC's website at www.arcresources.com and SEDAR at www.arcresources.com and www.

Table 2 is a summary of ARC's 2020 annual guidance and a review of 2020 year-to-date results:

Table 2

	2020 Original Guidance	2020 Revised Guidance (March 2020)	2020 Revised Guidance (November 2020)	2020 YTD Actuals	% Variance from 2020 Revised Guidance (November 2020)
Production					
Crude oil (bbl/d)	15,000 - 17,000	14,000 - 16,000	15,000 - 16,000	15,784	_
Condensate (bbl/d)	12,000 - 14,000	11,000 - 13,000	12,000 - 13,000	13,117	1
Crude oil and condensate (bbl/d)	27,000 - 31,000	25,000 - 29,000	27,000 - 29,000	28,901	_
Natural gas (MMcf/d) ⁽¹⁾	715 - 725	705 - 710	725 - 730	724.5	_
NGLs (bbl/d)	8,500 - 9,000	8,000 - 8,500	9,000 - 9,500	9,258	_
Total (boe/d) ⁽¹⁾	155,000 - 161,000	150,000 - 155,000	157,000 - 160,000	158,911	_
Expenses (\$/boe)					
Operating	4.55 - 4.95	4.55 - 4.95	4.00 - 4.20	3.93	(2)
Transportation	3.10 - 3.30	3.10 - 3.30	3.00 - 3.20	2.99	_
G&A expense before share-based compensation expense	1.00 - 1.20	1.00 - 1.20	1.05 - 1.15	1.15	_
G&A - share-based compensation expense ⁽²⁾	0.30 - 0.45	0.30 - 0.45	0.30 - 0.45	0.43	_
Interest and financing ⁽³⁾	0.65 - 0.80	0.65 - 0.80	0.65 - 0.75	0.71	_
Current income tax expense (recovery), as a per cent of funds from operations	(2) - 3	(2) - 3	(5) - 0	(8)	(60)
Capital expenditures before land purchases and net property acquisitions (dispositions) (\$ millions) (1) Guidance does not incorporate the	500	300	350	266.5	N/A

(1) Guidance does not incorporate the potential impact that third-party transportation restrictions may have on ARC's natural gas production.

(2) Comprises expense recognized under the Restricted Share Unit ("RSU") and Performance Share Unit ("PSU") Plans, Share Option Plan and Long-term Restricted Share Award ("LTRSA") Plan, and excludes compensation expense under the Deferred Share Unit ("DSU") Plan. In periods where substantial share price fluctuation occurs, ARC's general and administrative ("G&A") expense is subject to greater volatility.

(3) Excludes accretion of the asset retirement obligation ("ARO").

Exhibit 2



2020 Production Guidance

Expense variances from guidance for the nine months ended September 30, 2020 include:

• Operating expense is below the guidance range due to the deferral of discretionary maintenance and workover activities during the first half of 2020. With maintenance and workover activities resumed during the second half of 2020, ARC expects its operating expense to be at the low end of the guidance range.

Exhibit 2a



Current income tax as a per cent of funds from operations is below the guidance range due to the decrease in forecasted commodity pricing for crude oil and natural gas and the recognition of certain income tax deductions received from prior periods. Current income tax is expected to be at the low end of the guidance range.

The guidance information presented for 2020 is intended to provide shareholders with information on Management's expectations of its results from operations. Readers are cautioned that the guidance may not be appropriate for other purposes.

2020 THIRD QUARTER FINANCIAL AND OPERATIONAL RESULTS

Financial Highlights

Table 3

		Three Months Ended				Nine Months Ended		
(\$ millions, except per share and volume data)	June 30, 2020	September 30, 2020	September 30, 2019	% Change	September 30, 2020	September 30, 2019	% Change	
Net loss	(43.5)	(66.1)	(57.2)	(16)	(668.0)	(17.4)	(3,739)	
Net loss per share	(0.12)	(0.19)	(0.16)	(19)	(1.89)	(0.05)	(3,680)	
Funds from operations ⁽¹⁾	150.2	144.6	145.4	(1)	455.6	524.6	(13)	
Funds from operations per share ⁽¹⁾	0.42	0.41	0.41	_	1.29	1.48	(13)	
Dividends declared per share (2)	0.06	0.06	0.15	(60)	0.24	0.45	(47)	
Average daily production (boe/d)	166,510	158,444	134,813	18	158,911	136,253	17	

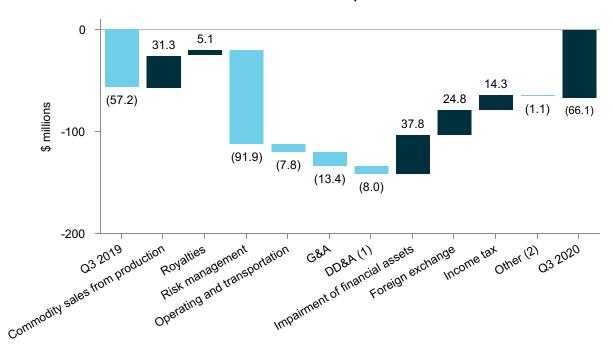
(1) Refer to Note 9 "Capital Management" in the financial statements and to the section entitled "Funds from Operations" contained within this MD&A.

(2) Dividends declared per share are based on the number of shares outstanding at each dividend record date.

Net Loss

In the third quarter of 2020, ARC recognized a net loss of \$66.1 million (\$0.19 per share), an increase of \$8.9 million from ARC's third quarter 2019 net loss of \$57.2 million (\$0.16 per share). The increase in net loss is primarily due to an increased loss on risk management contracts of \$91.9 million. This was partially offset by decreased impairment of financial assets recognized of \$37.8 million, an increase in commodity sales from production of \$31.3 million as a result of an increase in natural gas production, and a foreign exchange gain of \$15.8 million compared to a foreign exchange loss of \$9.0 million in the prior year.

Exhibit 3

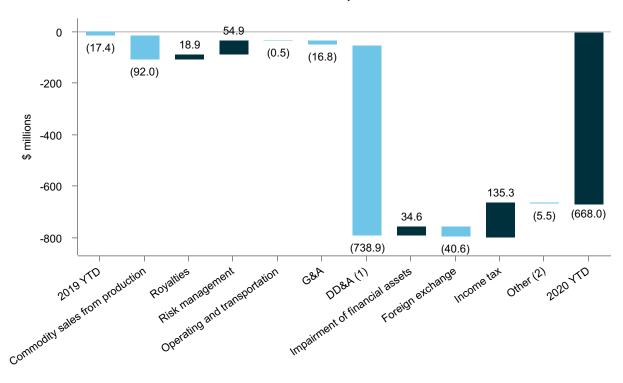


Change in Net Loss Three Months Ended September 30

- (1) Includes depletion, depreciation and amortization ("DD&A") and impairment.
- (2) Includes sales of commodities purchased from third parties, interest income, other income, commodities purchased from third parties, and interest and financing.

During the nine months ended September 30, 2020, ARC recognized a net loss of \$668.0 million (\$1.89 per share) compared to a net loss of \$17.4 million (\$0.05 per share) for the same period of the prior year. The \$650.6 million increase in net loss is primarily attributed to an impairment charge of \$740.0 million recognized in the first quarter of 2020. In addition, a decrease in commodity sales from production of \$92.0 million as a result of lower realized commodity prices, and a foreign exchange loss of \$20.8 million compared to a foreign exchange gain of \$19.8 million in the prior year also contributed to the increase. Partially offsetting these items are a decrease in the loss on risk management contracts of \$54.9 million and an increase in income tax recovery of \$135.3 million.

Exhibit 3a



Change in Net Loss Nine Months Ended September 30

(1) Includes DD&A and impairment.

(2) Includes sales of commodities purchased from third parties, interest income, other income, commodities purchased from third parties, and interest and financing.

Funds from Operations

ARC considers funds from operations to be a key measure of operating performance as it demonstrates ARC's ability to generate the necessary funds to maintain production at current levels and to repay debt. Management believes that such a measure provides an insightful assessment of the performance of ARC's operations on a continuing basis by eliminating certain non-cash charges and actual settlements of ARO, the timing of which is discretionary. Funds from operations is not a standardized measure and therefore may not be comparable with the calculation of similar measures by other entities.

ARC reports funds from operations in total and on a per share basis. Refer to Note 9 "Capital Management" in the financial statements. Table 4 is a reconciliation of ARC's net loss to funds from operations and cash flow from operating activities:

Table 4

	Thr	ee Months En	ded	Nine Months Ended	
(\$ millions)	June 30, 2020	September 30, 2020	September 30, 2019	September 30, 2020	September 30, 2019
Net loss	(43.5)	(66.1)	(57.2)	(668.0)	(17.4
Adjusted for the following non-cash items:					
Impairment of financial assets	1.1	1.4	39.2	13.1	47.7
DD&A and impairment	129.4	140.4	132.4	1,145.5	406.6
Accretion of ARO	1.6	1.4	1.8	4.8	5.6
Deferred tax recovery	(13.6)	(28.3)	(12.0)	(202.0)	(89.6
Unrealized loss on risk management contracts	102.5	110.8	30.8	130.1	192.5
Unrealized loss (gain) on foreign exchange	(28.8)	(16.2)	9.4	28.4	(24.0
Other	1.5	1.2	1.0	3.7	3.2
Funds from operations	150.2	144.6	145.4	455.6	524.6
Net change in other liabilities	4.2	6.0	(1.5)	4.9	(8.6
Change in non-cash working capital	(57.0)	23.5	6.1	(5.9)	(43.9
Cash flow from operating activities	97.4	174.1	150.0	454.6	472.1

Details of the change in funds from operations from the three and nine months ended September 30, 2019 to the three and nine months ended September 30, 2020 are included in Table 5 below:

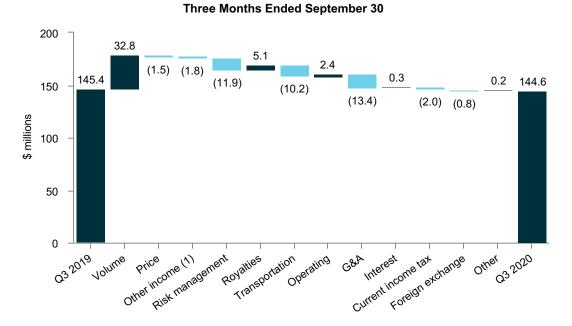
Table 5

	Three Months	Ended	Nine Months Ended		
	September	30	September	30	
	\$ millions	\$/Share	\$ millions	\$/Share	
Funds from operations – 2019	145.4	0.41	524.6	1.48	
Volume variance					
Crude oil and liquids	16.8	0.05	34.2	0.10	
Natural gas	16.0	0.06	67.2	0.20	
Price variance					
Crude oil and liquids	(41.9)	(0.12)	(193.4)	(0.54)	
Natural gas	40.4	0.11	_	_	
Sales of commodities purchased from third parties	(23.0)	(0.07)	(49.4)	(0.14)	
Interest income	(0.6)	_	(3.9)	(0.01)	
Other income	(0.4)	_	(2.2)	(0.01)	
Realized gain on risk management contracts	(11.9)	(0.03)	(7.5)	(0.02)	
Royalties	5.1	0.01	18.9	0.05	
Expenses					
Commodities purchased from third parties	22.2	0.06	49.3	0.14	
Operating	2.4	0.01	18.9	0.05	
Transportation	(10.2)	(0.03)	(19.4)	(0.05)	
G&A	(13.4)	(0.04)	(16.8)	(0.05)	
Interest and financing	0.3	_	(0.1)	_	
Current income tax	(2.0)	(0.01)	22.9	0.06	
Realized gain (loss) on foreign exchange	(0.8)	_	11.8	0.03	
Other	0.2	_	0.5	_	
Funds from operations – 2020	144.6	0.41	455.6	1.29	

Funds from operations generated in the third quarter of 2020 decreased by one per cent to \$144.6 million (\$0.41 per share) from \$145.4 million (\$0.41 per share) generated in the third quarter of 2019. The decrease in funds from operations for the three months ended September 30, 2020 primarily reflects an increase in G&A expense, a lower realized gain on risk management contracts, and an increase in transportation expense. This was partially offset by an increase in condensate, NGLs and natural gas production.

Change in Funds from Operations

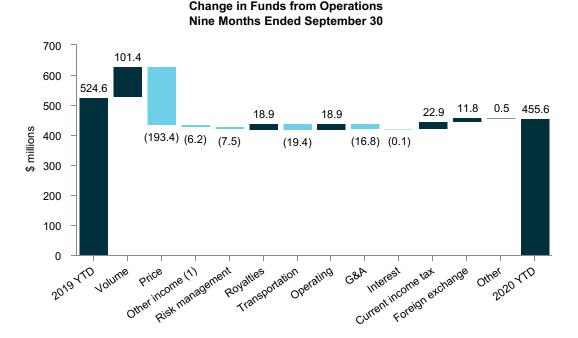
Exhibit 4



(1) Includes sales of commodities purchased from third parties, interest income, other income, and commodities purchased from third parties.

For the nine months ended September 30, 2020, funds from operations decreased by \$69.0 million to \$455.6 million (\$1.29 per share) from \$524.6 million (\$1.48 per share) in the same period of 2019. The decrease primarily reflects lower average realized crude oil and liquids prices. This was partially offset by an increase in condensate, NGLs, and natural gas production.

Exhibit 4a



(1) Includes sales of commodities purchased from third parties, interest income, other income, and commodities purchased from third parties.

Net Loss and Funds from Operations Sensitivity

Table 6 illustrates sensitivities of operating items (prior to the impact of risk management contracts) to operational and business environment changes and the resulting impact on net loss and funds from operations:

Table 6

			Impact Funds from Op	on Annual perations ⁽⁶⁾	ual Impact on A s ⁽⁶⁾ Ne		
	Assumption	Change	Notional Amount (\$ millions)	\$/Share	Notional Amount (\$ millions)	\$/Share	
Business Environment (1)							
Crude oil price (\$/bbl) ⁽²⁾⁽³⁾	40.79	10 %	37.5	0.106	37.5	0.106	
Natural gas price (\$/Mcf) ⁽²⁾	2.04	10 %	38.2	0.108	38.2	0.108	
Cdn\$/US\$ exchange rate ⁽²⁾⁽⁴⁾	1.35	5 %	16.3	0.046	16.3	0.046	
Interest rate on floating-rate debt (2)	3.5 %	0.5 %	0.7	0.002	0.7	0.002	
Operational ⁽⁵⁾							
Crude oil and liquids production (bbl/d)	38,159	1 %	3.2	0.009	2.5	0.007	
Natural gas production (MMcf/d)	724.5	1 %	3.9	0.011	1.4	0.004	
Operating (\$/boe)	3.93	1 %	1.8	0.005	1.8	0.005	
G&A (\$/boe)	1.58	1 %	0.7	0.002	0.7	0.002	

(1) Calculations are performed independently and may not be indicative of actual results that would occur when multiple variables change at the same time.

(2) Prices and rates are indicative of ARC's average realized prices for the nine months ended September 30, 2020. Refer to Table 11 contained within this MD&A for additional details. The calculated impact on funds from operations and net loss would only be applicable within a limited range of these amounts.

(3) Includes the impact on crude oil, condensate, and NGLs prices.

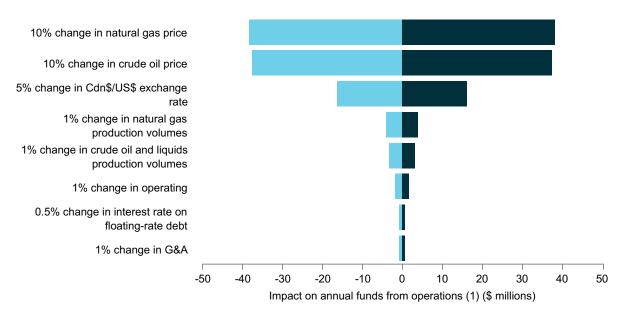
(4) Includes impact of foreign exchange on natural gas, crude oil, condensate, and NGLs prices that are presented in US dollars.

(5) Operational assumptions are based upon results for the nine months ended September 30, 2020.

(6) Refer to Note 9 "Capital Management" in the financial statements and to the section entitled "Funds from Operations" contained within this MD&A.

Exhibit 5

Funds from Operations Sensitivity (Prior to Risk Management Contracts)



(1) Refer to Note 9 "Capital Management" in the financial statements and to the section entitled "Funds from Operations" contained within this MD&A.

Production

Table 7

		Three Months Ended				Nine Months Ended		
Production	June 30, 2020	September 30, 2020	September 30, 2019	% Change	September 30, 2020	September 30, 2019	% Change	
Light and medium crude oil (bbl/d)	14,933	15,016	16,224	(7)	15,521	17,219	(10)	
Heavy crude oil (bbl/d)	54	357	558	(36)	263	544	(52)	
Condensate (bbl/d)	13,239	14,831	10,846	37	13,117	9,772	34	
NGLs (bbl/d)	9,405	10,208	7,952	28	9,258	7,395	25	
Crude oil and liquids (bbl/d)	37,631	40,412	35,580	14	38,159	34,930	9	
Natural gas (MMcf/d)	773.3	708.2	595.4	19	724.5	607.9	19	
Total production (boe/d)	166,510	158,444	134,813	18	158,911	136,253	17	
Natural gas production (%)	77	74	74	_	76	74	2	
Crude oil and liquids production (%)	23	26	26	_	24	26	(2)	

For the three and nine months ended September 30, 2020, crude oil and liquids production increased 14 per cent and nine per cent, respectively, as compared to the same periods in the prior year. Increases in condensate and NGLs production were partially offset by lower crude oil production. The increases in condensate and NGLs production were primarily driven by the start-up of the Dawson Phase IV gas processing and liquids-handling facility, which came on-stream at the beginning of the second quarter of 2020, as well as increased production from Attachie West. The decrease in crude oil production is primarily attributable to natural declines of oil-producing properties where minimal development activity has occurred. In addition, certain properties were shut in during the second and third quarters of 2020 as a result of low commodity prices and maintenance activities, respectively. The majority of production resumed within each respective quarter.

For the three and nine months ended September 30, 2020, natural gas production increased 19 per cent compared to the same periods in the prior year. The increase was primarily driven by the start-up of the Dawson Phase IV gas processing and liquids-handling facility which came on-stream at the beginning of the second quarter of 2020 as well as increased volumes at Sunrise as a result of utilizing the facility to full capacity for the majority of 2020.



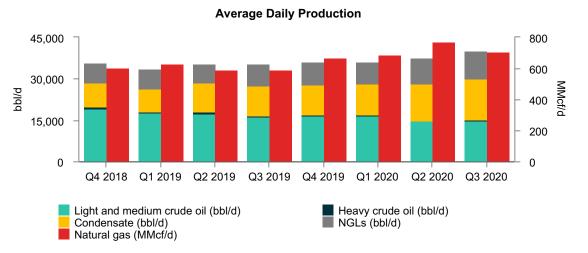


Table 8 summarizes ARC's production by core area for the three months ended September 30, 2020 and September 30, 2019:

Table 8

		Three Months	Ended Septemb	er 30, 2020	
Production	Total	Crude Oil	Condensate	Natural Gas	NGLs
Core Area	(boe/d)	(bbl/d)	(bbl/d)	(MMcf/d)	(bbl/d)
Dawson	60,251	_	4,758	309.1	3,973
Sunrise	33,450	_	7	200.6	14
Parkland/Tower	32,876	1,946	5,956	123.8	4,339
Ante Creek	17,291	7,612	516	45.4	1,595
Pembina	8,130	5,813	139	10.9	363
Attachie West	5,458	_	3,317	12.0	143
All other	988	2	138	6.4	(219)
Total	158,444	15,373	14,831	708.2	10,208

		Three Months	Ended Septembe	er 30, 2019	
Production	Total	Crude Oil	Condensate	Natural Gas	NGLs
Core Area	(boe/d)	(bbl/d)	(bbl/d)	(MMcf/d)	(bbl/d)
Dawson	38,513	_	2,069	207.9	1,799
Sunrise	31,608	_	68	189.1	24
Parkland/Tower	35,624	3,434	6,653	127.4	4,302
Ante Creek	14,919	5,680	474	44.8	1,304
Pembina	9,898	7,517	153	10.9	404
Attachie West	2,495	_	1,255	7.0	72
All other	1,756	151	174	8.3	47
Total	134,813	16,782	10,846	595.4	7,952

Exhibit 7

Production by Core Area Three Months Ended September 30, 2020



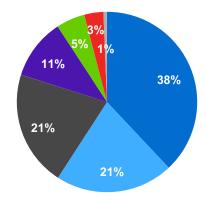


Table 8a summarizes ARC's production by core area for the nine months ended September 30, 2020 and September 30, 2019:

Table 8a

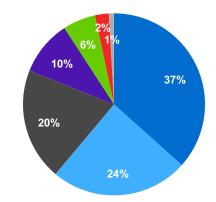
		Nine Months	Ended Septemb	er 30, 2020	
Production	Total	Crude Oil	Condensate	Natural Gas	NGLs
Core Area	(boe/d)	(bbl/d)	(bbl/d)	(MMcf/d)	(bbl/d)
Dawson	58,236	_	5,418	296.5	3,407
Sunrise	38,873	_	2	233.1	17
Parkland/Tower	31,685	2,407	4,595	123.6	4,079
Ante Creek	15,559	6,610	423	43.1	1,347
Pembina	9,210	6,760	145	11.5	395
Attachie West	4,010	_	2,400	9.1	87
All other	1,338	7	134	7.6	(74)
Total	158,911	15,784	13,117	724.5	9,258

		Nine Months	Ended Septembe	r 30, 2019	
Production	Total	Crude Oil	Condensate	Natural Gas	NGLs
Core Area	(boe/d)	(bbl/d)	(bbl/d)	(MMcf/d)	(bbl/d)
Dawson	43,130	_	2,446	233.9	1,706
Sunrise	29,904	_	60	178.9	27
Parkland/Tower	32,839	3,885	4,998	120.9	3,813
Ante Creek	15,365	5,845	436	46.5	1,333
Pembina	10,189	7,768	148	11.1	429
Attachie West	2,915	_	1,521	8.1	47
All other	1,911	265	163	8.5	40
Total	136,253	17,763	9,772	607.9	7,395

Exhibit 7a

Production by Core Area Nine Months Ended September 30, 2020





Commodity Sales from Production

For the three months ended September 30, 2020, commodity sales from production increased by 12 per cent as compared to the same period in 2019. The increase is due to higher realized average natural gas and NGLs prices as well as an increase in natural gas, condensate, and NGLs production, partially offset by lower realized average crude oil and condensate prices.

For the nine months ended September 30, 2020, commodity sales from production decreased by 11 per cent as compared to the same period in 2019. The decrease is due to lower crude oil and liquids prices, partially offset by an increase in natural gas, condensate, and NGLs production.

A breakdown of commodity sales from production by product is outlined in Table 9:

Table 9

Commodity Sales from Production (\$ millions)		Three Month	ns Ended		Nine	Nine Months Ended		
	June 30, 2020	September 30, 2020	September 30, 2019	% Change	September 30, 2020	September 30, 2019	% Change	
Crude oil	35.3	64.3	100.0	(36)	176.4	321.5	(45)	
Condensate	38.1	66.2	65.6	1	163.2	179.9	(9)	
Natural gas	135.2	140.6	84.3	67	404.9	337.8	20	
NGLs	9.3	13.9	3.8	266	27.9	25.2	11	
Total commodity sales from production	217.9	285.0	253.7	12	772.4	864.4	(11)	

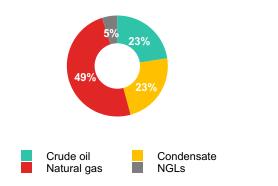
For the three and nine months ended September 30, 2020, crude oil and liquids comprised approximately 25 per cent of ARC's production, however, ARC's commodity sales contribution was almost equally weighted between crude oil and liquids and natural gas for the same periods, as seen in Table 10:

Table 10

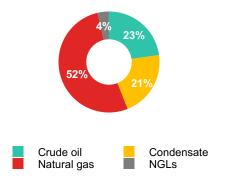
	Thr	ee Months End	ded	Nine Months Ended		
% of Commodity Sales from Production by Product Type	June 30, 2020	September 30, 2020	September 30, 2019	September 30, 2020	September 30, 2019	
Crude oil and liquids	38	51	67	48	61	
Natural gas	62	49	33	52	39	
Total commodity sales from production	100	100	100	100	100	

Exhibit 8





Commodity Sales from Production by Product Nine Months Ended September 30, 2020



Commodity Prices

A listing of benchmark commodity prices and ARC's average realized commodity prices are outlined in Table 11:

Table 11

		Three Month	ns Ended		Nine	Months Ende	d
	June 30, 2020	September 30, 2020	September 30, 2019	% Change	September 30, 2020	September 30, 2019	% Change
Average Benchmark Prices							
NYMEX Henry Hub Last Day Settlement (US\$/MMBtu)	1.72	1.98	2.23	(11)	1.88	2.67	(30)
Chicago Citygate Monthly Index (US\$/MMBtu)	1.63	1.87	2.03	(8)	1.81	2.60	(30)
AECO 7A Monthly Index (Cdn\$/Mcf)	1.91	2.15	1.04	107	2.07	1.39	49
West Texas Intermediate ("WTI") crude oil (US\$/bbl)	28.00	40.92	56.44	(27)	38.21	57.10	(33)
Cdn\$/US\$ exchange rate	1.39	1.33	1.32	1	1.35	1.33	2
WTI crude oil (Cdn\$/bbl)	38.92	54.42	74.50	(27)	51.58	75.94	(32)
Mixed Sweet Blend ("MSW") Price at Edmonton (Cdn\$/bbl)	30.16	49.84	68.35	(27)	43.95	69.61	(37)
Condensate Stream Price at Edmonton (Cdn\$/bbl)	30.94	49.99	68.66	(27)	47.71	70.23	(32)
ARC Average Realized Prices Prior to Gain or Loss on Risk Management Contracts							
Crude oil (\$/bbl)	25.88	45.45	64.79	(30)	40.79	66.30	(38)
Condensate (\$/bbl)	31.54	48.49	65.70	(26)	45.38	67.44	(33)
Natural gas (\$/Mcf)	1.92	2.16	1.54	40	2.04	2.04	_
NGLs (\$/bbl)	10.84	14.85	5.25	183	11.01	12.50	(12)
Total average realized commodity price prior to gain or loss on risk management contracts							
(\$/boe)	14.38	19.55	20.46	(4)	17.74	23.24	(24)

Benchmark Commodity Prices

Following extreme volatility during the first half of 2020, the global crude oil markets began to stabilize during the three months ended September 30, 2020. WTI crude oil prices in the third quarter of 2020 increased 40 per cent from the prior quarter and decreased 27 per cent from the third quarter of 2019. The recent increase in prices can be attributed to major shifts in both supply and demand that put the global crude oil market in a more balanced position than the prior quarter. The combination of the Organization of Petroleum Exporting Countries and certain other oil-producing countries continuing to comply with agreed-upon production cuts, and North American energy producers demonstrating capital discipline, led to a normalization of global inventory levels. Although prices have stabilized in recent months, a second wave of the COVID-19 pandemic is underway, causing growing uncertainty around global demand and the likelihood of a sustained crude oil price recovery.

Locally, Canadian crude oil differentials narrowed as supply remained relatively low given limited capital activity in the Western Canadian Sedimentary Basin and increased maintenance and turnaround activities. Tighter differentials were further supported by pipeline capacity returning to normal levels following previous constraints. The Canadian condensate market has experienced the reduction of imported volumes from the US. This combined with reduced domestic production and improving local demand has resulted in a strengthening of local condensate differentials.

Improving supply and demand dynamics helped support higher US natural gas benchmark prices during the three months ended September 30, 2020, relative to the three months ended June 30, 2020. NYMEX Henry Hub natural gas prices increased 15 per cent in the third quarter of 2020 compared to the prior quarter and decreased 11 per cent from the third quarter of 2019. A lack of supply growth from dry natural gas basins compounded by the sudden loss of associated natural gas supply from crude oil and liquids basins has resulted in domestic production in the US trending well below that of the prior year. Improving global market fundamentals resulted in an increase in US liquefied natural gas exports that also contributed to the rebalancing of the domestic market during the quarter. These factors have reduced near-term concerns surrounding elevated inventory levels in both North America and Europe.

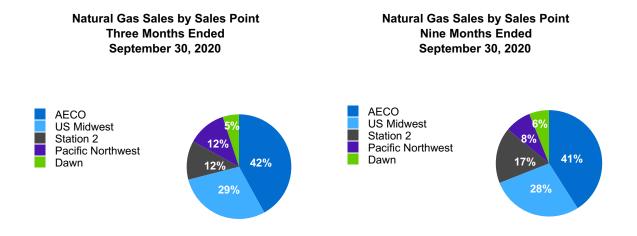
The AECO monthly index increased 13 per cent in the third quarter of 2020 compared to the prior quarter and increased 107 per cent compared to the third quarter of 2019. Declining basin supply along with strong demand for natural gas for local inventory injections have resulted in an improved supply/demand balance at AECO. Western Canadian natural gas basis differentials to NYMEX Henry Hub have continued to narrow substantially compared to prior years due to these region-specific factors.

ARC's Average Realized Commodity Prices

For the three and nine months ended September 30, 2020, ARC's average realized crude oil price decreased 30 per cent and 38 per cent, respectively, compared to the same periods in 2019. ARC's average realized condensate price for the three and nine months ended September 30, 2020 decreased 26 per cent and 33 per cent, respectively, compared to the same periods in the prior year. For both crude oil and condensate the decreases primarily reflect lower benchmark WTI prices.

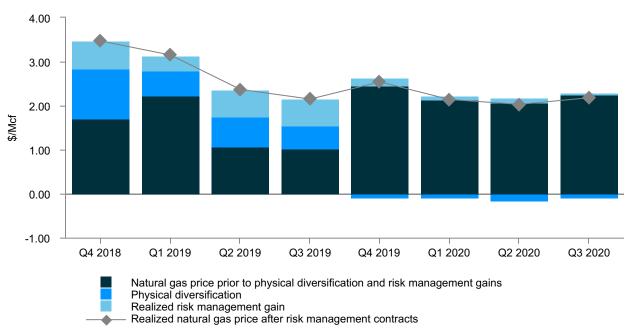
ARC's natural gas sales are physically diversified to multiple sales points with different index-based pricing. ARC's average realized natural gas price for the three months ended September 30, 2020 increased 40 per cent compared to the same period in the prior year. The increase is primarily due to improved pricing at AECO and Station 2. ARC's average realized natural gas price for the nine months ended September 30, 2020 was unchanged from the same period in the prior year. Higher pricing at AECO and Station 2 in the nine months ended September 30, 2020, was partially offset by lower prices at downstream sales points when compared to the same period in 2019. During the three and nine months ended September 30, 2020, physical sales diversification activities reduced ARC's average realized natural gas price by \$0.10 per Mcf and \$0.11 per Mcf, respectively, compared to an addition of \$0.52 per Mcf and \$0.59 per Mcf in the same periods in 2019.

Exhibit 9



Average realized pricing for NGLs increased 183 per cent for the three months ended September 30, 2020 compared to the same period in the prior year, primarily due to improvements in NGLs contract term pricing and optimization of spot sales. For the nine months ended September 30, 2020, ARC's average realized NGLs price decreased 12 per cent due to lower butane and propane pricing relative to the first nine months of 2019.

Exhibit 10



Average Realized Natural Gas Price After Risk Management Contracts

Risk Management Contracts

Tables 12 and 12a summarize the total gain or loss on risk management contracts for the three and nine months ended September 30, 2020, compared to the same periods in 2019:

Table 12

Risk Management Contracts (\$ millions)	Crude Oil & Liquids	Natural Gas	Foreign Currency	Q3 2020 Total	Q3 2019 Total
Realized gain on contracts ⁽¹⁾	14.9	1.6	_	16.5	28.4
Unrealized loss on contracts (2)	(17.2)	(92.7)	(0.9)	(110.8)	(30.8)
Loss on risk management contracts	(2.3)	(91.1)	(0.9)	(94.3)	(2.4)

(1) Represents actual cash settlements under the respective contracts.

(2) Represents the change in fair value of the contracts during the period.

Table 12a

Risk Management Contracts (\$ millions)	Crude Oil & Liquids	Natural Gas	Foreign Currency	2020 YTD Total	2019 YTD Total
Realized gain on contracts ⁽¹⁾	50.4	15.0	_	65.4	72.9
Unrealized gain (loss) on contracts ⁽²⁾	22.4	(153.2)	0.7	(130.1)	(192.5)
Gain (loss) on risk management contracts	72.8	(138.2)	0.7	(64.7)	(119.6)

(1) Represents actual cash settlements under the respective contracts.

(2) Represents the change in fair value of the contracts during the period.

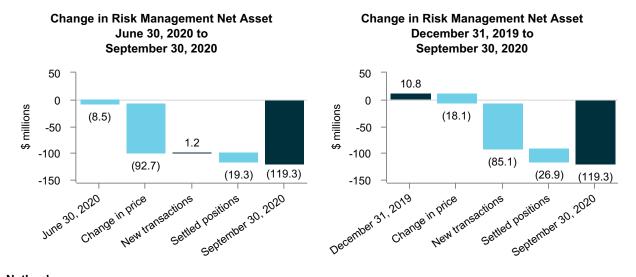
For the three and nine months ended September 30, 2020, ARC's realized gain on risk management contracts primarily reflects positive cash settlements received on WTI crude oil contracts, and AECO and NYMEX Henry Hub natural gas contracts. This is partially offset by cash payments made on MSW differential contracts as well as natural gas basis contracts referencing AECO, Malin, and Chicago due to tighter differentials during the period.

ARC's unrealized loss on crude oil contracts for the three months ended September 30, 2020 primarily reflects the settlement of positions during the quarter. ARC's unrealized gain on crude oil contracts for the nine months ended September 30, 2020 reflects lower forward pricing for WTI crude contracts compared to the end of the previous year at December 31, 2019. ARC's unrealized loss on natural gas contracts for the three and nine months ended September 30, 2020 primarily reflects higher forward pricing for NYMEX Henry Hub, AECO, as well as a narrowing of the AECO basis curve and Malin basis curve.

For more information, refer to Note 10 "Financial Instruments and Market Risk Management" in the financial statements.

The fair value of ARC's risk management contracts at September 30, 2020 was a net liability of \$119.3 million, representing the expected value of settlement of ARC's contracts at the balance sheet date after adjustments for credit risk. This comprises a net asset of \$23.7 million from crude oil contracts and a net liability of \$143.0 million from natural gas contracts.

Exhibit 11



Netback

The components of ARC's netback for the three and nine months ended September 30, 2020 compared to the previous guarter and the same periods in 2019 are summarized in Tables 13 and 13a:

Table 13

		Three Month	is Ended		Nine Months Ended			
Netback (\$ millions) (1)	June 30, 2020	September 30, 2020	September 30, 2019	% Change	September 30, 2020	September 30, 2019	% Change	
Commodity sales from production	217.9	285.0	253.7	12	772.4	864.4	(11)	
Royalties	(5.7)	(10.5)	(15.6)	(33)	(31.4)	(50.3)	(38)	
Operating	(50.3)	(60.2)	(62.6)	(4)	(171.3)	(190.2)	(10)	
Transportation	(43.6)	(47.0)	(36.8)	28	(130.0)	(110.6)	18	
Netback	118.3	167.3	138.7	21	439.7	513.3	(14)	
Realized gain on risk management contracts	31.8	16.5	28.4	(42)	65.4	72.9	(10)	
Netback after realized gain on risk management contracts	150.1	183.8	167.1	10	505.1	586.2	(14)	

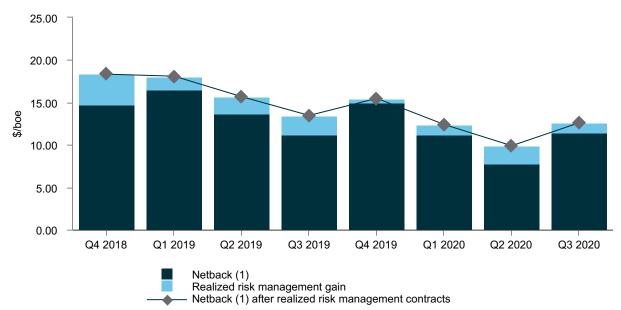
(1) Non-GAAP measure that does not have any standardized meaning under IFRS and therefore may not be comparable to similar measures presented by other entities. Refer to the section entitled "Non-GAAP Measures" contained within this MD&A.

Table 13a

		Three Month	ree Months Ended			Nine Months Ended		
Netback (\$ per boe) ⁽¹⁾	June 30, 2020	September 30, 2020	September 30, 2019	% Change	September 30, 2020	September 30, 2019	% Change	
Commodity sales from production	14.38	19.55	20.46	(4)	17.74	23.24	(24)	
Royalties	(0.38)	(0.72)	(1.26)	(43)	(0.72)	(1.36)	(47)	
Operating	(3.32)	(4.13)	(5.05)	(18)	(3.93)	(5.11)	(23)	
Transportation	(2.88)	(3.22)	(2.97)	8	(2.99)	(2.97)	1	
Netback	7.80	11.48	11.18	3	10.10	13.80	(27)	
Realized gain on risk management contracts	2.10	1.13	2.29	(51)	1.50	1.96	(23)	
Netback after realized gain on risk management contracts	9 90	12.61	13 47	(6)	11,60	15 76	(26)	

(1) Non-GAAP measure that does not have any standardized meaning under IFRS and therefore may not be comparable to similar measures presented by other entities. Refer to the section entitled "Non-GAAP Measures" contained within this MD&A.

Exhibit 12

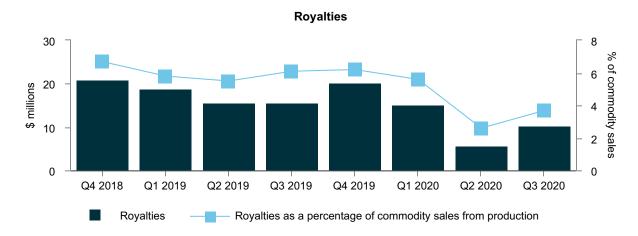


Netback Prior To and After Risk Management Contracts

(1) Non-GAAP measure that does not have any standardized meaning under IFRS and therefore may not be comparable to similar measures presented by other entities. Refer to the section entitled "Non-GAAP Measures" contained within this MD&A.

Royalties

Total royalties for the three and nine months ended September 30, 2020 were \$10.5 million and \$31.4 million (\$15.6 million and \$50.3 million for the same periods in 2019), respectively. As a percentage of commodity sales from production, royalties decreased to 3.7 per cent (\$0.72 per boe) in the third quarter of 2020 from 6.1 per cent (\$1.26 per boe) in the third quarter of 2019. For the nine months ended September 30, 2020, royalties represented 4.1 per cent of commodity sales from production (\$0.72 per boe) as compared to 5.8 per cent (\$1.36 per boe) for the nine months ended September 30, 2019. The decrease in total royalties and royalties as a percentage of commodity sales from production for the three and nine months ended September 30, 2020, is primarily reflective of a lower average royalty rate due to decreased crude oil and liquids prices compared to the same periods in 2019.



Operating

Operating expense decreased by \$2.4 million in the third quarter of 2020 to \$60.2 million as compared to \$62.6 million in the third quarter of 2019. For the nine months ended September 30, 2020, operating expense decreased by \$18.9 million to \$171.3 million as compared to \$190.2 million in the same period of the prior year. The decrease in operating expense for the three and nine months ended September 30, 2020 is primarily due to reduced maintenance activity levels, diligent cost control efforts, and lower third-party gas processing fees as a result of repatriating natural gas volumes to ARC's Sunrise Phase II facility.

On a per boe basis, operating expense decreased \$0.92 per boe to \$4.13 per boe in the third quarter of 2020 compared to \$5.05 per boe in the third quarter of 2019. For the nine months ended September 30, 2020, operating expense decreased by \$1.18 per boe to \$3.93 per boe compared to \$5.11 per boe in the nine months ended September 30, 2019. Operating expense on a per boe basis has decreased because of lower activity levels in areas with higher operating costs as well as increased production in the Montney which has a lower average operating expense.

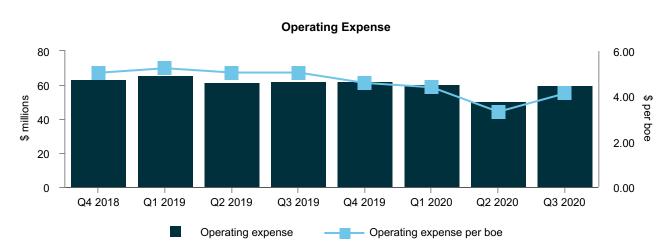


Exhibit 14

Transportation

Transportation expense for the three and nine months ended September 30, 2020 was \$47.0 million and \$130.0 million (\$36.8 million and \$110.6 million for the three and nine months ended September 30, 2019), respectively. The increase for the three and nine months ended September 30, 2020, relative to the same periods in 2019, is due to increased natural gas, condensate and NGLs production in northeast British Columbia and the additional pipeline tariffs associated with this production. On a per boe basis, transportation expense for the three and nine months ended September 30, 2020, was \$3.22 per boe and \$2.99 per boe (\$2.97 per boe for the three and nine months ended September 30, 2019), respectively. The increase in the expense per boe is primarily due to lower natural gas production in certain areas as a result of outages and maintenance activity for which transportation payments are still required.

ARC enters firm transportation commitments in order to secure diversified market access for its current production as well as anticipated production from planned facility infrastructure to be operational in the future. For information regarding ARC's payment obligations under its future transportation commitments, refer to Note 14 "Commitments and Contingencies" in the financial statements.

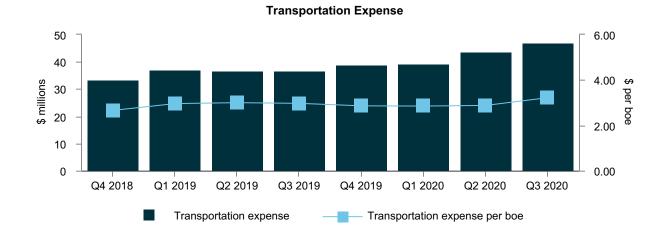


Exhibit 15

G&A Expense and Share-Based Compensation

G&A expense before share-based compensation increased by 20 per cent to \$17.1 million in the third quarter of 2020 from \$14.3 million in the third quarter of 2019. The increase reflects higher average directors' fees that include a share-based component that is revalued as the underlying share price changes, as well as lower amounts capitalized as direct overhead as a result of reduced capital spending in the period. This was partially offset by lower compensation costs and employee-related costs.

For the nine months ended September 30, 2020, ARC's G&A expense before share-based compensation was \$50.0 million, a \$6.6 million increase from \$43.4 million in the same period of 2019. The increase primarily reflects a reduction in amounts capitalized as direct overhead and higher compensation costs as a result of payment obligations under employment agreements associated with executive retirements in the first quarter of 2020. This was partially offset by lower employee-related costs.

Table 14 is a breakdown of G&A and share-based compensation expense:

Table 14

		Three Month	ns Ended		Nine Months Ended		
G&A and Share-Based Compensation (\$ millions, except per boe)	June 30, 2020	September 30, 2020	September 30, 2019	% Change	September 30, 2020	September 30, 2019	% Change
G&A expense before share-based compensation expense ⁽¹⁾	16.0	17.1	14.3	20	50.0	43.4	15
G&A – share-based compensation expense (2)	6.4	14.2	3.6	294	19.0	8.8	116
Total G&A expense	22.4	31.3	17.9	75	69.0	52.2	32
G&A expense before share-based compensation expense per boe	1.06	1.18	1.15	3	1.15	1.16	(1)
G&A – share-based compensation expense per boe	0.42	0.97	0.29	234	0.43	0.24	79
Total G&A expense per boe	1.48	2.15	1.44	49	1.58	1.40	13

(1) Includes expense recognized under the DSU Plan.

(2) Comprises expense recognized under the RSU, PSU, Share Option, and LTRSA Plans.

Exhibit 16



G&A Expense (Recovery) Before and After Share-Based Compensation

Share-Based Compensation Plans

For a description of ARC's various share-based compensation plans and related accounting policies, refer to Note 3 "Summary of Accounting Policies" and Note 20 "Share Based Compensation Plans" of ARC's audited consolidated financial statements as at and for the year ended December 31, 2019.

During the three and nine months ended September 30, 2020, ARC recognized G&A expense of \$14.2 million and \$19.0 million, respectively, in respect of its share-based compensation plans, compared to \$3.6 million and \$8.8 million during the same periods of the prior year.

Restricted Share Unit and Performance Share Unit Plans

At September 30, 2020, ARC had 3.1 million RSUs and 5.2 million PSUs outstanding under these plans.

For the three and nine months ended September 30, 2020, ARC recognized G&A expense in relation to the RSU and PSU Plans of \$13.3 million and \$15.9 million (\$2.6 million and \$4.6 million for the three and nine months ended September 30, 2019), respectively. The increase in expense recognized for the three and nine months ended September 30, 2020, as compared to the same periods in 2019, reflects the change in valuation of awards outstanding in the period.

At September 30, 2020, ARC's share price on the Toronto Stock Exchange ("TSX") was \$5.95, a 30 per cent increase from the share price of \$4.56 at June 30, 2020. This compares to a two per cent decrease for the same period of the prior year. The value of ARC's performance multiplier, applicable to its PSU awards, increased five per cent for the three months ended September 30, 2020, compared to a 22 per cent decrease for the same period of the prior year.

For the nine months ended September 30, 2020, ARC's share price decreased 27 per cent from \$8.18 at December 31, 2019. However, this was more than offset by an increase of 45 per cent in the performance multiplier. This compares to a decrease in share price of 22 per cent and a decrease of 33 per cent in the performance multiplier for the nine months ended September 30, 2019.

During the nine months ended September 30, 2020, ARC made cash payments of \$11.2 million in respect of the RSU and PSU Plans (\$7.9 million for the nine months ended September 30, 2019). Of these payments, \$8.9 million were in respect of amounts recognized as G&A (\$6.1 million for the nine months ended September 30, 2019) and \$2.3 million were in respect of amounts recognized as operating and capitalized as property, plant and equipment ("PP&E") and exploration and evaluation ("E&E") (\$1.8 million for the nine months ended September 30, 2019). These amounts were accrued in prior periods.

Table 15 shows the changes to the outstanding RSU and PSU awards during 2020:

Table 15

RSU and PSU Awards (number of awards, thousands)	RSUs	PSUs Granted Prior to 2019 ⁽¹⁾	PSUs Granted Subsequent to 2018 ⁽¹⁾	Total RSUs and PSUs
Balance, December 31, 2019	2,236	1,628	1,780	5,644
Granted ⁽²⁾	1,811	749	2,432	4,992
Distributed	(914)	(1,377)	_	(2,291)
Forfeited	(78)	(10)	(22)	(110)
Balance, September 30, 2020	3,055	990	4,190	8,235

(1) Based on underlying awards before any effect of the performance multiplier. The criteria for determining the performance multiplier changed for 'PSUs Granted Subsequent to 2018'.

(2) Grants for 'PSUs Granted Prior to 2019' relate to re-invested dividends and effect of performance multiplier on grants that vested in the current period.

Due to the variability in the expected future payments under the plans, ARC estimates that between \$18.2 million and \$79.8 million will be paid out in 2021 through 2023 based on the current share price, accrued dividends, ARC's market performance relative to its peers, and ARC's corporate scorecard achievements. Table 16 is a summary of the range of future expected payments under the RSU and PSU Plans based on variability of the performance multiplier and awards outstanding under the RSU and PSU Plans as at September 30, 2020:

Table 16

Value of RSU and PSU Awards as at September 30, 2020	Perform	ance Multiplier	
(awards thousands and \$ millions, except per share)	_	1.0	2.0
Estimated awards to vest (1)			
RSUs	3,055	3,055	3,055
PSUs	_	5,180	10,360
Total awards	3,055	8,235	13,415
Share price ⁽²⁾	5.95	5.95	5.95
Value of RSU and PSU awards upon vesting	18.2	49.0	79.8
2021	8.0	13.9	19.8
2022	6.8	17.8	28.7
2023	3.4	17.3	31.3

(1) Includes additional estimated awards to be issued under the RSU and PSU Plans for dividends accrued to-date.

(2) Per share outstanding. Values will fluctuate over the vesting period based on the volatility of the underlying share price. Assumes a future share price equal to the TSX closing price at September 30, 2020.

Share Option Plan

At September 30, 2020, ARC had 4.6 million share options outstanding, representing 1.3 per cent of ARC's outstanding common shares, with a weighted average exercise price of \$16.56 per share. At September 30, 2020, approximately 1.6 million share options were exercisable with a weighted average exercise price of \$21.15 per share. ARC recognized compensation expense of \$0.6 million and \$2.3 million relating to the Share Option Plan for the three and nine months ended September 30, 2020 (\$0.9 million and \$2.9 million for the three and nine months ended September 30, 2019), respectively.

Long-term Restricted Share Award Plan

At September 30, 2020, ARC had 0.8 million restricted shares outstanding under the LTRSA Plan. ARC recognized G&A expense of \$0.3 million and \$0.8 million relating to the LTRSA Plan during the three and nine months ended September 30, 2020 (\$0.2 million and \$1.5 million for the three and nine months ended September 30, 2019), respectively.

Deferred Share Unit Plan

At September 30, 2020, ARC had 1.2 million DSUs outstanding under this plan. For the three and nine months ended September 30, 2020, G&A expense of \$2.1 million and \$0.1 million was recognized in relation to the DSU Plan (G&A expense of \$0.5 million for the same periods in 2019), respectively. Amounts related to the DSU Plan are recognized as G&A expense before share-based compensation expense.

During the nine months ended September 30, 2020, ARC made cash payments of \$0.5 million in respect of the DSU Plan (\$0.2 million for the nine months ended September 30, 2019).

Interest and Financing

A breakdown of interest and financing expense is shown in Table 17:

Table 17

		Three Months Ended				Nine Months Ended		
Interest and Financing (\$ millions)	June 30, 2020	September 30, 2020	September 30, 2019	% Change	September 30, 2020	September 30, 2019	% Change	
Bank debt and long-term notes	10.3	9.2	9.5	(3)	29.8	29.5	1	
Lease obligations	0.3	0.4	0.4	_	1.1	1.3	(15)	
Accretion on ARO	1.6	1.4	1.8	(22)	4.8	5.6	(14)	
Total interest and financing	12.2	11.0	11.7	(6)	35.7	36.4	(2)	

Foreign Exchange Gain and Loss

ARC recognized a foreign exchange gain of \$15.8 million in the third quarter of 2020 compared to a loss of \$9.0 million in the third quarter of 2019. During the three months ended September 30, 2020, the value of the US dollar relative to the Canadian dollar decreased to \$1.33 from \$1.36 at June 30, 2020. During the three months ended September 30, 2019, the value of the US dollar relative to the Canadian dollar increased to \$1.32 from \$1.31 at June 30, 2019.

ARC recognized a foreign exchange loss of \$20.8 million for the nine months ended September 30, 2020 compared to a gain of \$19.8 million for the nine months ended September 30, 2019. During the nine months ended September 30, 2020, the value of the US dollar relative to the Canadian dollar increased to \$1.33 from \$1.30 at December 31, 2019. During the nine months ended September 30, 2019, the value of the US dollar relative to the Canadian dollar dollar dollar relative to the Canadian dollar dollar dollar dollar for \$1.32 from \$1.36 at December 31, 2018.

Table 18 shows the realized and unrealized components of ARC's foreign exchange gain and loss:

Table 18

	Three Months Ended				Nine Months Ended		
Foreign Exchange Gain and Loss (\$ millions)	June 30, 2020	September 30, 2020	September 30, 2019	% Change	September 30, 2020	September 30, 2019	% Change
Unrealized gain (loss) on US dollar- denominated debt and receivables	28.8	16.2	(9.4)	272	(28.4)	24.0	(218)
Realized gain (loss) on US dollar-denominated transactions	(0.9)	(0.4)	0.4	(200)	7.6	(4.2)	281
Total foreign exchange gain (loss)	27.9	15.8	(9.0)	276	(20.8)	19.8	(205)

Taxes

ARC recognized a current income tax recovery of \$nil and \$34.9 million for the three and nine months ended September 30, 2020, respectively, compared to a current income tax recovery of \$2.0 million and \$12.0 million for the same periods in 2019. The increase in the current income tax recovery for the nine months ended September 30, 2020 as compared to the same period in 2019 is primarily due to the recognition of Investment Tax Credits and Scientific Research and Experimental Development deductions related to expenditures made in prior periods.

For the three months ended September 30, 2020, a deferred income tax recovery of \$28.3 million was recognized, compared to a deferred income tax recovery of \$12.0 million for the same period in 2019. The increase in the deferred income tax recovery relates primarily to an increase in the unrealized loss on risk management contracts as compared to the same period in 2019.

For the nine months ended September 30, 2020, a deferred income tax recovery of \$202.0 million was recognized, compared to a deferred income tax recovery of \$89.6 million for the same period in 2019. The increase in the deferred income tax recovery relates primarily to the impairment charge recognized on PP&E during the nine months ended September 30, 2020.

The income tax pools, which are detailed in Table 19, are deductible at various rates and annual deductions associated with the initial tax pools will decline over time.

Table 19

Income Tax Pool Type (\$ millions)	September 30, 2020	Annual Deductibility		
Canadian oil and gas property expense	86.6	10% declining balance		
Canadian development expense	693.8	30% declining balance		
Canadian exploration expense	20.1	100%		
Undepreciated capital cost	754.7	Primarily 25% declining balance		
Other	40.6	Various rates, 5% declining balance to 20%, and capital losses		
Total federal tax pools	1,595.8			
Additional Alberta tax pools	2.3	3 Various rates, 25% declining balance to 10		

DD&A Expense and Impairment of PP&E

For the three and nine months ended September 30, 2020, ARC recognized DD&A related to its PP&E, before any impairment charges, of \$128.7 million and \$390.6 million, as compared to \$131.1 million and \$400.0 million for the three and nine months ended September 30, 2019, respectively. Despite an increase in production, DD&A for the three and nine months ended September 30, 2020, decreased compared to the same periods in the prior year as a function of lower overall depletion rates on ARC's assets which reflect reduced capital spending in the period, an increase in reserves, and a reduction of future development costs as determined by ARC's independent evaluator. For more information, see ARC's AIF on SEDAR at <u>www.sedar.com</u>.

For the three and nine months ended September 30, 2020, ARC recognized an impairment charge of \$10.3 million and \$750.3 million respectively, compared to a reversal of impairment of \$0.2 million and an impairment charge of \$1.9 million for the same periods in 2019.

In the third quarter of 2020, ARC reclassified certain non-core assets as held for sale. Prior to reclassification, ARC assessed these assets for impairment and recognized an impairment charge of \$10.3 million.

At March 31, 2020, ARC conducted impairment tests over all of its CGUs and goodwill amounts in response to the anticipated economic impact of the COVID-19 global pandemic (refer to Note 3 "Novel Coronavirus COVID-19" in the financial statements) as well as a further decrease in ARC's market capitalization relative to the carrying value of its net assets since the date of its last impairment test. Following these tests, ARC recognized an impairment charge of \$740.0 million (\$558.4 million net of deferred tax recovery). For further information, refer to Note 6 "Impairment" in the financial statements.

A breakdown of DD&A expense and impairment charges is summarized in Table 20:

Table 20

	Three Months Ended				Nine Months Ended		
DD&A Expense (\$ millions, except per boe amounts)	June 30, 2020	September 30, 2020	September 30, 2019	% Change	September 30, 2020	September 30, 2019	% Change
Depletion of crude oil and natural gas assets	126.4	127.3	129.5	(2)	386.3	395.4	(2)
Depreciation of corporate assets	1.4	1.4	1.6	(13)	4.3	4.6	(7)
Depreciation of right-of-use ("ROU") assets under lease	1.6	1.4	1.5	(7)	4.6	4.7	(2)
Impairment	_	10.3	(0.2)	100	750.3	1.9	39,389
Total DD&A expense and impairment	129.4	140.4	132.4	6	1,145.5	406.6	182
DD&A expense per boe, excluding impairment	8.54	8.93	10.69	(16)	9.08	10.88	(17)

Capital Expenditures, Acquisitions and Dispositions

A breakdown of capital expenditures, acquisitions and dispositions for the three months ended September 30, 2020 and September 30, 2019 is shown in Table 21:

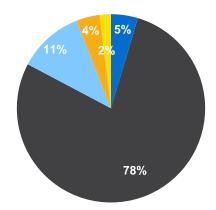
Table 21

	Three Months Ended September 30						
		2020			2019		
Capital Expenditures (\$ millions)	E&E	PP&E	Total	E&E	PP&E	Total	% Change
Geological and geophysical	_	2.4	2.4	0.1	2.5	2.6	(8)
Drilling and completions	0.1	40.7	40.8	0.8	100.3	101.1	(60)
Plant and facilities	_	5.9	5.9	_	51.1	51.1	(88)
Maintenance and optimization	_	2.1	2.1	0.2	6.0	6.2	(66)
Corporate assets	_	1.4	1.4	_	0.9	0.9	56
Total capital expenditures	0.1	52.5	52.6	1.1	160.8	161.9	(68)
Undeveloped land	_	_	_	_	0.7	0.7	(100)
Total capital expenditures including undeveloped land purchases	0.1	52.5	52.6	1.1	161.5	162.6	(68)
Acquisitions	_	_	_	_	_	_	_
Dispositions	_	_	_	_	(2.8)	(2.8)	(100)
Total capital expenditures and net acquisitions and dispositions	0.1	52.5	52.6	1.1	158.7	159.8	(67)

Exhibit 17

Capital Investment by Classification Three Months Ended September 30, 2020

Geological and geophysical Drilling and completions Plant and facilities Maintenance and optimization Corporate assets



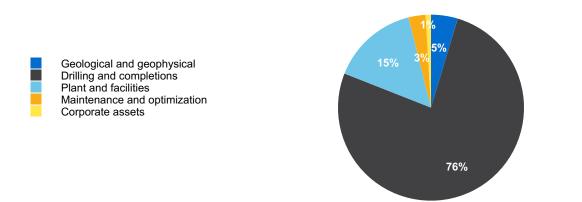
A breakdown of capital expenditures, acquisitions and dispositions for the nine months ended September 30, 2020 and September 30, 2019 is shown in Table 21a:

Table 21a

		1	Vine Month	s Ended Sept	ember 30		
		2020			2019		
Capital Expenditures (\$ millions)	E&E	PP&E	Total	E&E	PP&E	Total	% Change
Geological and geophysical	_	12.3	12.3	0.3	15.5	15.8	(22)
Drilling and completions	0.5	203.4	203.9	0.6	355.5	356.1	(43)
Plant and facilities	_	40.0	40.0	_	160.5	160.5	(75)
Maintenance and optimization	_	7.9	7.9	0.2	15.3	15.5	(49)
Corporate assets	_	2.4	2.4	_	1.9	1.9	26
Total capital expenditures	0.5	266.0	266.5	1.1	548.7	549.8	(52)
Undeveloped land	_	_	_	_	0.7	0.7	(100)
Total capital expenditures including undeveloped land purchases	0.5	266.0	266.5	1.1	549.4	550.5	(52)
Acquisitions	_	3.0	3.0	0.2	_	0.2	1,400
Dispositions	_	(3.0)	(3.0)	_	(3.9)	(3.9)	(23)
Total capital expenditures and net acquisitions and dispositions	0.5	266.0	266.5	1.3	545.5	546.8	(51)

Exhibit 17a

Capital Investment by Classification Nine Months Ended September 30, 2020



ARC invested \$52.6 million and \$266.5 million in capital expenditures, before net property acquisitions and dispositions, during the three and nine months ended September 30, 2020, respectively. Investment included drilling and completions activities focused in Dawson, Ante Creek, Parkland/Tower, Attachie West, and Sunrise with the drilling of 14 and 40 wells and the completion of five and 57 wells for the three and nine months ended September 30, 2020, respectively. Facilities and infrastructure investment in 2020 was focused on the Dawson Phase IV gas processing and liquids-handling facility and the Ante Creek facility expansion. Both of these facilities came on-stream at the beginning of the second quarter of 2020.

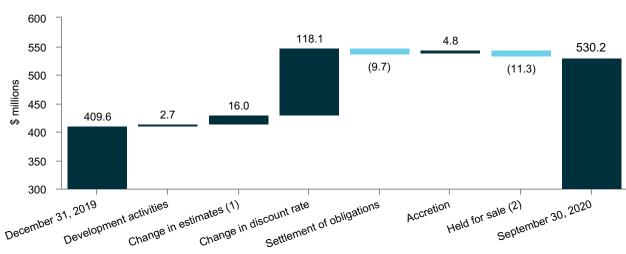
Subsequent to the third quarter of 2020, ARC announced an increase to its planned capital investment program to \$350 million. For information regarding ARC's planned capital expenditures for 2020 refer to the news releases dated November 5, 2020 and March 13, 2020 entitled "ARC Resources Ltd. Reports Third Quarter 2020 Financial and Operational Results and Announces 2021 Capital Budget of \$375 Million to \$425 Million" and "ARC Resources Ltd. Announces Reduced Capital Program of up to \$300 Million for 2020 and Reduces Its Monthly Dividend to \$0.02 per Share" available on ARC's website at www.arcresources.com and SEDAR at www.sedar.com.

Asset Retirement Obligation

At September 30, 2020, ARC has recognized ARO of \$530.2 million (\$409.6 million at December 31, 2019) for the future abandonment and reclamation of ARC's properties. The estimated ARO includes assumptions in respect of actual costs to abandon wells and reclaim the property, the time frame in which such costs will be incurred, and annual inflation factors. The future liability has been discounted at a liability-specific risk-free rate of 1.1 per cent (1.8 per cent at December 31, 2019).

Accretion charges of \$1.4 million and \$4.8 million for the three and nine months ended September 30, 2020 (\$1.8 million and \$5.6 million for the same periods in 2019), respectively, have been recognized in Interest and financing in the unaudited condensed interim consolidated statements of comprehensive income to reflect the increase in ARO associated with the passage of time. Actual spending under ARC's program for the three and nine months ended September 30, 2020 was \$0.8 million and \$9.7 million (\$2.2 million and \$14.4 million for the same periods in 2019), respectively. While abandonment spending decreased for the three and nine months ended September 30, 2020, environmental stewardship remains a core value at ARC and the Company maintains a planned and scheduled approach to its abandonment and reclamation activities.

Exhibit 18



Change in ARO December 31, 2019 to September 30, 2020

(1) Relates to changes in costs of future obligations and anticipated settlement dates of ARO.

(2) Represents the ARO liability associated with assets held for sale as at September 30, 2020. These assets were disposed in the fourth quarter of 2020.

Capitalization, Financial Resources and Liquidity

ARC's capital management objective is to fund dividend payments, current period reclamation expenditures, and capital expenditures necessary for the replacement of production declines using only funds from operations. Profitable growth activities will be financed with a combination of funds from operations and other sources of capital.

ARC maintains financial flexibility through its strong balance sheet, targeting net debt to be between 1.0 and 1.5 times annualized funds from operations over the long term; however, during periods of significant commodity price weakness, ARC expects that the ratio could trend above this range.

At September 30, 2020, ARC has \$867.8 million of net debt outstanding and a net debt to annualized funds from operations ratio of 1.4 times.

Maintaining reasonable debt levels, paying a sustainable dividend, and exercising capital discipline to manage a moderate pace of development and control its corporate decline rate make up ARC's current capital allocation mix. ARC periodically evaluates its capital allocation priorities and decisions and takes a portfolio approach to capital allocation and will consider the following capital allocation priorities in the future: growth through either long-term development investments or mergers and acquisitions; share repurchases; and sustainable dividend increases. ARC believes that investing in development activities that prioritize profitability over volumetric growth creates significant long-term shareholder value.

A breakdown of ARC's net debt as at September 30, 2020 and December 31, 2019 is outlined in Table 22:

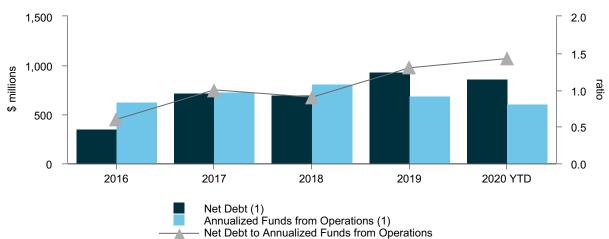
Table 22

Net Debt (\$ millions, except ratio amounts)	September 30, 2020	December 31, 2019
Long-term debt ⁽¹⁾	826.8	877.6
Lease obligations (2)	33.6	46.2
Accounts payable and accrued liabilities	128.5	150.5
Dividends payable	21.2	17.7
Cash and cash equivalents, accounts receivable, and prepaid expense	(142.3)	(151.8)
Net debt ⁽³⁾	867.8	940.2
Net debt to annualized funds from operations (ratio) $^{(3)}$	1.4	1.3

(1) Includes a current portion of long-term debt of \$152.8 million at September 30, 2020 and \$148.9 million at December 31, 2019.

(2) Includes a current portion of lease obligations of \$9.0 million at September 30, 2020 and \$16.3 million at December 31, 2019.
(3) Refer to Note 9 "Capital Management" in the financial statements and to the section entitled "Funds from Operations" contained within this MD&A.

Exhibit 19



Net Debt to Funds from Operations

(1) Refer to Note 9 "Capital Management" in the financial statements and to the section entitled "Funds from Operations" contained within this MD&A.

At September 30, 2020, ARC had total credit capacity of approximately \$1.9 billion with long-term debt of \$826.8 million currently outstanding. ARC's long-term debt balance includes a current portion of \$152.8 million at September 30, 2020 (\$148.9 million at December 31, 2019), reflecting principal payments that are due to be paid within the next 12 months. ARC intends to finance these obligations by using cash on hand or drawing on its syndicated credit facility at the time the payments are due. ARC's long-term debt has a weighted average interest rate of 3.7 per cent. 76 per cent (US\$471.2 million) of ARC's long-term debt outstanding at September 30, 2020 is denominated in US dollars.

At September 30, 2020, ARC was in compliance with all of its debt covenants. ARC executed certain amendments to the note purchase agreements governing its senior notes which were effective March 31, 2020. The amendments included a modification of certain definitions contained within the financial covenant calculations, the addition of a minimum liquidity requirement, additional language surrounding event of default, and the addition of a mechanism under which the issuer may offer to purchase notes outstanding at par without penalty. As well, the definition of "Total EBITDA" to be used in determining compliance under two of ARC's financial covenants was amended to exclude non-cash losses and non-cash expenses. The following table describes the financial covenants related to ARC's senior notes:

Table 23

Covenant Description ⁽¹⁾	Position at September 30, 2020
Total Indebtedness not to exceed 325 per cent total EBITDA for the most recently completed period of four consecutive quarters	161 %
Total EBITDA not to be less than 400 per cent of Total Interest Charges for the most recently completed period of four consecutive quarters	1,429 %
Total Priority Indebtedness not to exceed two per cent of Total Assets	0 %
Total Indebtedness not to exceed 65 per cent of Present Asset Value ⁽²⁾	26 %
Total Indebtedness not to exceed 65 per cent of Present Asset Value ⁽³⁾	29 %

(1) Capitalized terms are as defined in the note purchase agreements. Under the amended note purchase agreements, all non-cash losses, non-cash expenses, non-cash revenue, and non-cash gains are excluded for the purposes of calculating Total EBITDA.

(2) Pertains to senior notes issued under the 2009, 2010, and 2012 note agreements whereby the Present Asset Value is determined using a 10 per cent discount rate.

(3) Pertains to senior notes issued under the prior Master Shelf agreement whereby the Present Asset Value is determined using a 12 per cent discount rate.

In addition to the covenants noted above, a new covenant was added as part of the note purchase agreement amendments, stipulating that ARC maintain a minimum liquidity amount of \$200.0 million in cash or firm commitments under its credit facility, but only if Total Indebtedness exceeds 250 per cent of Total EBITDA for its most recently completed four fiscal quarters, and only for so long as the total outstanding principal amount under the notes issued prior to 2015 exceeds \$100.0 million.

The following table describes the financial covenants of the syndicated credit facility:

Table 23a

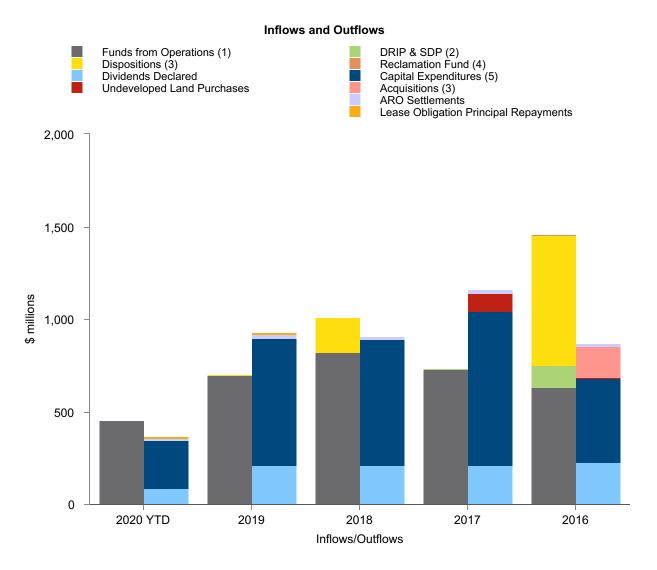
Covenant Description ⁽¹⁾	Position at September 30, 2020 ⁽²⁾
Consolidated Senior Debt not to exceed 3.5 times Consolidated EBITDA	1.3
Consolidated Total Debt not to exceed 4.0 times Consolidated EBITDA	1.3
Consolidated Senior Debt not to exceed 55 per cent of Total Capitalization	24 %
Consolidated Tangible Assets of the Restricted Group must exceed 85 per cent of Consolidated Tangible Assets	100 %

(1) Capitalized terms are as defined in the credit facility agreement and the Master Shelf Agreement.

(2) Subject to final approval of the syndicate.

The following illustrates the balance of inflows and outflows for the current year-to-date and the past four years. In any period when outflows exceed inflows, ARC's net debt balance will increase to cover the shortfall and will decrease in any period when inflows exceed outflows.

Exhibit 20



(1) Refer to Note 9 "Capital Management" in the financial statements and to the section entitled "Funds from Operations" contained within this MD&A.

(2) The Board of Directors ("the Board") approved the elimination of the Dividend Reinvestment Plan ("DRIP") and Stock Dividend Program ("SDP") in 2017.

(3) Excludes non-cash property transactions.

(4) The reclamation fund was disposed in 2018.

(5) Excludes additions in respect of capitalized share options, ROU asset depreciation, and asset retirement cost.

Table 24

(\$ millions)	2020 YTD	2019	2018	2017	2016
Inflows					
Funds from operations ⁽¹⁾	455.6	697.4	819.0	731.9	633.3
DRIP & SDP (2)	_	_	_	3.0	117.1
Dispositions ⁽³⁾	_	5.0	192.6	_	705.4
Reclamation fund withdrawals ⁽⁴⁾	_	_	1.1	_	_
Total	455.6	702.4	1,012.7	734.9	1,455.8
Outflows					
Dividends declared	85.0	212.4	212.3	212.3	228.2
Capital expenditures ⁽⁵⁾	259.8	684.8	679.3	829.4	452.9
Undeveloped land purchases	_	0.7	0.7	97.6	2.7
Acquisitions ⁽³⁾	_	0.2	0.2	2.5	172.9
ARO settlements	9.7	18.4	15.8	19.8	13.0
Lease obligation principal repayments	14.2	13.7	_	_	_
Reclamation fund contributions (4)	_	_	_	0.6	2.0
Total	368.7	930.2	908.3	1,162.2	871.7

(1) Refer to Note 9 "Capital Management" in the financial statements and to the section entitled "Funds from Operations" contained within this MD&A.

(2) The Board approved the elimination of the DRIP and SDP in 2017.

(3) Excludes non-cash property transactions.

(4) The reclamation fund was disposed in 2018.

(5) Excludes additions in respect of capitalized share options, ROU asset depreciation, and asset retirement cost.

Shareholders' Equity

At September 30, 2020 and November 5, 2020, there were 353.4 million shares outstanding and 4.6 million share options outstanding under ARC's Share Option Plan. For more information on the Share Option Plan, refer to the section entitled "Share Option Plan" contained within this MD&A.

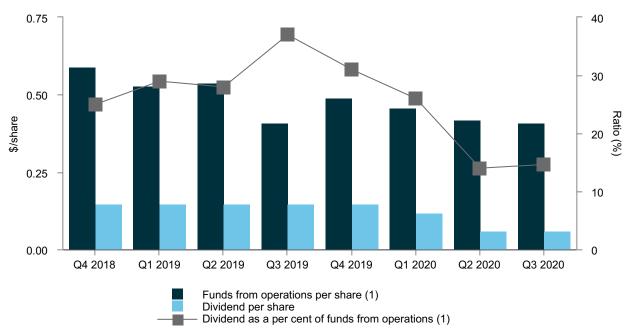
At September 30, 2020, ARC had 0.8 million restricted shares outstanding under its LTRSA Plan. For more information on the restricted shares outstanding and held in trust under ARC's LTRSA Plan, refer to the section entitled "Long-term Restricted Share Award Plan" contained within this MD&A.

Dividends

ARC's business strategy is focused on value creation and long-term returns to shareholders, with the dividend being an important component. In the third quarter of 2020, ARC declared dividends totaling \$21.2 million (\$0.06 per share), compared to \$53.1 million (\$0.15 per share) in the same period of 2019. On March 13, 2020, ARC announced that it reduced its dividend from \$0.05 per share per month to \$0.06 per share per quarter. On September 15, 2020, ARC declared a quarterly dividend of \$0.06 per share.

As a result of the dividend reduction, ARC's dividend as a per cent of funds from operations decreased from an average of 37 per cent and 30 per cent for the three and nine months ended September 30, 2019 to an average of 15 per cent and 19 per cent, respectively, for the three and nine months ended September 30, 2020.

Exhibit 21



Dividend as a Per Cent of Funds From Operations

(1) Refer to Note 9 "Capital Management" in the financial statements and to the section entitled "Funds from Operations" contained within this MD&A.

The actual amount of future monthly dividends is proposed by Management and is subject to the approval and discretion of the Board. The Board reviews future dividends in conjunction with their review of quarterly financial and operational results.

Please refer to ARC's website at <u>www.arcresources.com</u> for details of the estimated quarterly dividend amounts and dividend dates for 2020.

ACCEL Canada Holdings Limited ("ACCEL")

In May 2018, ARC entered into a purchase and sale agreement (the "ACCEL PSA") with ACCEL to dispose of its interests in certain non-core assets located within the area of Redwater, Alberta. In 2019, ACCEL commenced proceedings under the *Companies' Creditors Arrangement Act.*

At September 30, 2020, ARC had recognized in its accounts receivable amounts owing from ACCEL in relation to the ACCEL PSA. In the first quarter of 2020, a provision for impairment of financial assets of \$10.2 million was recognized, which combined with previously recognized provisions for impairment, constituted the full balance of these accounts receivable. Refer to Note 4 "Financial Assets and Credit Risk" in the financial statements for further detail.

Following the close of the transaction the Alberta Energy Regulator ("AER") had transferred substantially all relevant operating licenses of the assets under the ACCEL PSA from ARC to ACCEL. However, the operating licenses of certain assets (the "Outstanding Assets") remain with ARC as of the date of this MD&A. At September 30, 2020, the potential obligation associated with the future decommissioning cost of the Outstanding Assets is estimated to be \$11.8 million.

In October 2019, ACCEL filed a counterclaim against ARC for \$200.0 million for damages alleging breaches of contract or misrepresentation related to the ACCEL PSA. In January 2020, ARC filed its Defence to the Counterclaim. Management does not expect the outcome of the counterclaim to result in a material outflow of resources by ARC and no provision for this claim has been made in ARC's financial statements. Refer to Note 14 "Commitments and Contingencies" in the financial statements.

Environmental Regulation Impacting ARC

ARC is in compliance with all environmental laws and regulations as of the date of this MD&A. ARC's Liability Management Rating is well within both the British Columbia Oil and Gas Commission's and the AER's requirements, such that no deposits were required at September 30, 2020 or at the date of this MD&A.

Additional information is available in ARC's AIF on SEDAR at www.sedar.com.

Contractual Obligations and Commitments

At September 30, 2020, ARC's total contractual obligations and commitments were \$2.4 billion. These include obligations and commitments in place at December 31, 2019, plus a draw of additional debt under the credit facility less debt and interest payments made in the period, as well as additional transportation commitments entered into during the nine months ended September 30, 2020. For more information, refer to Note 14 "Commitments and Contingencies" in the financial statements.

Off-Balance Sheet Financing

ARC does not have any guarantees or off-balance sheet arrangements that have been excluded from the balance sheet other than commitments disclosed in Note 14 "Commitments & Contingencies" of the financial statements.

Critical Accounting Estimates

ARC continuously refines and documents its management and internal reporting systems to ensure that accurate and timely internal and external information is gathered and disseminated.

ARC's financial and operational results incorporate certain estimates including:

- estimated commodity sales from production at a specific reporting date for which actual revenues have not yet been received, including associated estimated credit losses;
- estimated royalty obligations, transportation and operating costs at a specific reporting date for which costs have been incurred but have not yet been settled;
- · estimated capital expenditures on projects that are in progress;
- estimated DD&A charges that are based on estimates of reserves that ARC expects to recover in the future;
- estimated future recoverable value of PP&E, E&E, and goodwill and any associated impairment charges or reversals;
- estimated fair values of financial instruments that are subject to fluctuation depending upon the underlying forward curves for commodity prices, foreign exchange rates and interest rates, as well as volatility curves and the risk of non-performance;
- estimated value of ARO that is dependent upon estimates of future costs and timing of expenditures;
- estimated value of ROU assets and lease obligations that are dependent upon estimates of discount rates and timing of lease payments; and
- estimated compensation expense under ARC's share-based compensation plans including the PSUs awarded under the PSU Plan that is dependent on the final number of PSU awards that eventually vest based on a performance multiplier.

ARC has hired individuals and consultants who have the skills required to make such estimates and ensures that individuals or departments with the most knowledge of the activity are responsible for the estimates. Further, past estimates are reviewed and compared to actual results, and actual results are compared to budgets in order to make more informed decisions on future estimates. For further information on the determination of certain estimates inherent in the financial statements, refer to Note 5 "Management Judgments and Estimation Uncertainty" in the audited consolidated financial statements for the year ended December 31, 2019.

ASSESSMENT OF BUSINESS RISKS

The ARC management team is focused on long-term strategic planning and has identified the key risks, uncertainties, and opportunities associated with ARC's business that can impact its financial results. A discussion of the significant business risks affecting ARC can be found in ARC's MD&A dated February 6, 2020 and in its AIF on SEDAR at <u>www.sedar.com</u>. The following risk factors supplement those disclosed in ARC's MD&A dated February 6, 2020 and in its AIF.

COVID-19 and Its Effect on the Global Economy

In March 2020, the World Health Organization declared COVID-19 a global pandemic; prompting many countries around the world to close international borders and order the closure of institutions and businesses deemed nonessential. This resulted in a swift and significant reduction in economic activity in Canada and internationally along with a sudden drop in demand for crude oil and natural gas. COVID-19 has caused an unprecedented global health crisis, and, coupled with an oversupply of crude oil, has contributed to an economic crisis. Crude oil prices have partially recovered from the historic lows observed earlier in the year, but price support from future demand remains uncertain as countries experience varying degrees of virus outbreak following efforts to re-open local economies and international borders. The effect of low commodity prices as a result of reduced demand associated with the impact of COVID-19 has had, and, is likely to continue to have, a negative impact on ARC's operational results and financial condition. Low prices for crude oil and natural gas will reduce ARC's funds from operations, and impact ARC's level of capital investment and may result in the reduction of production at certain producing properties.

While the duration and full impact of the COVID-19 pandemic is not yet known, in addition to the economic impacts associated with falling commodity prices, effects of COVID-19 may also include disruptions to production operations, access to materials and services, increased employee absenteeism from illness, and temporary closures of ARC's facilities.

The extent to which ARC's operational and financial results are affected by COVID-19 will depend on various factors and consequences beyond its control such as the duration and scope of the pandemic; additional actions taken by business and government in response to the pandemic and the speed and effectiveness of responses to combat the virus. Additionally, COVID-19 and its effect on local and global economic conditions stemming from the pandemic could also aggravate the other risk factors identified in ARC's MD&A dated February 6, 2020 and AIF, the extent of which is not yet known.

Compliance with Debt Financing Agreements

ARC is required to comply with covenants under its credit facility and senior unsecured notes which may, in certain cases, include certain financial ratio tests and other covenants, which, from time to time, either affect the availability, or price, of additional funding. In the event that a default occurs (including by reason of a breach of these covenants), ARC's access to capital could be restricted or repayment could be required. Events beyond ARC's control may contribute to the occurrence of any such default under ARC's debt financing agreements. For example, ARC's note purchase agreements for notes issued prior to 2015 were amended effective March 31, 2020, to provide that ARC would be in default under such agreements if ARC's lenders under its credit facility refuse to honour a drawdown request of ARC under such credit facility for any reason other than ARC's default under the credit facility or such lenders allow a drawdown request under the credit facility, but impose on ARC any restriction or limitation on using such proceeds to repay or prepay the senior unsecured notes or any interest payments or make-whole/yield maintenance amounts relating to such notes, subject, in each case, to certain extensions and other exceptions. Defaults under ARC's credit facility and senior unsecured notes could result in ARC being required to repay amounts owing thereunder. The acceleration of ARC's indebtedness under one agreement may permit acceleration of indebtedness under other agreements that contain cross-default or cross-acceleration provisions. In addition, ARC's credit facility or senior unsecured notes may impose operating and financial restrictions on ARC that could include restrictions on the payment of dividends, the repurchase or making of other distributions with respect to ARC's securities, the incurrence of additional indebtedness, the provision of guarantees, the assumption of loans, the making of capital expenditures, the entering into of amalgamations, mergers or take-over bids, or the disposition of assets, among others.

CONTROL ENVIRONMENT

Internal Control over Financial Reporting

ARC is required to comply with National Instrument 52-109 "Certification of Disclosure in Issuers' Annual and Interim Filings". The certification of interim filings for the interim period ended September 30, 2020 requires that ARC disclose in the interim MD&A any changes in ARC's internal controls over financial reporting that occurred during the period that have materially affected, or are reasonably likely to materially affect, ARC's internal controls over financial reporting. ARC confirms that no such changes were made to its internal controls over financial reporting during the three and nine months ended September 30, 2020.

Non-GAAP Measures

Throughout this MD&A, the Company uses certain measures to analyze operational and financial performance. These non-GAAP measures do not have any standardized meaning prescribed under IFRS and therefore may not be comparable to similar measures presented by other entities.

Netback

ARC calculates netback on a total and per boe basis as commodity sales from production less royalties, operating, and transportation expense. ARC also discloses netback after the effect of realized gain or loss on risk management contracts. Realized gain or loss represents the portion of risk management contracts that have settled in cash during the period and disclosing this impact provides Management and investors with transparent measures that reflect how ARC's risk management program can impact its netback. Management believes that netback is a key industry benchmark and a measure of performance for ARC that provides investors with information that is commonly used by other crude oil and natural gas producers. The measurement on a per boe basis assists Management with evaluating operating performance on a comparable basis. ARC's netback is disclosed in Tables 13 and 13a within this MD&A.

Return on Average Capital Employed

ARC calculates ROACE, expressed as a percentage, as net income (loss) plus interest and total income taxes (recovery) divided by the average of the opening and closing capital employed for the 12 months preceding the period end. Capital employed is the total of net debt plus shareholders' equity. Refer to Note 9 "Capital Management" in the financial statements for additional discussion on net debt.

ARC uses ROACE as a measure of long-term operating performance, to measure how effectively Management utilizes the capital it has been provided and to demonstrate to shareholders that capital has been used wisely over the long term. ROACE is calculated by ARC for the 12 months preceding the period end, on an annual basis and a four-year basis in Table 26:

Table 26

	Twelve Months Ended	Twelve	Months End	ed Decembe	r 31	
ROACE	September 30, 2020	2019	2018	2017	2016	2016-2019 Average ⁽¹⁾
Net income (loss)	(678.2)	(27.6)	213.8	388.9	201.3	194.1
Add: Interest	41.1	41.0	42.6	45.3	50.5	44.9
Add: Total income taxes (recovery)	(236.2)	(100.9)	108.0	135.9	41.4	46.1
Earnings before interest and taxes	(873.3)	(87.5)	364.4	570.1	293.2	285.1
Net debt - beginning of period	945.5	702.7	728.0	356.5	985.1	985.1
Shareholders' equity - beginning of period	3,502.1	3,675.8	3,668.9	3,484.8	3,388.5	3,388.5
Opening capital employed (A)	4,447.6	4,378.5	4,396.9	3,841.3	4,373.6	4,373.6
Net debt - end of period	867.8	940.2	702.7	728.0	356.5	940.2
Shareholders' equity - end of period	2,690.2	3,439.9	3,675.8	3,668.9	3,484.8	3,439.9
Closing capital employed (B)	3,558.0	4,380.1	4,378.5	4,396.9	3,841.3	4,380.1
Average capital employed (A+B)/2	4,002.8	4,379.3	4,387.7	4,119.1	4,107.5	4,376.9
ROACE (%)	(22)	(2)	8	14	7	7

(1) Average ROACE for the years ended December 31, 2016, 2017, 2018, and 2019.

Forward-looking Information and Statements

This MD&A contains certain forward-looking information and statements within the meaning of applicable securities laws. The use of any of the words "expect," "anticipate," "continue," "estimate," "objective," "ongoing," "may," "will," "project," "should," "believe," "plans," "intends," "strategy," and similar expressions are intended to identify forwardlooking information or statements. In particular, but without limiting the foregoing, this MD&A contains forward-looking information and statements pertaining to the following: capital activity for the remainder of 2020 and the potential impact of weakness in commodity prices resulting from COVID-19 under the heading "Annual Guidance", ARC's view as to the range of expected future payments under the RSU and PSU Plans under the heading "Restricted Share Unit and Performance Share Unit Plans", ARC's estimated quarterly dividend amounts and dividend dates for 2020, plans to fund dividend payments, current period reclamation and capital expenditures necessary for the replacement of production declines using only funds from operations and to fund profitable growth activities with a combination of funds from operations and other sources of capital, ARC's ability to preserve its balance sheet for the long term and ARC's 2021 capital program under the heading "Capitalization, Financial Resources and Liquidity", estimated ARO including assumptions in respect of actual costs to abandon wells and reclaim the property, the time frame in which such costs will be incurred and annual inflation factors under the heading "Asset Retirement Obligation", ARC's potential obligation associated with the future decommissioning of the Outstanding Assets and the anticipated outcome of the counterclaim in respect of the ACCEL PSA under the heading "ACCEL Canada Holdings Limited" and the potential impact of COVID-19 on commodity prices, ARC's business and the global economy under the heading "COVID-19 and its Effect on the Global Economy".

The forward-looking information and statements contained in this MD&A reflect material factors and expectations and assumptions of ARC including, without limitation: that ARC will continue to conduct its operations in a manner consistent with past operations; the general continuance of current industry conditions; the continuance of existing (and in certain circumstances, the implementation of proposed) tax, royalty, and regulatory regimes; the accuracy of the estimates of ARC's reserve volumes; certain commodity price and other cost assumptions; and the continued availability of adequate debt and equity financing and funds from operations to fund its planned expenditures. ARC believes the material factors, expectations and assumptions reflected in the forward-looking information and statements are reasonable, but no assurance can be given that these factors, expectations and assumptions will prove to be correct.

The forward-looking information and statements included in this MD&A are not guarantees of future performance and should not be unduly relied upon. Such information and statements involve known and unknown risks, uncertainties and other factors that may cause actual results or events to differ materially from those anticipated in such forward-looking information or statements including, without limitation: changes in commodity prices; changes in the demand for or supply of ARC's products; public health crises, such as the COVID-19 pandemic, and any related actions taken by governments and businesses; changes to government regulations including royalty rates, taxes, and environmental and climate change regulation; market access constraints or transportation interruptions, unanticipated operating results or production declines; changes in development plans of ARC or by third-party operators of ARC's properties, increased debt levels or debt service requirements; inaccurate estimation of ARC's reserve volumes; limited, unfavorable or a lack of access to capital markets; increased costs; a lack of adequate insurance coverage; the impact of competitors; and certain other risks detailed herein under the heading "Assessment of Business Risks" and from time to time in ARC's public disclosure documents (including, without limitation, those risks identified in this MD&A and in ARC's most recent AIF).

The internal projections, expectations or beliefs are based on the 2020 capital budget which is subject to change in light of ongoing results, prevailing economic conditions, commodity prices, and industry conditions and regulations. Accordingly, readers are cautioned that events or circumstances could cause results to differ materially from those predicted. The forward-looking information contained in this MD&A speak only as of the date of this MD&A, and ARC does not assume any obligation to publicly update or revise them to reflect new events or circumstances, except as may be required pursuant to applicable laws.

GLOSSARY

The following is a list of abbreviations that may be used in this MD&A:

Measurement

bbl	barrel
bbl/d	barrels per day
Mbbl	thousand barrels
MMbbl	million barrels
boe ⁽¹⁾	barrels of oil equivalent
boe/d ⁽¹⁾	barrels of oil equivalent per day
Mboe ⁽¹⁾	thousands of barrels of oil equivalent
MMboe ⁽¹⁾	millions of barrels of oil equivalent
Mcf	thousand cubic feet
Mcf/d	thousand cubic feet per day
MMcf	million cubic feet
MMcf/d	million cubic feet per day
Bcf	billion cubic feet
MMBtu	million British thermal units
GJ	gigajoule

(1) ARC has adopted the standard of 6 Mcf:1 bbl when converting natural gas to boe. Boe may be misleading, particularly if used in isolation. A boe conversion ratio of six Mcf per barrel is based on an energy equivalency conversion method primarily applicable at the burner tip and does not represent a value equivalency at the wellhead. Given that the value ratio based on the current price of crude oil as compared to natural gas is significantly different than the energy equivalency of the 6:1 conversion ratio, utilizing the 6:1 conversion ratio may be misleading as an indication of value.

Financial and Business Environment

asset retirement obligation
cash generating unit
The Canadian Oil and Gas Evaluation Handbook prepared jointly by the Society of Petroleum Evaluation Engineers (Calgary chapter) and the Canadian Institute of Mining,
Metallurgy & Petroleum
depletion, depreciation and amortization
Dividend Reinvestment Plan
Deferred Share Unit
exploration and evaluation
generally accepted accounting principles
general and administrative
International Accounting Standard
International Accounting Standards Board
International Financial Reporting Standards
Long-term Restricted Share Award
Mixed Sweet Blend
natural gas liquids
New York Mercantile Exchange
property, plant and equipment
Performance Share Unit
right-of-use
Restricted Share Unit
Stock Dividend Program
Toronto Stock Exchange
West Texas Intermediate

QUARTERLY HISTORICAL REVIEW

(\$ millions, except per share amounts)		2020			201	9		2018
FINANCIAL	Q3	Q2	Q1	Q4	Q3	Q2	Q1	Q4
Commodity sales from production	285.0	217.9	269.5	325.1	253.7	282.9	327.8	302.5
Per share, basic	0.81	0.62	0.76	0.92	0.72	0.80	0.93	0.86
Per share, diluted	0.81	0.62	0.76	0.92	0.72	0.80	0.93	0.86
Net income (loss)	(66.1)	(43.5)	(558.4)	(10.2)	(57.2)	94.4	(54.6)	159.7
Per share, basic	(0.19)	(0.12)	(1.58)	(0.03)	(0.16)	0.27	(0.15)	0.45
Per share, diluted	(0.19)	(0.12)	(1.58)	(0.03)	(0.16)	0.27	(0.15)	0.45
Funds from operations ⁽¹⁾	144.6	150.2	160.8	172.8	145.4	193.0	186.2	208.6
Per share, basic	0.41	0.42	0.46	0.49	0.41	0.54	0.53	0.59
Per share, diluted	0.41	0.42	0.46	0.49	0.41	0.54	0.53	0.59
Dividends declared	21.2	21.3	42.5	53.1	53.1	53.1	53.1	53.1
Per share ⁽²⁾	0.06	0.06	0.12	0.15	0.15	0.15	0.15	0.15
Total assets	4,982.9	5,136.8	5,172.6	5,778.3	5,819.2	5,878.9	5,952.4	6,016.2
Total liabilities	2,292.7	2,360.3	2,332.4	2,338.4	2,317.1	2,267.7	2,383.6	2,340.4
Net debt outstanding ⁽³⁾	867.8	961.1	1,079.7	940.2	945.5	829.2	796.3	702.7
Weighted average shares, basic	353.4	353.4	353.4	353.4	353.4	353.4	353.4	353.4
Weighted average shares, diluted	353.4	353.4	353.4	353.4	353.4	353.9	353.4	353.9
Shares outstanding, end of period	353.4	353.4	353.4	353.4	353.4	353.4	353.4	353.4
CAPITAL EXPENDITURES								
Geological and geophysical	2.4	3.4	6.5	0.9	1.1	0.3	9.3	0.3
Drilling and completions	40.8	31.8	131.3	86.7	101.0	110.1	144.9	77.0
Plant and facilities	5.9	8.3	25.8	47.5	51.1	56.2	53.3	41.4
Maintenance and optimization	2.1	1.4	4.4	3.0	6.2	5.8	3.4	11.7
Corporate assets	1.4	(0.8)	1.8	3.6	2.5	1.8	2.8	1.2
Total capital expenditures	52.6	44.1	169.8	141.7	161.9	174.2	213.7	131.6
Undeveloped land	_	—	—	_	0.7	—	—	0.2
Total capital expenditures, including undeveloped land purchases	52.6	44.1	169.8	141.7	162.6	174.2	213.7	131.8
Acquisitions	—	0.5	2.5	_	_	—	0.2	_
Dispositions		(0.6)	(2.4)	(1.1)	(2.8)	(0.9)	(0.2)	(0.9)
Total capital expenditures, land purchases, and net acquisitions and dispositions	52.6	44.0	169.9	140.6	159.8	173.3	213.7	130.9
OPERATING								
Production								
Crude oil (bbl/d)	15,373	14,987	16,997	17,083	16,782	18,272	18,251	20,092
Condensate (bbl/d)	14,831	13,239	11,262	10,937	10,846	10,230	8,210	8,458
Crude oil and condensate (bbl/d)	30,204	28,226	28,259	28,020	27,628	28,502	26,461	28,550
Natural gas (MMcf/d)	708.2	773.3	692.2	669.0	595.4	596.4	632.5	603.3
NGLs (bbl/d)	10,208	9,405	8,152	8,123	7,952	7,041	7,183	7,402
Total (boe/d)	158,444	166,510	151,783	147,650	134,813	134,938	139,054	136,502
Average realized prices, prior to risk management contracts								
Crude oil (\$/bbl)	45.45	25.88	49.69	65.11	64.79	70.26	63.72	43.30
Condensate (\$/bbl)	48.49	31.54	57.52	68.08	65.70	71.38	64.81	57.25
Natural gas (\$/Mcf)	2.16	1.92	2.05	2.36	1.54	1.74	2.79	2.85
NGLs (\$/bbl)	14.85	10.84	6.36	11.69	5.25	7.71	25.43	29.12
Oil equivalent (\$/boe)	19.55	14.38	19.52	23.93	20.46	23.04	26.20	24.09
TRADING STATISTICS ⁽⁴⁾								
(\$, based on intra-day trading)		0.40	0.00	0.00	7.05	0.04	40.40	
High	6.94	6.12	8.39	8.26	7.85	9.61	10.49	14.84
Low	4.54	3.64	2.42	5.40	5.37	6.37	7.82	7.38
Close	5.95	4.56	4.05	8.18	6.31	6.41	9.12	8.10
Average daily volume (thousands)	1,363	2,177	3,207	2,583	1,838	2,255	2,291	2,117

Refer to Note 9 "Capital Management" in the financial statements and to the section entitled "Funds from Operations" contained within this MD&A.
 Dividends per share are based on the number of shares outstanding at each dividend record date.
 Refer to Note 9 "Capital Management" in the financial statements and to the section entitled "Capitalization, Financial Resources and Liquidity" contained within this MD&A.
 Trading statistics denote trading activity on the TSX only.



Financial Statements

CONDENSED INTERIM CONSOLIDATED BALANCE SHEETS (unaudited)

As at

(Cdn\$ millions)	September 30, 2020	December 31, 2019
ASSETS		
Current assets		
Cash and cash equivalents	2.4	8.5
Accounts receivable (Note 4)	130.0	134.4
Prepaid expense	9.9	8.9
Risk management contracts (Note 10)	7.7	41.4
Assets held for sale (Note 5)	13.4	_
	163.4	193.2
Risk management contracts (Note 10)	_	4.2
Exploration and evaluation assets	221.4	219.6
Property, plant and equipment (Notes 5 and 6)	4,321.1	5,074.3
Right-of-use assets	28.8	38.8
Goodwill (Note 6)	248.2	248.2
Total assets	4,982.9	5,778.3
LIABILITIES		
Current liabilities		
Accounts payable and accrued liabilities	128.5	150.5
Current portion of lease obligations	9.0	16.3
Current portion of long-term debt (Note 7)	152.8	148.9
Current portion of asset retirement obligation (Note 8)	10.0	25.5
Dividends payable (Note 11)	21.2	17.7
Risk management contracts (Note 10)	35.4	6.1
Liabilities associated with assets held for sale (Note 8)	11.3	
	368.2	365.0
Risk management contracts (Note 10)	91.6	28.7
Long-term portion of lease obligations	24.6	29.9
Long-term debt (Note 7)	674.0	728.7
Long-term incentive compensation liability (Note 13)	27.2	24.5
Other deferred liabilities	16.6	5.1
Asset retirement obligation (Note 8)	520.2	384.1
Deferred taxes	570.3	772.4
Total liabilities	2,292.7	2,338.4
SHAREHOLDERS' EQUITY		
Shareholders' capital (Note 11)	4,658.2	4,658.3
Contributed surplus	35.6	32.2
Deficit	(2,003.6)	(1,250.6)
Total shareholders' equity	2,690.2	3,439.9
Total liabilities and shareholders' equity	4,982.9	5,778.3

Commitments and contingencies (Note 14)

CONDENSED INTERIM CONSOLIDATED STATEMENTS OF COMPREHENSIVE INCOME (unaudited)

For the three and nine months ended September 30

	Three Months Ended		Nine Months Ended		
(Cdn\$ millions, except per share amounts)	2020	2019	2020	2019	
Commodity sales from production (Note 12)	285.0	253.7	772.4	864.4	
Royalties	(10.5)	(15.6)	(31.4)	(50.3)	
Sales of commodities purchased from third parties	15.7	38.7	32.8	82.2	
Revenue from commodity sales	290.2	276.8	773.8	896.3	
Interest income	0.5	1.1	0.7	4.6	
Other income	1.4	1.8	4.1	6.3	
Loss on risk management contracts (Note 10)	(94.3)	(2.4)	(64.7)	(119.6)	
Total revenue, interest and other income and loss on risk management contracts	197.8	277.3	713.9	787.6	
	137.0	211.5	113.5	101.0	
Commodities purchased from third parties	16.7	38.9	33.4	82.7	
Operating	60.2	62.6	171.3	190.2	
Transportation	47.0	36.8	130.0	110.6	
General and administrative	31.3	17.9	69.0	52.2	
Interest and financing	11.0	11.7	35.7	36.4	
Impairment of financial assets (Note 4)	1.4	39.2	13.1	47.7	
Depletion, depreciation, amortization and impairment (Notes 5 and 6)	140.4	132.4	1,145.5	406.6	
Loss (gain) on foreign exchange	(15.8)	9.0	20.8	(19.8)	
Total expenses	292.2	348.5	1,618.8	906.6	
Net loss before income taxes	(94.4)	(71.2)	(904.9)	(119.0)	
Recovery of income taxes					
Current	_	(2.0)	(34.9)	(12.0)	
Deferred	(28.3)	(12.0)	(202.0)	(89.6)	
Total income tax recovery	(28.3)	(14.0)	(236.9)	(101.6)	
Net loss and comprehensive loss	(66.1)	(57.2)	(668.0)	(17.4)	
Net loss per share (Note 11)					
Basic	(0.19)	(0.16)	(1.89)	(0.05)	
Diluted	(0.19)	(0.16)	(1.89)	(0.05)	

CONDENSED INTERIM CONSOLIDATED STATEMENTS OF CHANGES IN SHAREHOLDERS' EQUITY (unaudited)

For the nine months ended September 30

(Cdn\$ millions)	Shareholders' Capital (Note 11)	Contributed Surplus	Deficit	Total Shareholders' Equity
December 31, 2018	4,658.5	27.2	(1,009.9)	3,675.8
Impact of change in accounting policy	—	—	(0.7)	(0.7)
January 1, 2019	4,658.5	27.2	(1,010.6)	3,675.1
Comprehensive loss	—	—	(17.4)	(17.4)
Recognized under share-based compensation plans (Note 13)	(0.2)	3.9	_	3.7
Dividends declared (Note 11)	—	—	(159.3)	(159.3)
September 30, 2019	4,658.3	31.1	(1,187.3)	3,502.1
December 31, 2019	4,658.3	32.2	(1,250.6)	3,439.9
Comprehensive loss	_	_	(668.0)	(668.0)
Recognized under share-based compensation plans (Note 13)	(0.1)	3.4	_	3.3
Dividends declared (Note 11)	_		(85.0)	(85.0)
September 30, 2020	4,658.2	35.6	(2,003.6)	2,690.2

CONDENSED INTERIM CONSOLIDATED STATEMENTS OF CASH FLOWS (unaudited)

For the three and nine months ended September 30

	Three Months Ended		Nine Months Ended	
(Cdn\$ millions)	2020	2019	2020	2019
CASH FLOW FROM OPERATING ACTIVITIES				
Net loss	(66.1)	(57.2)	(668.0)	(17.4)
Add items not involving cash:				
Unrealized loss on risk management contracts	110.8	30.8	130.1	192.5
Accretion of asset retirement obligation (Note 8)	1.4	1.8	4.8	5.6
Impairment of financial assets (Note 4)	1.4	39.2	13.1	47.7
Depletion, depreciation, amortization and impairment (Notes 5 and 6)	140.4	132.4	1,145.5	406.6
Unrealized loss (gain) on foreign exchange	(16.2)	9.4	28.4	(24.0)
Deferred taxes	(28.3)	(12.0)	(202.0)	(89.6)
Other (Note 15)	1.2	1.0	3.7	3.2
Net change in other liabilities (Note 15)	6.0	(1.5)	4.9	(8.6)
Change in non-cash working capital (Note 15)	23.5	6.1	(5.9)	(43.9)
Cash flow from operating activities	174.1	150.0	454.6	472.1
CASH FLOW USED IN FINANCING ACTIVITIES				
Draw of long-term debt under revolving credit facilities	607.5	182.7	1,740.3	182.7
Repayment of long-term debt	(709.5)	(160.8)	(1,820.4)	(223.9)
Repayment of principal relating to lease obligations	(4.5)	(2.5)	(14.2)	(11.6)
Cash dividends paid	(21.2)	(53.1)	(81.4)	(159.3)
Cash flow used in financing activities	(127.7)	(33.7)	(175.7)	(212.1)
CASH FLOW USED IN INVESTING ACTIVITIES				
Acquisition of petroleum and natural gas properties	_		_	(0.2)
Disposal of petroleum and natural gas properties	_	2.8	_	(0.2)
Property, plant and equipment development		2.0		0.0
expenditures (Note 5)	(50.8)	(159.8)	(259.3)	(544.4)
Exploration and evaluation asset expenditures	(0.1)	(1.1)	(0.5)	(1.1)
Change in non-cash working capital (Note 15)	6.8	(2.5)	(25.2)	28.6
Cash flow used in investing activities	(44.1)	(160.6)	(285.0)	(513.2)
INCREASE (DECREASE) IN CASH AND CASH EQUIVALENTS	2.3	(44.3)	(6.1)	(253.2)
CASH AND CASH EQUIVALENTS, BEGINNING OF PERIOD	0.1	50.7	8.5	259.6
CASH AND CASH EQUIVALENTS, END OF PERIOD	2.4	6.4	2.4	6.4
The following are included in cash flow from operating activities:				
Income taxes paid (received) in cash	(21.4)	(20.0)	(24.8)	20.6
Interest paid in cash	14.8	14.6	36.9	35.8

NOTES TO THE CONDENSED INTERIM CONSOLIDATED FINANCIAL STATEMENTS (unaudited) September 30, 2020 and 2019

1. STRUCTURE OF THE BUSINESS

The principal undertakings of ARC Resources Ltd. ("ARC" or the "Company") is to carry on the business of acquiring, developing, and holding interests in petroleum and natural gas properties and assets.

ARC was incorporated in Alberta, Canada and the Company's registered office and principal place of business is located at 1200, 308 – 4th Avenue SW, Calgary, Alberta, Canada T2P 0H7. ARC's common shares are traded on the Toronto Stock Exchange under the symbol ARX.

2. BASIS OF PREPARATION

These unaudited condensed interim consolidated financial statements (the "financial statements") have been prepared in accordance with International Accounting Standard 34 *Interim Financial Reporting* using accounting policies consistent with International Financial Reporting Standards ("IFRS") as issued by the International Accounting Standards Board. These financial statements are condensed as they do not include all of the information required by IFRS for annual financial statements and therefore should be read in conjunction with ARC's audited consolidated financial statements for the year ended December 31, 2019. All financial information is reported in millions of Canadian dollars ("Cdn\$"), unless otherwise noted. References to "US\$" are to United States dollars.

The financial statements have been prepared on a historical cost basis, except as detailed in the accounting policies disclosed in Note 3 "Summary of Accounting Policies" of ARC's audited consolidated financial statements for the year ended December 31, 2019. All accounting policies and methods of computation followed in the preparation of these financial statements are consistent with those of the previous year, except for income taxes. Income taxes on net loss in the interim periods are accrued using the income tax rate that would be applicable to the expected total annual net loss.

All inter-entity transactions have been eliminated upon consolidation between ARC and any subsidiaries in these financial statements. ARC's operations are viewed as a single operating segment by the chief operating decision maker of the Company for the purpose of resource allocation and assessing performance.

Beginning January 1, 2020, ARC adopted the amendment to IFRS 3 *Business Combinations*. This amendment narrowed and clarified the definition of a business and permits a simplified assessment to determine whether an acquired set of activities and assets can be recognized as an asset acquisition, rather than a business combination. During the nine months ended September 30, 2020, ARC did not have any acquisitions requiring application of this amendment.

These financial statements were authorized for issue by ARC's Board of Directors on November 5, 2020.

3. NOVEL CORONAVIRUS COVID-19 ("COVID-19")

In March 2020, the World Health Organization declared COVID-19 a global pandemic; prompting many countries around the world to close international borders and order the closure of institutions and businesses deemed nonessential. At the same time, the Organization of Petroleum Exporting Countries ("OPEC"), and certain other countries, increased the planned supply of crude oil in an attempt to trigger a price war over market share. The sudden decrease in global crude oil demand due to COVID-19 coupled with a planned increase in supply significantly reduced commodity prices.

In subsequent months, agreements have been made between OPEC, Russia, and other oil-producing countries around the world that have reduced global crude oil production and brought the oversupply closer into balance with demand. Crude oil prices have partially recovered from the historic lows observed earlier in the year, but price support from future demand remains uncertain. Efforts to re-open local economies and international borders around the globe resulted in varying degrees of virus outbreak. Certain countries have now re-imposed restrictions as regions experience a second wave of COVID-19.

In addition to the impact on commodity prices and commodity sales from production amounts, the effects of COVID-19 have created other uncertainties in the crude oil and natural gas industry, including increased counterparty credit risk and decreased valuation of long-lived petroleum and natural gas assets and goodwill. At September 30, 2020, ARC's management has incorporated the anticipated impacts of COVID-19 in its estimates and judgments in preparation of these financial statements.

4. FINANCIAL ASSETS AND CREDIT RISK

Credit risk is the risk of financial loss to ARC if a joint interest partner or counterparty to a product sales contract, financial instrument, or other financial transaction fails to meet its contractual obligations. At September 30, 2020, ARC is exposed to credit risk with respect to its accounts receivable and risk management contracts.

Credit risk is typically considered to be very low for the Company's trade accounts receivable and risk management contracts due to ARC's processes for selecting only credit-worthy counterparties and continuously monitoring its credit exposure. Most of ARC's accounts receivable relate to crude oil and liquids and natural gas sales and are subject to typical industry credit risks. During the nine months ended September 30, 2020, global events have had, and are expected to continue to have, a significant impact on companies and their credit risk. Refer to Note 3 "Novel Coronavirus COVID-19". ARC has incorporated these factors into its assessment of expected credit loss ("ECL") at September 30, 2020.

The following table details the composition of ARC's accounts receivable at September 30, 2020 and December 31, 2019:

Accounts Receivable Composition (1)	September 30, 2020	December 31, 2019
Commodity sales	106.3	115.6
Deferred consideration	—	10.0
Joint interest and other	23.7	8.8
Balance	130.0	134.4

(1) Net of provision for ECL.

The total ECL provision recognized in ARC's accounts receivable balance at September 30, 2020 was \$60.8 million (\$47.8 million at December 31, 2019).

Commodity Sales

Approximately 78 per cent (85 per cent at December 31, 2019) of ARC's commodity sales accounts receivable were with customers who were considered to be investment-grade and approximately 11 per cent (15 per cent at December 31, 2019) were with customers who are not considered to be investment-grade, but for which ARC held security. The remaining 11 per cent of commodity sales accounts receivable were with non-investment grade customers for which ARC holds no security. At September 30, 2020, for accounts receivable of this type, ARC has recorded a provision of \$2.4 million for its 12-month ECL (nominal at December 31, 2019).

Deferred Consideration

In May 2018, ARC entered into a purchase and sale agreement (the "ACCEL PSA") with ACCEL Canada Holdings Limited ("ACCEL") to dispose of its interests in certain non-core assets located within the area of Redwater, Alberta for net proceeds of \$130.3 million before post-closing adjustments. At closing in August 2018, \$90.3 million of the purchase price was received in cash with the remaining \$40.0 million being recognized as deferred consideration.

In October 2019, ACCEL filed a Notice of Intention to Make a Proposal under subsection 50.4 (1) of the *Bankruptcy and Insolvency Act.* In November 2019, proceedings were converted to fall under the *Companies' Creditors Arrangement Act.* As a result of these proceedings, ARC remains contractually entitled to enforce its rights to payment, but proceedings against ACCEL in this regard are now stayed by order of the courts.

The deferred consideration amount matured on January 2, 2020. The ACCEL PSA requires the unpaid deferred consideration and accrued interest, if not paid in cash at maturity, to convert into a gross override royalty ("GOR"). On March 6, 2020, the Court of Queen's Bench of Alberta determined that the GOR was not an interest in land and that it is subordinated to other security interests. ARC did not appeal this judgment.

Following this decision, ARC re-estimated the likelihood of collection as zero per cent and recognized an impairment charge of \$10.2 million during the three months ended March 31, 2020 with respect to the deferred consideration and accrued interest. This charge was in addition to impairment charges previously recognized during the year ended December 31, 2019 of \$32.7 million in respect of this deferred consideration and accrued interest, for a total provision of \$42.9 million recognized at September 30, 2020 (\$32.7 million at December 31, 2019).

Joint Interest and Other

Included in the balance of joint interest and other accounts receivable at September 30, 2020 is \$8.0 million (\$nil at December 31, 2019) related to current income taxes receivable and \$6.7 million (\$nil at December 31, 2019) related to the settlement of risk management contracts at period end.

In addition to the deferred consideration amount, ARC has also recognized in its joint interest and other accounts receivable amounts owing from ACCEL related to post-closing adjustments and cash payments made on their behalf following the transaction, and costs incurred while ARC continued to act as operator of the disposed assets. At September 30, 2020, the ECL provision recognized in respect of these amounts is \$15.0 million (\$15.0 million at December 31, 2019), which comprises the full balance of these accounts receivable.

At September 30, 2020, ARC has recognized a provision for ECL of \$15.5 million in respect of its joint interest and other accounts receivable (\$15.1 million at December 31, 2019).

The aging of ARC's accounts receivable at September 30, 2020 and December 31, 2019 is as follows:

Accounts Receivable Aging	September 30, 2020	December 31, 2019
Current (less than 30 days)	126.6	122.8
31 - 60 days	0.7	1.0
61 - 90 days	0.9	0.6
Past due (more than 90 days)	1.8	10.0
Balance	130.0	134.4

Maximum credit risk is calculated as the total recorded value, before an ECL provision, of accounts receivable, and risk management contracts at the balance sheet date. For additional information on financial instruments, refer to Note 10 "Financial Instruments and Market Risk Management".

5. PROPERTY, PLANT AND EQUIPMENT ("PP&E")

Cost	Development and Production Assets	Corporate Assets	Total
Balance, December 31, 2019	9,155.7	77.8	9,233.5
Additions	266.2	1.9	268.1
Acquisitions	3.0	_	3.0
Change in asset retirement cost	135.5	_	135.5
Assets reclassified as held for sale Assets reclassified as held for sale and	(13.4)	—	(13.4)
disposed in period	(3.0)	—	(3.0)
Reclassification of lease payments, net of			
capitalized depreciation	(1.6)	_	(1.6)
Other	(0.2)	—	(0.2)
Balance, September 30, 2020	9,542.2	79.7	9,621.9

Accumulated Depletion, Depreciation, Amortization ("DD&A") and Impairment

Balance, December 31, 2019	(4,101.9)	(57.3)	(4,159.2)
DD&A	(387.0)	(4.3)	(391.3)
Impairment (Note 6)	(750.3)	—	(750.3)
Balance, September 30, 2020	(5,239.2)	(61.6)	(5,300.8)
Carrying Amounts			
Balance, December 31, 2019	5,053.8	20.5	5,074.3
Balance, September 30, 2020	4,303.0	18.1	4,321.1

For the three and nine months ended September 30, 2020, \$4.6 million and \$14.6 million of direct and incremental overhead charges were capitalized to PP&E (\$6.1 million and \$19.5 million for the three and nine months ended September 30, 2019), respectively. Future development costs of \$3.4 billion were included in the determination of DD&A for the nine months ended September 30, 2020 (\$3.7 billion for the nine months ended September 30, 2019).

During the three months ended September 30, 2020, ARC reclassified certain non-core assets as held for sale. Prior to reclassification, ARC assessed these assets for impairment and recognized an impairment charge of \$10.3 million in DD&A and impairment in the condensed interim consolidated statements of comprehensive income ("statements of income"). These assets were disposed in October 2020 for proceeds of \$2.1 million.

6. IMPAIRMENT

PP&E

At September 30, 2020, ARC evaluated its PP&E for indicators of impairment or reversal of previously recognized impairment and determined that no such indicators were present compared to its last impairment test at March 31, 2020.

At March 31, 2020, an impairment test was conducted on ARC's PP&E in response to the economic impact of the global COVID-19 pandemic, the global oversupply of crude oil and the impact on commodity prices (refer to Note 3 "Novel Coronavirus COVID-19"), as well as a further decrease in ARC's market capitalization relative to the carrying value of its net assets since the date of its last impairment test. ARC conducted impairment tests over all its cash-generating units ("CGUs"). In estimating the recoverable amount of each CGU, the following information was incorporated:

- i) the net present value of the after-tax cash flows from proved plus probable crude oil, condensate, NGLs, and natural gas reserves ("reserves") of each CGU based on reserves estimated by ARC's independent reserve evaluator at December 31, 2019, updated for forward commodity price estimates at March 31, 2020.
- ii) the fair value of undeveloped land based on estimates provided by ARC's independent land evaluator at December 31, 2019, and adjusted for any acquisitions, divestments, and expiries occurring during the three months ended March 31, 2020.

Key input estimates used in the determination of recoverable amounts of ARC's CGUs included forward price estimates of crude oil and natural gas, volume of reserves and associated assumptions, including production costs, required capital expenditures and reserve life, and discount rate. The discount rate was based on estimates of an approximate industry peer group weighted average cost of capital.

The estimated recoverable amounts were based on fair value less costs of disposal calculations using after-tax discount rates ranging from 10.0 to 11.5 per cent, depending on the resource composition of the assets in the CGU, and an inflation rate of two per cent.

The following table details the forward pricing used in estimating the recoverable amounts of ARC's CGUs at March 31, 2020:

	Edmonton Light Crude Oil	WTI Crude Oil	AECO Natural Gas	NYMEX Henry Hub Natural Gas	Cdn\$/US\$
Year	(Cdn\$/bbl) ⁽¹⁾	(US\$/bbl) ⁽¹⁾	(Cdn\$/MMBtu) ⁽¹⁾	(US\$/MMBtu) ⁽¹⁾	Exchange Rates (1)
2020	31.22	30.00	1.95	2.05	0.72
2021	47.95	41.00	2.25	2.55	0.73
2022	56.46	47.50	2.35	2.65	0.74
2023	64.19	52.50	2.45	2.75	0.74
2024	71.81	57.50	2.55	2.85	0.75
2025	73.27	58.95	2.65	2.95	0.75
2026	74.84	60.13	2.70	3.01	0.75
2027	76.44	61.33	2.76	3.07	0.75
2028	78.08	62.56	2.81	3.13	0.75
2029	79.75	63.81	2.87	3.19	0.75
Escalate thereafter at	+2.0% per year	+2.0% per year	+2.0% per year	+2.0% per year	0.75

(1) Source: GLJ Petroleum Consultants price forecast effective April 1, 2020.

As a result of its impairment test, ARC recognized an impairment of its Northern Alberta CGU in the amount of \$740.0 million (\$554.8 million net of deferred tax recovery), which was recognized in DD&A and impairment in the statements of income. The Northern Alberta CGU comprises a mixture of crude oil and natural gas producing assets. The recoverable amount of \$515.2 million was determined using an after-tax discount rate of 11.5 per cent.

The following table demonstrates the sensitivity of the estimated recoverable amount of the Northern Alberta CGU at March 31, 2020, from reasonably possible changes in key assumptions inherent in the estimate.

	Increase in	Decrease in	Decrease in Cash	Increase in Cash
	Discount Rate of 1	Discount Rate of 1	Flow Estimates of	Flow Estimates of
	Per Cent	Per Cent	5 Per Cent	5 Per Cent
Reversal of impairment (impairment), (net of tax)	(27.7)	31.5	(43.5)	45.0

The fair value less costs of disposal values used to determine the recoverable amounts of ARC's CGUs at March 31, 2020 were classified as Level 3 fair value measurements as certain key assumptions were not based on observable market data, but rather, Management's best estimates.

The results of the impairment and impairment reversal tests performed are sensitive to changes in any of the key judgments, such as a revision in reserves, a change in forecast commodity prices, expected royalties, required future development capital expenditures, or expected future production costs, which could decrease or increase the recoverable amounts of assets and result in additional impairment charges or reversal of impairment charges.

Goodwill

ARC did not observe any indicators of potential impairment at September 30, 2020 and no impairment test was conducted at that date.

ARC conducted an impairment test of its goodwill at March 31, 2020 in response to the economic impact of the global COVID-19 pandemic (refer to Note 3 "Novel Coronavirus COVID-19"), as well as a further decrease in ARC's market capitalization relative to the carrying value of its net assets since the date of its last impairment test. The carrying value of goodwill at March 31, 2020 was not determined to be impaired as the combined recoverable amount of ARC's CGUs exceeded the combined carrying value of ARC's operating segment.

7. LONG-TERM DEBT

	US \$ Den	ominated	Canadian	\$ Amount
	September 30, 2020	December 31, 2019	September 30, 2020	December 31, 2019
Syndicated credit facilities				
Cdn\$ denominated	N/A	N/A	167.1	36.9
US\$ denominated	3.0	40.0	4.0	51.9
Senior notes				
Master Shelf Agreement				
3.72% US\$ note	149.8	149.9	199.6	194.3
2009 note issuance				
8.21% US\$ note	7.0	14.0	9.3	18.1
2010 note issuance				
5.36% US\$ note	59.9	89.9	79.8	116.6
2012 note issuance				
3.31% US\$ note	12.0	24.0	15.9	31.1
3.81% US\$ note	239.5	299.7	319.2	388.7
4.49% Cdn\$ note	N/A	N/A	31.9	40.0
Total long-term debt outstanding	471.2	617.5	826.8	877.6
Long-term debt due within one year			152.8	148.9
Long-term debt due beyond one year			674.0	728.7

At September 30, 2020, ARC was in compliance with all of its debt covenants. ARC executed certain amendments to the note purchase agreements governing its senior notes which were effective March 31, 2020. The amendments included a modification of certain definitions contained within the financial covenant calculations, the addition of a minimum liquidity requirement, additional language surrounding event of default, and the addition of a mechanism under which the issuer may offer to purchase notes outstanding at par without penalty. As well, the definition of "Total EBITDA" to be used in determining compliance under two of ARC's financial covenants was amended to exclude non-cash losses and non-cash expenses.

At September 30, 2020, the fair value of all long-term debt outstanding is \$867.4 million (\$908.6 million as at December 31, 2019), compared to a carrying value of \$826.8 million (\$877.6 million as at December 31, 2019).

8. ASSET RETIREMENT OBLIGATION ("ARO")

ARC has estimated the net present value of its total ARO to be \$530.2 million at September 30, 2020 (\$409.6 million at December 31, 2019) based on a total future undiscounted liability of \$887.7 million (\$856.5 million at December 31, 2019). Management estimates that these payments are expected to be made over the next 67 years with the majority of payments being made in years 2069 to 2086. The Bank of Canada's long-term risk-free bond rate of 1.1 per cent (1.8 per cent at December 31, 2019) and an inflation rate of 2.0 per cent (2.0 per cent at December 31, 2019) were used to calculate the present value of ARO at September 30, 2020.

The following table reconciles ARC's provision for its ARO:

	Nine Months Ended September 30, 2020	Year Ended December 31, 2019
Balance, beginning of period	409.6	356.7
Development activities	2.7	4.6
Change in estimates ⁽¹⁾	16.0	13.5
Change in discount rate	118.1	59.5
Settlement of obligations	(9.7)	(18.4)
Accretion	4.8	7.3
Acquisitions	_	0.2
Reclassified as liabilities associated with assets held for sale	(11.3)	_
Reclassified as liabilities associated with assets held for sale and disposed in period	_	(13.8)
Balance, end of period	530.2	409.6
Expected to be incurred within one year	10.0	25.5
Expected to be incurred beyond one year	520.2	384.1

(1) Relates to changes in costs of future obligations and anticipated settlement dates of ARO.

9. CAPITAL MANAGEMENT

ARC actively manages its capital structure and adjusts it in response to changes in economic conditions and the risk characteristics of its underlying assets. ARC has the ability to change its capital structure by issuing new shares, new debt or changing its dividend policy. On March 13, 2020, ARC announced that it reduced its dividend from \$0.05 per share per month to \$0.06 per share per quarter. On September 15, 2020, ARC declared a quarterly dividend of \$0.06 per share.

ARC's objective when managing its capital is to maintain a conservative structure that will allow it to:

- fund its development and exploration programs;
- provide financial flexibility to execute on strategic opportunities; and
- maintain a dividend policy that is sustainable.

ARC manages its capital through common shares and net debt.

When evaluating ARC's capital structure, Management targets net debt to be between 1.0 and 1.5 times annualized funds from operations over the long term; however, during periods of significant commodity price weakness, ARC expects that the ratio could trend above this range. At September 30, 2020, ARC's net debt was 1.4 times its annualized funds from operations.

In addition to the aforementioned reduction in the dividend, ARC announced a reduction in its planned capital expenditures for 2020 from \$500 million to \$300 million. These measures were undertaken to reduce the Company's net debt balance towards the ratio of 1.0 to 1.5 times annualized funds from operations. Subsequent to September 30, 2020, ARC announced an increase to its 2020 planned capital expenditures to \$350 million. Refer to the November 5, 2020 news release entitled "ARC Resources Ltd. Reports Third Quarter 2020 Financial and Operational Results and Announces 2021 Capital Budget of \$375 Million to \$425 Million".

Funds from Operations

ARC considers funds from operations to be a key measure of operating performance as it demonstrates ARC's ability to generate the necessary funds to maintain production at current levels, fund future growth through capital investment, and to repay debt. Management believes that such a measure provides an insightful assessment of ARC's operations on a continuing basis by eliminating certain non-cash charges and actual settlements of ARO, the timing of which is discretionary. Funds from operations is not a standardized measure and therefore may not be comparable with the calculation of similar measures by other entities.

Funds from operations for the three and nine months ended September 30, 2020 and 2019 is calculated as follows:

		nths Ended eptember 30	Nine Months Ended September 30		
	2020	2019	2020	2019	
Cash flow from operating activities	174.1	150.0	454.6	472.1	
Net change in other liabilities (Note 15)	(6.0)	1.5	(4.9)	8.6	
Change in non-cash operating working capital (Note 15)	(23.5)	(6.1)	5.9	43.9	
Funds from operations	144.6	145.4	455.6	524.6	

Net Debt

Net debt is used by Management as a key measure to assess the Company's liquidity. Net debt is not a standardized measure and therefore may not be comparable with the calculation of similar measures by other entities.

The following table details the composition of ARC's net debt as at September 30, 2020 and 2019:

	September 30, 2020	September 30, 2019
Long-term debt ⁽¹⁾	826.8	842.8
Lease obligations ⁽²⁾	33.6	48.1
Accounts payable and accrued liabilities	128.5	158.6
Dividends payable	21.2	17.7
Cash and cash equivalents, accounts receivable, and prepaid expense	(142.3)	(121.7)
Net debt	867.8	945.5
Net debt to annualized funds from operations (ratio)	1.4	1.3

(1) Includes current portion of long-term debt at September 30, 2020 and 2019 of \$152.8 million and \$152.4 million, respectively.

(2) Includes current portion of lease obligations at September 30, 2020 and 2019 of \$9.0 million and \$8.5 million, respectively.

10. FINANCIAL INSTRUMENTS AND MARKET RISK MANAGEMENT

Financial Instruments

At September 30, 2020, ARC's financial instruments include cash and cash equivalents, accounts receivable, risk management contracts, accounts payable and accrued liabilities, dividends payable, lease obligations, and long-term debt.

ARC's financial instruments that are carried at fair value on the condensed interim consolidated balance sheets ("the balance sheets") include cash and cash equivalents and risk management contracts. All of ARC's financial instruments carried at fair value are transacted in active markets.

ARC's cash and cash equivalents are classified as Level 1 measurements and its risk management contracts and fair value disclosure for its long-term debt are classified as Level 2 measurements in the three-level fair value measurement hierarchy. The fair value of ARC's long-term debt is disclosed in Note 7 "Long-Term Debt". ARC does not have any financial instruments classified as Level 3 that are carried at fair value. There were no transfers between levels in the fair value hierarchy for the nine months ended September 30, 2020.

The carrying values of ARC's accounts receivable, accounts payable and accrued liabilities, and dividends payable as at September 30, 2020 approximate their fair values due to the short-term nature of these instruments.

Financial Assets and Financial Liabilities Subject to Offsetting

The following is a summary of ARC's financial assets and financial liabilities that are subject to offsetting as at September 30, 2020 and December 31, 2019:

	Gross Amounts of Recognized Financial Assets (Liabilities)	Gross Amounts of Recognized Financial Assets (Liabilities) Offset on Balance Sheets	Net Amounts of Financial Assets (Liabilities) Recognized on Balance Sheets Prior to Credit Risk Adjustment	Credit Risk Adjustment	Net Amounts of Financial Assets (Liabilities) Recognized on Balance Sheets
As at September 30, 2020					
Risk management contrac	ts				
Current asset	70.6	(62.9)	7.7	_	7.7
Long-term asset	28.6	(28.6)	_	_	—
Current liability	(99.0)	62.9	(36.1)	0.7	(35.4)
Long-term liability	(122.1)	28.6	(93.5)	1.9	(91.6)
Net position	(121.9)	_	(121.9)	2.6	(119.3)
As at December 31, 2019					
Risk management contrac	ts				
Current asset	71.9	(30.3)	41.6	(0.2)	41.4
Long-term asset	21.9	(17.7)	4.2	_	4.2
Current liability	(36.6)	30.3	(6.3)	0.2	(6.1)
Long-term liability	(47.4)	17.7	(29.7)	1.0	(28.7)
Net position	9.8		9.8	1.0	10.8

Risk Management Contracts

The following table summarizes ARC's risk management contracts as at September 30, 2020:

As at September 30, 2020	Q4 2	020	202	21	202	2	202	23	202	4	202	5
Crude Oil – WTI	US\$/bbl	bbl/day										
Ceiling	55.70	8,500	55.80	9,492	51.42	1,000	_	-	_	-	_	_
Floor	47.35	8,500	48.64	9,492	45.00	1,000	_	_	_	_	_	_
Sold Floor	41.92	6,500	39.92	8,492	35.00	1,000	_	_	_	_	_	_
Swap	45.16	4,000	35.05	1,000	_	_	_	_	_	_	_	_
Sold Swaption (2)	_	_	43.00	1,008	_	_	_	_	_	_		_
Crude Oil – Cdn\$ WTI (3)	Cdn\$/bbl	bbl/day										
Ceiling	86.38	6,500	—	_	_	_	—	-	_	_	—	-
Floor	75.38	6,500	—	_	_	_	—	-	_	_	—	-
Sold Floor	60.38	6,500	_	_	_	_	_	_	_	—	_	_
Total Crude Oil Volumes (bbl/day)		19,000		10,492		1,000		_		_		_
Crude Oil – MSW (Differential to WTI) (4)	US\$/bbl	bbl/day										
Ceiling	(7.00)	1,000	_	_	_	_	_		_		_	_
Floor	(10.20)	1,000	_	_	_	_	_	_	_	_	_	_
Swap	(8.01)	7,000	(6.11)	5,000	_	_	_	_	_	_	_	_
Natural Gas – NYMEX Henry Hub ⁽⁵⁾	US\$/ MMBtu	MMBtu/ day										
Ceiling	2.99	115,109	3.02	110,000	3.11	45,000	2.74	10,000	2.74	10,000	-	_
Floor	2.59	115,109	2.55	110,000	2.55	45,000	2.50	10,000	2.50	10,000	—	_
Sold Floor	2.19	115,109	2.10	110,000	2.18	45,000	2.10	10,000	2.10	10,000	—	_
Swap	1.86	6,739	_	_	_	_	_	_	_	_		_
Natural Gas – AECO 7A	Cdn\$/GJ	GJ/day										
Ceiling	3.05	83,152	2.41	120,000	2.47	110,000	2.40	90,000	2.40	90,000	2.73	20,000
Floor	2.45	83,152	1.95	120,000	1.90	110,000	1.87	90,000	1.87	90,000	2.00	20,000
Sold Floor	1.75	33,152	_	_	_	_	_	_	_	_	—	_
Swap	2.44	80,000	2.25	62,466	2.23	20,000	2.06	10,000	2.06	10,000	_	_
Sold Swaption (2)	_	_	_	_	2.00	20,000	_	_	_	_	_	_
Natural Gas - Chicago	US\$/ MMBtu	/MMBtu day	US\$/ MMBtu	/MMBtu day	US\$/ MMBtu	/MMBtu day	US\$/ MMBtu	MMBtu/ day	US\$/ MMBtu	MMBtu/ day	US\$/ MMBtu	/MMBtu day
Ceiling	4.10	13,261	4.10	4,932	_	_	_		_		_	_
Floor	2.75	13,261	2.75	4,932	_	_	_	—	_	—	_	_
Total Natural Gas Volumes (MMBtu/day)		289,747		287,876		168,216		104,782		104,782		18,956
Natural Gas – AECO Basis (Differential to Henry Hub)	US\$/ MMBtu	MMBtu/ day										
Sold Swap	(0.81)	86,630	(0.93)	66,260	(0.88)	35,000	(0.91)	70,000	(0.91)	70,000	-	_
Total AECO Basis Volumes (MMBtu/day)		86,630		66,260		35,000		70,000		70,000		_
Natural Gas - Other Basis (Differential to Henry Hub) ⁽⁶⁾		/MMBtu day		MMBtu/ day								
Sold Swap		100,000		120,000		110,000		80,000		4,973		_

Risk Management Contracts Positions Summary⁽¹⁾

(1) The prices and volumes in this table represent averages for several contracts representing different periods. The average price for the portfolio of options listed above does not have the same payoff profile as the individual option contracts. Viewing the average price of a group of options is purely for indicative purposes. All positions are financially settled against the benchmark prices.

(2) The sold swaption allows the counterparty, at a specific future date, to enter into a swap with ARC at the above-detailed terms. These volumes are not included in the total commodity volumes until such time that the option is exercised.

(3) Crude oil prices referenced to WTI, multiplied by the WM/Reuters Intra-day Cdn\$/US\$ Foreign Exchange Spot Rate as of Noon Eastern Standard Time.

(4) MSW differential refers to the discount between WTI and the mixed sweet crude grade at Edmonton, calculated on a monthly weighted average basis in US\$.

(5) Natural gas prices referenced to NYMEX Henry Hub Last Day Settlement.

(6) ARC has entered into basis swaps at locations other than AECO.

11. SHAREHOLDERS' CAPITAL

(thousands of shares)	Nine Months Ended September 30, 2020	Year Ended December 31, 2019
Common shares, beginning of period	353,411	353,443
Restricted shares issued pursuant to the LTRSA Plan	—	284
Forfeited and cancelled shares pursuant to the LTRSA Plan	_	(26)
Unvested restricted shares held in trust pursuant to the LTRSA Plan ⁽¹⁾	(35)	(290)
Common shares, end of period	353,376	353,411

(1) Unvested restricted shares held in trust pursuant to the Long-term Restricted Share Award ("LTRSA") Plan includes restricted shares granted and purchased.

For the three and nine months ended September 30, 2020, there were 353.4 million weighted average common shares outstanding (353.4 million for the three and nine months ended September 30, 2019). There was no dilutive impact for the three and nine months ended September 30, 2020, as 4.6 million share options were antidilutive (5.1 million share options for the three and nine months ended September 30, 2019). Net loss per common share has been determined for the three and nine months ended September 30, 2020 based on 353.4 million diluted weighted average common shares outstanding (353.4 million for the three and nine months ended September 30, 2020 based on 353.4 million diluted weighted average common shares outstanding (353.4 million for the three and nine months ended September 30, 2019).

Dividends declared for the three and nine months ended September 30, 2020 were \$0.06 per share and \$0.24 per share (\$0.15 per share and \$0.45 per share for the three and nine months ended September 30, 2019), respectively.

12. COMMODITY SALES FROM PRODUCTION

ARC derives its revenue from contracts with customers primarily through the transfer of commodities at a point in time representing the following major product types:

Commodity Sales from Production, by Product		Three Months Ended September 30		Nine Months Ended September 30	
	2020	2019	2020	2019	
Crude oil	64.3	100.0	176.4	321.5	
Condensate	66.2	65.6	163.2	179.9	
Natural gas ⁽¹⁾	140.6	84.3	404.9	337.8	
NGLs	13.9	3.8	27.9	25.2	
Total commodity sales from production	285.0	253.7	772.4	864.4	

(1) Includes \$5.1 million and \$11.7 million of natural gas transportation revenue from contracts temporarily assigned to third parties for the three and nine months ended September 30, 2020 (\$3.4 million and \$11.4 million for the three and nine months ended September 30, 2019), respectively.

At September 30, 2020, receivables from contracts with customers, which are included in accounts receivable, were \$106.3 million (\$115.6 million at December 31, 2019).

13. SHARE-BASED COMPENSATION PLANS

Long-term Incentive Plans

The following table summarizes the Restricted Share Unit ("RSU"), Performance Share Unit ("PSU"), and Deferred Share Unit ("DSU") movement for the nine months ended September 30, 2020:

(number of awards, thousands)	RSUs	PSUs Granted Prior to 2019 ⁽¹⁾	PSUs Granted Subsequent to 2018 ⁽¹⁾	DSUs
Balance, December 31, 2019	2,236	1,628	1,780	945
Granted ⁽²⁾	1,811	749	2,432	329
Distributed	(914)	(1,377)	_	(87)
Forfeited	(78)	(10)	(22)	_
Balance, September 30, 2020	3,055	990	4,190	1,187

(1) Based on underlying awards before any effect of the performance multiplier.

(2) Grants for 'PSUs Granted Prior to 2019' relate to re-invested dividends and additional performance awards for grants that vested in the current period.

Compensation charge relating to the RSU Plan, PSU Plan, and DSU Plan is reconciled as follows:

	Three Months Ended September 30			
	2020	2019	2020	2019
General and administrative ("G&A")	15.4	3.1	16.0	5.1
Operating	1.7	0.4	1.8	0.9
PP&E	1.2	0.2	1.5	0.4
Total compensation charge	18.3	3.7	19.3	6.4
Cash payment	6.8	3.5	11.7	8.1

At September 30, 2020, \$15.9 million of compensation amounts payable were included in accounts payable and accrued liabilities on the balance sheets (\$11.1 million at December 31, 2019) and \$27.2 million was included in long-term incentive compensation liability (\$24.5 million at December 31, 2019). A recoverable amount of \$0.1 million was included in accounts receivable at September 30, 2020 (\$nil at December 31, 2019).

Share Option Plan

The changes in total share options outstanding and related weighted average exercise prices for the nine months ended September 30, 2020 were as follows:

	Share Options (number of units, thousands)	Weighted Average Exercise Price (\$)
Balance, December 31, 2019	5,097	17.27
Forfeited	(23)	17.33
Expired	(493)	21.48
Balance, September 30, 2020	4,581	16.56
Exercisable, September 30, 2020	1,608	21.15

The following table summarizes information regarding share options outstanding at September 30, 2020:

Range of exercise price per common share (\$)	Number of share options outstanding (thousands)	Weighted average exercise price per share for options outstanding (\$)	Weighted average remaining term (years)	Number of share options exercisable (thousands)	Weighted average exercise price per share for options exercisable (\$)
12.07 - 20.00	4,164	15.37	3.5	1,191	18.61
20.01 - 28.40	417	28.40	0.7	417	28.40
Total	4,581	16.56	3.2	1,608	21.15

ARC recognized compensation expense of \$0.6 million and \$2.3 million relating to the Share Option Plan for the three and nine months ended September 30, 2020 (\$0.9 million and \$2.9 million for the three and nine months ended September 30, 2019), respectively. During the three and nine months ended September 30, 2020, \$0.1 million and \$0.2 million of share option compensation charges were capitalized to PP&E (\$0.1 million and \$0.2 million for the three and nine months ended September 30, 2019), respectively.

LTRSA Plan

The changes in total LTRSA outstanding and related fair value per restricted share for the nine months ended September 30, 2020 were as follows:

	LTRSA (number of awards, thousands)	Fair Value per Restricted Share (\$)
Balance, December 31, 2019	742	12.64
Restricted shares granted and purchased	35	3.40
Balance, September 30, 2020	777	12.23

ARC recognized G&A expense of \$0.3 million and \$0.8 million relating to the LTRSA Plan during the three and nine months ended September 30, 2020 (\$0.2 million and \$1.5 million for the three and nine months ended September 30, 2019), respectively.

14. COMMITMENTS AND CONTINGENCIES

The following is a summary of ARC's contractual obligations and commitments as at September 30, 2020:

	Payments Due by Period				
	1 Year	2-3 Years	4-5 Years	Beyond 5 Years	Total
Debt repayments ⁽¹⁾	152.8	466.1	167.9	40.0	826.8
Interest payments (2)	26.6	32.6	10.8	1.5	71.5
Purchase and service commitments	19.5	18.0	5.1	0.2	42.8
Transportation commitments	173.5	297.8	302.0	725.3	1,498.6
Total contractual obligations and commitments	372.4	814.5	485.8	767.0	2,439.7

(1) Long-term and current portion of long-term debt.

(2) Fixed interest payments on senior notes.

During the year ended December 31, 2018, ARC disposed of certain non-core assets to ACCEL. Refer to Note 4 "Financial Assets and Credit Risk". In October 2019, ACCEL filed a counterclaim against ARC for \$200.0 million for damages alleging breaches of contract or misrepresentation related to the ACCEL PSA. On January 3, 2020, ARC filed its Defence to the Counterclaim. Management does not expect the outcome of the counterclaim to result in a material outflow of resources by ARC.

ARC had previously disposed of certain non-core properties, and as part of the sales process, relevant operating licenses are transferred to the purchaser(s) by the provincial regulator. At September 30, 2020, certain operating licenses of disposed assets have not yet transferred from ARC to the purchaser. While the Company believes the risk is low, if the licenses fail to transfer, ARC could be responsible to fund asset retirement obligations relating to disposed assets in the amount of \$11.8 million.

15. SUPPLEMENTAL DISCLOSURES

Presentation in the Statements of Income

ARC's statements of income are prepared primarily by nature of item, with the exception of employee compensation expense which is included in both operating and G&A expense line items.

The following table details the amount of total employee compensation expense included in operating and G&A expense line items in the statements of income:

	Three Months Ended September 30		Nine Months Ended September 30	
	2020	2019	2020	2019
Operating	9.1	8.5	23.0	27.0
G&A	25.0	15.3	56.0	44.3
Total employee compensation expense	34.1	23.8	79.0	71.3

Presentation in the Statements of Cash Flows

Total net change in other liabilities

The following tables provide a detailed breakdown of certain line items contained within cash flow from operating and investing activities:

		nths Ended ptember 30		nths Ended ptember 30
Change in Non-Cash Working Capital	2020	2019	2020	2019
Accounts receivable	14.2	0.1	(8.7)	(5.3)
Accounts payable and accrued liabilities	18.1	2.2	(21.4)	(9.1)
Prepaid expense	(2.0)	1.3	(1.0)	(0.9)
Total change in non-cash working capital	30.3	3.6	(31.1)	(15.3)
Relating to:				
Operating activities	23.5	6.1	(5.9)	(43.9)
Investing activities	6.8	(2.5)	(25.2)	28.6
Total change in non-cash working capital	30.3	3.6	(31.1)	(15.3)
		nths Ended ptember 30		nths Ended ptember 30
Other Non-Cash Items	2020	2019	2020	2019
Share-based compensation expense	0.9	1.1	3.1	3.5
Other amortization	0.3	(0.1)	0.6	(0.3)
Total other non-cash items	1.2	1.0	3.7	3.2
		nths Ended ptember 30		nths Ended ptember 30
Net Change in Other Liabilities	2020	2019	2020	2019
Long-term incentive compensation liability	7.0	0.8	2.7	(0.1)
ARO settlements	(0.8)	(2.2)	(9.7)	(14.4)
Other deferred liabilities	_	_	12.1	5.7
Accrued lease interest	(0.2)	(0.1)	(0.2)	0.2

6.0

4.9

(8.6)

(1.5)

Financing Liabilities	Current Financial Long- Liabilities	Гегт Financial Liabilities	Total Financial Liabilities from Financing Activities
Balance, December 31, 2019	165.2	758.6	923.8
Cash flows			
Draw of long-term debt	—	1,740.3	1,740.3
Repayment of long-term debt	(154.3)	(1,666.1)	(1,820.4)
Repayment of lease obligations	(14.2)	—	(14.2)
Reclassified to current			
Long-term debt	154.3	(154.3)	—
Lease obligations	7.2	(7.2)	—
Non-cash changes			
Lease recognition	—	1.9	1.9
Lease modification and termination	(0.1)	—	(0.1)
Accrued lease interest	(0.2)	_	(0.2)
Unrealized foreign exchange loss	3.9	25.3	29.2
Other	_	0.1	0.1
Balance, September 30, 2020	161.8	698.6	860.4

The following tables provide a detailed breakdown of the cash and non-cash changes in financing liabilities arising from financing activities:

Financing Liabilities	Current Financial Liabilities	Long-Term Financial Liabilities	Total Financial Liabilities from Financing Activities
Balance, December 31, 2018	80.5	828.7	909.2
Impact of change in accounting policy	13.5	44.5	58.0
Balance, January 1, 2019	94.0	873.2	967.2
Cash flows			
Draw of long-term debt	_	182.7	182.7
Repayment of long-term debt	(79.1)	(144.8)	(223.9)
Repayment of lease obligations	(11.6)	_	(11.6)
Reclassified to current			
Long-term debt	153.7	(153.7)	—
Lease obligations	6.3	(6.3)	—
Non-cash changes			
Lease recognition	0.2	1.3	1.5
Lease modification and termination	(0.1)	—	(0.1)
Accrued lease interest	0.2	_	0.2
Unrealized foreign exchange gain	(2.7)	(21.8)	(24.5)
Other	—	(0.6)	(0.6)
Balance, September 30, 2019	160.9	730.0	890.9

Corporate & Shareholder Information

Directors

Harold N. Kvisle Board Chair

Farhad Ahrabi ^{(1) (2)}

David R. Collyer (1) (3) (4)

John P. Dielwart (1) (2)

Michael G. McAllister (1) (2)

Kathleen O'Neill⁽⁴⁾⁽⁵⁾

Herbert C. Pinder Jr. ^{(3) (4)}

William G. Sembo (3) (5)

Nancy L. Smith (2) (5)

Terry M. Anderson

- (1) Member of Safety, Reserves and Operational Excellence Committee
- (2) Member of Risk Committee
- (3) Member of Human Resources and Compensation Committee
- (4) Member of Policy and Board Governance Committee
- (5) Member of Audit Committee

Executive Office

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Engineering Consultants

GLJ Petroleum Consultants Ltd. Calgary, Alberta

Legal Counsel

Burnet Duckworth & Palmer LLP Calgary, Alberta

Corporate Calendar

February 11, 2021 Year-end 2020 Results

May 5, 2021 Q1 2021 Results

May 6, 2021 Annual Meeting of Shareholders

Stock Exchange Listing

The Toronto Stock Exchange Trading Symbol: **ARX**

Investor Information

Visit our website at www.arcresources.com or contact: Investor Relations T 403.503.8600 or TOLL FREE 1.888.272.4900

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Kris J. Bibby Senior Vice President and Chief Financial Officer

Chris D. Baldwin Vice President, Geosciences

Ryan V. Berrett Vice President, Marketing

Sean R. A. Calder Vice President, Production

Lara M. Conrad Vice President, Development and Planning

Armin Jahangiri Vice President, Operations

Lisa A. Olsen Vice President, Human Resources

Grant A. Zawalsky Corporate Secretary



JS



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