ARC RESOURCES LTD.



8th Floor, 100 University Avenue Toronto, Ontario M5J 2Y1 www.computershare.com

Security Class

Holder Account Number

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Form of Proxy - Annual General Meeting to be held on Thursday, May 7, 2020

This Form of Proxy is solicited by and on behalf of Management.

Notes to proxy

- 1. Every holder has the right to appoint some other person or company of their choice, who need not be a holder, to attend and act on their behalf at the meeting or any adjournment or postponement thereof. If you wish to appoint a person or company other than the persons whose names are printed herein, please insert the name of your chosen proxyholder in the space provided (see reverse).
- 2. If the securities are registered in the name of more than one owner (for example, joint ownership, trustees, executors, etc.), then all those registered should sign this proxy. If you are voting on behalf of a corporation or another individual you must sign this proxy with signing capacity stated, and you may be required to provide documentation evidencing your power to sign this proxy.
- 3. This proxy should be signed in the exact manner as the name(s) appear(s) on the proxy.
- 4. If this proxy is not dated, it will be deemed to bear the date on which it is mailed by Management to the holder.
- 5. The securities represented by this proxy will be voted as directed by the holder, however, if such a direction is not made in respect of any matter, this proxy will be voted as recommended by Management.
- 6. The securities represented by this proxy will be voted in favour or withheld from voting or voted against each of the matters described herein, as applicable, in accordance with the instructions of the holder, on any ballot that may be called for and, if the holder has specified a choice with respect to any matter to be acted on, the securities will be voted accordingly.
- 7. This proxy confers discretionary authority in respect of amendments or variations to matters identified in the Notice of Meeting or other matters that may properly come before the meeting or any adjournment or postponement thereof.
- 8. This proxy should be read in conjunction with the accompanying documentation provided by Management.

Proxies submitted must be received by 3:00 PM, Mountain Time, on Tuesday, May 5, 2020.

VOTE USING THE TELEPHONE OR INTERNET 24 HOURS A DAY 7 DAYS A WEEK!



To Vote Using the Telephone

Call the number listed BELOW from a touch tone telephone.

1-866-732-VOTE (8683) Toll Free



 Go to the following web site: www.investorvote.com

Smartphone?
 Scan the QR code to vote now.



To Receive Documents Electronically

You can enroll to receive future securityholder communications electronically by visiting www.investorcentre.com and clicking on the "Sign up for eDelivery" image at the bottom of the page.



- Complete, sign and date the reverse hereof
- Forward it by fax to 1-866-249-7775 for calls within Canada and the U.S. There is NO CHARGE for this call.
- Forward it by fax to 416-263-9524 for calls outside Canada and the U.S.

If you vote by telephone or the Internet, DO NOT mail back this proxy.

Voting by mail may be the only method for securities held in the name of a corporation or securities being voted on behalf of another individual.

Voting by mail or by Internet are the only methods by which a holder may appoint a person as proxyholder other than the Management nominees named on the reverse of this proxy. Instead of mailing this proxy, you may choose one of the two voting methods outlined above to vote this proxy.

To vote by telephone or the Internet, you will need to provide your CONTROL NUMBER listed below.

CONTROL NUMBER

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Appointment of Proxyholder

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I/We being holder(s) of Common Shares of ARC Resources Ltd. hereby appoint: Harold N. Kvisle, the Chairman of the Board of the Corporation, or, failing him, Terry Anderson, Chief Executive Officer of the Corporation, or failing him, Kristen Bibby, Senior Vice President and Chief Financial Officer of the Corporation, or failing him, Grant Zawalsky, Corporate Secretary of the Corporation

Print the name of the person you are appointing if this person is someone other than the Management Nominees listed herein.

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as my/our proxyholder with full power of substitution and to attend, act and to vote for and on behalf of the shareholder in accordance with the following direction (or if no directions have been given, as the proxyholder sees fit) and all other matters that may properly come before the Annual General Meeting of shareholders of **ARC Resources Ltd.** to be held at the Metropolitan Center, 333 - 4 Avenue SW, Calgary Alberta on Thursday, May 7, 2020 at 3:00 PM (Mountain time) and at any adjournment or postponement thereof.

VOTING RECOMMENDATIONS A	RE INDICATI	ED BY H	IGHLIGHTED TEXT OVER TH	IE BOXES.				
1. Election of Directors	For V	Vithhold		For W	ithhold		For	Withhold
01. Farhad Ahrabi			02. David R. Collyer		0	3. John P. Dielwart		
04. Harold N. Kvisle			05. Kathleen M. O'Neill		0	6. Herbert C. Pinder, Jr.		
07. William G. Sembo			08. Nancy L. Smith		0	9. Terry M. Anderson		
2. Appointment of Auditors							For	Withhold
To appoint PricewaterhouseCoopers such remuneration as may be determined.				office until the close of	of the next ar	nnual meeting of the Corporatio	on, at	Against
3. Advisory Vote on Executiv	ve Compei	nsation						
A resolution to approve the Corporatio	n's Advisory V	ote on Exe	ecutive Compensation.					Ш
At the discretion of the said proxyholde thereof, in such manner as such proxy				or any other matter th	at may prope	erly be brought before the Meet	ting or any adjourn	ment
Authorized Signature(s) – Th instructions to be executed. I/We authorize you to act in accordance revoke any proxy previously given with indicated above, this Proxy will be a	e with my/our	instruction Meeting.	s set out above. I/We hereby If no voting instructions are	Signature(s)		Date	D / MM /	YY
Interim Financial Statements – Mark this would like to receive Interim Financial State accompanying Management's Discussion a by mail. If you are not mailing back your proxy, you	ments and nd Analysis	ine to receiv	Annual Financial Statements – No you would NOT like to receive the Statements and accompanying Mat Discussion and Analysis by mail.	Annual Financial inagement's	com/mailinglist			

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