ARC ENERGY TRUST

INTERIM REPORT FOR THE NINE MONTHS ENDED SEPTEMBER 30, 2000

Q3

The Trust achieved record distributions of $0.52 per unit in the third quarter and will achieve record full year distributions of $1.93 per unit based upon the current declared monthly distributions. On September 18, 2000, the Trust entered into an agreement to issue 8.7 million units at $11.65 per unit to a group of underwriters resulting in gross proceeds of $101 million being received on October 10, 2000. The proceeds of this financing were used to partially fund the Trust's 2000 forecast capital expenditures of $200 million and resulted in the Trust having debt equal to approximately 6 months cash flow. The Trust also revised its distribution policy resulting in an increase in monthly distributions to $0.17 per unit per month for at least the balance of the year.

	Three Months Ended	
($ thousands, except per unit amounts)	**September 30, 2000**	September 30, 1999
Financial		
Revenue before royalties	**77,326**	43,849
Per unit	**1.21**	0.85
Cash flow	**40,362**	23,223
Per unit - basic	**0.63**	0.45
Per unit - fully diluted	**0.62**	0.44
Net income	**22,702**	9,549
Per unit - basic	**0.36**	0.19
Per unit - fully diluted	**0.35**	0.19
Cash distributions	**33,173**	18,099
Per unit*	**0.52**	0.35
Working capital	**5,253**	(1,958)
Long-term debt	**189,777**	130,870
Unitholders' equity	**387,049**	325,508
Weighted average units (thousands)	**63,791**	51,469
Units outstanding at end of period (thousands)	**63,809**	53,153

* *Based on the number of units outstanding at each cash distribution date*

Operating		
Production		
Crude oil (Bbl/d)	**12,240**	9,250
Natural gas (Mmcf/d)	**79.22**	71.66
Natural gas liquids (Bbl/d)	**3,053**	2,614
Total (Boe/d)	**23,215**	19,030
Average prices		
Crude oil ($/Bbl)	**34.08**	25.33
Natural gas ($/Mcf)	**4.22**	2.70
Natural gas liquids ($/Bbl)	**29.75**	18.75
Oil equivalent ($/Boe)	**36.21**	25.05

During the quarter, the Trust completed a review of its distribution policy which included the allocation of 50 percent of distributable income above $0.10 per month to debt repayment. This component of the policy was suspended effective October 1, 2000. The Trust's revised policy results in 100 percent of cash flow being paid to unitholders subject to a current deduction of $2.8 million annually for contribution to the reclamation fund and a deduction of up to 20 percent (previously 10 percent) to fund a portion of the Trust's annual capital expenditures. These changes resulted in an increase in the monthly distribution to $0.17 per unit after issuance of the new units in the equity financing. Commodity prices of $28 US per barrel for WTI and $5.00 Cdn. per gigajoule for AECO gas are required to maintain the $0.17 in the fourth quarter of 2000; quarter to date prices materially exceed these levels. Excess undistributed cash for the fourth quarter will be distributed equally over the first three months of 2001.

Financial and Operating Performance

Production during the third quarter was a record 23,215 barrels of oil equivalent per day which was 22 percent greater than 1999 third quarter production of 19,030 barrels of oil equivalent per day. In the first nine months of 2000, oil production increased 36 percent to 11,135 barrels per day, natural gas production increased 18 percent to 75.1 million cubic feet per day and natural gas liquids production increased 14 percent to 2,906 barrels per day.

Oil and natural gas liquids prices were $34.08 and $29.75 per barrel, respectively, which represented increases of 35 percent and 59 percent compared to prices in the third quarter of 1999. Natural gas prices increased to $4.22 per thousand cubic feet, 56 percent greater than the third quarter 1999. Revenues for the three months totaled $77.3 million for an overall average selling price of $36.21 per barrel of oil equivalent which was 45 percent greater than the $25.05 per barrel received in the equivalent period in 1999.

Third quarter prices for West Texas Intermediate crude oil averaged $31.65 US per barrel, an increase of $2.70 US per barrel from the price achieved in the second quarter. AECO natural gas prices increased $0.69 Cdn. per mcf during the third quarter to $5.38 per mcf as shown in the table below:

	Q3 1999	Q1 2000	Q2 2000	Q3 2000
W.T.I ($US/bbl)	21.72	28.91	28.95	31.65
Edm. ($Cdn/bbl)	30.72	41.70	41.65	46.55
NYMEX ($US/mmbtu)	2.55	2.75	3.67	4.49
AECO ($Cdn/mcf)	3.23	3.35	4.69	5.38
Cdn/US Exchange Rate	0.68	0.69	0.67	0.67

A series of short-term oil and gas price hedges were implemented in late 1999 and early 2000 for the third quarter to protect unitholder distributions. Approximately 39 percent of the Trust's total third quarter liquids production was hedged at an average price of $24.23 US per barrel compared to an average market price of $31.65 US per barrel. In September, the Trust put in place price protection by paying a fee of $2.3 million to purchase a $27.00 US per barrel floor on approximately 18 percent of its oil production for calendar 2001 while retaining 100 percent of the upside above that level. Approximately 36 percent of third quarter natural gas production was hedged at an average AECO price of $3.32 per mcf compared to an average market price of $5.38 per mcf.

Royalties and operating costs of $8.29 and $5.93 per barrel of oil equivalent, respectively, resulted in an average netback of $21.98 per barrel of oil equivalent for the quarter. Cash flow and earnings for the quarter totaled $40.4 million and $22.7 million, respectively.

Exploitation and Development Activity

Third quarter activities included five ARC operated oil wells drilled and brought to production in Pembina at a combined rate of 350 barrels of oil per day. In our Jenner core area, 12 successful gas development wells were drilled. Field optimization activities continue in the Lindale Cardium Unit where production has increased 80 percent over the past 18 months to 1,080 barrels of oil equivalent per day (ARC interest is 53 percent). Numerous other drilling and production enhancement efforts commenced or continue on smaller operated and non-operated fields.

Acquisition activities included increasing our working interests in the Pembina Berrymoor Cardium Unit to 39.1 percent and to 100 percent in 34 wells in our Jenner core area.

Equity Offering

On September 18, 2000, the Trust entered into an agreement to sell 6.5 million trust units at $11.65 per unit with an option granted to the underwriters to purchase up to an additional 2.2 million trust units at the same price. All 8.7 million units were purchased resulting in $101.4 million of gross proceeds ($96.3 million net). The proceeds of the financing were used to partially fund the Trust's 2000 forecast capital expenditures of $200 million. As a result of this offering, the Trust's debt was reduced to $88.3 million resulting in a debt to cash flow ratio of 0.5 years.

($ millions)	1999	Nine Months Ending Sept. 2000	Nine Months with Equity Offering*
Capital expenditures	255.7	168.8	168.8
Equity offerings/ warrant exercises	189.0	80.0	176.3
Ending long term debt (net of working capital)	125.2	184.6	88.3
Cash flow	80.8	117.9	117.9
Debt to annualized cash flow	1.5	1.2	0.5

* the net proceeds of $96.3 million were not received until October 10, 2000. The number of trust units outstanding increased from 63.8 to 72.5 million.

Cash Distributions

With the continued strong commodity prices, cash available for distribution during the quarter was $36.4 million ($0.57 per unit) resulting in record actual distributions of $33.2 million ($0.52 per unit) and discretionary debt repayments of $6.1 million ($0.10 per unit).

As announced on September 18, 2000, the fourth quarter distribution will be $0.17 per unit per month. These distributions will result in 2000 distributions at a record level of $1.93 per unit resulting in the trust units trading at approximately a 17 percent cash on cash yield based on the Trust's November 15, 2000 closing price of $11.30 per unit. The Trust's actual cash available for distribution during the twelve month period ending September 30, 2000 totaled $2.35 per unit which represents a cash on cash yield of 21 percent if we followed similar distribution policies as some other trusts. With the high level of cash flow and distributions, the taxable portion of distributions in 2000 is expected to be in the range of 40 to 45 percent.

Outlook

With the start of the winter heating season, commodity prices remain at exceptionally high levels. At the time of writing, spot oil is in excess of $35 US per barrel for WTI and natural gas is trading in excess of $7.50 per mcf at the AECO Hub in Alberta. At these levels, significant surplus cash is being generated which will be distributed in 2001. As significant volatility exists in commodity prices, the Manager of the Trust continues to actively hedge 2001 production in an attempt to ensure the current monthly distribution of $0.17 per unit can be maintained throughout the year. The primary financial instruments being used are price floors and collars in order that unitholders can participate in price upside while protecting downside risk.

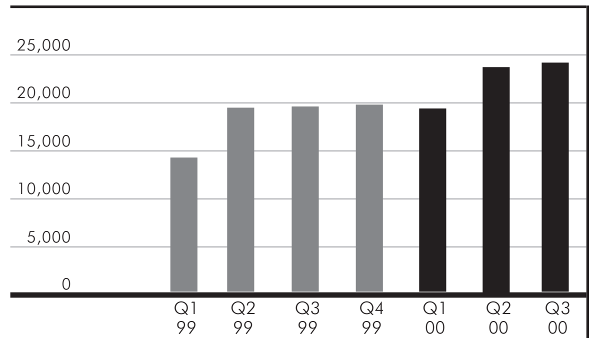
As part of our ongoing asset rationalization plans, a number of minor non-core property dispositions will be completed in the fourth quarter. These sales are expected to reduce first quarter 2001 production by up to 5 percent. The proceeds of these dispositions will be applied against the Trust's debt and further strengthen its already strong balance sheet.

Respectfully submitted on behalf of the Board of Directors.

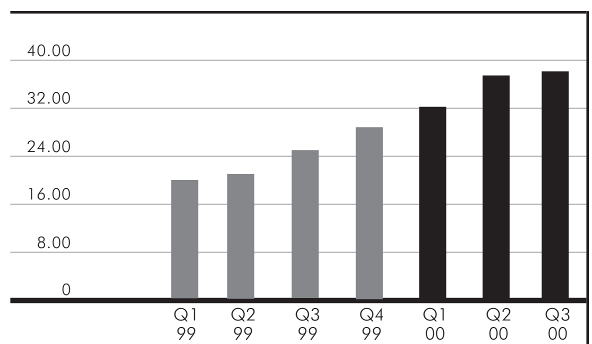
Mac H. Van Wielingen
Director and Vice-Chairman

John P. Dielwart
Director, President and
Chief Executive Officer

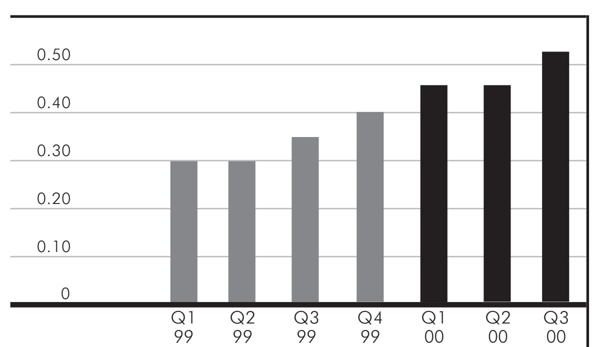
Production (Boe/d)



Sales Price ($/Boe)



Cash Distributions ($/unit)



Trust Unit Trading (AET.UN)

	Three Months Ended			
(based on daily closing price)	Dec. 31, 1999	March 31, 2000	June 30, 2000	Sept. 30, 2000
Prices ($)				
High	9.20	9.20	10.95	12.15
Low	8.40	8.55	8.65	10.15
Close	8.75	8.75	10.80	11.30
Average daily volume (000s)	51	88	194	143

COMBINED BALANCE SHEET

($ thousands)	As at September 30, 2000	As at December 31, 1999
Assets		
Current assets		
Cash	**$ 829**	$ 9,240
Properties held for sale	**-**	4,800
Accounts receivable	**46,395**	29,145
	47,224	43,185
Reclamation fund	**9,615**	7,165
Property, plant and equipment	**579,263**	455,269
Total assets	**$ 636,102**	$ 505,619
Liabilities		
Current liabilities		
Accounts payable and accrued liabilities	**$ 30,766**	$ 21,386
Royalty distributions payable	**10,848**	5,361
Payable to the Manager	**357**	677
	41,971	27,424
Long-term debt	**189,777**	141,000
Future site reclamation and abandonment	**17,305**	13,185
Total liabilities	**249,053**	181,609
Unitholders' Equity		
Unitholders' capital	**514,402**	434,314
Accumulated earnings	**101,135**	32,015
Accumulated royalty distributions	**(228,488)**	(142,319)
Total unitholders' equity	**387,049**	324,010
Total liabilities and unitholders' equity	**$ 636,102**	$ 505,619

COMBINED STATEMENT OF INCOME AND ACCUMULATED EARNINGS

	Three Months Ended September 30		Nine Months Ended September 30	
($ thousands)	**2000**	1999	**2000**	1999
Revenue				
Oil, natural gas, natural gas liquids and sulphur sales	**$ 77,326**	$ 43,849	**$ 209,896**	$101,544
Royalties	**(17,712)**	(6,820)	**(41,550)**	(15,108)
	59,614	37,029	**168,346**	86,436
Expenses				
Operating	**12,677**	9,842	**33,419**	26,049
General and administrative	**2,064**	1,162	**4,901**	3,117
Management fee	**1,433**	835	**4,121**	1,862
Interest on long-term debt	**2,962**	1,882	**7,618**	5,182
Capital taxes	**116**	85	**275**	229
Depletion, depreciation and amortization	**17,660**	13,674	**48,892**	36,606
	36,912	27,480	**99,226**	73,045
Net income	**22,702**	9,549	**69,120**	13,391
Accumulated earnings, beginning of period	**78,433**	6,022	**32,015**	2,180
Accumulated earnings, end of period	**$ 101,135**	$ 15,571	**$ 101,135**	$ 15,571

COMBINED CASH FLOW STATEMENT

($ thousands)	Nine Months Ended September 30, 2000	September 30, 1999
Cash flow from operating activities		
Net income	**$ 69,120**	$ 13,391
Add items not involving cash:		
Depletion, depreciation and amortization	**48,892**	36,606
	118,012	49,997
Increase in non-cash working capital accounts	**(5,386)**	(8,106)
	112,626	41,891
Cash flow from financing activities		
Increase (decrease) in long term debt, net	**48,777**	(15,629)
Issue of Trust units, net of expenses	**80,088**	36,978
Royalty distributions	**(80,682)**	(36,983)
	48,183	(15,634)
Cash flow from investing activities		
Acquisition of properties, net of dispositions	**(141,987)**	(13,071)
Reclamation fund contributions and actual costs incurred	**(2,856)**	(1,549)
Purchase of capital assets	**(24,377)**	(11,972)
Purchase of working capital in conjunction with property acquisitions	**-**	(100)
	(169,220)	(26,692)
Increase/(decrease) in cash	**(8,411)**	(435)
Cash, begining of period	**9,240**	1,390
Cash, end of period	**$ 829**	$ 955

COMBINED STATEMENT OF ROYALTY DISTRIBUTIONS AND ACCUMULATED ROYALTY DISTRIBUTIONS

($ thousands, except per unit amounts)	Three Months Ended September 30 2000	1999	Nine Months Ended September 30 2000	1999
Net income	**$ 22,702**	$ 9,549	**$ 69,120**	$ 13,391
Depletion, depreciation and amortization	**17,660**	13,674	**48,892**	36,606
Cash from operations	**40,362**	23,223	**118,012**	49,997
Cash from operations (99 percent)	**39,958**	22,991	**116,832**	49,497
Add (deduct):				
General and administrative expense reimbursement (residual 1percent)	**404**	232	**1,180**	500
Capital expenditures	**(3,642)**	-	**(11,141)**	-
Proceeds from disposition of royalty interests	**(286)**	5,050	**7,785**	5,050
Discretionary debt payment	**(6,094)**	(2,996)	**(31,638)**	(2,996)
Reclamation fund contributions and actual reclamation costs incurred	**(274)**	(1,398)	**(2,876)**	(1,549)
Current period accruals	**3,107**	(5,780)	**6,027**	(8,106)
Royalty distributions	**33,173**	18,099	**86,169**	42,396
Accumulated royalty distributions, beginning of period	**195,315**	102,843	**142,319**	78,546
Accumulated royalty distributions, end of period	**$ 228,488**	$ 120,942	**$ 228,488**	$ 120,942
Royalty distributions per unit	**$ 0.52**	$ 0.35	**$ 1.42**	$ 0.95

CORPORATE INFORMATION

Directors, Officers and Senior Personnel of ARC Resources Ltd.

Walter DeBoni (1)(2)
Chairman

Mac H. Van Wielingen
Director and Vice-Chairman

John P. Dielwart
Director, President and
Chief Executive Officer

John M. Beddome (1)(2)
Director

Frederic C. Coles (1)(2)
Director

Michael M. Kanovsky (1)(2)
Director

John M. Stewart
Director

Allan R. Twa
Secretary

Doug J. Bonner
Vice-President, Engineering

Susan D. Healy
Vice-President, Land

Nancy V. Lever
Vice-President, Planning

Steven W. Sinclair
Vice-President, Finance and
Chief Financial Officer

Myron M. Stadnyk
Vice-President, Operations

(1) Member of Audit Committee
(2) Member of Reserve Audit Committee

For Investor Information
Visit our Website at www.arcfinancial.com
or Contact:

Steven W. Sinclair
Vice-President, Finance and
Chief Financial Officer

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Engineering Consultants

Gilbert Laustsen Jung Associates Ltd.
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Legal Counsel

Burnet, Duckworth & Palmer
Calgary, Alberta

Stock Exchange Listing

The Toronto Stock Exchange
Trading Symbol: AET.UN

Executive Office

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Distribution Reinvestment and Optional Cash Payment Program

New ARC Energy Trust unitholders should be aware of the Trust Distribution Reinvestment Program (DRIP) under which a unitholder can elect to reinvest cash distributions into new ARC Energy Trust units. Irrespective of whether distributions are reinvested, a unitholder can elect to make optional cash payments under the DRIP plan to acquire up to $3,000 of additional trust units per distribution date. All units purchased under the DRIP program are made at prevailing market prices without any additional fees or commissions. For further details on the DRIP program contact Montreal Trust.

ARC
ENERGY ◆ TRUST

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